

STL AMANDI FOUNDATION NEWSLETTER

March 2016

Getting healthy food and a balanced diet is a challenge for most of the children at Dzorwulu school. A majority of the children do not have access to a full meal from the time they come to sch till they go home.



The idea behind the feeding project is to provide each child with healthy food and a balanced diet three times a week. This helps the children who cannot afford to buy a meal within the day get food to eat.



The project also seeks to instill in the children good food hygiene practices: these include washing their hands with soap and clean water before and after eating. We also educate them on the importance of eating fresh and hot food.



The project encourages the children to share with their friends just as we have shared with them