



Duration: 30 minutes (plus 3 short versions with 23 min.)

Eyes: closed

Headphones: recommended

[\[Link\]](#) to the info page with the option to listen

ADDITIONAL PACKAGE: Would you want to extend and deepen your blood pressure treatment? Here you can purchase [15 additional gate opener tracks!](#)

What is so special about this program? It is a very deep delta session that calms the amygdala and hypothalamus in the brain. These two brain organs control vasoconstriction (i.e., blood pressure) and the fight-or-flight reflex, which can cause blood pressure to rise rapidly. After being acoustically calmed, these neurotransmitters send signals that lower blood pressure, relax muscles, stimulate perspiration, and pump blood back into the feet and hands.

Who is it best suited for? For millions of people who suffer from high blood pressure and want to try something other than medication. Do you take blood pressure medication? Do you have cold hands and feet and feel like you're about to burst at any moment? Then get yourself the "Schleusenöffner" and feel how, after just half the program, everything starts to flow and warm up...

What does this program consist of? Spherical music and very slow, almost droning, swirling isochronic pulses characterize this excellent, deeply effective program.

The entire session oscillates between 1 hertz and 0.5 hertz, starting and ending at 1 Hz and reaching the 0.5-hertz floor twice.

Special feature: The background music is **composed in 432 Hertz** for 10 songs and in the Solfeggio frequency of 528 Hertz for 3 additional songs. The isochronic beats were also generated in octaves of 432 and 528 Hertz! A novel approach – maximum possible effect is thus achieved.

How to listen? What to pay attention to? It is best to do this in a position that allows the blood to flow freely. Preferably lying down. Pay attention to the warmth that spreads throughout your body.

When will I feel the effects? How will I recognize them? The effects will be clearly noticeable after just half of the transmission: warmth and "softness" everywhere...

How often should I listen? Once a day for 14 days at the beginning, then as needed.

What can I do wrong? These Neurostreams™ have a profound effect that should not be underestimated, and you may feel a little "heavy" afterwards... a feeling that can last for several hours. If you are planning lively activities, you should refrain from listening to this session immediately beforehand.

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