



According to Indian teachings, every human being has seven chakras. These are invisible energy centers or energy vortexes along the spine that are responsible for the flow of life energy (prana) and connect the subtle body with the biological 3D body.

They form a bridge system between the inner and outer worlds. If they are disturbed, blocked, weak, or out of tune, this can have negative consequences for the body and psyche.

The aim of these neurostreams is to activate, cleanse, and strengthen the classic seven chakras through acoustic attunement to ancient and sacred sound systems: Solfeggio and 432 Hertz, as well as the modern teaching of resonance octaving.

Seven important "endocrine" (i.e., hormone-producing) glands in the human body can be assigned to these chakras in conventional medicine. These glands control our body and mind—and should function properly at all times.

Listening recommendation: There are seven days in a week, and you could focus on one chakra each day. Ascending, starting on Monday with the root chakra and ending on Sunday with the crown chakra.

The moods are very meditative; mindful listening is sufficient. Headphones are necessary (!), and your eyes can be open or closed.

Here is all the information about the frequencies used in a [separate table \(link\)](#)

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42 unique streams for harmonizing and cleansing the 7 chakras.

Composed to three decimal places based on three harmony theories:

- Solfeggio (sacred frequencies)
- Proton resonance PLUS Cosmic octave
- Classical 432 Hertz scale

Total playing time approx. 15 hours 1.3 gigabytes of storage space, MP3 format

Frequenztabellen für Neurostreams™ Chakras³

Chakra	Kammerton A4	Wirkfrequenz Hz	Dominante Wellen	Sinuston Hz
Nach 432-Hertz-Musiktheorie				
Wurzel	432 Hertz	8.03	Alpha	
Sakral	432 Hertz	9.01	Alpha	
Solarplexus	432 Hertz	10.11	Alpha	
Herz	432 Hertz	10.72	Alpha	
Hals	432 Hertz	6.01	Theta	
Stirn („Drittes Auge“)	432 Hertz	13.5	SMR	
Krone	432 Hertz	7.58	Theta	
Nach Protonenresonanz-Frequenztafel				
Wurzel	431,09 Hz	12.14	SMR	
Sakral	431,09 Hz	6.57	Theta	
Solarplexus	431,09 Hz	7.88	Theta	
Herz	431,09 Hz	8.5	Alpha	
Hals	431,09 Hz	8.83	Alpha	
Stirn („Drittes Auge“)	431,09 Hz	6.91	Theta	
Krone	431,09 Hz	10.75	Alpha	
Nach Solfeggio-Schwingungstabelle				
Wurzel	444,34 Hz	12.38	SMR	396
Sakral	441,78 Hz	6.52	Theta	417
Solarplexus	443,99 Hz	8.25	Alpha	528
Herz	451,84 Hz	9.98	Alpha	639
Hals	440,60 Hz	11.58	Alpha	741
Stirn („Drittes Auge“)	451,33 Hz	13.31	SMR	852
Krone	428,96 Hz	7.52	Theta	963