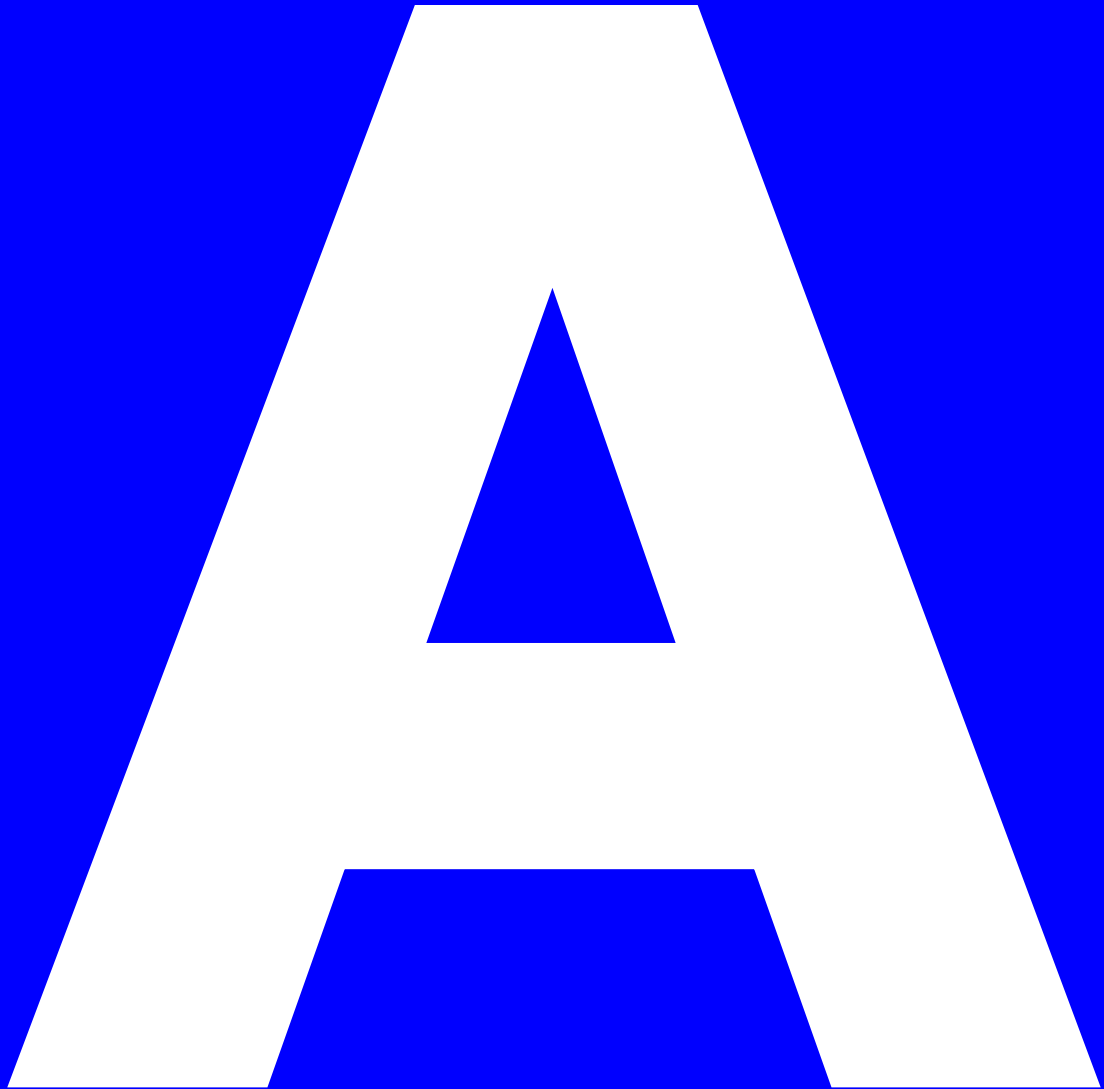


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UNITED BY VOICE

MANIFEST 2025

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Introductory Note

Present times, which have been full of changes and uncertainties, demand a critical generation, prepared for change and with an active voice. This is how the 'United by Voice, Driven by the Present' movement emerged, recognising the urgency of being a driving force for social and educational transformation. This project, driven by a sense of responsibility and commitment to the development of the Students' Union of the University of Aveiro, is based on the pillars of renewal, representativeness and experience, which will ensure not only the sustainability of the AAUAv project, but also its expansion and growth.

We recognise that growth must be based on three main goals: inclusion, innovation and well-being, where the voice of every student at the University of Aveiro is heard and valued, always reinforcing education as an essential right and a strategic priority. To this end, it is crucial to encourage the reappreciation of the University of Aveiro's Study Regulations, calling for new teaching methodologies that keep up with the continuous evolutions experienced by future generations. It is also urgent to discuss plural, multicultural and accessible higher education, challenging the current access difficulties experienced not only by national students, but also by international students.

In a society that increasingly values well-being, there is an urgent need not only to evaluate the reality experienced by university students, but also to promote practices that boost the well-being of the community, through moments of clarification and encouragement to practise sports regularly. In a university and city strongly connected to sports, the importance of promoting it both formally and informally must not be forgotten, by reviewing the Student-Athlete statute and ensuring that the UA continues to be a place of growth for great Portuguese athletes.

The sense of community experienced at the University of Aveiro is unique, and considering this singular characteristic and the multiculturalism experienced, we consider it essential to reinforce culture as a form of expression, enabling the sharing of common experiences to bring the campuses closer together.

In a year of change, the strategic relationship with partner organisations must be reviewed, and the presence and retribution of the student community to the city of Aveiro, Águeda and Oliveira de Azeméis must be a priority and focus of the work to be carried out.

Por fim, sendo a AAUAv uma estrutura que engloba cerca de 550 dirigentes e inúmeros colaboradores, apenas apostando na sua formação, valorização e união é possível garantir a sua sustentabilidade. Assim, este movimento encontra-se focado em promover as ligações e reconhecer o trabalho desenvolvido por cada uma das pessoas que contribuem diariamente para o crescimento e manutenção da estrutura.

Num mundo que sofre transformações rápidas só fomentando a criatividade das novas gerações, através de iniciativas culturais, desportivas e políticas é que é possível criar uma verdadeira relação entre os estudantes, a universidade e a sociedade, para isso apresentamos uma equipa multidisciplinar, consciente do desafio a que se propõe e unida pela voz dos estudantes da Universidade de Aveiro.

Finally, since AAUAv is a structure that includes around 550 leaders and countless employees, only by investing in their training, valorisation and unity can its sustainability be

guaranteed. This movement is therefore focused on promoting links and recognising the work done by each of the people who contribute daily to the growth and maintenance of the structure.

In a world undergoing rapid change, it is only by fostering the creativity of the new generations through cultural, sporting and political initiatives that it is possible to create a real relationship between students, the university and society. To this end, we present a multidisciplinary team, aware of the challenge it faces and united by the voice of the students of the University of Aveiro.

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United by Voice, Driven by the Present

The Students' Union of the University of Aveiro was founded on June 28th 1978 as a Students' Union driven by the need to meet the growing needs of students in Higher Education, representing and claiming the rights of the current 18,000 students at the University of Aveiro.

The focus of the AAUAv's work has always been shaped according to the reality experienced in the country, with constant adjustment to the needs experienced by students being a priority. With this responsibility in mind, the presidency of the board of the Students' Union of the University of Aveiro reviews the importance of listening to students frequently, promoting actions to listen to and involve the entire UA community. Aware of the current difficulties and growth needs of the AAUAv project, it is necessary to prioritise the demand for a Higher Education for all, where each student has the opportunity to live the full academic experience, fostering not only academic but also personal growth.

In order to guarantee the sustainability of the structure, the "United by Voice, Driven by the Present" movement believes that the board of AAUAv should understand the workings of the institution, as well as the social environment in which it operates, presenting irreverent, creative and experienced students capable of forming and managing a multidisciplinary team that not only guarantees the sustainability of the project, but also drives its growth. Thus, the board of this project is made up of elements who recognise the need for change and have experience within the AAUAv structure, driven by the desire to ensure the representation of UA students at local, national and international level, strengthen the AAUAv structure and enhance existing resources. Thus, with the objectives well defined, some of the crucial points of action for the maintenance and growth of the Students' Union of the University of Aveiro project are:

- Work on strategies to adapt and innovate the UA's pedagogical framework;
- Promote the AAUAv's presence at national level, always presenting the reality experienced by UA students to discussion forums;
- Promote networking with other Students' Unions, building robust projects and communications;
- Statistically evaluate the current condition of the student mental health support from UA resources, with a focus on improving and increasing their availability;
- Fostering the UA's associative spirit, increasing the moments of discussion and formation of the AAUAv structure;
- Promote cultural events as opportunities for personal expression and discovery;
- Organising Enterro'25 and Integra-te'25, making them increasingly part of the culture of the UA community;
- Promoting sport in the academy, encouraging a review of the partnership between the UA and AAUAv in the context of the National University Championships;

- Ensure that UA continues to promote young athletes, reinforcing the need to review the student athlete statute and promote adequate spaces for practising sports;
- Achieve a greater diversity of advantages for AAUAv membership holders, through partnerships with the business, cultural and health sectors at municipal, district and national level;
- Analysing and working on the AAUAv board's current partnerships with external entities, always taking into account the development of the institution;
- Ensuring the sustainability of AAUAv's services, taking into account their adaptation to the needs of the UA community and necessary evolution, promoting their professionalisation;
- Rethink techniques to ensure the well-being of all students and make them feel included, regardless of gender, race, sexual orientation, social values, personal beliefs, culture, religion, among others;
- Encouraging debate and discussion within the community on various issues related to UA, higher education, among other timely topics;
- The 'Active Voice' project, where all students will be able to present a project they would like to bring to life, deciding the winner through voting. The winning project will be implemented by AAUAv and the selected group of students, who together will encourage sustainability, innovation and entrepreneurship.

We are committed to always seek the readaptation and renewal of the Students' Union of the University of Aveiro, so that even in the face of an ever-changing world we can respond to the voice of the students, never forgetting the history that made us grow. AAUAv must remain a critical, present and active voice in defence of the growth of new generations, acting in a transparent and constructive manner.

For an active voice in higher education

A Students' Union is indissociable from the fact that it is free, politically unaffiliated and representative of its students community. As such, the Students' Union of the University of Aveiro is the institution that aims to defend the students of the University of Aveiro and their interests. Because it always aims to do more and better for the student community represented by AAUA, the Education Policy Sector undertakes, with an enormous sense of responsibility, to:

Regarding Politics:

- Local Elections:
 - Meet with parties and their candidates, debating issues such as the housing crisis, youth employment and higher education in the Aveiro Region.
 - Promoting open debates with party representatives running for the city councils that include the Aveiro students community, these being the Aveiro, Águeda and Oliveira de Azeméis city councils.
- Organising debates on political issues that are relevant to students, encouraging a plurality of ideas and the development of critical thinking.
- Commemorate important milestones such as April 25th and The National Student Day, reinforcing the link between national history and the student community.
- Making use of ENDA in order to represent the interests of students in the UA community and boost their reality at national level.

Regarding Entrepreneurship:

- Partnership Initiatives:
 - Streamline projects such as Horizonte UA, in collaboration with interface units at the University of Aveiro, Departments and Schools.
 - Strengthen partnerships with organisations that encourage entrepreneurship, such as UACoopera and STEP UP, in order to join forces to spread information more effectively to the student community.
- Ensuring the promotion of the University 5.0 concept, which aims to constantly adapt to the transformation of contemporary reality, as well as expanding this same concept to the polytechnic subsystem of the University of Aveiro.

Regarding Mental Health:

- Collect data from the UA community on the subject, in order to more effectively identify existing problems and propose possible solutions.
- Raise awareness regarding mental health to the AAUA Nuclei, so that they are able to provide closer support to students.
- Establishing partnerships with private clinics and psychologists in order to provide accessible assistance to students at the University of Aveiro.

Regarding Cooperation:

- Establish closer contact between the Course Committees, the Nuclei and the Education Policy, in order to make it easier to identify problems in the day-to-day life of the different departments, schools and institutes of the University of Aveiro.
- Strengthen collaboration with associations that promote internationalization, organizing joint activities with them (e.g. international week).
- Promote constructive dialogues and promote collaboration with the National Youth Council.

Regarding Claims:

- Work with University units to increase the supply of research initiation, encouraging the creation of vacancies in scientific initiation programs.
- Debate the financing of higher education institutions and issues related to tuition fees with the competent authorities, pushing for a revision of the Legal Framework for Higher Education Institutions (RJIES).
- Improving the use of the University's facilities, such as libraries, canteens and departments, in cooperation with the UA's Organic Units, with a special focus on the Aveiro-Norte Higher School (ESAN).
- Seek solutions to the growing housing crisis in the city, through dialog with local authorities and other entities.
- Debate the innovation of pedagogical practices at UA, teaching methods and curricular changes, adjusting the teaching model to the new generations of students.
- Establish more direct and closer communication regarding advances and demands in the area of educational policy.
- Carry out an analysis of the pedagogical panorama of doctoral programs, as well as the conditions provided to doctoral students, with the goal of detecting flaws, suggesting solutions and effectively making this scenario increasingly appealing to students at the University of Aveiro.

The Education Policy Sector reaffirms its commitment to being an active voice in building a fairer, more inclusive higher education system adapted to the needs of its community.

For a cohesive structural voice

The structure of the Students' Union of the University of Aveiro is distinguished by the proximity and connection between AAUA's Branches, Sections and Governing Bodies. This close relationship ensures that the voices of the students represented by the Branches are heard, promoting constant dialogue and an effective response to their needs and concerns. The Nuclei Support Sector of the "United by Voice, Driven by the Present" movement is an essential pillar in empowering, valuing and accompanying associative leaders. This sector focuses on the continuous improvement of internal processes and the creation of opportunities through diversified activities that encourage collaboration, creativity and the personal and academic growth of the students involved. With this commitment to listening and acting together, the aim is to unify the Nuclei and reinforce the construction of a stronger, more representative Academy that is prepared for the future.

Structure empowerment:

- Hosting three regular training events: Forma-te@AAUA, Fórum@AAUA and AAUA's night. In addition to these three events mentioned above, invest in other training courses, focusing on time management, team management and financial management.
- Assist the Nuclei in drawing up the Plan of Activities and Budgets and the Annual Accounts Report, always working to make it easier for them to do so.
- Facilitating the Nuclei's access to all documentation and regulations, actively reviewing them.

Nuclei's support and follow-up:

- Visits the Nuclei's headquarters regularly, in order to assess the needs of each one.
- Maintaining informal initiatives to meet with the Nuclei, with the aim of encouraging the discussion of ideas between the Nuclei and the AAUA Board, as well as understanding their needs and supporting them in planning activities.
- Preparing moments of interaction between the AAUA Nuclei, promoting a more efficient networking amongst them.
- Ensuring continuous monitoring of the activities of the Nuclei.
- Promote joint activities between the Nuclei and the AAUA Board, reinforcing the Students' Union's project among people outside the AAUA structure and strengthening the proximity between the two bodies.
- Reformulate the concept of the CN-AAUA, promoting transparent and effective communication between the structure and making it a space for the Nuclei to have an active voice in relation to UA.

- Encourage internal discussion in order to promote a better working environment and strengthen interpersonal relations.

Valorization and Recognition:

- Keep on awarding prizes to the AAUAv Nuclei for the work done throughout their term, and introducing more diversified categories to reinforce the incentive to carry out activities.
- Valuing the history of the structure and the various units, promoting the sharing of their journeys and distinctive milestones. At the same time, encouraging the documentation of the present, ensuring its continuity as a reference for the future.

Connecting Students - Nuclei-AAUAv:

- Encourage students to connect with the Student's House and the AAUAv spaces on campus, encouraging the Nuclei to use and value these places.
- Work on involving the Nuclei in the UA's teaching practices.
- Continue to encourage the Nuclei to participate in UA and AAUAv events.

Give a voice to the community to build a structure that is more representative

The Students' Union of the University of Aveiro, which is a beacon of academic life and of the Aveiro community, is facing new challenges as its structure and student community continue to grow. In order to meet these demands, it is crucial to guarantee efficient and organized management of all the AAUAv's assets, spaces and services, ensuring that nothing goes wrong throughout the year. The commitment to maintaining services, optimizing resources and a cohesive structure is fundamental to continuing to boost relations with the community and enriching the students' academic experience. In this way, and with the aim of giving students a voice, the Internal Administration sector proposes to:

Goods and services:

AAUAv has redoubled its efforts to offer students and the academic community a diverse range of services and goods that meet their needs. However, this commitment must be continuous, which is why it is necessary to invest in maintaining and improving the services, spaces and goods it provides, as well as its fleet. The focus on quality and diversity of resources reflects the mission of listening to students and creating a university environment that lives up to the expectations of a constantly growing academic community. The Internal Administration therefore aims to achieve the following objectives:

Services/Spaces:

- Updating the AAUAv App, making it more intuitive and accessible, with the aim of implementing features that make it easier to buy merchandise, place orders at AAUAv services such as CUA and BE, include English as a language option and introduce a member identification system;
- Make the open space, currently used as a dining area and study room, more welcoming and functional. Study solutions to equip it appropriately, promoting a more comfortable environment that meets the needs of the academic community;
- Upgrade and maintain the spaces (Casa do Estudante and CUA) ensuring that they improve the service and are preserved throughout the year to offer the best possible quality;
- Ensure the smooth running of services (Photocopying Shop, Merchandising Shop and Laundry).
- Study the economic viability of creating an Esports room and a "Museum" space to display AAUAv's historical landmarks.

Goods:

- Reviewing all AAUAv's goods and equipment in order to guarantee their replacement/repair if necessary;
- Implement an internal management system to monitor the stock availability of AAUAv's equipment in real time, in order to combat the structure's recurring needs.

Fleet:

- Implement the fleet management platform that is currently being tested and reformulate its internal management;
- Continue the restoration and maintenance of the fleet, improving methods to ensure its quality;
- Ensure the safe transportation of cargo, goods and equipment.

Collaborator network

AAUAV has intensified its network of collaborators, which is essential for the smooth running of the AAUAV and for creating value in the academic community. To ensure that this network becomes more dynamic, motivated and efficient, it is necessary to continually invest in its training. This commitment reflects our mission to value people, promoting an environment of collaboration and innovation. We therefore propose:

- Providing training to acquire skills;
- Improving communication to ensure that collaborators are informed and involved, and listening to suggestions to foster a collaborative environment;
- Establishing recognition systems to highlight the dedication and contributions of collaborators (Example: Collaborator Day);
- Ensuring equal opportunities for all collaborators.

Basically, to create a network of motivated, trained collaborators who are aligned with the association's values, helping to strengthen the academic community as a whole.

Academic Events:

AAUAv has been reinforcing its commitment to boosting and enhancing academic events, proving their essential role in building an enriching and integrating university experience. From the big events such as Enterro, Integra-te and Arraiais, to the smaller get-togethers organized by the nuclei, all events contribute to promoting the academic spirit of the student community. To ensure that these initiatives continue to be relevant and memorable, it is necessary to continually invest in their organization and logistics. We are therefore committed to:

- Ensure the necessary resources and structures are in place for the events to take place;
- Optimize logistical coordination, with a focus on efficiency and a positive impact on the academic community;
- Continuing to guarantee the necessary logistical training in terms of goods, equipment and activities, both for the Nuclei and internally;

Give a Voice to a Healthier and Active Academy

At the University of Aveiro, sports play a fundamental role, not only by transmitting values such as discipline, teamwork, resilience and overcoming, but also by being an essential tool for social inclusion and promoting the mental and physical well-being of students. The collaboration between UA and AAUAv has allowed both to gain recognition in national university sports, by organizing prestigious events that boost AAUAv's presence in national and international university sports federations, raising the sporting status of the Aveiro region.

Even so, the balance between academic and personal life and mental health have become increasingly urgent challenges. Constant pressure, stress and associated addictions have a significant impact on students' well-being, leading many to abandon sport and other activities that are fundamental to a healthy life. As such, it is AAUAv's responsibility to seek solutions that promote mental and physical well-being, enabling students to achieve the balance necessary for academic and personal success.

UA Cup:

Recognized as the biggest intercourse competition in the country, the UA Cup, which is celebrating its 22nd edition this year, has seen significant growth, both in the number of athletes taking part and in the diversity of sports played. This increase has boosted the competition's media profile, winning over a growing number of fans and consolidating its impact on the Aveiro community.

With this in mind, the Sports and Well-being sector proposes to:

- Simplifying and streamlining the athlete registration process.
- Review internal regulations with the aim of promoting healthy competitiveness, ensuring clear and fair rules that encourage sportsmanship and high performance in competition.
- Ensure continuous support for the Nuclei throughout the competition, continuing to take an approachable stance towards sports officials and ensuring efficient communication to meet their needs.
- Promote refereeing training aimed at students, with the aim of improving technical skills and the quality of refereeing in matches, contributing to a fairer and more professional competitive environment.
- Study the process and methodology of digitizing and centralizing UA Cup information
- Introduce new, attractive and inclusive disciplines into the competition, providing for the participation of the various Nuclei, always keeping up with new trends.

- Improve the communication of the competition, making it more dynamic, interactive and personalized with the aim of strengthening participation.

National University Championships

At the National University Championships (CNU's), UAveiro athletes have become benchmarks at both national and international level, demonstrating their talent and dedication. It is essential to continue to support and honor these athletes, who achieve remarkable feats that represent the Academy with distinction and excellence.

In this way it is important to:

- Publicize and emphasize the importance of the student recruitment process with the academic community.
- Highlight athletes in different initiatives and communication channels in order to recognize and value their talent and commitment, strengthening their visibility and prestige.
- Ensuring continuous monitoring of the various CNU's, in order to promote their visibility and communicate the disciplines practiced, as well as the achievements of the athletes.
- Restructuring the various AAUAv protocols and partnerships with sports and leisure organizations and associations.
- Strengthening relations with local sports teams and associations in order to boost the development and appreciation of sports in the community.
- Promote the reality of adapted sports in the UA community, organizing activities, dissemination and fundraising actions in various disciplines.
- Promoting and reviewing the Student Athlete Statute so that as many students as possible are aware of its benefits.
- Holding the Golden Academy to honor and distinguish athletes who have stood out for their performance and contribution.
- Reviving the history of the UAveiro club by collecting materials related to the achievements of athletes and teams that have somehow made a mark on sport at the University of Aveiro and, in this way, planning the creation of a space that travels through its history.

Well-Being

Alongside sport, the University of Aveiro community has stepped up its efforts to offer its students the ideal conditions for balancing an excellent academic career with a healthy lifestyle, both physically and psychologically. Given the continuous growth of the academic community and the challenges posed by society, it is essential that this sector

adopts a dynamic and innovative approach, developing effective strategies to promote well-being within the community.

- Reformulate a partnership with the Student Support Office (GUIA), in order to respond effectively to students' needs and promote their well-being and academic success.
- Reformulate the Health and Well-being program, together with the University of Aveiro, in order to create a more integrated and effective approach that promotes the physical and mental well-being of the academic community, through innovative initiatives and accessible support resources.
- Organize daytime activities during the week of Enterro'25, which energize the campuses by expanding the points of interest during this period.
- Create and implement awareness-raising actions to prevent risky behavior at academic events throughout the year.
- Organize workshops to make students aware of the importance of self-care and the balance between academic, personal and professional life.
- Develop partnerships with the various sports associations and clubs in order to offer benefits to AAUAv members and thus enable the community to maintain an ongoing commitment to their health and well-being.
- Continue to promote the integration of new students by holding tournaments and recreational activities such as UA Sem Fronteiras, the Inter Polytechnic-tournament and the 12-hour tournament.

Together we bring culture to life and give voice to the ideas that define us as a community

Culture at the University of Aveiro is one of the pillars that strengthens the integration and enrichment of the student community. Promoting cultural activities, both local and academic, is essential to value the diversity of artistic expressions and integrate students into the cultural life of the city and the university. Through these activities, students can express themselves, interact, and build a cultural identity. Aware of culture's importance as a formative and transformative element, the candidates for the culture department propose to:

Aveiro's Local and Regional Culture

- Promote the integration of cultural activities within the Aveiro community and include Aveiro-based events in the students' cultural agenda.
- Foster partnerships between external cultural agents and the UA community to create a diverse and integrated agenda.
- We aim to launch a project called "*rUA*", designed to support street artists, including both UA students and members of the Aveiro community. This initiative will help them showcase their talent and gain visibility for their work, contributing to the cultural enrichment of the city and the university.
- Additionally, we will highlight the talents of UA students through performances and events, further promoting artistic expression and engagement.

Academic Culture (University and Student Life)

- Restructure the cultural council to better represent the cultural interests of students and cultural agents.
- Revamp both daytime and nighttime activities in the Students' Union's spaces.
- Develop activities to foster integration and inclusion for students from autonomous regions.
- Expand the *Dr. Why* competition to include participation across all University of Aveiro campuses.
- Establish a regular schedule for the activity "The Five," featuring giveaways or contests to offer students opportunities to attend diverse cultural events.
- Improve and update the Students Union' cultural and social gathering spaces;
- Enhance events such as Academic Week, Integration Week, and the Grande Arraial by focusing on innovation and enriching activities, creating meaningful and engaging experiences.

International Culture (Global Culture and International Students' Inclusion)

- Organize events to promote global culture and integrate international students into the University's life.

- Develop inter-university activities and events that encourage the participation of students from other universities, fostering broader connections and cultural exchange.

Entertainment and Community Culture (Leisure Activities and Events)

- Adjust informal activities, such as debates and discussion sessions, to encourage the exchange of ideas and dialogue among students.
- Organize gastronomic events to promote cultural exchange moments through food and culinary traditions.
- Host outdoor movie screenings to create a communal experience for students.
- Integrate the University Radio (*RIA*) into cultural activities, including events, interviews, or live broadcasts.

Bringing students closer to the Students' Union, building a direct and engaging communication, with everyone feeling heard and represented

Effective communication is one of the fundamental pillars for the success of any Students' Union activity. It ensures transparency in its actions and decisions while strengthening the connection between the association and the students it represents. Clear communication allows everyone to stay informed and engaged in the UA community, fostering a more collaborative and participatory environment. This ability is essential to ensure that students' needs and expectations are effectively heard and addressed.

Communication Restructure: Professionalism and Cohesion

Our top priority is to redesign the communication strategy of the Students Union to ensure that all messages are clear, consistent, and professional. To achieve this, we plan to establish standards and guidelines for the use of visual identities across all association activities, strengthening cohesion and enhancing the credibility of our institutional image.

The professionalization of communication is a crucial step in conveying the association's seriousness and commitment to all students, ensuring a reliable and effective information flow.

Communication Diversity: Dynamic Content

We want to innovate and diversify our communication by creating different types of content suited to a lot of platforms and audiences. This will include a variety of formats such as videos, photographs, infographics, interviews, and interactive content, ambitioning effectively reaching all members of the student community.

Bringing the Association and the students closer: Transparency and Behind-the-Scenes

To strengthen the connection between students and the association, we aim to give more visibility to our activities' behind-the-scenes. Showcasing the process of organizing events and the work behind our initiatives will help create a more human and approachable image of the association. This type of content will enhance the sense of belonging and engagement, making students feel more connected and integrated into our mission.

Physical Communication: Posters, Flyers and Digital Screens

The physical presence of the association's communication on campus will also be strengthened, by creating and distributing posters and flyers in strategic locations across the campuses. Additionally, optimizing the use of digital screens at CUA and the Student House will be a priority, ensuring a better usage of the space. We want our communication to be visible and accessible, both physically and digitally, reaching all students regardless of their habits or preferences.

Content Analysis: Ensuring Growth on Digital Platforms

For the Students' Union of the University of Aveiro to have a significant impact and a solid presence on digital platforms, it is essential to have a strategic approach to content creation and distribution. Continuously analyzing student behavior across various digital platforms will help identify which types of content are most relevant and effective for our audience. This includes understanding which type of language, images, and formats (videos, infographics, interactive posts) generate the most engagement. Personalizing content based on students' preferences and feedback will help ensure that communication is not only effective but also engaging and targeted.

Partnerships with RIA Radio and Local Media: Promoting the Activities and Positions of the Students' Union

The Students' Union of the University of Aveiro plays a crucial role in representing students and fostering academic, cultural, and social life. We believe that partnerships with RIA Radio and other local media would strengthen its presence in the community and ensure a broader reach for its activities and messages. These collaborations will help amplify the association's voice, promoting its initiatives and positions to a wider audience.

A voice that raises awareness in the academic community, connects values, and transforms the community

The *Aveiro é Nosso* project has as its primary mission to foster synergy between the University of Aveiro, its students, and the Aveiro community, promoting a deeper integration with the city and its residents. Over the years, this project has stood out as a pillar of social and environmental responsibility for AAUA, and is now responsible for managing the *Loja VOL*, a space dedicated to volunteering located in Bairro de Santiago.

In addition, we do not want to simply integrate students into the city, but also raise awareness of the importance of actively engaging in community's life, contributing in a genuine way to larger causes. Therefore, we aim to build strong relationships between the different communities, making our university increasingly supportive and united, through:

Community Support:

- Mobilize *Loja VOL* to make it a reference space and meeting point for university students and residents of Aveiro.
- Organize health screenings and blood donation drives.
- Host workshops on various topics and actively involve the community.
- Continue the project "*Tutores por Amor*", providing educational support to underprivileged children and young people by university students.
- Create the "*Amigos por Amor*" project, following the "*Tutores por Amor*" initiative, to offer companionship and support from university students to underprivileged children and young people.
- Continue the "*Aveiro de Todos*" project by organizing social activities in partnership with Aveiro-based associations and organizations, such as care homes, hospitals, schools, shelters, and more.

Academy's Involvement:

- Celebrate commemorative days through events and exhibitions.
- Promote new editions of the *Feira da Alameda* to encourage sustainable practices and support local commerce.
- Establish partnerships with student organizations and Junior Enterprises/Junior Initiatives at the University of Aveiro.
- Create a Safe Space during Academic Weeks in collaboration with UA and the Sports and Well-being Department.

Sustainability:

- Continue promoting recycling practices during Academic Weeks.
- Create “*Passa a Palavra*”, a mobile library aimed at promoting book reuse and fostering better reading habits.
- Rebrand the *Corrida Solidária* by organizing its 4th edition, with the support of diverse partnerships.
- Provide a clothing donation bin on campus for later distribution.
- Continue the *Ashtrays* project by distributing them across the campus in partnership with UA and Green Mind.

The continuous growth of the *Aveiro é Nosso* project reflects the positive impact of its initiatives on the Aveiro community. By increasing the visibility of its events, the project not only strengthens its credibility but also more actively involves both the university and the city of Aveiro. *Aveiro é Nosso* is, therefore, a reflection of the collaborative spirit and civic responsibility that the AAUA_v upholds, with the certainty that the union between the academy and the community is essential for the progress of both.

Students' voices: the power of the present

The General Assembly of Students (AGA) is the highest decision-making body of the Students' Union of the University of Aveiro. The General Assembly Board (MAG) is the body responsible for convening and leading it. Composed of five members, MAG is also responsible for appointing the governing bodies of AAUA, autonomous sections, and Nuclei, as well as supporting and assisting them in their functions. MAG also ensures that the electoral processes are conducted in accordance with the statutes, upholding the principles of democracy, independence, transparency, and representativeness outlined in the document.

Aware of the importance of students' voices and opinions, the members running for the General Assembly Board propose to:

- Uphold and enforce the statutes of the AAUA, its regulations, and the internal rules.
- Convene and conduct the AGAs, encouraging student participation and leading them in a transparent and impartial manner, following the guidelines and values expressed in the statutes.
- Ensure compliance with electoral regulations and manage all electoral processes transparently and impartially.
- Review and optimize the Electoral Regulations and various electoral processes.
- Empower and guide the members of the RGM (General Meetings) boards of student groups, continuing the work of building closer relationships with them.
- Be an active and participative part of the Advisory Board of the Executive Committee, creating a cooperative and informative working environment, following the guidelines of Article 50 of the Statutes.
- Support, whenever necessary, the governing bodies of the AAUA, autonomous sections, and Nuclei.
- Continue the work initiated in previous terms to organize and optimize the MAG archive.
- Build cooperative ties with the General Assembly Boards of other universities and polytechnics.

The future starts now! We want to be the future by elevating the voices of all students so that they feel heard, valued, welcomed, and respected in AAUA. After all, the most important part of this Association is the students, and everyone's contribution is indispensable to building a more inclusive and promising future.

For a transparent, honest and fair voice

The Fiscal and Jurisdiction Council (CFJ) is the body of the Students' Union of the University of Aveiro (AAUAv) responsible for ensuring compliance with the statutes, overseeing financial management, and monitoring the overall functioning of the Association's governing bodies. It consists of five members.

With this general purpose, the candidates for the CFJ from the movement "*United by Voice, Driven by the Present*" propose to:

- Ensure compliance with current statutes and regulations by overseeing the administration of the AAUAv Executive Board and the Coordination of Nuclei.
- Conduct substantiated inquiries, when necessary and applicable, into the financial and administrative operations of any governing body, autonomous section, Nuclei, or AAUAv committee.
- Carefully and impartially analyze the Activity and Budget Plans (PAO) and Annual Financial Reports (RAC), providing substantiated opinions when warranted.
- Monitor and assist in meeting deadlines for the submission of documents such as the PAO and RAC.
- Strengthen the training of student groups in preparing their PAO and RAC in collaboration with the Nuclei Support Department of AAUAv's Board.
- Actively participate in the advisory councils of AAUAv's Board, providing continuous support and oversight throughout the year.
- Be available for consultation by the AAUAv Board, Nuclei coordinations, or any other member requesting assistance.

Through these goals, we aim to give voice to the transparency and integrity of the entire academic community that makes up AAUAv. We embrace this commitment under the motto "*For a Transparent, Honest, and Fair Voice,*" which aligns with the movement *United by Voice, Driven by the Present*.

“ UNITED BY VOICE ”

MANIFEST 2025