

The background image shows a vast, white, textured landscape of a glacier or large ice field. Numerous deep, blue-colored channels, likely meltwater streams, cut through the ice, creating a pattern of linear depressions. The ice appears thick and layered.

LUVANN

ENTER

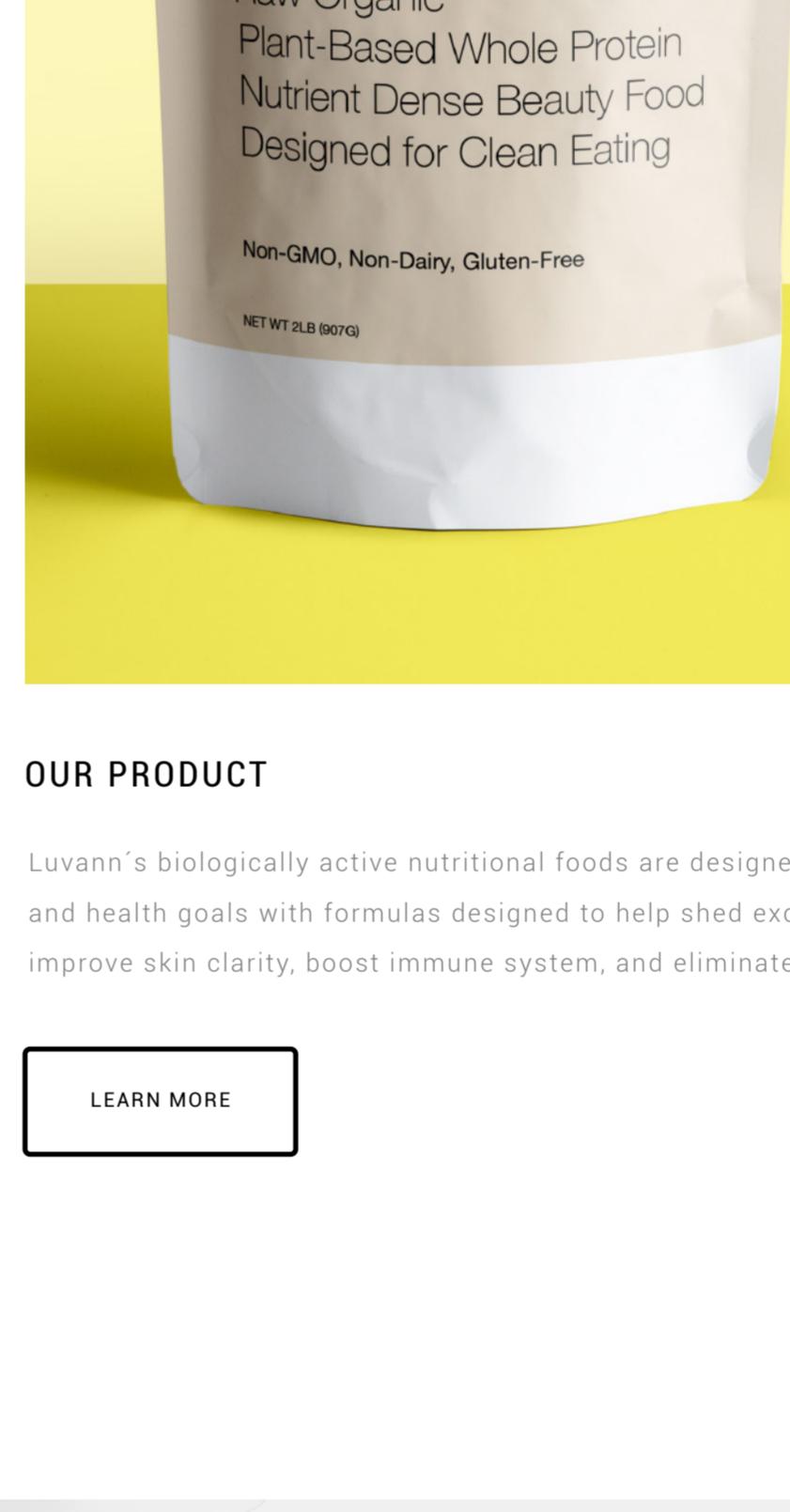
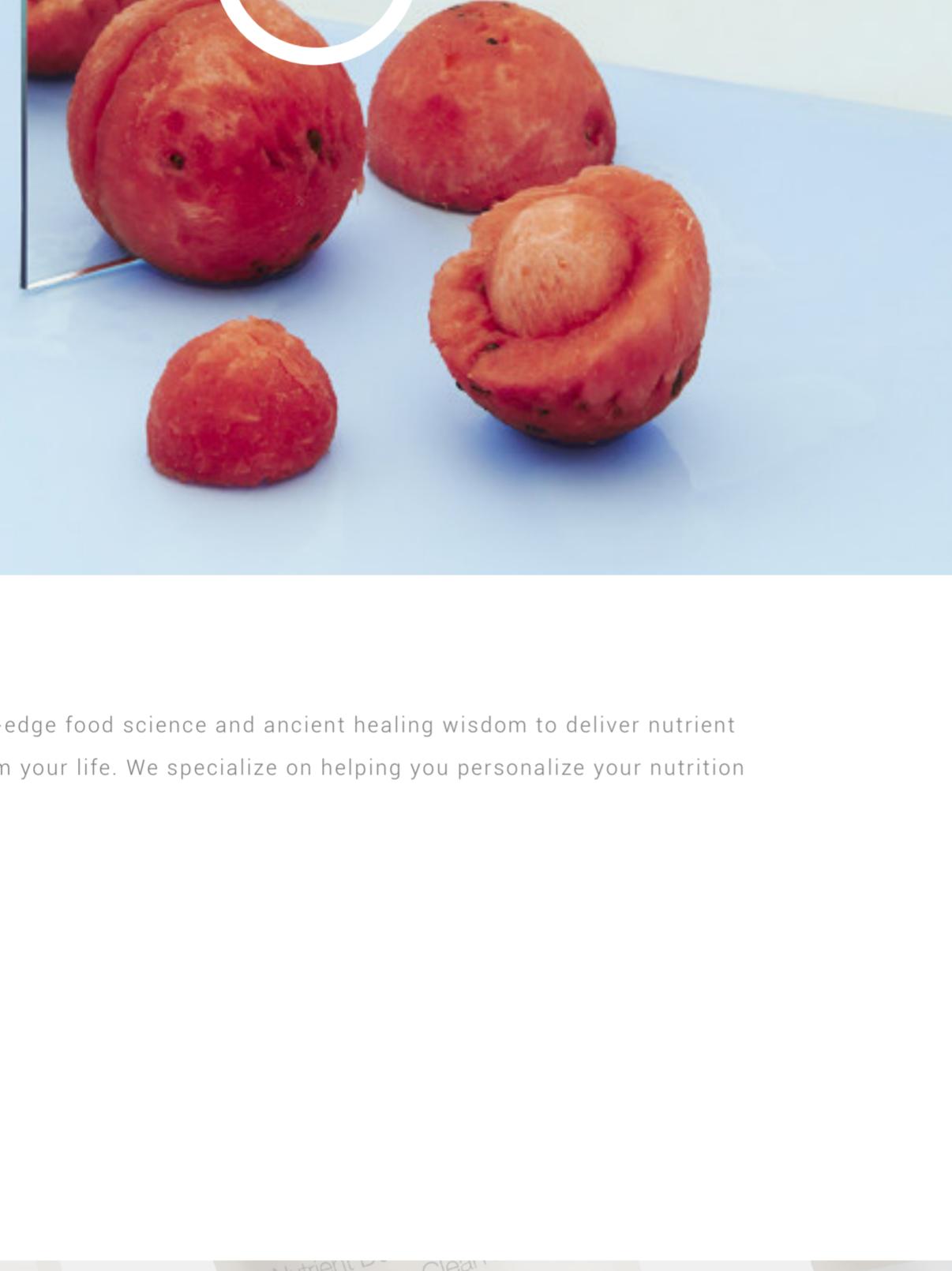


MADE JUST FOR YOU

EXPERIENCE THE POWER OF FOOD AS MEDICINE AND TRANSFORM YOUR BODY.

[Male](#)

[Female](#)



Caveman Protein

Cashew Nut, Super Greens, Grass-fed Beef Bone Broth

OUR MISSION

Our mission is to pair cutting-edge food science and ancient healing wisdom to deliver nutrient dense superfoods to transform your life. We specialize on helping you personalize your nutrition to make it work for you.

OUR PRODUCT

Luvann's biologically active nutritional foods are designed to help individuals reach their weight and health goals with formulas designed to help shed excess weight, increase focus and energy, improve skin clarity, boost immune system, and eliminate bloat.

[LEARN MORE](#)

PERSONALIZE YOUR PROTEIN, TRANSFORM YOUR LIFE

SIGN UP TO START YOUR BODY GOAL CHALLENGE!

Start creating the body you feel best in with powerful life changing plant nutrition that works synergistically in the body and deliver healthy gut probiotic bacteria, alkalizing superfood red and greens, digestion-supporting fiber, beauty and youth antioxidants and collagen support.

[SIGN UP NOW](#)



Use the Newsletter Block below to collect email addresses.

Email Address

[SIGN UP](#)

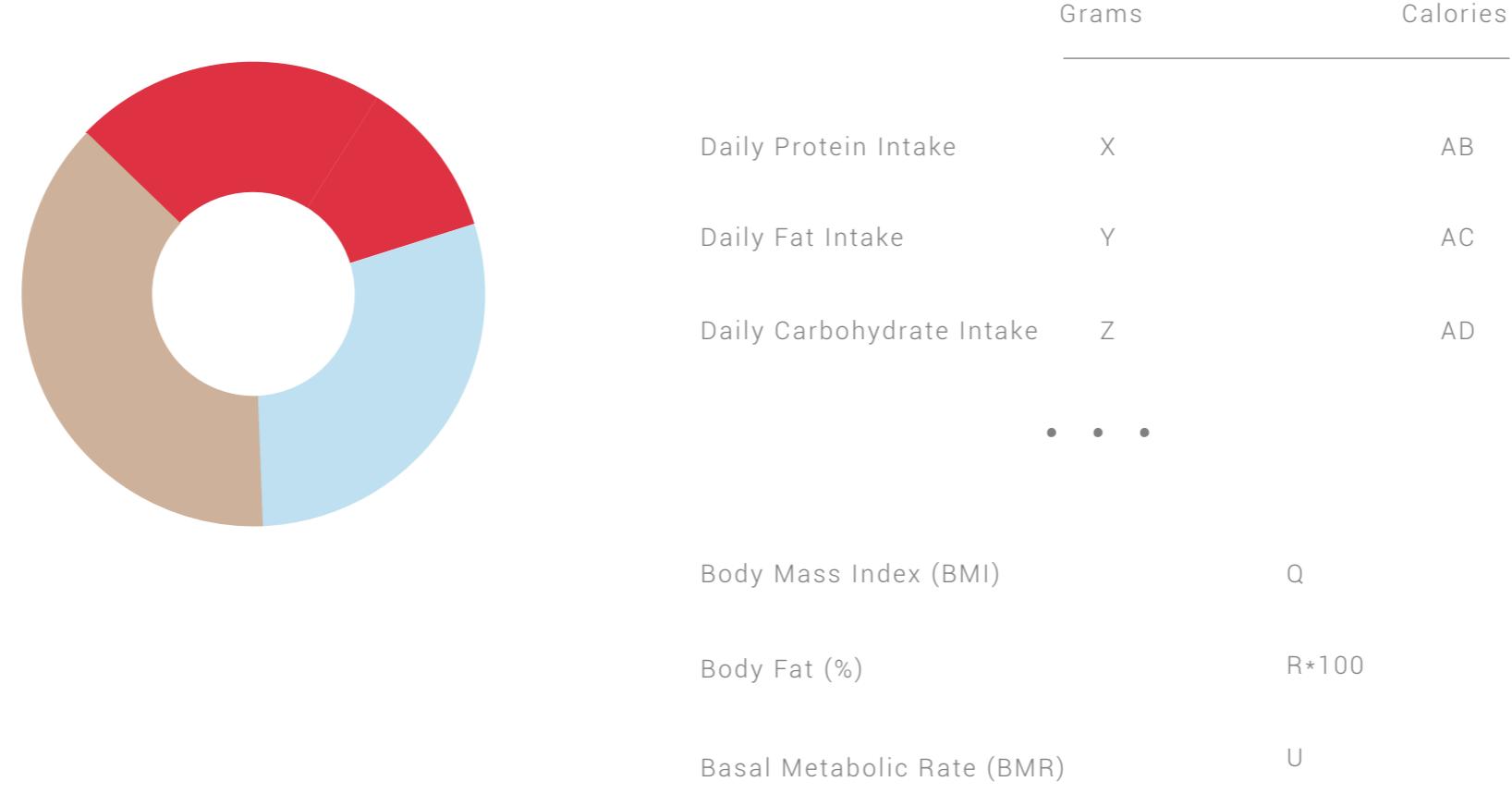


BODY SCIENCE + ANCIENT HEALING WISDOM

At Luvann, we use a body science calculator to analyze your body measurements, activity level, personal preferences, and body goals to recommend your personal optimal levels of macronutrient daily needs and then we apply a holistic wellness lens using medicinal superfoods, adaptogenic herbs, and ancient healing remedies to help you achieve transformational results.

YOUR DAILY NUTRITION BREAKDOWN

Based on your current body data and fitness goals, we calculate your daily nutrition intake for you. So even if you don't buy our product today, you can still use it as a reference to keep your body fit and healthy:



NUTRITION FACTS

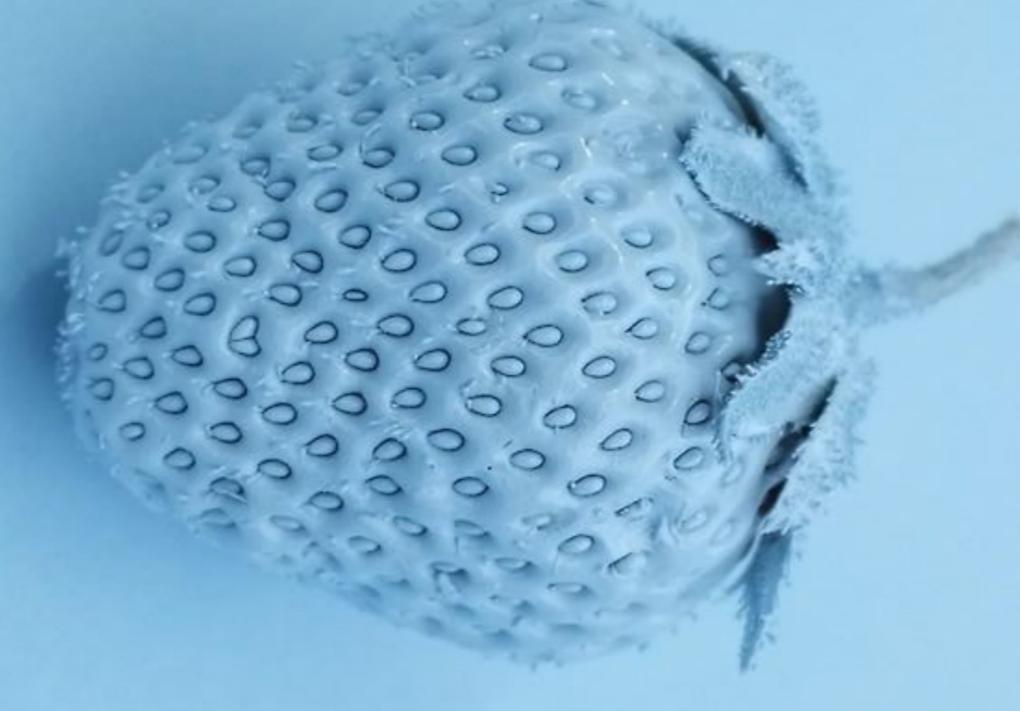
Whenever you decide to buy our protein powder, please take a look at your customized nutrition facts below. We recommend to mix one serving of powder in 6-8oz of milk or water and using ice-cold milk, soy milk, or almond milk. Free shipping for eligible products.

Nutrition Facts	
30 servings per container	
Serving size	1 scoop (Alg)
Amount Per Serving	
Calories	AP
	% Daily Value*
Total Fat AGg	AK%
Saturated Fat 0g	0%
Sodium 140mg	6%
Total Carbohydrate AHmg	AL%
Dietary Fiber 2g	7%
Protein AFg	
Vitamin D 0mcg	0%
Iron 2.528mg	14%
AS	
AR	
AQ	
*Percent Daily Values are based on a 2,000 calorie diet.	



PURCHASE NOW

LEARN MORE ABOUT OTHER PRODUCTS



START FEELING AND LOOKING GOOD

Our mission is to pair cutting-edge food science and ancient healing wisdom to deliver nutrient dense medicinal superfoods to transform your life. We specialize on helping you personalize your nutrition to make it work for you.

FUNCTIONAL MEDICINAL NUTRITION

Luvann's biologically active nutritional delicious foods are designed to help individuals reach their weight and health goals with formulas designed to help shed excess weight, increase focus and energy, improve skin clarity, boost immune system, and eliminate bloat.

Luvann blends are plant-based, organic, raw, plant-based, dairy-free, gluten-free, non-gmo, no refined sugars and are encapsulated with phytochemicals, fiber and other nutrients to work synergistically with your body. Our blends are 100% customizable and can be personalized to also include natural collagen supplements and organic grass-fed bone broth to improve bone and skin health.

JOIN THE LUVANN CLAN

Experience medicinal foods for inside out transformational change. Start creating the body you feel best in with powerful life changing plant nutrition that works synergistically in the body and deliver healthy gut probiotic bacteria, alkalizing superfood red and greens, digestion-supporting fiber, beauty and youth antioxidants, collagen support for inside out transformational change.

[SIGN UP NOW](#)

MADE JUST FOR YOU

At Luvann we have realized that fitness and health goals are unique to each individual. That is why we believe in bringing the power of personalization to nutrition. Our bodies are all different, we digest macronutrients in different ways and not all one-size fits all proteins work for everyone. That is why we want to empower you to learn more about your body and nourish it in a way that works for you.

REGENERATIVE & BIODYNAMIC FARMS

We care about what goes into your body. We believe in using simple, few, and powerful nutrients and remedies to deliver results. Our ingredients are sourced from trusted suppliers and farmers using regenerative, biodynamic and sustainable agriculture practices to bring you high quality and effective organic superfoods that work synergistically with your body to optimize for best results.

FOOD AS MEDICINE

Our focus is at the nexus of cutting-edge nutrition science backed by numerous trials, ancient healing wisdom, and clean eating. We believe in the power of nutrition for body and mind. Your inner body and gut microbiome health radiates through your skin. Eating well means feeling and looking great. That is why we have paired our protein blends that have gone through a fermentation process with transformational nutrient-rich adaptogenic tonic herbs, superfoods, and medicinal plants for mood, focus, beauty, immunity, stamina, and energy added health benefits.



THE LUVANN FIT SYSTEM

If you are looking to take our protein for weight loss, we recommend you do our full system along with our hunger-buster beauty and detox plant-based booster mylks as part of our program to motivate your metabolism and feel energized throughout your day.

The Luvann Fit System works by replacing two meals with our protein blends, have two daily plant-based booster mylks as snacks, and eat one sensible meal of your choice. Our plant-based booster mylks formulas are currently standard and uncustomizable.

SHOP PROTEIN & BOOSTER MYLKs

1 for \$12: 7 servings
2 for \$20: 14 servings
4 for \$36: 28 servings

SHOP LUVANN FIT SYSTEM

One-week Trial \$36:
14 servings of personalized protein meal replacement with 25 grams of protein per serving
14 servings of daily detox and beauty booster mylks with 10 grams of protein per serving

Two-week Commitment \$68:
28 servings of personalized protein meal replacement with 25 grams of protein per serving
28 servings of daily detox and beauty booster mylks with 10 grams of protein per serving

We offer convenient small packaging with simple pricing to give you flexibility and variety. Prices do not include shipping fees.

OTHER PRODUCT (COMING SOON)



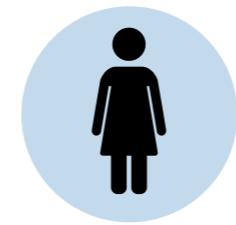
X

L U V A N N

GENDER



Male



Female

BACK

NEXT

X

L U V A N N

AGE

BACK

NEXT

X

L U V A N N

HEIGHT

Feet _____ Inch _____

BACK

NEXT

X

L U V A N N

CURRENT WEIGHT

_____ lbs

BACK

NEXT

X

L U V A N N

BODY GOAL



Accelerated
weight loss



Normal
weight loss



Maintenance



Gain Muscle

BACK

NEXT

X

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CURRENT ACTIVITY LEVEL



Sedentary
(little or no exercise)



Lightly active
(1-3 days/week)



Moderately active
(3-5 days/week)



Very active
(very hard exercise)

BACK

NEXT

X

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WHAT TYPE OF EXERCISE OR SPORTS DO YOU DO?



Weightlifting



Cardio



Sports



Yoga



Dance



Swimming



Crossfit

...



Other

None

BACK

NEXT

X

L U V A N N

ON AVERAGE, HOW MANY MEALS DO YOU EAT EACH DAY?



2 or less



3



4 or more

BACK

NEXT

X

L U V A N N

ON AVERAGE, HOW MANY MEALS DO YOU EAT EACH DAY?



2 or less



3



4 or more

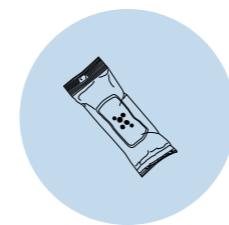
BACK

NEXT

X

L U V A N N

HOW WILL YOU CONSUME IT?



Snack



Meal replacement

BACK

NEXT

X

L U V A N N

VEGAN OR WHEY?



Vegan



Whey

BACK

NEXT

X

L U V A N N

WHEN DO YOU NORMALLY HAVE IT?



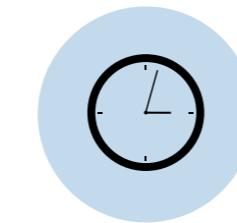
Breakfast



Midmorning



Lunch



Afternoon



Dinner



Before exercises



After exercises

BACK

NEXT

X

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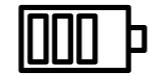
WHAT BENEFITS ARE YOU INTERESTED IN?



Beauty



Stamina



Energy



Mood



Detox



Gut health



Antioxidants



Body builder



None

BACK

NEXT

X

L U V A N N

WHAT FLAVOR DO YOU PREFER?



Vanilla



Chocolate



Matcha



Tumeric



Coffee



Chai



None

BACK

NEXT

X

L U V A N N

HOW WOULD YOU LIKE IT SWEETENED?



Stevia



Unsweetened

BACK

NEXT

X

L U V A N N

HOW DID YOU HEAR ABOUT US?



Instagram



Facebook



Google



Friend



Blog

BACK

NEXT

X

L U V A N N

WHAT'S YOUR NAME AND EMAIL?

Full Name

E-mail

Password

Return customer?

LOG IN

SIGN UP