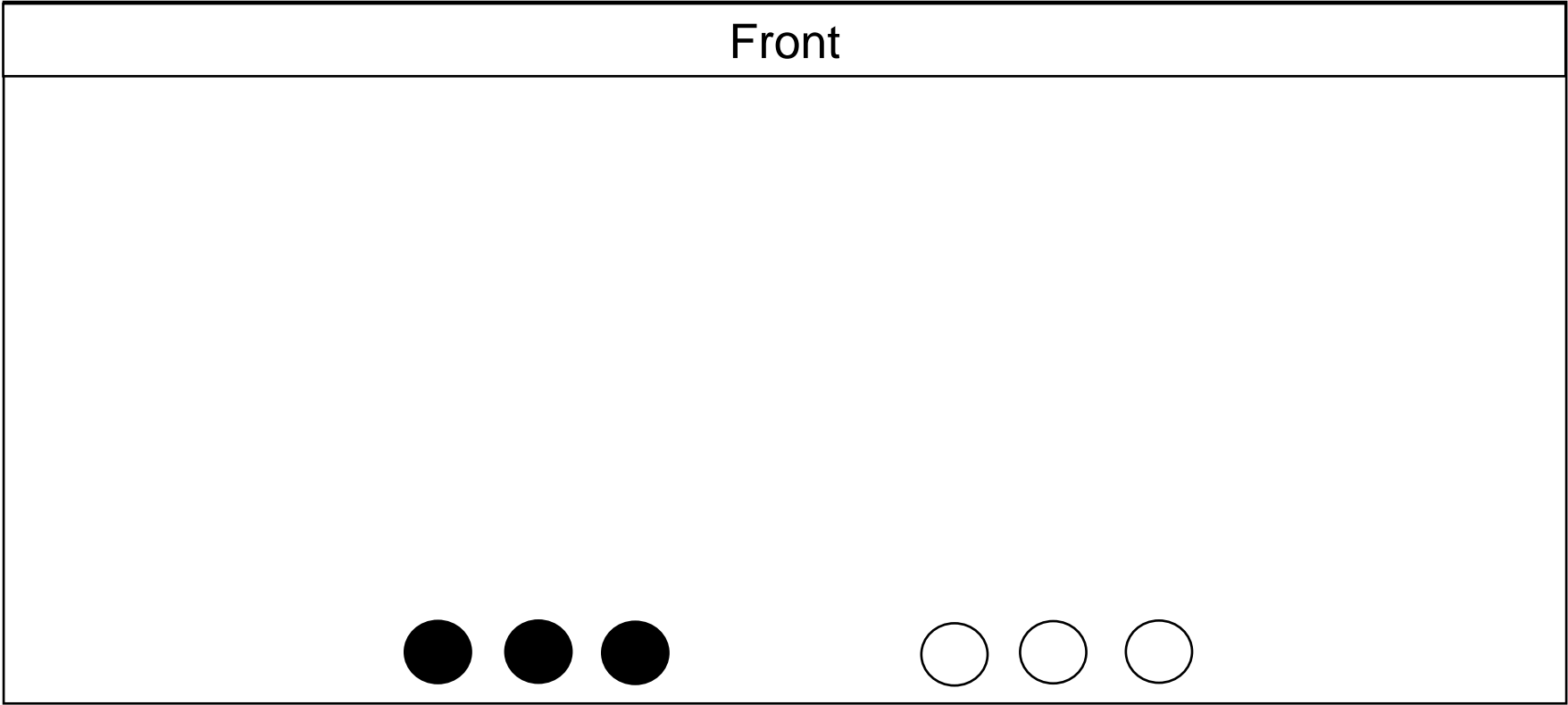


**LUU Dance Show 2022**  
**Ballroom and Latin – Time Warp**

**Choreographed by Joe Prollins**  
**Version 2: “Beatrice”**

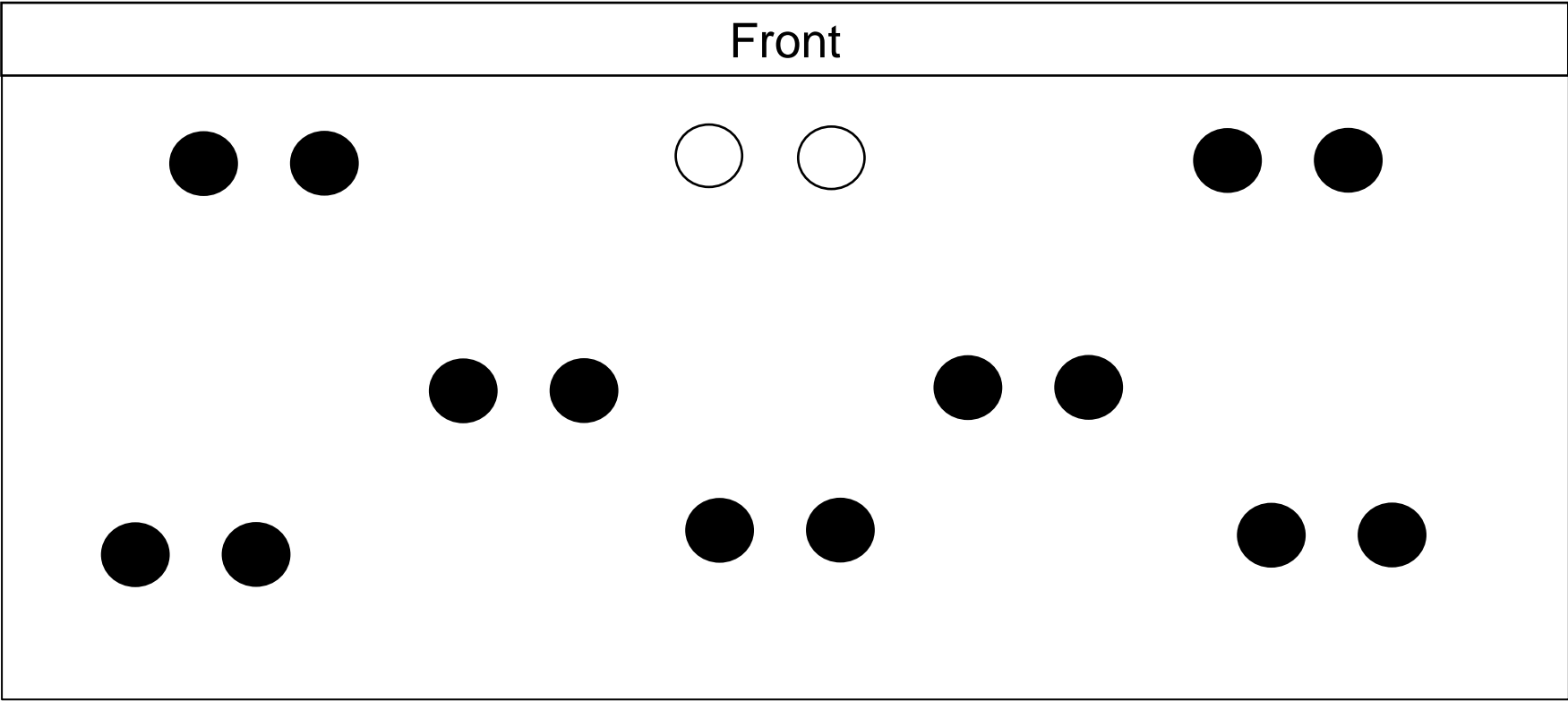
Verse 1: Entrance onto stage (0:00) (TO BE FINISHED, NUMBERS DETERMINE PLACEMENT)



Notes: Numbers are not confirmed.

Count of 8:	Moves
1	No action taken
2	On count 5, T-Lifters, lift. Hold until count 8
3	T-Lifters walk forward and into position
4	T-Lifters continue walking to position, lower flyer.
5	
6	
7	
8	
9	Run to pre-chorus positions
10	Run to, and arrive at pre-chorus positions

Pre-Chorus: Kicks (~0:27)



Notes: Numbers are not confirmed. Starts after “I’ve got to keep control” + count of 8

Count of 8:	Moves
1	Drunken sailor x2
2	Kick across and out x2, 4 quick kicks
3	Right foot tap behind left then kick out again x2, chassé
4	Rock, underarm, chicken walk s
5	Chicken walk continue s,q,q,q,q, rock
6	chugging to face forwards

## Hook 1: Samba Rolls (~0:44)

Notes: Numbers are not confirmed. Timings are essentially half speed, but still following count of 8 convention in document.

Count of 8:	Moves
1	Step right forward, arm up right (beat 2) step left forward, left arm forward (beat 4), right foot back, lower right arm (beat 6), left foot back, lower left arm (beat 8)
2	Shimmy shoulders, left then right
3	Samba lock diagonally right rolling arms (4 beats), then diagonally left rolling arms (4 beats)
4	Beat 1 – turn towards partner, other foot taps (beat 2), body roll towards them (4 beats), spin partner out so facing front (two beats).

## Chorus 1: Facing Forward Chorus (~0:54)

Notes: Numbers are not confirmed. Note there are pauses in music when presenter is speaking

Count of 8:	Moves
Music pause	Do nowt for "Jump to the left" (drop hand connection)
1	Jump to the left (beat 1), land (beat 2), shimmy shoulders whilst raising hands, palms down shaking, from knees
2 (Only 6 beats)	"step to the right" three right foot step taps, with hands moving out on each tap and back in normally. Hold position for "with your hands on your hips"
Music pause	
3	Spend 4 beats wide circular motion with arms, place on hips. Should be leaning backwards. Hold for 4 beats
4	shuffling right x2, shuffling left x2 ending with "then it's the"
5	"pelvic thrust" The four jump, Jump diagonally left then back, forward then back, diagonally right, then back, then forward then back
6	Move head far left and back then far right and back, shake sideways leaning forwards (minor movement adjustments)

## Hook 2: Samba Rolls Repeat (~1:13)

Notes: Same as Hook 1

Count of 8:	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1

**Verse 2 : Individual Couple/Group Parts + Tricks (~1:23) (TO BE FINISHED)**

Front
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Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Across and kick
2	
3	
4	
5	
6	
7	
8	
9	Acrobatic Flips (NOTE: MOST WON'T BE DOING THIS). Most people do Charleston walks?
10	Walks and clicks?
11	Walks and clicks?
12	
13	
14	Forward/side fall lift or fall across arm lift

Hook 3: Samba Rolls Repeat (~2:01)

Notes: Same as hook 1 & 2

Count of 8:	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1



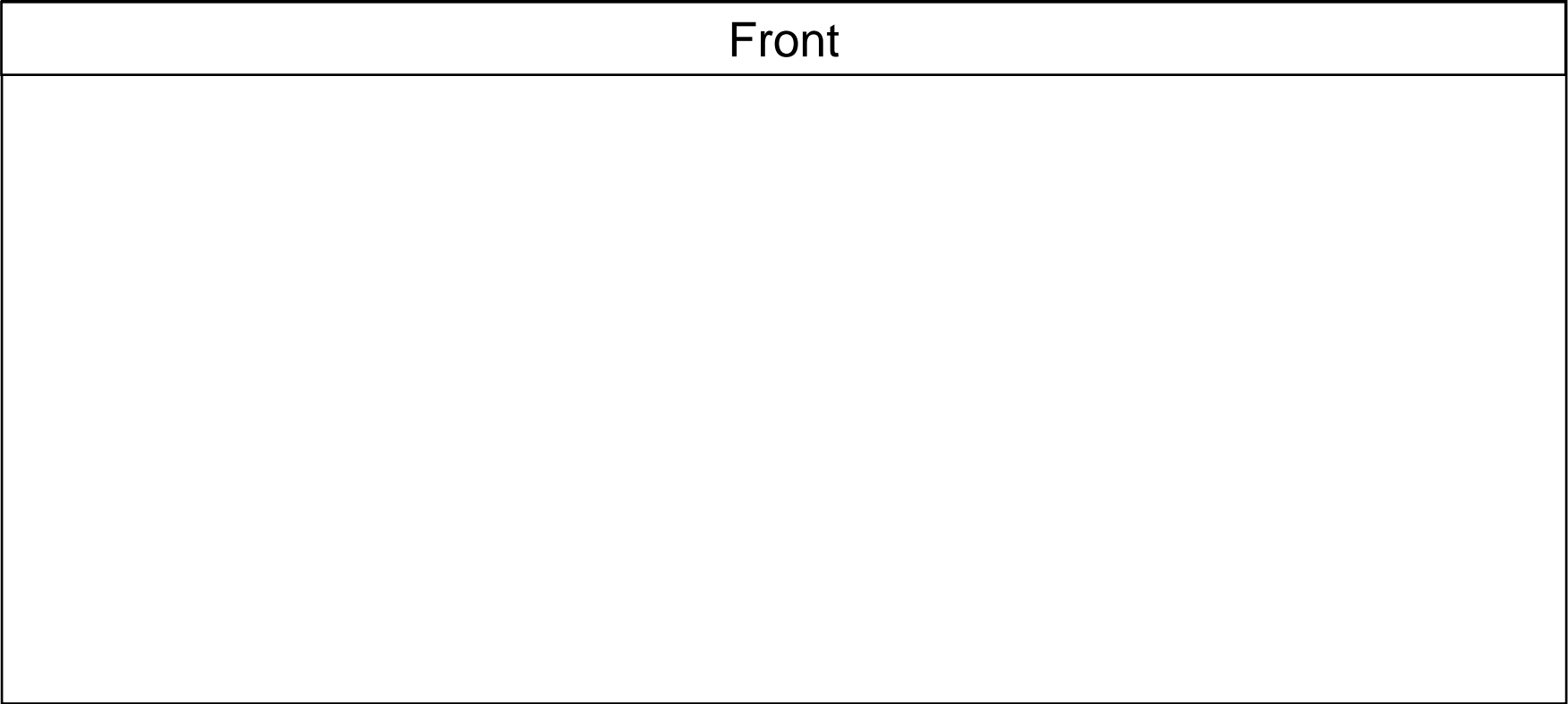
Verse 3: Jive Spins (~2:11)

Front

Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Rock, Miami heat, rock
2	Hip bump, rock, underarm
3	Continue underarm, rock, American spin (at angle)
4	Rock, American spin, stamp x2
5	Running into new positions
6	Running into new positions

Hook 4: Knee & Sweep Lifts (~2:28)

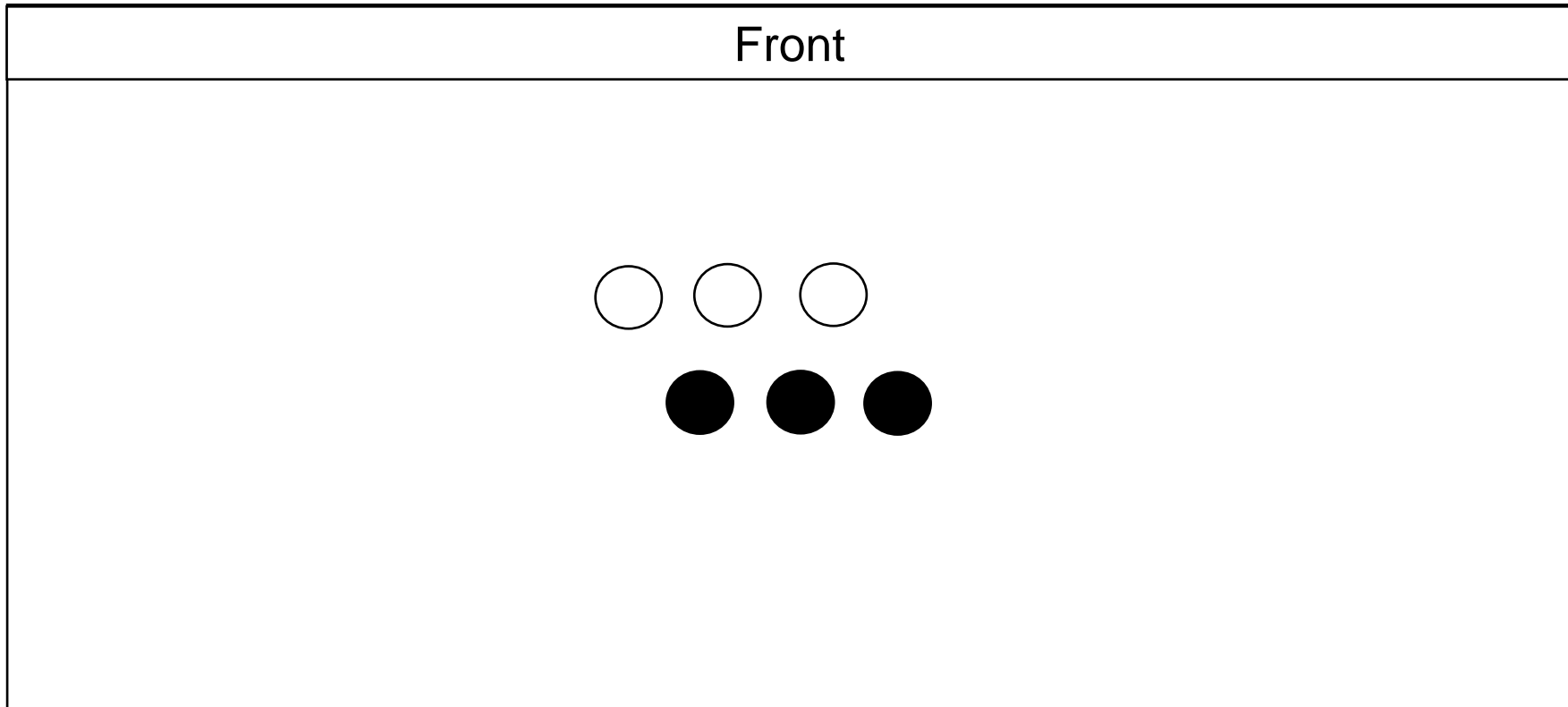


Front

Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Rotate arms forward 2.5 times, ending with hands behind head on beat 6. On beat 7-8, stick hands up, Legs: Cross right leg behind left on beat 6, return to normal stance for beat 8
2	Jazz hands down.
3	Extended knee lift
4	Sweep the floor lift

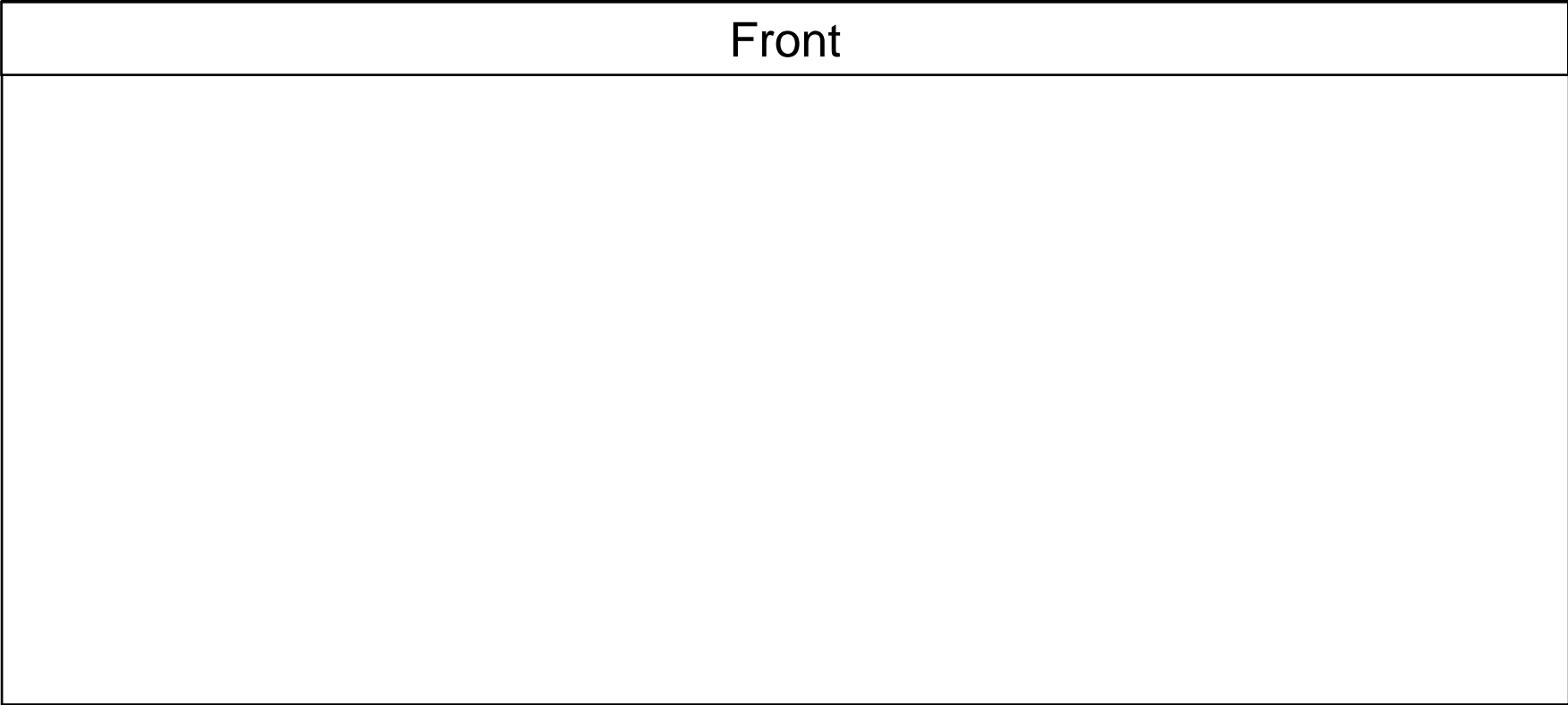
## Chorus 2: Facing Opposite Chorus (~2:39)



Notes: Numbers are not confirmed. Same as Chorus 1, but leaders are facing opposite way to followers

Count of 8:	Moves
Music pause	Followers move with face backing audience
1	Or they do a jump to the "left" with a 180° turn
2	Same as Chorus 1
Music pause	Same as Chorus 1
3	Same as Chorus 1
4	Same as Chorus 1
5	Same as Chorus 1
6	Same as Chorus 1 but leaders move behind followers, followers turn around

Hook 5: Star and Fall Lifts, Charleston + Ending (~2:57)



Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Star lift. Max height of lift is at beat 6
2	Backwards fall lift (bottom of fall at beat 4)
3	Voltas (x4)
4	Charleston turning kicks
5	Fall onto the floor, land approx. 2 beats in
6	Wait for lights to turn off, then get up and leave stage