

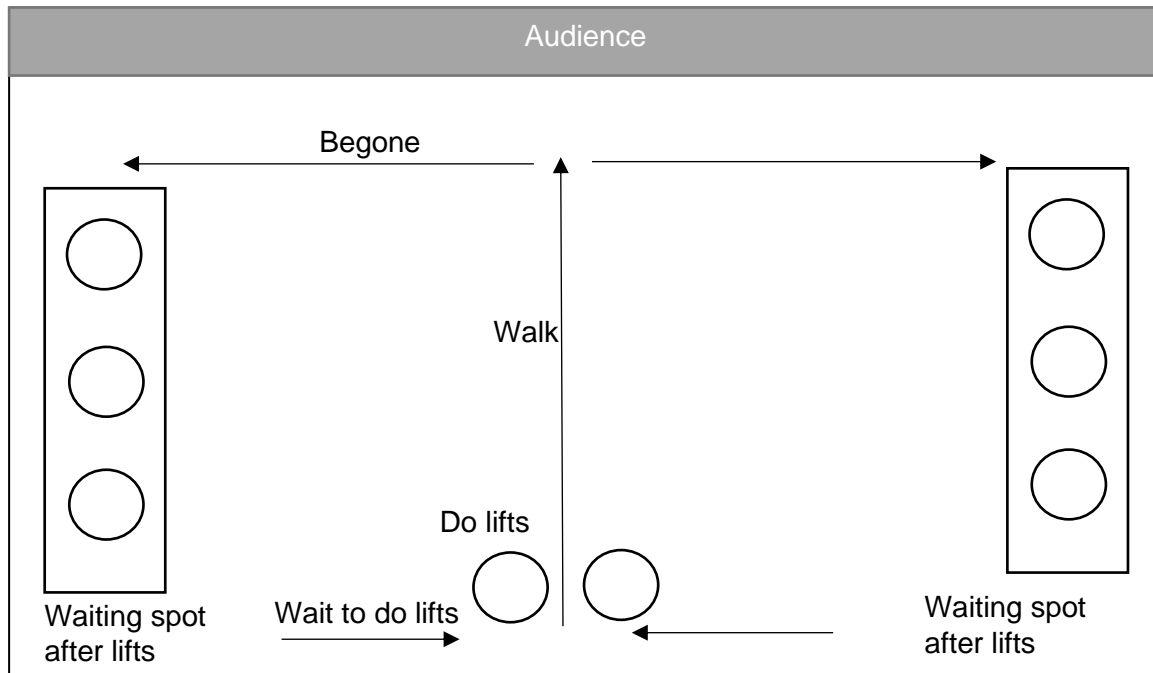
LUU Dance Show 2022
Ballroom and Latin – Time Warp

Choreographed by Joe Prollins
Version 4: “Doris”

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1. Verse 1: Entrance onto Stage (0:00)



Count of 8	Moves
1	No action taken
2	Piggyback Lift
3	Piggyback walk, generic pickup lift
4	Generic pickup walk, over the shoulder lift
5	Over the shoulder walk
6	Over the shoulder place
7	Cartwheelers get into position stage
8	Cartwheels
9	Run to pre-chorus positions
10	Run to, and arrive at pre-chorus positions

Notes:

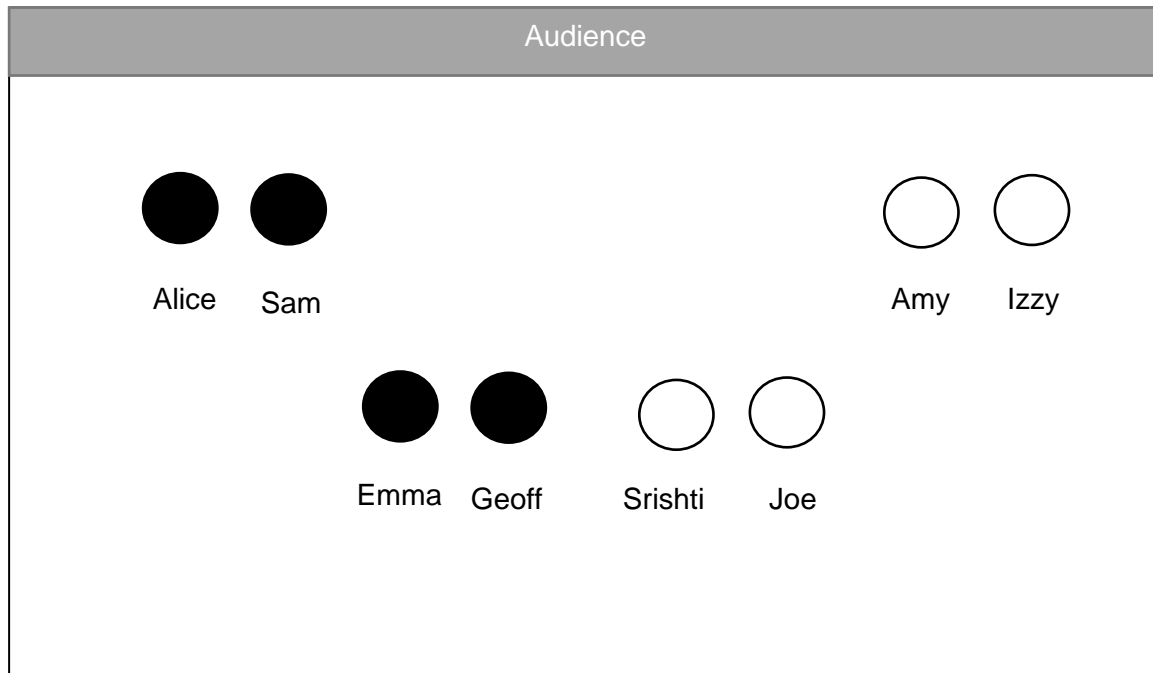
Emma + Srishti (Piggyback)

Alice + Sam (Generic pickup)

Joe + Izzy (Over the shoulder)

Amy + Geoff, and Izzy (Cartwheels and Roundoff)

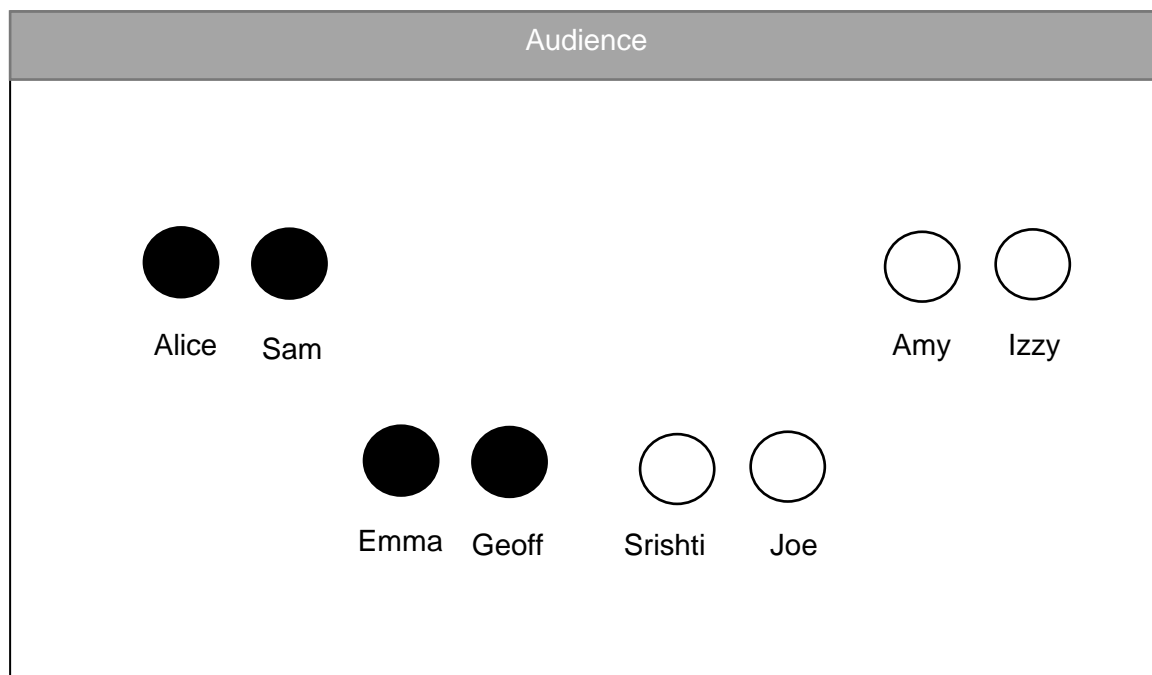
2. Pre-Chorus: Kicks (0:27)



Count of 8	Moves
1	Drunken sailor x2
2	Kick across and out x2, 4 quick kicks
3	Right foot tap behind left then kick out again x2, chassé
4	Rock, underarm, chicken walk s
5	Chicken walk continue s,q,q,q,q, rock
6	Chugging to face forwards

Notes: Starts after “I’ve got to keep control” + count of 8.

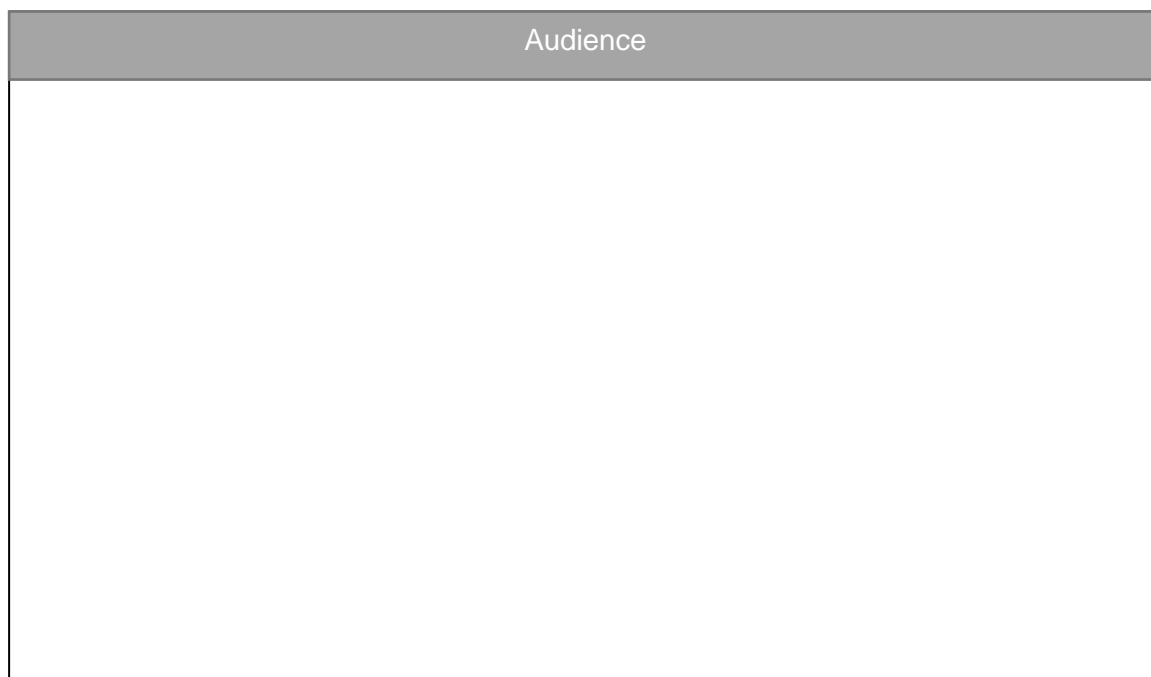
3. Hook 1: Samba Rolls (0:44)



Count of 8	Moves
1	Step right forward, arm up right (beat 2) step left forward, left arm forward (beat 4), right foot back, lower right arm (beat 6), left foot back, lower left arm (beat 8)
2	Shimmy shoulders, refer to notes.
3	Samba lock diagonally one way, rolling arms (4 beats), then diagonally opposite rolling arms (4 beats). Refer to notes
4	Beat 1 – turn towards partner, other foot taps (beat 2), body roll towards them (4 beats), spin partner out so facing front (two beats).

Notes: Numbers are not confirmed. Timings are essentially half speed, but still following count of 8 convention in document. Spot Circles will shimmy right first, then left, and start samba locks going right. Full colours will do the opposite.

4. Chorus 1: Facing Forward (0:54)



Count of 8	Moves
Music pause	Do nowt for "Jump to the left" (drop hand connection)
1	Jump to the left (beat 1), land (beat 2), shimmy shoulders whilst raising hands, palms down shaking, from knees
2 (Only 6 beats)	"step to the right" three right foot step taps, with hands moving out on each tap and back in normally. Hold position for "with your hands on your hips"
Music pause	Wait
3	Spend 4 beats wide circular motion with arms, place on hips. Should be leaning backwards. Hold for 4 beats
4	shuffling right x2, shuffling left x2 ending with "then it's the"
5	"pelvic thrust" The four jump, Jump diagonally left then back, forward then back, diagonally right, then back, then forward then back
6	Move head far left and back then far right and back, shake sideways leaning forwards (minor movement adjustments)

Notes:

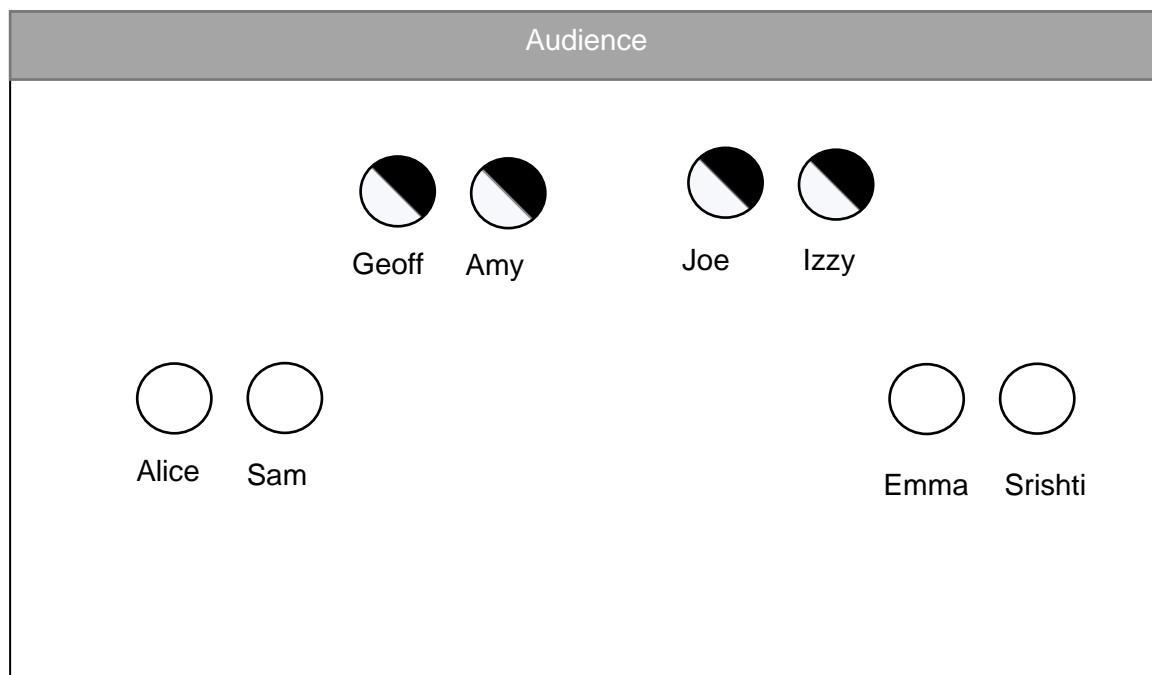
5. Hook 2: Samba Rolls Repeat (1:13)

Audience	

Count of 8	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1

Notes:

6. Verse 2: Individual Couple Parts (1:23)



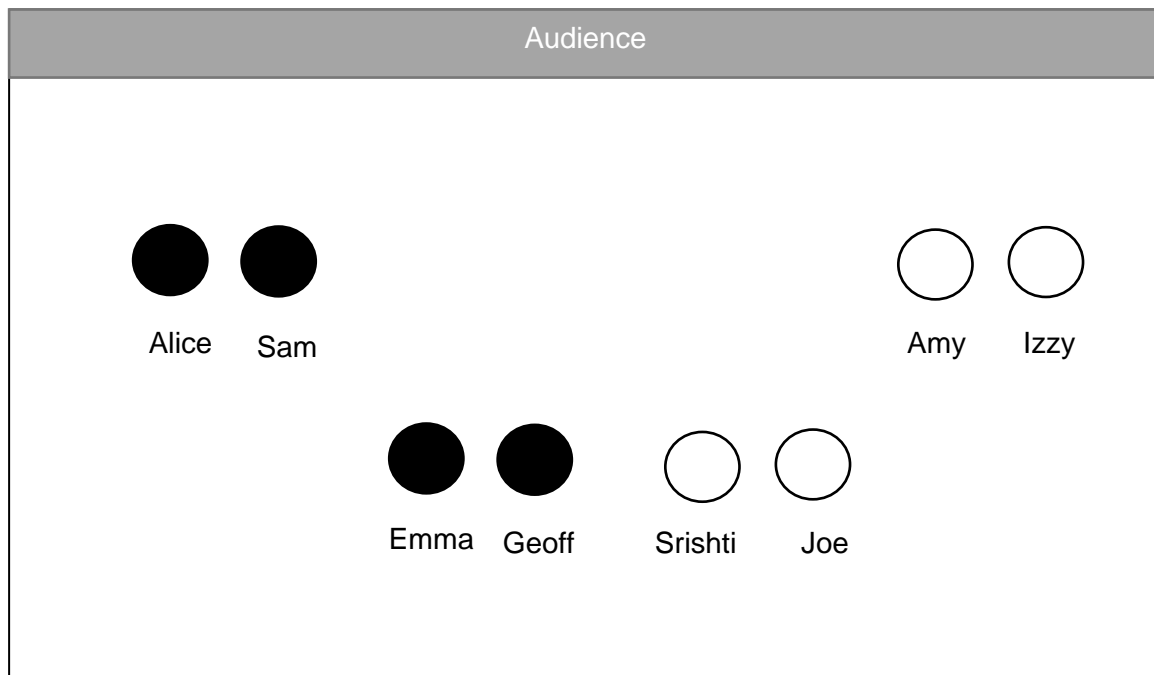
Count of 8	Moves
1	Swivels forwards
2	Swivels backwards
3	Charleston walks and kicks / move position
4	Charleston walks and kicks / move position
5	Jazz box "in another dimension"
6	Jazz box
7	Voltas
8	Voltas with arm doing a looking salute
9	Windmill to side. (Acrobatic Flips (NOTE: MOST WON'T BE DOING THIS)).
10	Slide back to position
11	3-step turn and tap / move position
12	3-step turn and tap / move position
13	Followers lean out and prepare to spin
14	Fall across arm lift (follower ends up left of leader)

Notes:

Joe + Izzy, Geoff + Amy for Acrobatic flips for count 8+9. (move in position on count 7)

Sam + Alice, Emma + Srishti for fancy jive kicks

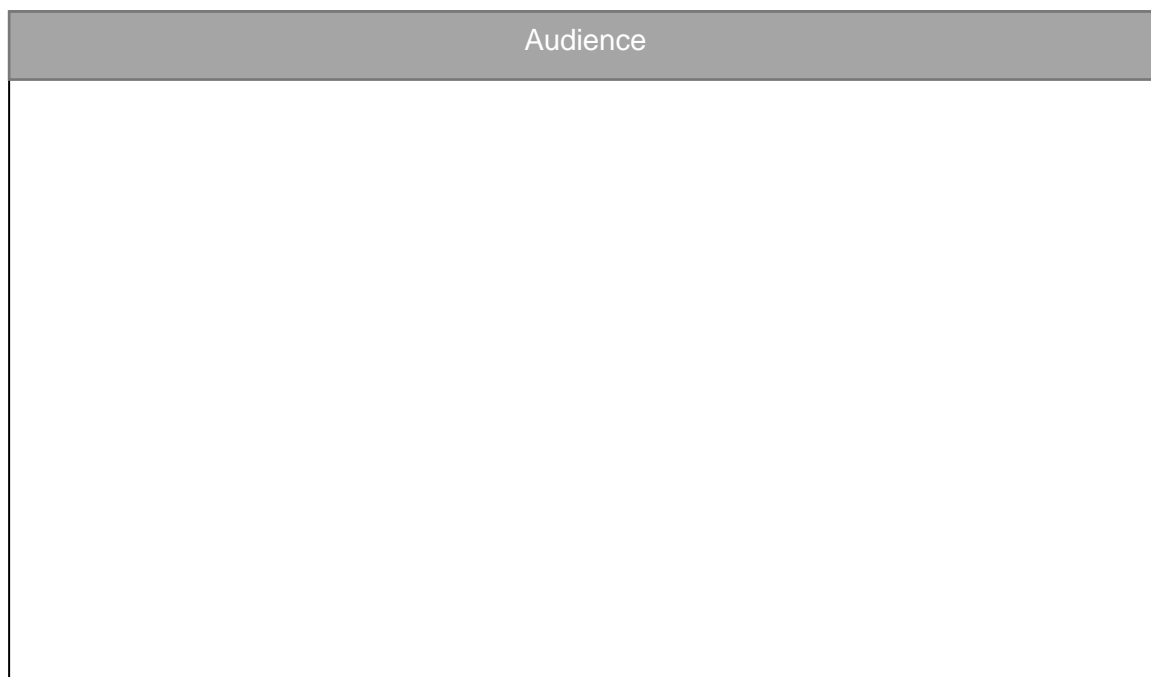
7. Hook 3: Samba Rolls Repeat (2:01)



Count of 8	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1

Notes:

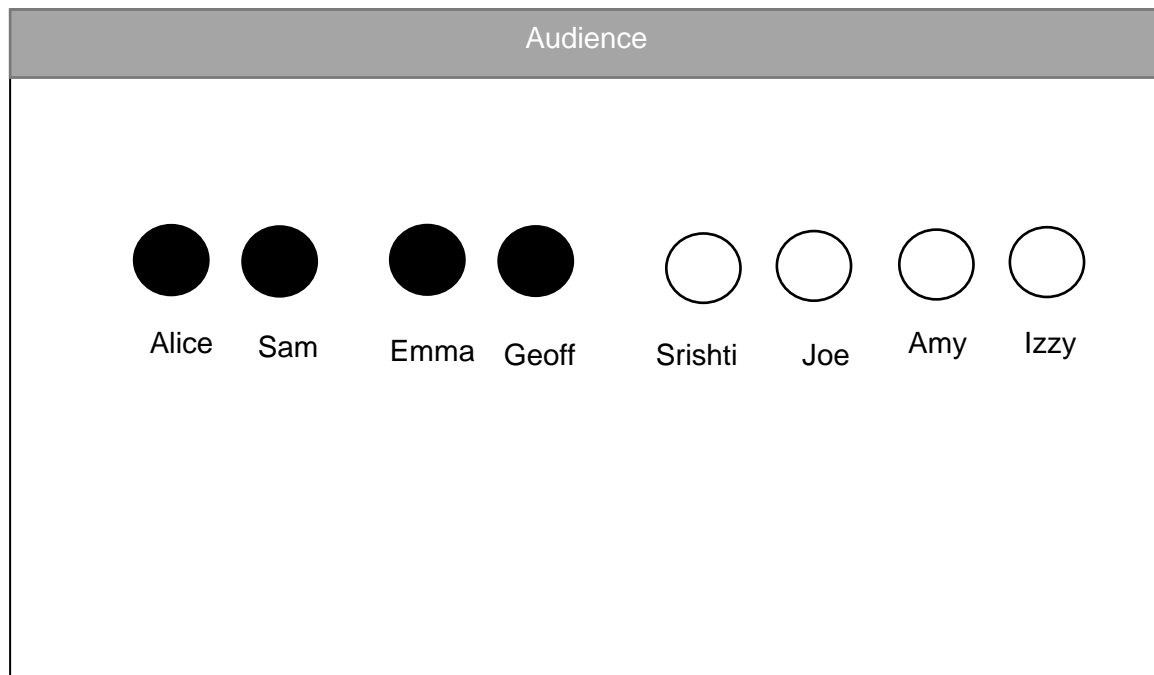
8. Verse 3: Jive Spins (2:11)



Count of 8	Moves
1	Rock, hip bump, rock
2	Hip bump, rock, underarm
3	Continue underarm, rock, American spin (at angle)
4	Rock, underarm spin, rock
5	Jive walks
6	Fallaway (overturn so both end up facing audience), stamp x2

Notes: Middle pairs (Joe, Srishti, Geoff, Emma) will move much further on jive walks to align with the outer pairs

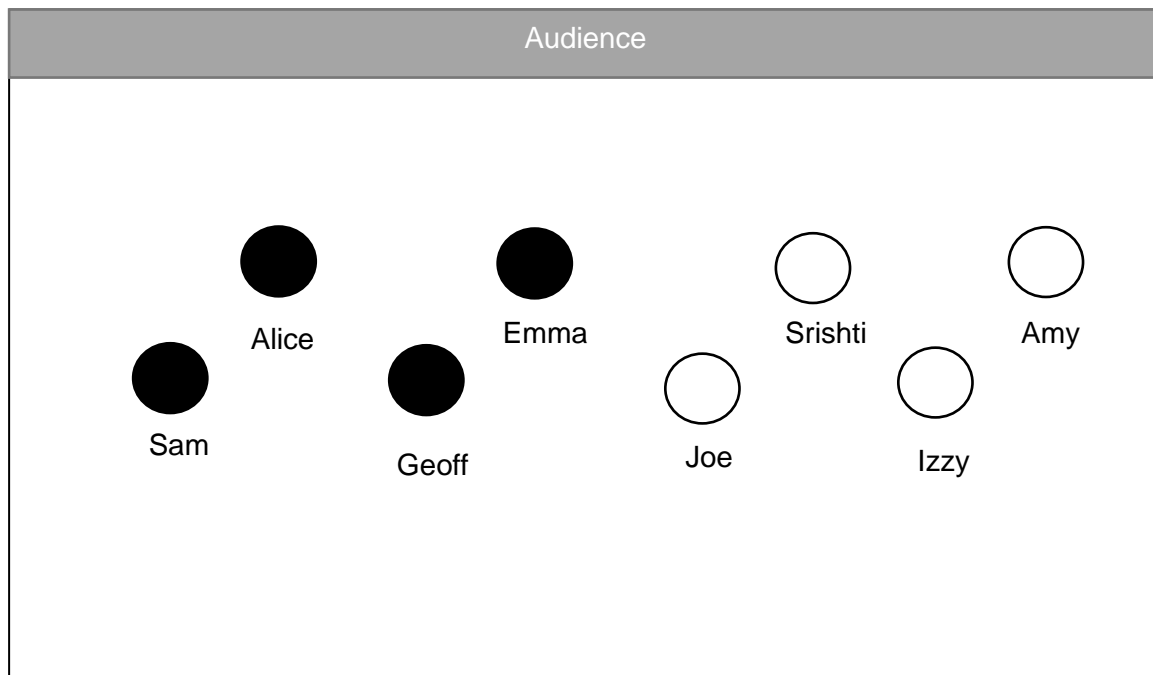
9. Hook 4: Swap and Hip Lift (2.28)



Count of 8	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Swap positions (rolling follower across leader)
4	Hip Lift

Notes:

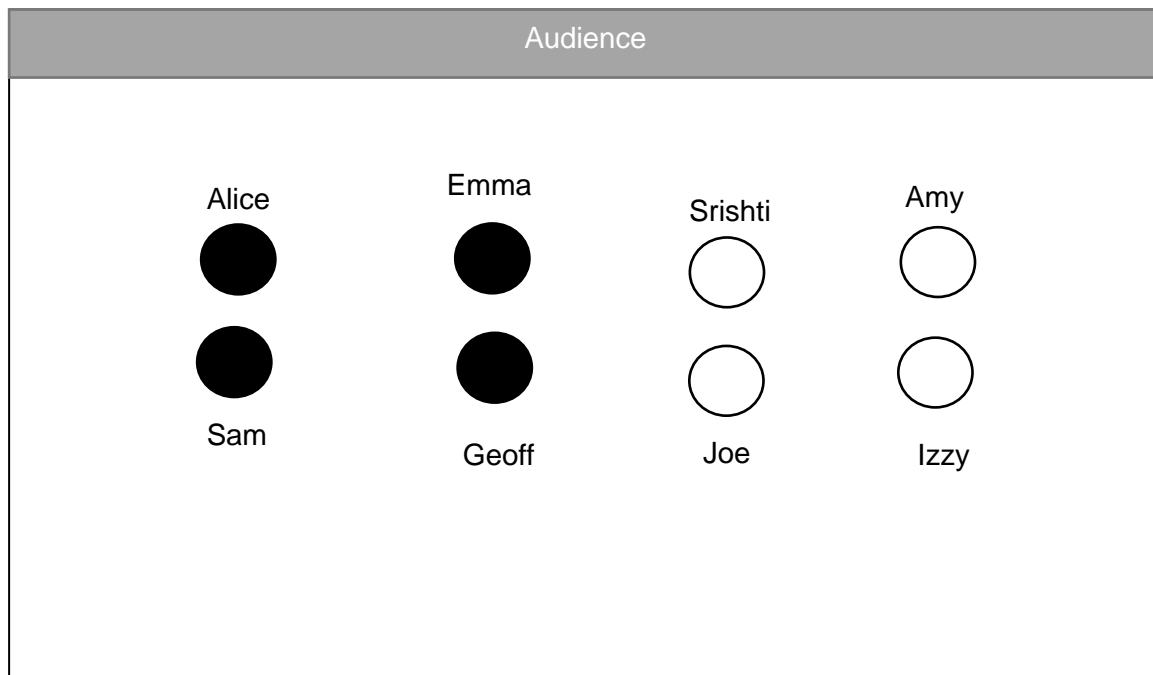
10. Chorus 2: Back Facing (2:39)



Count of 8	Moves
Music pause	
1	Followers do a jump to the "left" with a 180° turn and jump between leaders (refer to diagram). Their backs are to the audience.
2	Same as Chorus 1
Music pause	Same as Chorus 1
3	Same as Chorus 1
4	Same as Chorus 1
5	Same as Chorus 1
6	Same as Chorus 1 but leaders move behind followers, followers turn around.
Music pause	

Notes:

11.Hook 5: Star, Fall Lifts + Ending (2.57)



Count of 8	Moves
1	Star lift. Max height of lift is at beat 6
2	Backwards fall lift (bottom of fall at beat 4)
3	Voltas (x4)
4	Charleston turning kicks
5	Fall onto the floor, land approx. 2 beats in
6	Wait for lights to turn off, then get up and leave stage

Notes: