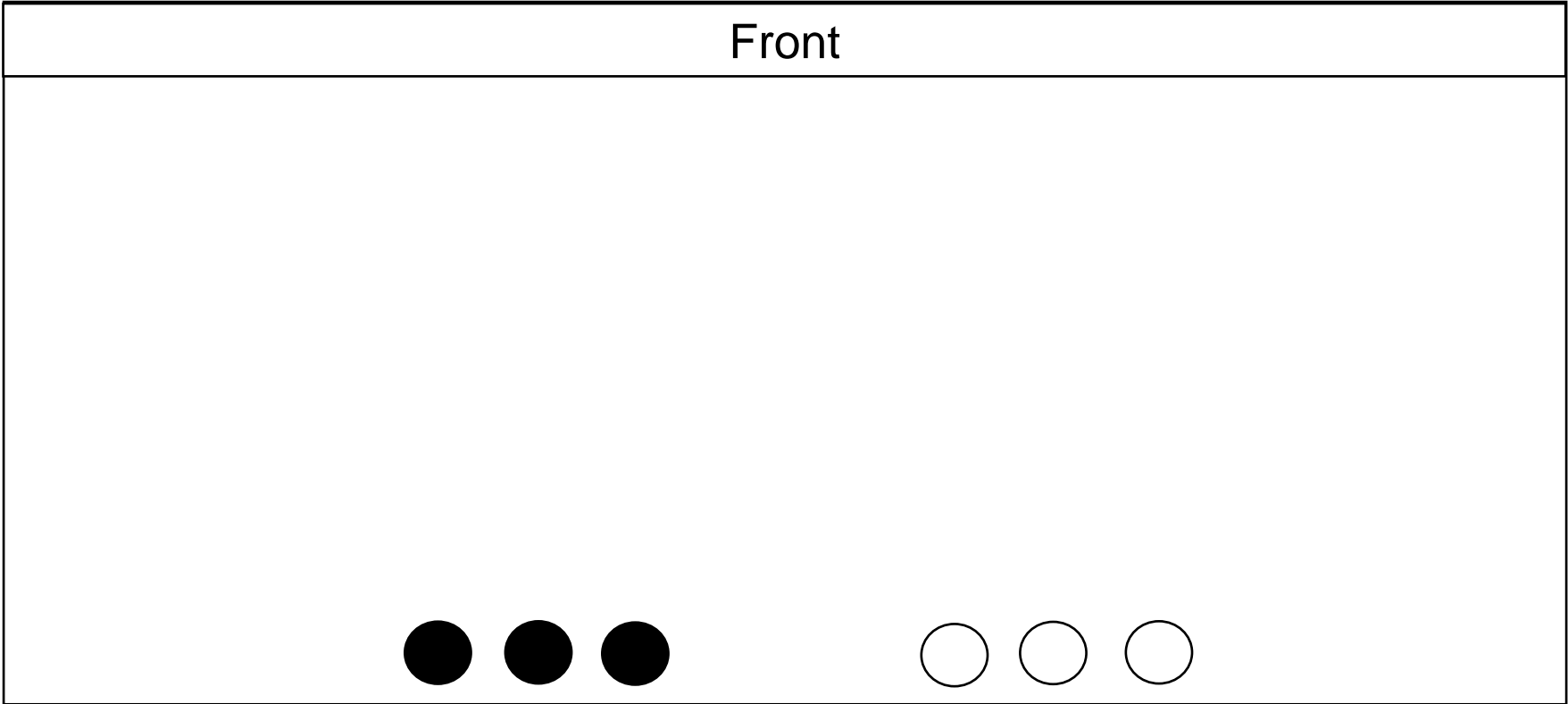


LUU Dance Show 2022
Ballroom and Latin – Time Warp

Choreographed by Joe Prollins
Version 3: “Charles”

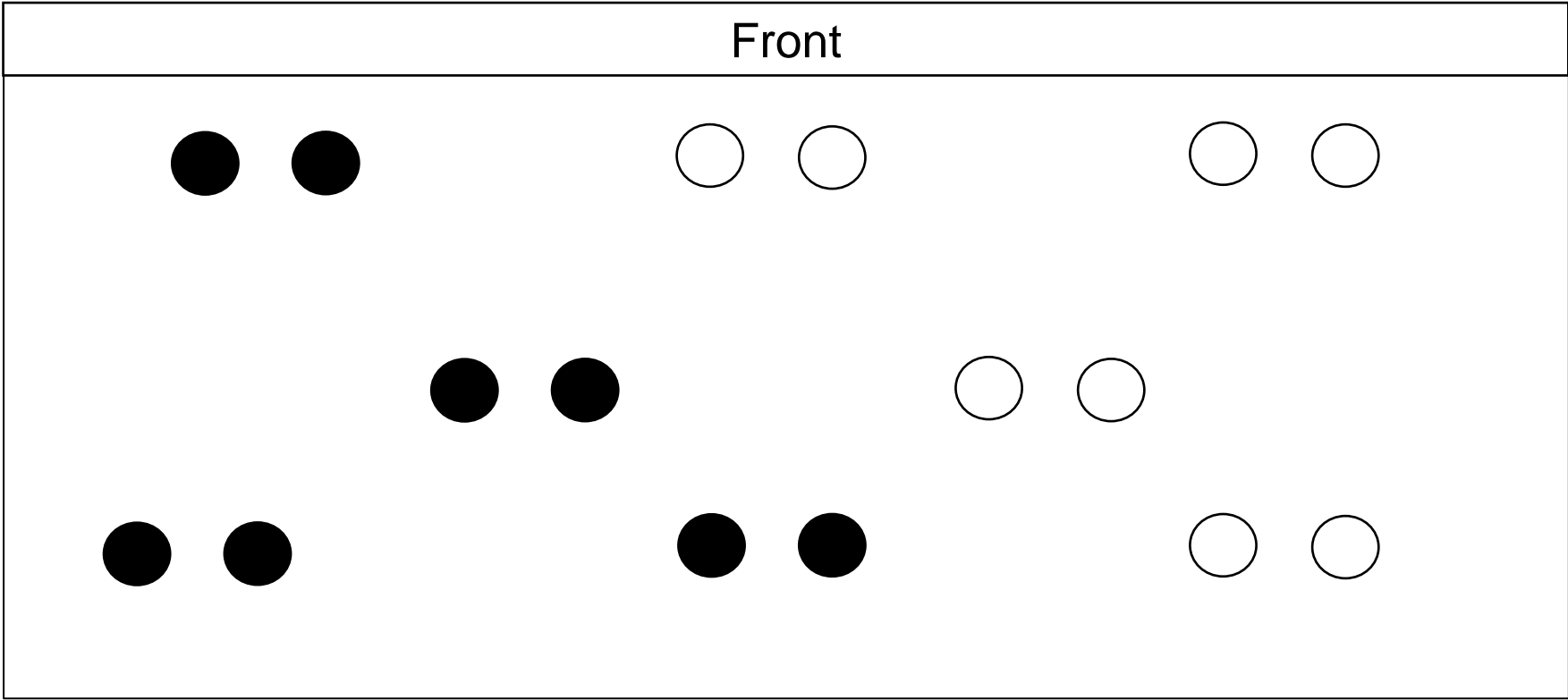
Verse 1: Entrance onto stage (0:00) (TO BE FINISHED, NUMBERS DETERMINE PLACEMENT)



Notes: Numbers are not confirmed.

Count of 8:	Moves
1	No action taken
2	On count 5, T-Lifters, lift. Hold until count 8
3	T-Lifters walk forward and into position
4	T-Lifters continue walking to position, lower flyer.
5	
6	
7	Cartwheelers enter stage
8	
9	Run to pre-chorus positions
10	Run to, and arrive at pre-chorus positions

Pre-Chorus: Kicks (~0:27)



Notes: Numbers are not confirmed. Starts after “I’ve got to keep control” + count of 8

Count of 8:	Moves
1	Drunken sailor x2
2	Kick across and out x2, 4 quick kicks
3	Right foot tap behind left then kick out again x2, chassé
4	Rock, underarm, chicken walk s
5	Chicken walk continue s,q,q,q,q, rock
6	chugging to face forwards

Hook 1: Samba Rolls (~0:44)

Notes: Numbers are not confirmed. Timings are essentially half speed, but still following count of 8 convention in document. Spot Circles will shimmy right first, then left, and start samba locks going right. Full colours will do the opposite.

Count of 8:	Moves
1	Step right forward, arm up right (beat 2) step left forward, left arm forward (beat 4), right foot back, lower right arm (beat 6), left foot back, lower left arm (beat 8)
2	Shimmy shoulders, refer to notes.
3	Samba lock diagonally one way, rolling arms (4 beats), then diagonally opposite rolling arms (4 beats). Refer to notes
4	Beat 1 – turn towards partner, other foot taps (beat 2), body roll towards them (4 beats), spin partner out so facing front (two beats).

Chorus 1: Facing Forward Chorus (~0:54)

Notes: Numbers are not confirmed. Note there are pauses in music when presenter is speaking

Count of 8:	Moves
Music pause	Do nowt for "Jump to the left" (drop hand connection)
1	Jump to the left (beat 1), land (beat 2), shimmy shoulders whilst raising hands, palms down shaking, from knees
2 (Only 6 beats)	"step to the right" three right foot step taps, with hands moving out on each tap and back in normally. Hold position for "with your hands on your hips"
Music pause	
3	Spend 4 beats wide circular motion with arms, place on hips. Should be leaning backwards. Hold for 4 beats
4	shuffling right x2, shuffling left x2 ending with "then it's the"
5	"pelvic thrust" The four jump, Jump diagonally left then back, forward then back, diagonally right, then back, then forward then back
6	Move head far left and back then far right and back, shake sideways leaning forwards (minor movement adjustments)

Hook 2: Samba Rolls Repeat (~1:13)

Notes: Same as Hook 1

Count of 8:	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1

Verse 2 : Individual Couple/Group Parts + Tricks (~1:23) (TO BE FINISHED)

Front

Notes: Numbers are not confirmed.

Count of 8:	Moves
1	
2	
3	
4	
5	Charleston Box "in another dimension"
6	Charleston Box
7	Voltas
8	Voltas with arm doing a looking salute .
9	Windmill to side. (Acrobatic Flips (NOTE: MOST WON'T BE DOING THIS)).
10	Slide back to position
11	3-step turn and tap
12	3-step turn and tap
13	Let Class decide here
14	Forward/side fall lift or fall across arm lift

Hook 3: Samba Rolls Repeat (~2:01)

Notes: Same as hook 1 & 2

Count of 8:	Moves
1	Same as Hook 1
2	Same as Hook 1
3	Same as Hook 1
4	Same as Hook 1

Verse 3: Jive Spins (~2:11)

Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Rock, Miami heat, rock
2	Hip bump, rock, underarm
3	Continue underarm, rock, American spin (at angle)
4	Rock, American spin, stamp x2
5	Running into new positions
6	Running into new positions

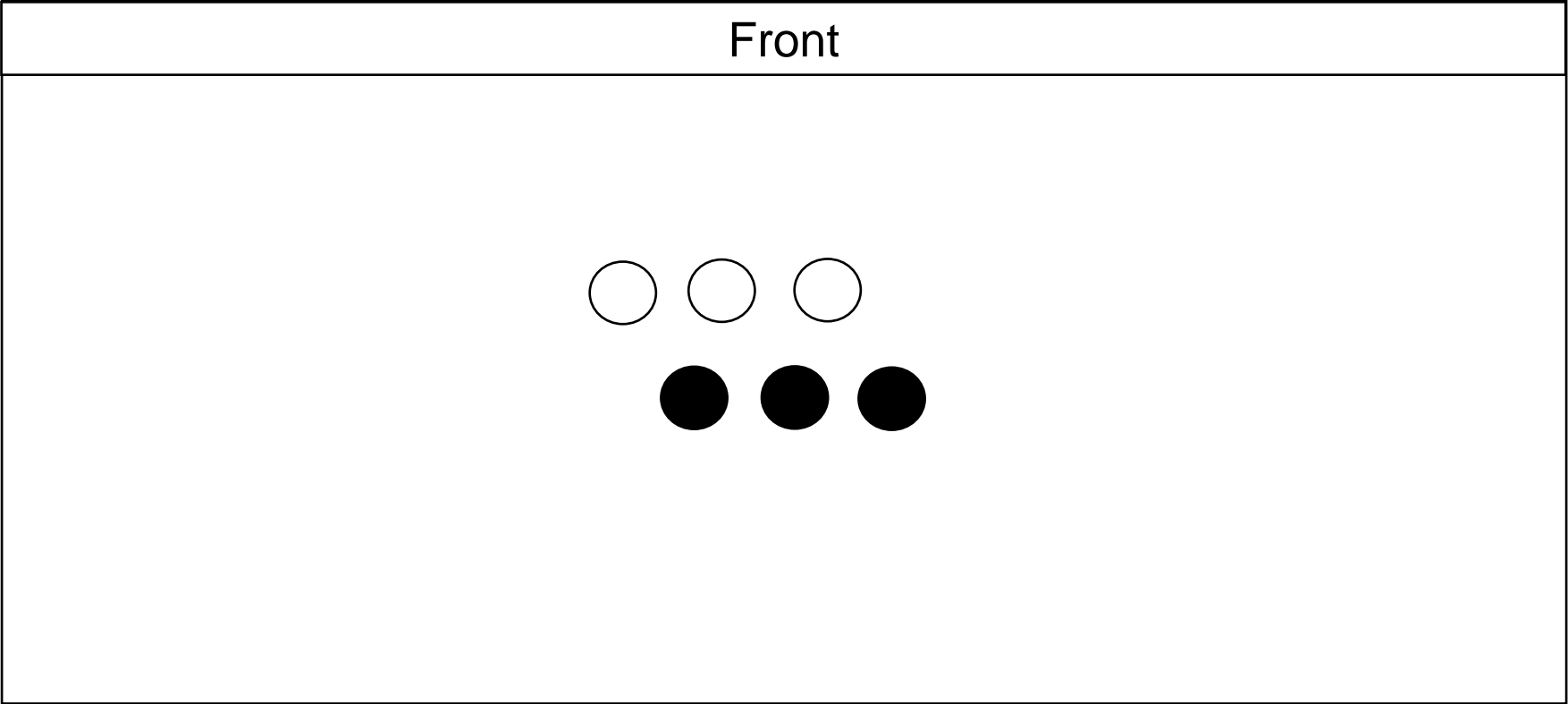
Hook 4: Knee & Sweep Lifts (~2:28)

Front

Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Rotate arms forward 2.5 times, ending with hands behind head on beat 6. On beat 7-8, stick hands up, Legs: Cross right leg behind left on beat 6, return to normal stance for beat 8
2	Jazz hands down.
3	Swap positions (rolling follower across leader)
4	Finish swap positions, knee lift

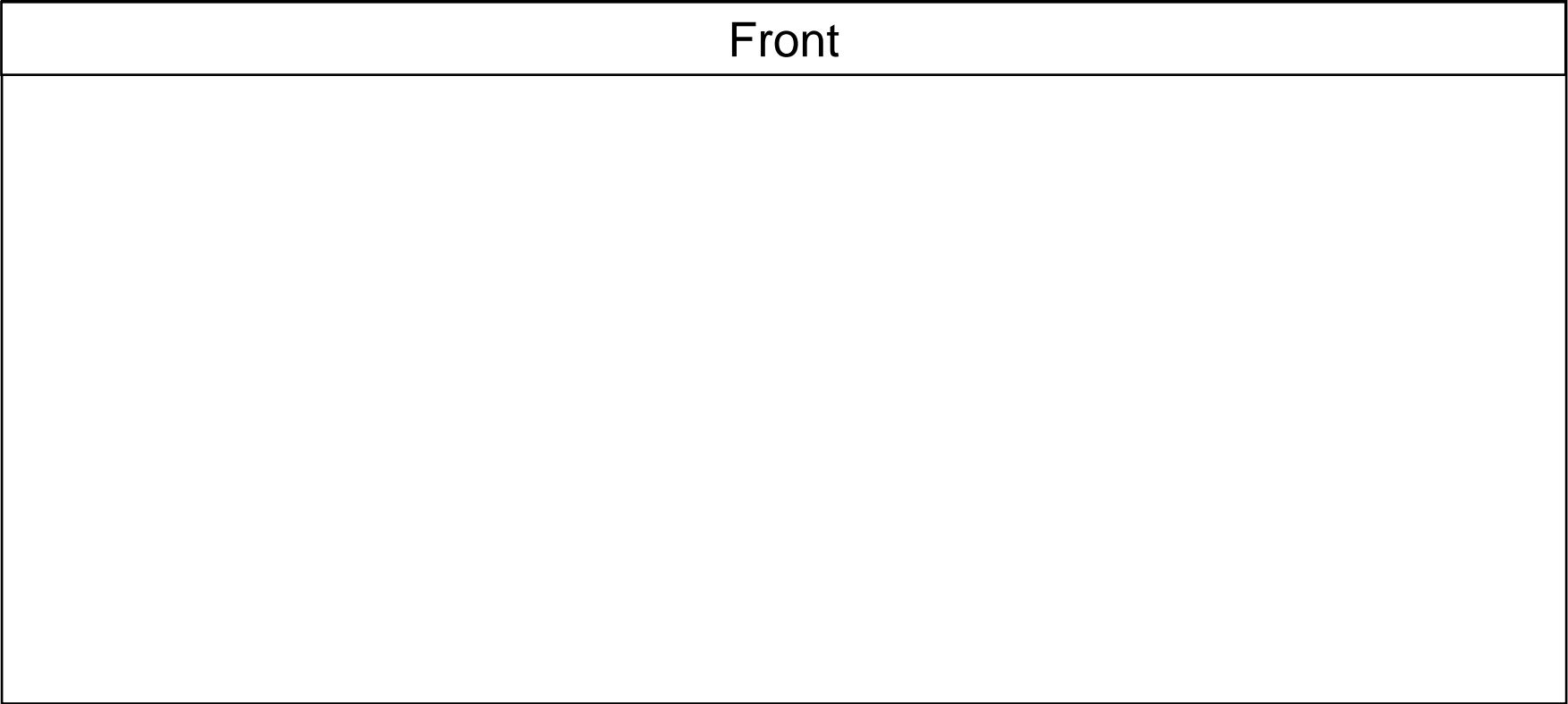
Chorus 2: Facing Opposite Chorus (~2:39)



Notes: Numbers are not confirmed. Same as Chorus 1, but leaders are facing opposite way to followers

Count of 8:	Moves
Music pause	
1	Followers do a jump to the “left” with a 180° turn and jump between leaders (refer to diagram). Their backs are to the audience.
2	Same as Chorus 1
Music pause	Same as Chorus 1
3	Same as Chorus 1
4	Same as Chorus 1
5	Same as Chorus 1
6	Same as Chorus 1 but leaders move behind followers, followers turn around. Or followers move and turn around. Depends what’s neater.

Hook 5: Star and Fall Lifts, Charleston + Ending (~2:57)



Notes: Numbers are not confirmed.

Count of 8:	Moves
1	Star lift. Max height of lift is at beat 6
2	Backwards fall lift (bottom of fall at beat 4)
3	Voltas (x4)
4	Charleston turning kicks
5	Fall onto the floor, land approx. 2 beats in
6	Wait for lights to turn off, then get up and leave stage