

Framing the Question

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Section A

Resources for How to Frame Your Question

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Steps of a Systematic Review

- Frame research question (PICO/PECO)
- Develop search strategy
- Develop protocol
- Run search strategy in at least two databases
- Retrieve and de-duplicate citations
- Develop system for screening titles/abstracts and full-texts
- Screen titles/abstracts
- Retrieve and screen full-texts
- Develop forms for assessing 'risk of bias' and extracting data
- Assess 'risk of bias' and extract data
- Clean and manage data
- Conduct qualitative synthesis
- Conduct meta-analyses (if appropriate)
- Write report of systematic review
- Update systematic review

Typically, at a given time-point, more than one step is carried out

Steps of a Systematic Review

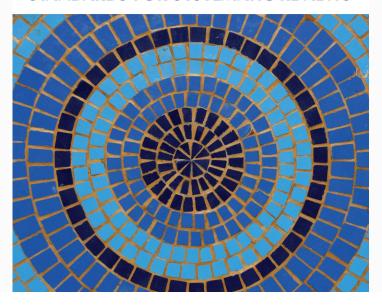
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FINDING WHAT WORKS IN HEALTH CARE

STANDARDS FOR SYSTEMATIC REVIEWS



IOM Standards for Systematic Reviews

- 2. Initiating a systematic review
 - Establish a review team
 - ▶ Manage bias and conflict of interest of the review team
 - ► Ensure stakeholder input
 - Manage bias and conflict of interest of those providing input
 - ► Formulate the topic
 - Develop the protocol
 - Submit the protocol for peer review
 - Make protocol publicly available

Formulate the Topic

- Confirm the need for a new review
- Develop an analytic framework
- Use a standard format to articulate each question of interest
 - ► For example, PICO(TS)
- State a rationale for each question
- Refine each question



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Chapter 5: Cochrane Handbook Version 5.1





Chapter 5: Defining the review question and developing criteria for including studies

Editors: Denise O'Connor, Sally Green and Julian PT Higgins.

Key Points

- A clearly defined, focused review begins with a well framed question. In Cochrane reviews, questions are stated broadly as review 'Objectives', and specified in detail as 'Criteria for considering studies for this review'
- The review question should specify the types of population (participants), types of interventions (and comparisons), and the types of outcomes that are of interest. The acronym PICO (Participants, Interventions, Comparisons) the additional specification of types of study that will be included, form the basis of the pre-specified eligibility criteria for the review.
- . Cochrane reviews should include all outcomes that are likely to be meaningful, and not include trivial outcomes. Primary outcomes should be limited to a very small number and include adverse as well as beneficial outcomes.
- Cochrane reviews can focus on broad questions, or be more narrowly defined. There are advantages and disadvantages of each.
- 5.1 Questions and eligibility criteria
- 5.2 Defining types of participants: which people and populations?
 - Box 5.2.a: Factors to consider for 'Types of participants'
- 5.3 Defining types of interventions: which comparisons to make?
 - Box 5.3.a: Factors to consider for 'Types of interventions'
- 5.4 Defining types of outcomes: which outcome measures are most important?
 - Box 5.4.a Factors to consider when developing criteria for 'Types of outcomes'
- 5.5 Defining types of study
- 5.6 Defining the scope of a review question (broad versus narrow)
 - Table 5.6.a: Some advantages and disadvantages of broad versus
- 5.7 Changing review questions
- 5.8 Chapter information
- 5.9 References

Chapter 5: Defining the Review Question and Developing Criteria for Including Studies —Cochrane Handbook

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 - In Cochrane reviews, questions are stated broadly as review 'Objectives,' and specified in detail as 'Criteria for considering studies for this review.'
- ► The review question should specify the types of population (participants), types of interventions (and comparisons), and the types of outcomes that are of interest (PICO)
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 - Primary outcomes should be limited to a very small number and include adverse as well as beneficial outcomes
- Cochrane reviews can focus on broad questions, or be more narrowly defined
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