worst_symptom	spring	summer	autumn	winter
Because of the tinnitus I am more irritable with my family, friends and colleagues.	6.3%	6.5%	6.5%	4.4%
Because of the tinnitus I am more sensitive to environmental noises.	8.7%	7.9%	8.3%	7.8%
Because of the tinnitus it is difficult to concentrate.	12.9%	11.5%	12.4%	10.5%
Because of the tinnitus it is difficult to follow a conversation, a piece of music or a film.	11.3%	14.6%	11.2%	12.7%
Because of the tinnitus it is hard for me to get to sleep.	11.3%	10.6%	11.8%	14.5%
I am feeling depressed because of the tinnitus.	9.9%	9.9%	12.3%	11.8%
I don't have any of these symptoms.	9.0%	9.6%	8.3%	11.4%
I find it harder to relax because of the tinnitus.	20.3%	16.8%	17.8%	16.0%
I have strong worries because of the tinnitus.	10.3%	12.6%	11.5%	10.9%