

RATIO OF PEOPLE TICKING THAT SYMPTOM IN THAT SEASON

21.00%
19.00%
17.00%
15.00%
13.00%
11.00%
9.00%
7.00%
5.00%
3.00%

spring summer autumn winter

- * I am more irritable with my family, friends and colleagues.
- I am more sensitive to environmental noises.
- Because of the tinnitus it is difficult to concentrate.
- It is difficult to follow a conversation, a piece of music or a film.
- ◆ It is hard for me to get to sleep.
- I am feeling depressed.
- I don't have any of these symptoms.
- I find it harder to relax.
- ▲ I have strong worries.

