1 - samedi 6 mars 2010						6/0	3/2010 - 14:00
Epreuve 1 6/03/2010 - 14:00			200m 4 nages				20 - 94 ans Liste résultats
Rang PREMASTERS, Messieurs	AN		Temps	50m	100m	150m	200m
ZADWORNY François	87	CHTHN	2:37.95	33.29			
C1, Messieurs							
FATICONI Sylvain JOSKIN Vincent BERNARD Kevin	83 85 85	CHTHN CHTHN NST	2:31.06 2:45.23 2:59.04	32.29 34.27			
C4, Messieurs							
1. DENUTTE Olivier	67	DM	2:54.60	34.34			
C5, Messieurs							
 DELFOSSE Olivier DOCHEN Pierre HUBERTY Luc 	63 65 64	CNSW SL ESN	2:31.59 2:40.16 3:02.37	31.78 34.69 39.05	41.23 42.29	45.09	33.49
C6, Messieurs							
1. MOURMANS Eddy	57	DM	3:26.42				
PREMASTERS, Dames							
1. LEFRANC Mathilde	88	CNT	2:51.96	34.69			
C3, Dames							
1. XHERVELLE Muriel	73	EMBOU	2:42.64	34.80			
C4, Dames							
DELAERE Sabine	69	DM	3:18.29	42.80			
C5, Dames							
WATERVAL Marie Paule	62	LDV	3:36.16	58.26			
Epreuve 2 6/03/2010 - 14:10			200m Brasse				20 - 94 ans Liste résultats
Rang	AN		Temps	50m	100m	150m	200m
C1, Messieurs							
1. SLEGERS Nicolas	84	CNSW	3:09.61	41.41	48.01		
C3, Messieurs							
1. FRASELLE Pascal	74	CNT	3:25.32	45.98	51.65		
C4, Messieurs							
1. JUNCKER Patrick	67	SL	2:47.41	39.84	42.70	41.99	42.88

				σ,			
Epreuve 2, 200m Brasse							
C7, Messieurs							
1. CADIAT Jean-Marie	53	ВО	UST	2:52.90	39.05	43.52	
C10, Messieurs							
1. JEUKENS Raymond	40	VN		4:09.06	54.54	1:03.02	
C1, Dames							
1. VANBUEL NELE	85	BE	N	2:53.70	38.34	42.83	
C5, Dames							
1. WATERVAL Marie Paule	62	LD	V	3:40.38	51.09	56.59 22:57.30	
Epreuve 3 6/03/2010 - 14:20				100m Dos			20 - 94 ans Liste résultats
Rang		AN		Temps	50m	100m	
PREMASTERS, Messieurs		AIN		remps	30111	100111	
1. BERNARD Nicolas		89	EMBOU	1:11.07	34.44	36.63	
C1, Messieurs							
1. JOSKIN Olivier		83	CHTHN	1:27.93	42.14	45.79	
C2, Messieurs							
1. GUILLAUME Vincent		76	CNSW	1:11.51	35.24	36.27	
C3, Messieurs							
 MARENNE Benoit VANHAMME Bruno 		75 75	WN	1:12.88	44.70	42.40	
		75	CNT	1:25.19	41.70	43.49	
C4, Messieurs 1. NAHON Bruno		70	CNSW	1:18.75	37.96	40.79	
		70	CNSW	1.10.75	37.90	40.79	
C7, Messieurs		5 2	CNSW	2,20.42			
HOHENBICHLER Michaël		53	CNSW	2:20.42			
PREMASTERS, Dames 1. SCHMITZ Manon		88	CNSW	1:18.37	38.16	40.21	
		00	CNSW	1.10.37	36.10	40.21	
30 - 34 ans, Dames		70	DEN	1.12.25			
1. GOFFIN AURELIE		79	BEN	1:12.35			
50 - 54 ans, Dames		5 0	EMPO!!	4.27.45			
 MOUTON Françoise 		58	EMBOU	1:37.15			

Epreuve 4 6/03/2010 - 14:25		Mix	rte, 4 x 100)m 4 nages		CA 100 - 319 Liste résultats
Rang R3				Temps		
 Cercle De Natation Spor PONCE DEL CASTILLO Aïda DELFOSSE Olivier 	tcity Wo 74 63	oluwe 1 36.76	CNSW 1:21.34 1:17.63	4:58.81 BLONDEEL Nathalie GODEAUX Lionel	77 60	1:12.76 1:07.08
Epreuve 5 6/03/2010 - 15:05			100m Pa	apillon		20 - 94 ans Liste résultats
Rang	AN		Temps	50m	100m	
PREMASTERS, Messieurs						
ZADWORNY Boris	90	CHTHN	1:09.59	30.88	38.71	
C1, Messieurs						
ALESSANDRO David ALESSANDRO David	83	CHTHN	1:06.24		35.40	
 LESAGE Mathieu FATICONI Sylvain 	83 83	EMBOU CHTHN	1:07.69 1:10.48		36.41 37.73	
4. JOSKIN Vincent	85	CHTHN	1:15.27	35.86	39.41	
C3, Messieurs						
1. BALANCIER Pascal	74	CNSW	1:09.35		36.81	
2. FRASELLE Pascal	74	CNT	1:37.46	44.54	52.92	
C4, Messieurs						
1. DENUTTE Olivier	67	DM	1:13.78	34.86	38.92	
C5, Messieurs						
1. DELFOSSE Olivier	63	CNSW	1:09.44	32.61	36.83	
2. HUBERTY Luc	64	ESN	1:25.84	40.91	44.93	
C6, Messieurs						
1. MOURMANS Eddy	57	DM	1:48.32	48.10	1:00.22	
Epreuve 6 6/03/2010 - 15:10			50m Br	asse		20 - 94 ans Liste résultats
Rang		ΑN	١	Temps		
PREMASTERS, Messieurs				. ,		
ZADWORNY François		87	7 CHTHI	V 34.86		
2. BERNARD Nicolas		89				
C1, Messieurs						
LESAGE Mathieu		83	B EMBO	U 34.64		
2. BERNARD Kevin		85	5 NST	38.64		
3. SLEGERS Nicolas		84				
4. JOSKIN Olivier		83	3 CHTHI	V 40.93		

Epreuve 6, 50m Brasse				
C3, Messieurs				
1. VANHAMME Bruno	75	CNT	38.04	
C4, Messieurs				
1. JUNCKER Patrick	67	SL	34.93	
C6, Messieurs				
 GODBILLE Philippe MOURMANS Eddy 	57 57	CNSW DM	38.12 46.38	
C7, Messieurs				
1. LEROY Bruno	55	ESN	42.08	
C8, Messieurs				
1. LANGUILLIER Etienne	50	CNSW	1:03.89	
C9, Messieurs 1. LEJEUNE Andre	43	EMBOU	56.53	
C10, Messieurs				
1. JEUKENS Raymond	40	VN	52.92	
PREMASTERS, Dames				
1. LEFRANC Mathilde	88	CNT	43.68	
C1, Dames				
1. VANBUEL NELE	85	BEN	36.54	
C3, Dames				
 XHERVELLE Muriel PONCE DEL CASTILLO Aïda 	73 74	EMBOU CNSW	37.12 44.19	
C4, Dames 1. ROUSSELLE Nathalie	68	EMBOU	46.16	
C5, Dames				
WATERVAL Marie Paule	62	LDV	47.95	
Epreuve 7 6/03/2010 - 15:15		400m Libre		20 - 94 ans Liste résultats
Rang	AN		Temps	
C1, Messieurs				
1. FATICONI Sylvain 50m: 31.77 31.77 150m: 100m: 1:05.84 34.07 200m:	83 2:16.93	250m	4:40.63 : : 3:29.20	350m: 400m: 4:40.63
2. SLEGERS Nicolas	84	CNSW :	5:38.06	
50m: 34.25 34.25 150m:	2:37.18	250m		350m: 400m: 5:38.06

Epreuve 7, 400m Libre

1. NAHON Bruno	C4, M	essieurs				
100m: 1:11.08 37.39 20m: 2:28.30 30m: 3:48.12 400m: 5:08.35 2. JUNCKER Patrick 50m: 37.26 37.26 150m: 2:38.15 30m: 3:58.81 400m: 5:18.81 C6, Messieurs 1. WERTZ André. 50m: 36.88 36.88 150m: 2:43.34 300m: 3:58.81 400m: 5:18.81 C7, Messieurs 1. WERTZ André. 50m: 36.88 36.88 150m: 2:43.34 300m: 4:07.51 400m: 5:29.25 C7, Messieurs 1. CADIAT Jean-Marie 50m: 33.75 33.75 150m: 2:25.54 300m: 3:41.17 400m: 4:56.13 2. HOHENBICHLER Michael 53 CNSW 7:18.65 250m: 350m: 350m: 100m: 1:44.20 53.04 200m: 3:34.34 300m: 5:26.71 400m: 7:18.65 C10, Messieurs 1. JEUKENS Raymond 50m: 59.30 59.30 150m: 4:22.49 300m: 5:26.71 400m: 8:58.48 C11, Messieurs 1. VERHELST Georges 31 RZV 7:21.59 50m: 49.96 49.96 150m: 3:33.14 300m: 3:31.45 400m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 250m: 350m: 350m: 7:21.59 50m: 1:49.96 49.96 150m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.77 32.77 150m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.44 200m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.74 50.77 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.45 500m: 25.64.55 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.45 500m: 25.64.55 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 25.77 32.77 150m: 25.95 250m: 350m:	1.		150m:	70		350m·
50m: 37.26				2:28.30		
C6, Messieurs 1. WERTZ André. 50m: 36.88 36.88 150m: 2:43.34 300m: 3:58.81 400m: 5:18.81 C7, Messieurs 1. CADIAT Jean-Marie 50m: 33.75 33.75 150m: 2:243.34 300m: 4:07.51 350m: 350m: 350m: 350m: 300m: 4:07.51 400m: 5:29.25 C7, Messieurs 1. CADIAT Jean-Marie 50m: 33.75 33.75 150m: 2:25.54 300m: 34.117 400m: 4:56.13 2. HOHENBICHLER Michaël 50m: 51.16 51.16 150m: 300m: 34.14 300m: 5:26.71 400m: 7:18.65 C10, Messieurs 1. JEUKENS Raymond 40 VN 8:58.48 250m: 350m: 59.30 250m: 42.24.9 300m: 6:42.64 400m: 8:58.48 C11, Messieurs 1. VERHELST Georges 31 RZV 7:21.59 300m: 1:43.16 53.20 200m: 3:33.14 300m: 3:31.45 400m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 250m: 350m: 400m: 7:21.59 C2, Dames 1. DELAERE Sabine 50m: 33.77 32.77 150m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 38.72 38.72 150m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 50m: 38.72 38.72 150m: 2:54.45 300m: 42.846 400m: 6:00.25 250m: 350m: 42.846 400m: 6:00.25 250m: 45.97 45.97 150m: 45.97 250m: 350m: 42.846 400m: 6:00.25 250m: 45.97 150m: 45	2.		150m·	67		350m·
1. WERTZ André.				2:38.15		
Som: 36,88 36,88 150m: 250m: 300m: 4:07.51 400m: 5:29.25	C6, M	essieurs				
C7, Messieurs 1. CADIAT Jean-Marie	1.			56		
1. CADIAT Jean-Marie 53 BOUST 4:56.13				2:43.34		
1. CADIAT Jean-Marie 53 BOUST 4:56.13	C7. M	essieurs				
50m: 33.75 36.82 20m: 2:25.54 300m: 3:41.17 400m: 4:56.13 2. HOHENBICHLER Michaël 53 CNSW 7:18.65				53	BOUST 4:56.13	
2. HOHENBICHLER Michael 50m: 51.16 51.16 150m: 100m: 1:44.20 53.04 200m: 3:34.34 200m: 526.71 350m: 350m: 7:18.65 C10, Messieurs 1. JEUKENS Raymond 40 VN 8:58.48 250m: 350m: 350m: 100m: 2:05.16 1:05.86 200m: 4:22.49 300m: 6:42.64 400m: 8:58.48 C11, Messieurs 1. VERHELST Georges 31 RZV 7:21.59 250m: 350m: 100m: 1:43.16 53.20 200m: 3:33.14 300m: 6:44.30 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 250m: 350m: 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 350m: 350m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 250m: 350m: 350m: 4:43.30 C4, Dames 2. HOUZÉ Katty 68 CNT 6:41.59 250m: 350m: 42.846 400m: 6:00.25 2. HOUZÉ Katty 50m: 45.97 45.97 150m: 68 CNT 6:41.59 250m: 350m: 45.97 350m: 45.97 150m: 50m: 50m: 350m: 350m: 350m: 350m: 350m: 350m: 45.97 350m: 350m: 350m: 350m: 350m: 350m: 350m: 350m: 45.97 350m:		50m: 33.75 33.75			250m:	
Som:	2.					1001111
C110, Messieurs 1. JEUKENS Raymond 40 VN 8:58.48		50m: 51.16 51.16	150m:		250m:	
1. JEUKENS Raymond 59.30 59.30 150m: 250m: 350m: 350m: 350m: 100m: 2:05.16 1:05.86 200m: 4:22.49 250m: 300m: 6:42.64 400m: 8:58.48 C11, Messieurs 1. VERHELST Georges 31 RZV 7:21.59 50m: 49.96 49.96 150m: 3:33.14 250m: 400m: 7:21.59 100m: 1:43.16 53.20 200m: 3:33.14 300m: 400m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 250m: 350m: 400m: 4:43.30 100m: 1:07.91 35.14 200m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 250m: 350m: 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 250m: 350m: 400m: 4:43.30 C4, Dames 2. HOUZÉ Katty 68 CNT 6:41.59 250m: 350m: 350m: 4:28.46 400m: 6:00.25		100111.	200111.	0.0 1.0 1	0.20.1 T	1001111 7110100
50m: 59.30 59.30 150m: 2505m: 350m: 350m: 400m: 8:58.48 C11, Messieurs 1. VERHELST Georges 31 RZV 7:21.59 50m: 49.96 49.96 150m: 300m: 500m: 400m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 50m: 32.77 32.77 150m: 250m: 300m: 3:31.45 100m: 1:07.91 35.14 200m: 2:19.57 300m: 3:31.45 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 300m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 68 CNT 6:41.59 50m: 45.97 45.97 150m: 350m: 350	C10, N	Messieurs				
C11, Messieurs 1. VERHELST Georges	1.		150m·	40		350m·
1. VERHELST Georges 31 RZV 7:21.59 50m: 49.96 49.96 150m: 3:33.14 250m: 300m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 4:43.30 50m: 32.77 32.77 150m: 2:19.57 300m: 3:31.45 400m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 2:54.45 300m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 68 CNT 6:41.59 50m: 45.97 45.97 150m: 350m: 350				4:22.49		
50m: 100m: 1:43.16 49.96 150m: 200m: 3:33.14 250m: 300m: 300m: 400m: 7:21.59 C2, Dames 1. GOFFIN AURELIE 79 BEN 50m: 32.77 32.77 150m: 100m: 1:07.91 35.14 200m: 2:19.57 250m: 350m: 350m: 350m: 350m: 4:43.30 C4, Dames 50m: 38.72 38.72 150m: 100m: 1:22.62 43.90 200m: 2:54.45 300m: 4:28.46 400m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 50m: 45.97 45.97 150m: 50m: 45.97 45.97 150m: 50m: 45.97 45.97 150m: 50m: 350m: 35	C11, N	Messieurs				
C2, Dames 1. GOFFIN AURELIE	1.	VERHELST Georges		31	RZV 7:21.59	
1. GOFFIN AURELIE 79 BEN 4:43.30 50m: 32.77 32.77 150m: 250m: 330m: 3:31.45 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 250m: 350m: 350m: 350m: 350m: 4:28.46 250m: 38.72 38.72 150m: 300m: 4:28.46 400m: 6:00.25 250m: 350m: 35				3:33.14		
1. GOFFIN AURELIE 79 BEN 4:43.30 50m: 32.77 32.77 150m: 250m: 330m: 3:31.45 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 250m: 350m:						
50m: 32.77 32.77 150m: 250m: 350m: 4:43.30 C4, Dames 1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 2:54.45 300m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 50m: 45.97 45.97 150m: 50m: 45.97 150m: 350m: 350						
C4, Dames 1. DELAERE Sabine 69 DM 6:00.25	1.		150m:	79		350m:
1. DELAERE Sabine 69 DM 6:00.25 50m: 38.72 38.72 150m: 250m: 350m: 350m: 428.46 400m: 6:00.25 2. HOUZÉ Katty 68 CNT 6:41.59 50m: 45.97 45.97 150m: 350m: 350m: 350m: 350m: 428.46			200m:	2:19.57	300m: 3:31.45	400m: 4:43.30
50m: 38.72 38.72 150m: 250m: 350m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 68 CNT 6:41.59 50m: 45.97 45.97 150m: 550m: 350m: 350m: 350m: 350m: 4:28.46	C4, Da	ames				
100m: 1:22.62 43.90 200m: 2:54.45 300m: 4:28.46 400m: 6:00.25 2. HOUZÉ Katty 68 CNT 6:41.59 50m: 45.97 45.97 150m: 250m: 350m:	1.		450	69		050
50m: 45.97 45.97 150m: 250m: 350m:				2:54.45		
	2.	•	450	68		250
				3:19.17		

Epreu 6/03/2	ve 8 2010 - 15:45	Da	CA 100 - 319 Liste résultats			
Rang				Temps		
R3						
1.	Embourg 1 MOUTON Françoise XHERVELLE Muriel	58 47.03 73	EMB(1:35.99	OU 5:28.64 ETIENNE VALERIE ROUSSELLE Nathalie	77 68	
Epreu	ve 9	Mes	sieurs. 4 x	100m 4 nages		CA 100 - 319
6/03/2	2010 - 15:55					Liste résultats
6/03/2 Rang	2010 - 15:55			Temps		
	2010 - 15:55					
Rang R3	Cercle De Natation Sporto NAHON Bruno DELFOSSE Olivier		CNS\ 1:22.34 1:17.82	Temps	60 74	

2 - dimanche 7 mars 2010				7/03/2010 - 10:00
Epreuve 10 7/03/2010 - 10:00		50m Libre		20 - 94 ans Liste résultats
Rang	AN		Temps	
PREMASTERS, Messieurs			. срс	
 ZADWORNY Michael ZADWORNY Boris MARÉCHAL Julien ZADWORNY François 	86 90 90 87	CHTHN CHTHN CHTHN CHTHN	25.30 26.39 27.17 27.41	
C1, Messieurs				
 ALESSANDRO David LESAGE Mathieu DEFFET Sebastien BERNARD Kevin MATTART Christian JOSKIN Vincent JOSKIN Olivier SLEGERS Nicolas MOLINA MORGANE DE LA PARRA Sergio VILLEGAS DAVID 	83 83 82 85 81 85 83 84 83 82	CHTHN EMBOU W NST W CHTHN CHTHN CNSW CNMA CNSW	25.65 26.29 27.64 28.92 28.99 29.49 30.03 31.28 32.52 33.10 33.19	
C2, Messieurs				
 MASSET Frédéric MARION Benoit BONGARD Michael 	79 77 80	CHTHN W ESN	27.58 32.50 42.31	
C3, Messieurs				
1. MARTINONI Laurent	75	SL	31.55	
C4, Messieurs				
1. LAPIERRE Emmanuel	67	W	28.00	
C5, Messieurs				
CANTAMESSA Toni OLIVER Mark	64 65	W SL	33.18 43.45	
C6, Messieurs				
 GODEAUX Lionel MOURMANS Eddy 	60 57	CNSW DM	26.16 32.99	
C7, Messieurs				
1. MELIN Aime	54	W	39.11	
C8, Messieurs				
LANGUILLIER Etienne	50	CNSW	57.64	

Epreuve 10, 50m Libre								
C10, Messieurs								
1. JEUKENS Raymond			40	VN	52.08			
PREMASTERS, Dames								
 YERNA Muriel LEFRANC Mathilde SCHMITZ Manon L'HOMME Chloé 			88 88 88 90	EMBOU CNT CNSW W	29.15 31.42 31.48 31.84			
C1, Dames								
 PROMME Jeanny ROUGERIE Manon LAMBERT Marie 			84 84 84	W CNSW CNSW	33.09 35.49 36.46			
C2, Dames								
 ETIENNE VALERIE BLONDEEL Nathalie BORN MARJORIE 			77 77 76	EMBOU CNSW CNMA	30.13 30.58 32.17			
C4, Dames								
 DELAERE Sabine DEMEULEMEESTER HOUZÉ Katty FISSETTE Marie Chri 		RENCE	69 69 68 70	DM CNMA CNT EMBOU	36.65 39.56 39.71 39.82			
C5, Dames								
 ETIENNE Isabelle QUATPERS Dominiqu COLLARD Anny 	ne		63 62 61	EMBOU EMBOU EMBOU	41.54 44.49 50.06			
C6, Dames								
1. MOUTON Françoise			58	EMBOU	35.86			
Epreuve 11 7/03/2010 - 10:10				200m Dos				20 - 94 ans Liste résultats
Rang C3, Messieurs	AN			Temps	50m	100m	150m	200m
 FRASELLE Pascal VANHAMME Bruno 	74 75	CNT CNT		:04.52 :12.90	42.77 45.71	45.20 47.71		
C4, Messieurs								
1. GIUS Michele	66	CNSW	2	:57.64	40.51	45.20		
C7, Messieurs	5 0	DOLLOT	_	.40.04	00.44	40.00		
CADIAT Jean-Marie	53	BOUST	2	:40.24	36.44	40.82		

			Lilibourg, o.	- 7.3.2010			
Epreuve 11, 200m D	os						
C11, Messieurs							
 VERHELST Geo FRICOT GUY 	rges 31 33	RZV CCS	3:53.58 5:42.70	53.82 1:20.62	58.46 1:26.32	1:28.38	1:27.38
Epreuve 12 7/03/2010 - 10:20			200m Pa	apillon			20 - 94 ans Liste résultats
Rang	AN		Temps	50m	100m	150m	200m
C5, Messieurs							
1. HUBERTY Luc	64	ESN	3:23.63	45.27	38.36		
C3, Dames							
1. PONCE DEL CA	STILLO A. 74	CNSW	3:01.32	40.73	47.40		
Epreuve 13 7/03/2010 - 10:25			Mixte, 4 x 50	0m Libre			CA 100 - 319 Liste résultats
Rang				Temps			
R1							
Cercle De Na SLEGERS Nicola ROUGERIE Man	as	ty Woluwe 84 84	1 CNSW 31.18	2:16.43 LAMBERT Marie DE LA PARRA Sergio		84 82	
R2							
Cnma 1 BORN MARJOR DEMEULEMEES		76 E 69	CNMA 32.41	2:17.78 MOLINA MORGANE VILLEGAS DAVID		83 85	
R4							
 Embourg 1 LEJEUNE Andre DELHAYE Frédé 		43 72	EMBO 56.88	U 2:51.78 ETIENNE Isabelle QUATPERS Dominique	e	63 62	
Epreuve 14 7/03/2010 - 10:30			Mixte, 4 x 50	m 4 nages			CA 100 - 319 Liste résultats
Rang				Temps			
R3				, -			
Cercle De Na PONCE DEL CA HERMAN Quenti	STILLO Aïda	ty Woluwe 74 83	1 CNSW 36.57 33.69	2:16.17 GODEAUX Lionel MACFADYEN Lorna		60 57	30.06 35.85

Epreuve 15 7/03/2010 - 11:00			100m 4 nages			20 - 94 ans Liste résultats
Rang PREMASTERS, Messieurs	AN		Temps	50m	100m	
ZADWORNY François	87	CHTHN	1:10.38			
C1, Messieurs						
 HERMAN Quentin DEFFET Sebastien MATTART Christian JOSKIN Vincent VILLEGAS DAVID 	83 82 81 85 85	CNSW W W CHTHN CNMA	1:07.54 1:11.74 1:14.64 1:15.05 1:23.10			
C2, Messieurs						
 MASSET Frédéric MARION Benoit 	79 77	CHTHN W	1:10.83 1:29.06			
C3, Messieurs						
1. MARTINONI Laurent	75	SL	1:21.54			
C4, Messieurs						
1. GIUS Michele	66	CNSW	1:24.86			
C6, Messieurs						
1. MOURMANS Eddy	57	DM	1:32.12			
PREMASTERS, Dames						
1. YERNA Muriel	88	EMBOU	1:15.90			
C1, Dames						
 PROMME Jeanny LAMBERT Marie 	84 84	W CNSW	1:23.80 1:29.81			
C2, Dames						
 BLONDEEL Nathalie BORN MARJORIE 	77 76	CNSW CNMA	1:18.20 1:30.50			
C4, Dames						
 HASEUX Nadine DEMEULEMEESTER L. HOUZÉ Katty 	68 69 68	VN CNMA CNT	1:36.12 1:37.87 1:50.93			
C5, Dames						
 MICHEL Pierrette WATERVAL Marie Paule 	62 62	EMBOU LDV	1:20.30 1:39.94			
C6, Dames						
 MACFADYEN Lorna MOUTON Françoise 	57 58	CNSW EMBOU	1:32.51 1:34.12			

Epreuve 16 7/03/2010 - 11:10				50m Dos				20 - 94 ans Liste résultats
Rang			AN		Temps			
PREMASTERS, Messieurs								
1. ZADWORNY Michael	l		86	CHTHN	27.95			
C1, Messieurs								
 HERMAN Quentin JOSKIN Olivier 			83 83	CNSW CHTHN	30.72 36.14			
C2, Messieurs								
1. BONGARD Michael			80	ESN	1:06.67			
C3, Messieurs								
 VANHAMME Bruno FRASELLE Pascal 			75 74	CNT CNT	39.04 40.48			
PREMASTERS, Dames								
1. SCHMITZ Manon			88	CNSW	35.03			
C1, Dames								
1. LAMBERT Marie			84	CNSW	43.42			
C4, Dames								
1. FISSETTE Marie Chr	istine		70	EMBOU	47.14			
C5, Dames								
QUATPERS Dominiq COLLARD Anny disq. ETIENNE Isabelle	ue		62 61 63	EMBOU EMBOU EMBOU	1:03.23 1:06.71 51.08			
Epreuve 17 7/03/2010 - 11:15				200m Libro	9			20 - 94 ans Liste résultats
Rang	AN			Temps	50r	n 100m	150m	200m
C1, Messieurs								
 LESAGE Mathieu FATICONI Sylvain SLEGERS Nicolas DE LA PARRA Sergio 	83 83 84 82	EMBOU CHTHN CNSW CNSW	2 2	:03.10 :11.23 :34.42 :48.43	27.89 30.19 33.77 37.7	9 33.24 3 38.63		
C4, Messieurs								
1. LAPIERRE Emmanuel	67	W	2	:40.28	34.09	9 39.18		
C5, Messieurs								
 HUBERTY Luc CANTAMESSA Toni OLIVER Mark 	64 64 65	ESN W SL	3	:29.57 :01.94 :42.76	35.09 39.89 48.8	5 46.00		

Epreu								
	ve 17, 200m Libre							
C6, M	essieurs							
2. 1	RENSONNET Raymond MOURMANS Eddy WERTZ André.	60 57 56	VN DM VN	2:26.75 2:57.26	32.91 39.24	36.57 43.78		
C7, M	essieurs							
	CADIAT Jean-Marie MELIN Aime	53 54	BOUST W	2:18.01 3:07.68	32.39 42.55	35.35 46.12		
C11, N	Messieurs							
	VERHELST Georges FRICOT GUY	31 33	RZV CCS	3:31.95 5:39.94	48.31 1:20.23	52.44 1:26.59		
PREM	IASTERS, Dames							
1. l	LEFRANC Mathilde	88	CNT	2:35.87	34.74	39.17		
C1, Da	ames							
1. l	LAMBERT Marie	84	CNSW	2:51.60	39.57	43.19		
C4, Da	ames							
1. [DELAERE Sabine	69	DM	2:49.65	38.81	43.64		
Epreu 7/03/2	ve 18 2010 - 11:40			Dames, 4 x	50m Libre			CA 100 - 319 Liste résultats
Rang					Temps			
Rang R3					Temps			
R3	Embourg 1 FISSETTE Marie Christine QUATPERS Dominique		70 62	EMBC 39.24 44.63			61 63	
R3 1. Epreu	FISSETTE Marie Christine QUATPERS Dominique		62	39.24	OU 2:55.00 COLLARD Anny ETIENNE Isabelle			CA 100 - 319
R3 1. Epreu	FISSETTE Marie Christine QUATPERS Dominique		62	39.24 44.63	OU 2:55.00 COLLARD Anny ETIENNE Isabelle			CA 100 - 319 Liste résultats
R3 1. Epreu	FISSETTE Marie Christine QUATPERS Dominique		62	39.24 44.63	OU 2:55.00 COLLARD Anny ETIENNE Isabelle			
R3 1. Epreur 7/03/2 Rang R2	FISSETTE Marie Christine QUATPERS Dominique	oortcit	62	39.24 44.63 Messieurs, 4	COLLARD Anny ETIENNE Isabelle x 50m Libre			
R3 1. Epreur 7/03/2 Rang R2 1.	FISSETTE Marie Christine QUATPERS Dominique ve 19 2010 - 11:45 Cercle De Natation Sp HERMAN Quentin	oortcit	y Woluwe 83	39.24 44.63 Messieurs, 4 2	COLLARD Anny ETIENNE Isabelle x 50m Libre Temps / 1:45.51 BALANCIER Pascal NAHON Bruno		74	

Epreuve 20 7/03/2010 - 11:50	Dames, 4 x 50m 4 nages	CA 100 - 319 Liste résultats
Rang	Temps	3
R3		
Embourg 1 MOUTON Françoise XHERVELLE Muriel	EMBOU 2:31.65 58 43.11 ETIENNE VALI 73 ROUSSELLE N	ERIE 77
Epreuve 21 7/03/2010 - 11:55	Messieurs, 4 x 50m 4 nages	CA 100 - 319 Liste résultats
Rang	Temps	3
R1		
Chaudfontaine 1 FATICONI Sylvain MASSET Frédéric	CHTHN 2:18.03 83 33.26 JOSKIN Olivier 79 JOSKIN Vincer	r 83

3 - dimanche 7 mars 2010						7/03/2010 - 13:30
Epreuve 22 7/03/2010 - 13:30			50m Papillor	า		20 - 94 ans Liste résultats
Rang		AN		Temps		
PREMASTERS, Messieurs						
1. ZADWORNY Michael		86	CHTHN	27.49		
2. ZADWORNY Boris		90	CHTHN	29.34		
 ZADWORNY François MARÉCHAL Julien 		87 90	CHTHN CHTHN	32.30 33.34		
C1, Messieurs						
HERMAN Quentin		83	CNSW	28.22		
C3, Messieurs						
1. VANHAMME Bruno		75	CNT	33.45		
2. MARTINONI Laurent		75	SL	37.36		
3. FRASELLE Pascal		74	CNT	39.20		
C4, Messieurs						
1. GIUS Michele		66	CNSW	34.82		
C7, Messieurs						
1. CADIAT Jean-Marie		53	BOUST	29.38		
PREMASTERS, Dames						
SCHMITZ Manon LEFRANC Mathilde		88 88	CNSW CNT	35.62		
C6, Dames						
disq. MOUTON Françoise		58	EMBOU			
Epreuve 23 7/03/2010 - 13:35			100m Brass	е		20 - 94 ans Liste résultats
Rang	AN		Temps	50m	100m	
PREMASTERS, Messieurs						
1. ZADWORNY François	87	CHTHN	1:18.65	37.05	41.60	
C1, Messieurs						
 BERNARD Kevin SLEGERS Nicolas 	85 84	NST CNSW	1:26.81 1:29.03	39.81 41.10	47.00 47.93	
C3, Messieurs						
1. RONGVAUX Yannick	73	NST	1:30.90	42.90	48.00	

			_			
Epreuve 23, 100m Brasse						
C4, Messieurs						
1. NAHON Bruno	70	CNSW	1:28.01	40.67	47.34	
C6, Messieurs						
MOURMANS Eddy	57	DM	1:46.87	50.72	56.15	
C7, Messieurs						
LEROY Bruno	55	ESN	1:33.32	43.52	49.80	
C8, Messieurs						
LANGUILLIER Etienne	50	CNSW	2:31.98	1:10.11	1:21.87	
C9, Messieurs						
LEJEUNE Andre	43	EMBOU	2:14.89	1:02.80	1:12.09	
C10, Messieurs	40					
oandon JEUKENS Raymond	40	VN				
C11, Messieurs		000		4.40.40	4 00 00	
FRICOT GUY	33	CCS	2:45.72	1:19.46	1:26.26	
C3, Dames 1. XHERVELLE Muriel	73	EMBOU	1:20.98	37.95	43.03	
	13	LIVIBOO	1.20.90	37.93	43.03	
C4, Dames 1. HASEUX Nadine	68	VN	1:40.30	47.45	52.85	
		***			02.00	
C5, Dames 1. WATERVAL Marie Paule	62	LDV	1:43.32	49.27	54.05	
C6, Dames	-					
MACFADYEN Lorna	57	CNSW	1:43.09	48.16	54.93	
Epreuve 24 7/03/2010 - 13:45		Mix	kte, 4 x 100m	Libre		CA 100 - 319 Liste résultats
Rang R1				Temps		
Cercle De Natation Sporto NAHON Bruno SLEGERS Nicolas	city W 70 84			4:51.03 BERT Marie JGERIE Manon	84 84	
R2						
 Cercle De Natation Sporte BALANCIER Pascal HERMAN Quentin 	city W 74 83	oluwe 1 28.68		4:12.68 NDEEL Nathalie ICE DEL CASTILLO	77 O Aïda 74	

Epreuve 24.	Mixte	4 x	100m	Libre
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г	۲,	4

Cercle De Natation Sport GODEAUX Lionel GODBILLE Philippe	60 57	oluwe 2 28.60	CNSW 1:00.70 1:11.46	5:07.51 MACFADYEN Lorna GODBILLE Christine	57 58	1:22.48 1:32.87
Epreuve 25 7/03/2010 - 14:20			100m L	Libre		20 - 94 ans Liste résultats
Rang	AN		Temps	50m	100m	
PREMASTERS, Messieurs						
 ZADWORNY Michael ZADWORNY Boris 	86 90	CHTHN CHTHN	55.75 1:00.44		27.87 32.00	
C1, Messieurs						
LESAGE Mathieu	83	EMBOU	55.73	27.04	28.69	
HERMAN Quentin	83	CNSW	55.99		29.09	
FATICONI Sylvain	83	CHTHN	1:00.46	29.14	31.32	
BERNARD Kevin	85	NST	1:07.74		35.91	
5. JOSKIN Vincent	85	CHTHN	1:09.13		35.74	
 SLEGERS Nicolas DE LA PARRA Sergio 	84 82	CNSW CNSW	1:11.26 1:15.49		37.59	
7. DE LA PARRA Sergio	02	CNSW	1:15.49	37.90	37.59	
C2, Messieurs						
 MASSET Frédéric 	79	CHTHN	1:00.76	29.95	30.81	
BONGARD Michael	80	ESN	1:34.14	44.89	49.25	
C3, Messieurs						
1. MARENNE Benoit	75	WN	1:01.35	29.51	31.84	
2. MARTINONI Laurent	75	SL	1:09.30	33.82	35.48	
3. RONGVAUX Yannick	73	NST	1:13.39	35.04	38.35	
C5, Messieurs						
1. HUBERTY Luc	64	ESN	1:09.47	33.74	35.73	
2. OLIVER Mark	65	SL	1:38.37	46.82	51.55	
C6, Messieurs						
	00	\	4 0 4 4 0	04.70	00.00	
 RENSONNET Raymond MOURMANS Eddy 	60 57	VN DM	1:04.10 1:15.18		32.38 39.04	
·	57	DIVI	1.13.10	30.14	39.04	
C10, Messieurs						
1. JEUKENS Raymond	40	VN	1:58.13	55.60	1:02.53	
C11, Messieurs						
1. FRICOT GUY	33	ccs	2:49.06	1:22.17	1:26.89	
C4, Dames						
DELAERE Sabine	69	DM	1:18.44	38.07	40.37	
ROUSSELLE Nathalie	68	EMBOU			40.37 42.74	
3. HASEUX Nadine	68	VN	1:28.48		47.16	

Epreuve 26 7/03/2010 - 14:30	400m 4 nages		20 - 94 ans Liste résultats
Rang	AN Temps		
C4, Messieurs	·		
1. NAHON Bruno 50m: 38.00 38.00 150r 100m: 1:26.06 48.06 200r	70 CNSW 5:59.74 n: 250m: n: 3:00.43 300m: 4:42.72	350m: 400m: 5:59.74	
C7, Messieurs			
1. CADIAT Jean-Marie 50m: 35.70 35.70 150r 100m: 1:17.24 41.54 200r	53 BOUST 5:42.39 n: 250m: n: 2:49.06 300m: 4:24.74	350m: 400m: 5:42.39	
C3, Dames			
1. XHERVELLE Muriel 50m: 37.36 37.36 150n 100m: 1:20.70 43.34 200n	n: 300m:	350m: 400m: 5:42.89	
2. PONCE DEL CASTILLO Aïda 50m: 39.08 39.08 150r 100m: 1:24.28 45.20 200r	74 CNSW 5:50.19 n: 250m: n: 2:49.02 300m:	350m: 400m: 5:50.19	
C5, Dames			
1. MICHEL Pierrette 50m: 37.51 37.51 150r 100m: 1:22.35 44.84 200r		350m: 400m: 5:59.46	
2. WATERVAL Marie Paule 50m: 59.07 59.07 150r 100m: 2:08.66 1:09.59 200r		350m: 400m: 7:31.03	
Epreuve 27 7/03/2010 - 14:55	Dames, 4 x 100m Libre		CA 100 - 319 Liste résultats
Rang R3	Temps		
Cercle De Natation Sportcity W	oluwe 1 CNSW 5:17.92		
BLONDEEL Nathalie 77 PONCE DEL CASTILLO Aïda 74	31.73 1:07.26 MACFADYEN Lorna 1:12.44 GODBILLE Christine	57 58	1:23.22 1:35.00
Epreuve 28 7/03/2010 - 15:05	Messieurs, 4 x 100m Libre	_	CA 100 - 319 Liste résultats
Rang R1	Temps		
1. Chaudfontaine 1 MASSET Frédéric 79 JOSKIN Vincent 85	CHTHN 4:12.50 FATICONI Sylvain ALESSANDRO David	83 83	

Epreuve 28, Messieurs, 4 x 100m Libre

R2

1.	Cercle De Natation Sp	portcity Woluwe 1	CNSW	4:04.14	
	HERMAN Quentin	83	B	ALANCIER Pascal	74
	GODEAUX Lionel	60	N	AHON Bruno	70
2.	Cercle De Natation Sp	oortcity Woluwe 2	CNSW	4:49.64	
2.	Cercle De Natation Sp SLEGERS Nicolas	oortcity Woluwe 2 84	0	4:49.64 US Michele	66