

TRANSFERABLE SKILLS I

DesignThinking
Module

2025.2026

lesson 1

lesson 1

1.1 EVALUATION

1.2 *DESIGN THINKING* MODELS

Evolution 6² Model

lesson 1 EVALUATION

Presenças

Embora as faltas não contem para efeitos de reprovação, pelas características dos temas abordados neste módulo, uma parte importante da aprendizagem, senão mesmo a mais importante, acontece em contexto de aula através de dinâmicas de grupo. Por essa razão, há lugar a uma penalização na nota dos estudantes que falem a mais de metade do número total de aulas lecionadas.

Objective:

To present a proposal for an innovative solution to a problem connected with one of the 17 UN Sustainable Development Goals (SDGs).

Evaluation criteria:

Project Portfolio [50%]*

Including 6 requested “pieces”

Description of the creative process [50%]

Use provided DOCX template

⚠ All portfolio “pieces” must be inserted into the DOCX file as tables, images, or graphics. Only one single file should be uploaded — in PDF format.

Guidelines for Developing the Product or Service Proposal:

Students are tasked with developing a proposal that addresses a challenge related to one of the 17 UN Sustainable Development Goals (SDGs).

The proposal may be fictional, in the sense that it can draw on technology not yet available, encouraging creative and imaginative solutions.

The objective is to present an original, disruptive idea that highlights a significant issue related to the chosen SDG.

Proposals should be innovative, thought-provoking, and designed to spark debate or inspire meaningful discussion around the identified challenge.

Lesson 1

EVALUATION (Round 3)

SDG 2 – Zero Hunger: Low adoption of digital and precision agriculture technologies among small farmers.

SDG 3 – Good Health and Well-being: Maternal Mortality, Shortages of obstetricians and closure of maternity units in some districts / Increasing maternal age at first birth, raising health risks.

SDG 4 – Quality Education: Ageing of the Teaching Workforce:,Difficulties attracting young professionals to teaching careers due to low salaries and precarious contracts.

SDG 5 – Gender Equality: Unequal Burden of Domestic Work / Informal Female Careers: Women overrepresented in informal and precarious employment (cleaning, domestic care, tourism services) / Lack of social protection for informal caregivers and domestic workers.

SDG 8 – Decent Work and Economic Growth: Sustainable Tourism, Over-tourism in Lisbon, Porto, and Algarve leading to housing pressure and loss of local culture. / Need to diversify tourism toward low-impact and rural models (e.g., nature, cultural, slow tourism).

SDG 9 – Inclusive industrialization: Ethical integration of humanoid robots into workplaces, ensuring trust, safety, and accountability in human–robot interaction.

SDG 10 – Reduced Inequalities: Discrimination: Racial discrimination

SDG 12 – Responsible Consumption and Production: Waste Execution, Low recycling rates in Portugal compared to EU targets (especially organic waste).

SDG 13 – Climate Action: Awareness about Climate Change, Slow behavioural change in consumption, mobility, and energy use./ Communication gaps between scientific institutions and the public. /Misinformation and scepticism in rural communities.

SDG 14 – Life Below Water: Coastal Areas Conservation, Coastal erosion and loss of beaches due to sea-level rise and construction.

SDG 15 – Life on Land: Desertification,Eucalyptus monoculture plantations

lesson 1

EVALUATION (Round 1 and 2)

SDG 1 – No Poverty

Many people experiencing homelessness sleep in public spaces without minimum shelter conditions.

SDG 2 – Zero Hunger

Large amounts of edible food are wasted along the supply chain while many families face food insecurity.

SDG 3 – Good Health and Well-being

Incorrect posture in the workplace contributes to musculoskeletal disorders, affecting health, well-being, and productivity.

SDG 4 – Quality Education

The indiscriminate use of AI in education can reduce students' critical thinking and autonomy.

SDG 5 – Gender Equality

Domestic violence remains one of the main forms of gender inequality.

SDG 7 – Affordable and Clean Energy

Many old houses have poor energy efficiency, increasing energy consumption and costs.

SDG 8 – Decent Work and Economic Growth

There is a shortage of adequate housing for seasonal agricultural workers.

SDG 9 – Industry, Innovation and Infrastructure

Insufficient coverage of public transport networks forces many people to rely on private cars.

SDG 10 – Reduced Inequalities

There is a lack of inclusive solutions in children's playgrounds.

SDG 11 – Sustainable Cities and Communities

The high cost of housing in urban areas makes it difficult for students and low-income families to secure accommodation.

SDG 12 – Responsible Consumption and Production

The excessive use of plastic bags and packaging continues to generate waste.

SDG 15 – Life on Land

The recurrence and increasing severity of forest fires destroy ecosystems, soils, and biodiversity.

Lesson 1

DESIGN THINKING MODELS

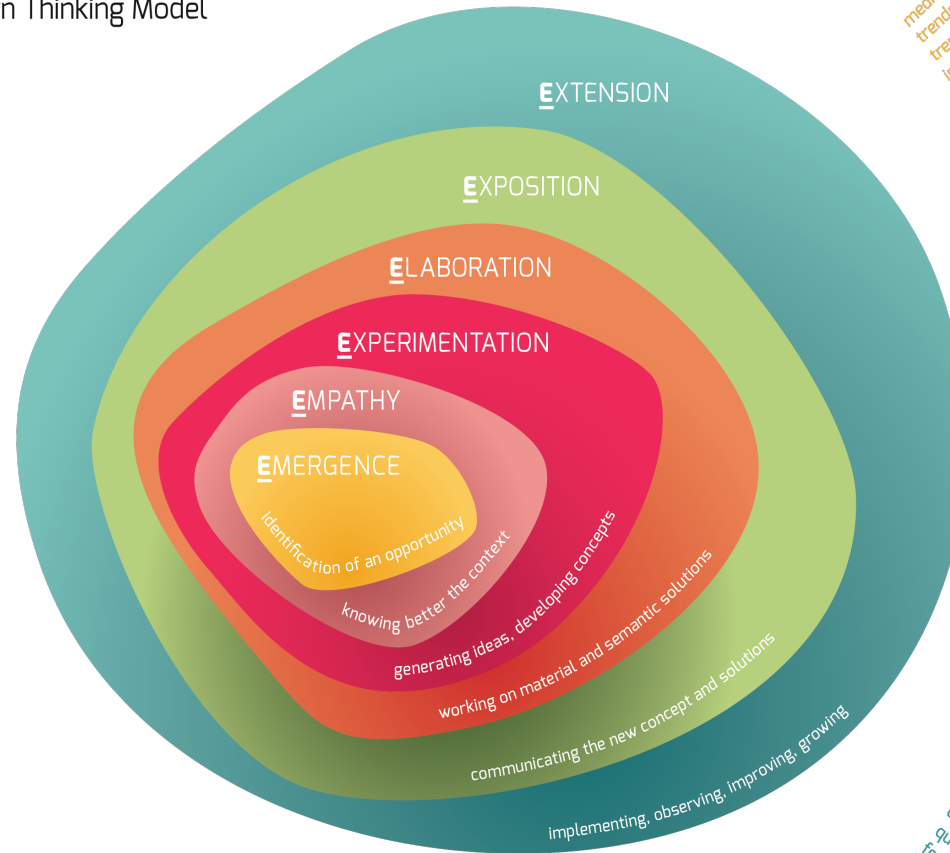
E6² Model

MIND SHAKE

© mindshake product |

EVOLUTION 6²

Mindshake Design Thinking Model



- media research
- trendobservation
- trendmatrix
- inspiration board
- opportunity mind map
- intent statement
- stakeholder map
- image interview
- persona map and cards
- empathy map
- moodboard
- user journey map
- brainwriting
- insight clustering
- experiential drawing
- semantic confrontations
- analogies
- desktop walkthrough
- role play
- proposition drawing
- rapid prototyping
- evaluation matrix
- service blueprint
- pilot testing
- solution storyboard
- concept illustration
- vision statement
- solution prototype
- presentation board
- visual business model
- implementation map
- print media
- digital media
- questionnaire
- feedback map
- roadmap

MIND SHAKE

© mindshake product | 2015

Licensed under a Creative Commons Attribution 4.0 CC BY-SA



universidade de aveiro

lesson 1

DESIGN THINKING MODELS

E6² Model

MIND
SHAKE

© mindshake product |

EMERGENCE

identification of an opportunity

EMPATHY

knowing better the context

EXPERIMENTATION

generating ideas, developing concepts

ELABORATION

working on material and semantic solutions

EXPOSITION

communicating the new concept and solutions

EXTENSION

implementing, observing, improving, growing



**TÉCNICAS
OBRIGATÓRIAS**
(para inclusão no
Dossier)

EMERGÊNCIA:
Benchmarking (contendo
pelo menos 3 ideias
“concorrentes”)
+ Declaração de Intenção,

EMPATIA:
Mapa de Empatia

EXPERIMENTAÇÃO:
Analogia

ELABORAÇÃO:
Desenho/Protótipo

EXPOSIÇÃO:
Solution Storyboard