

# **TRANSFERABLE SKILLS I**

*Design Thinking*  
Module

**2025.2026**

**lesson 1**

lesson 1

## **1.1 EVALUATION**

## **1.2 DESIGN THINKING MODELS**

Evolution 6<sup>2</sup> Model

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**EVALUATION**

Presenças  
Embora as faltas não contem para efeitos de reprovação, pelas características dos temas abordados neste módulo, uma parte importante da aprendizagem, senão mesmo a mais importante, acontece em contexto de aula através de dinâmicas de grupo. Por essa razão, há lugar a uma penalização na nota dos estudantes que faltem a mais de metade do número total de aulas lecionadas.

## **Objective:**

To present a proposal for an innovative solution to a problem connected with one of the 17 UN Sustainable Development Goals (SDGs).

## **Evaluation criteria:**

### **Project Portfolio [50%]\***

Including 6 requested “pieces”

### **Description of the creative process [50%]**

Use provided DOCX template

⚠ All portfolio “pieces” must be inserted into the DOCX file as tables, images, or graphics. Only one single file should be uploaded — in PDF format.

## **Guidelines for Developing the Product or Service Proposal:**

Students are tasked with developing a proposal that addresses a challenge related to one of the 17 UN Sustainable Development Goals (SDGs).

The proposal may be fictional, in the sense that it can draw on technology not yet available, encouraging creative and imaginative solutions.

The objective is to present an original, disruptive idea that highlights a significant issue related to the chosen SDG.

Proposals should be innovative, thought-provoking, and designed to spark debate or inspire meaningful discussion around the identified challenge.

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### EVALUATION (Round 3)

**SDG 2 – Zero Hunger:** Low adoption of digital and precision agriculture technologies among small farmers.

**SDG 3 – Good Health and Well-being:** Maternal Mortality, Shortages of obstetricians and closure of maternity units in some districts / Increasing maternal age at first birth, raising health risks.

**SDG 4 – Quality Education:** Ageing of the Teaching Workforce; Difficulties attracting young professionals to teaching careers due to low salaries and precarious contracts.

**SDG 5 – Gender Equality:** Unequal Burden of Domestic Work / Informal Female Careers: Women overrepresented in informal and precarious employment (cleaning, domestic care, tourism services) / Lack of social protection for informal caregivers and domestic workers.

**SDG 8 – Decent Work and Economic Growth:** Sustainable Tourism, Over-tourism in Lisbon, Porto, and Algarve leading to housing pressure and loss of local culture. / Need to diversify tourism toward low-impact and rural models (e.g., nature, cultural, slow tourism).

**SDG 9 – Inclusive industrialization:** Ethical integration of humanoid robots into workplaces, ensuring trust, safety, and accountability in human–robot interaction.

**SDG 10 – Reduced Inequalities:** Discrimination: Racial discrimination

**SDG 12 – Responsible Consumption and Production:** Waste Execution, Low recycling rates in Portugal compared to EU targets (especially organic waste).

**SDG 13 – Climate Action:** Awareness about Climate Change, Slow behavioural change in consumption, mobility, and energy use./ Communication gaps between scientific institutions and the public. /Misinformation and scepticism in rural communities.

**SDG 14 – Life Below Water:** Coastal Areas Conservation, Coastal erosion and loss of beaches due to sea-level rise and construction.

**SDG 15 – Life on Land:** Desertification, Eucalyptus monoculture plantations

## lesson 1

### EVALUATION (Round 1 and 2)

#### **SDG 1 – No Poverty**

Many people experiencing homelessness sleep in public spaces without minimum shelter conditions.

#### **SDG 2 – Zero Hunger**

Large amounts of edible food are wasted along the supply chain while many families face food insecurity.

#### **SDG 3 – Good Health and Well-being**

Incorrect posture in the workplace contributes to musculoskeletal disorders, affecting health, well-being, and productivity.

#### **SDG 4 – Quality Education**

The indiscriminate use of AI in education can reduce students' critical thinking and autonomy.

#### **SDG 5 – Gender Equality**

Domestic violence remains one of the main forms of gender inequality.

#### **SDG 7 – Affordable and Clean Energy**

Many old houses have poor energy efficiency, increasing energy consumption and costs.

#### **SDG 8 – Decent Work and Economic Growth**

There is a shortage of adequate housing for seasonal agricultural workers.

#### **SDG 9 – Industry, Innovation and Infrastructure**

Insufficient coverage of public transport networks forces many people to rely on private cars.

#### **SDG 10 – Reduced Inequalities**

There is a lack of inclusive solutions in children's playgrounds.

#### **SDG 11 – Sustainable Cities and Communities**

The high cost of housing in urban areas makes it difficult for students and low-income families to secure accommodation.

#### **SDG 12 – Responsible Consumption and Production**

The excessive use of plastic bags and packaging continues to generate waste.

#### **SDG 15 – Life on Land**

The recurrence and increasing severity of forest fires destroy ecosystems, soils, and biodiversity.

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**DESIGN THINKING  
MODELS**  
**E6<sup>2</sup> Model**



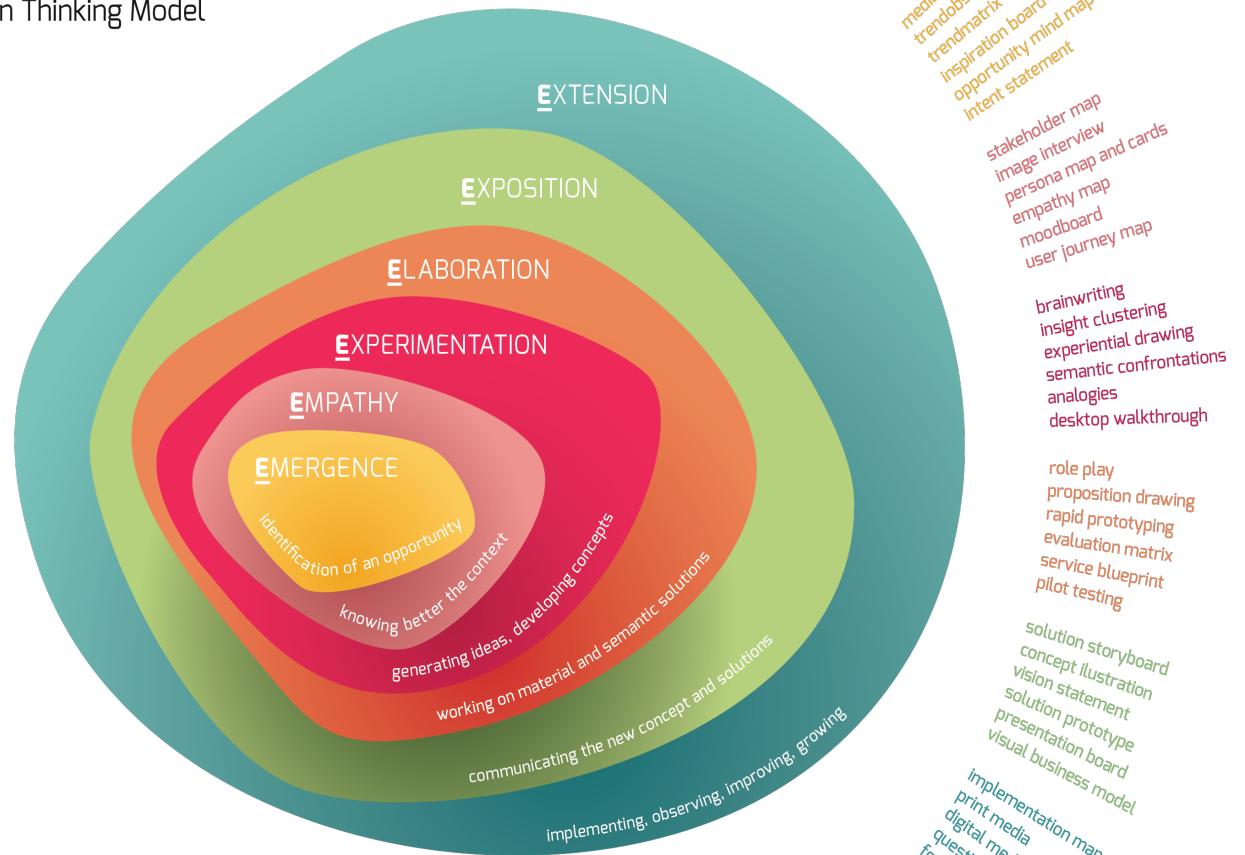
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# EVOLUTION 6<sup>2</sup>

Mindshake Design Thinking Model



EXPLORATION  
EVALUATION  
Present throughout



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media research  
trendobservation  
inspiration board  
opportunity mind map  
intent statement  
stakeholder map  
image interview  
persona map and cards  
empathy map  
moodboard  
user journey map  
brainwriting  
insight clustering  
experiential drawing  
semantic confrontations  
analogies  
desktop walkthrough  
role play  
proposition drawing  
rapid prototyping  
evaluation matrix  
service blueprint  
pilot testing  
solution storyboard  
concept illustration  
vision statement  
solution prototype  
presentation prototype  
visual business model  
implementation map  
print media  
digital media  
questionnaire  
feedback map  
roadmap

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## DESIGN THINKING MODELS

E6<sup>2</sup> Model



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### EMERGENCE

identification of an opportunity

### EMPATHY

knowing better the context

### EXPERIMENTATION

generating ideas, developing concepts

### ELABORATION

working on material and semantic solutions

### EXPOSITION

communicating the new concept and solutions

### EXTENSION

implementing, observing, improving, growing



### TÉCNICAS OBRIGATÓRIAS (para inclusão no Dossier)

EMERGÊNCIA:  
Benchmarking (contendo  
pelo menos 3 ideias  
“concorrentes”)  
+ Declaração de Intenção,

EMPATIA:  
Mapa de Empatia

EXPERIMENTAÇÃO:  
Analogia

ELABORAÇÃO:  
Desenho/Protótipo

EXPOSIÇÃO:  
Solution Storyboard