



## Beyond Awareness: Taking Action for Youth Mental Health (ForYouPage.Org 2025 Summit)

**Date:** Saturday, September 20, 2025

**Venue:** Online (Zoom): <http://foryoupage.org/2025JoinNow>

**Time:** 10AM – 2PM EST

### Program Schedule

Time		
10:00 AM- 10:10 AM	Event Opening, Community Agreements, and Ice Breakers	<ul style="list-style-type: none"> <li>• Arc Telos Saint Amour</li> </ul>
10:10 AM – 10:15 AM	Welcome to FYP 2025 Event	<ul style="list-style-type: none"> <li>• Arc Telos Saint Amour</li> </ul>
10:15AM-10:20AM	Introduction of Keynote Speaker	<ul style="list-style-type: none"> <li>• Arc Telos Saint Amour</li> </ul>
10:20AM-10:35AM	UN Science Summit Keynote Speech: “Community and Mental Health: Reimagining Meaningful Youth Engagement for Global Wellbeing”	<ul style="list-style-type: none"> <li>• Judah Njorge</li> </ul>
10.35 AM - 11:20 AM	Panel Session: UN Science Summit “Community and Mental Health: Reimagining Meaningful Youth Engagement for Global Wellbeing”	<ul style="list-style-type: none"> <li>• Judah Njorge</li> <li>• Benny Prawira Siauw</li> <li>• Issac Lara</li> <li>• Anpotowin Jensen</li> <li>• Arc Telos Saint Amour (Moderator)</li> </ul>
11:20AM-11:25AM	Transition to Breakout Sessions	<ul style="list-style-type: none"> <li>• Arc Telos Saint Amour</li> </ul>

11:25AM-12:15PM	Breakout Session 1A <b>“Breaking Barriers and Promoting Youth Mental Health Equity”</b>	<ul style="list-style-type: none"> <li>● Nze Okoronta</li> <li>● Ross Layton</li> <li>● Dr. Sean Thum</li> <li>● Alyna Lim (Moderator)</li> </ul>
	Breakout Session 1B <b>“The Power of Connection: Fostering Social Support for Youth Wellbeing”</b>	<ul style="list-style-type: none"> <li>● Marx Wang</li> <li>● Kate Barranco</li> <li>● Mercy Mkandawire</li> <li>● Glen Koh (Moderator)</li> </ul>
	Breakout Session 1C <b>“Policy, Action, and Youth Mental Health: Why Grassroots Advocacy Matters for our Global Future”</b>	<ul style="list-style-type: none"> <li>● Saanvi Arora</li> <li>● Connor Dalgaard</li> <li>● Emmy Egulu</li> <li>● Ronit Chakraborty (Moderator)</li> </ul>
12:15PM-12:25PM	Reflections from Breakout Sessions	<ul style="list-style-type: none"> <li>● Alyna Lim</li> </ul>
12:25PM-12:35PM	<b>Transition + Ruffledraw</b>	<ul style="list-style-type: none"> <li>● Alyna Lim</li> </ul>
12:35PM-01:25PM	Breakout Session 2A	<ul style="list-style-type: none"> <li>● Youth Move National</li> </ul>
	Breakout Session 2B	<ul style="list-style-type: none"> <li>● Youth Power Project</li> </ul>
	Breakout Session 2C	<ul style="list-style-type: none"> <li>● Channel Kindness; Born This Way Foundation</li> </ul>
01:25PM-01:30PM	Reflections From Breakout Sessions	<ul style="list-style-type: none"> <li>● Judah Njorge</li> </ul>
01:30PM - 01:40PM	Acknowledgements	<ul style="list-style-type: none"> <li>● Dr. Oluwaferanmi Omitoyin</li> </ul>
	Closing of FYP 2025 Summit	<ul style="list-style-type: none"> <li>● Dr. Oluwaferanmi Omitoyin</li> </ul>

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