



UNITED NATIONS SCIENCE SUMMIT: **Community and Mental Health: Reimagining Meaningful Youth Engagement for Global Wellbeing**

The future of youth mental health isn't designed *for* young people; it's designed *by* them. This session moves beyond theory to showcase how community-based, youth-led initiatives are creating culturally relevant and sustainable mental health solutions. We'll explore how placing youth at the center of program design, peer support, and advocacy is the key to fostering true global wellbeing.

Session Time: 10.35 AM - 11:20 AM (EST) - 45 Minutes

Zoom Link: <http://foryoupage.org/2025JoinNow>

	Panelists	Talking Points & Questions
	Arc Telos Saint Amour (Moderator)	
	Judah Njorge	Why is shifting from traditional, top-down clinical mental health models to community-based, youth-led approaches so critical for creating solutions that are effective and culturally relevant?
	Benny Prawira Siau	What does "meaningful youth engagement" look like in practice? How do we move beyond tokenism to ensure young people are co-creators in program design, not just advisors?
	Issac Lara	Peer support is a cornerstone of this work. What training, resources, and safeguards are essential to empower young people to effectively and safely support their peers' mental wellbeing?

	Anpotowin Jensen	How can innovations and insights from grassroots, youth-led projects be leveraged to influence and reform larger systems—like school policies, healthcare, and government funding?
		How do we ensure community initiatives are not only inclusive of the most marginalized youth but also lasting? What does a sustainable support structure for a youth-led organization look like?