

Public Health Advisory - Flu Season 2024

DEPARTMENT OF PUBLIC HEALTH Seasonal Influenza Advisory | Advisory #PH-2024-003

The Department of Public Health advises residents to take precautions during the 2024 flu season, which typically peaks January through March.

Vaccination Recommendations

Annual flu vaccination recommended for all persons 6 months and older. Vaccines available at:

- County Health Department clinics (by appointment)
- Participating pharmacies and retail clinics
- Primary care physicians

Free vaccinations available for uninsured residents at public health clinics.

Prevention Measures

- Wash hands frequently with soap and water
- Cover coughs and sneezes with tissue or elbow
- Stay home when sick to prevent spread
- Avoid touching eyes, nose, and mouth
- Clean and disinfect frequently touched surfaces

When to Seek Medical Care

Seek immediate medical attention for: difficulty breathing, chest pain, persistent fever over 103°F, confusion, or severe weakness.

24-Hour Nurse Hotline: 1-800-555-HEALTH