Communication: Conveying & expressing ideas		
Skill list	STEP 1	STEP 2
Seeking new knowledge and ideas	Х	
Writing & editing		
Summarising & formatting information		
Communicating verbally	X	X
Using active listening skills		
Facilitating discussion	X	
Consulting with others to gain information		
Teaching and training others		
Promoting & selling products or ideas	×	X
Using different languages		
Interviewing & asking questions		
Making presentations		
Negotiating & working in a team	Х	
Thinking & reacting on the spot (under pressure)		
Speaking & working with the public		

Organisation Management: Working one-on-one & in a group		
Skill list	STEP 1	STEP 2
Completing tasks & attaining goals		
Solving problems	X	Х
Meeting deadlines & time management		
Making decisions	X	
Leading & supervising others	X	
Motivating others		

Resolving conflicts & mediating		
Setting priorities		
Initiating new projects	X	X
Organising projects & activities		
Coordinating groups		
Handling logistics		
Putting theory & ideas into practice	X	Х
Delegating, giving directions & assuming responsibilities		
Using strategy & planning long-term		

Research & Investigation: Searching for specific knowledge		
Skill list	STEP 1	STEP 2
Analysing ideas & data		
Completing research & investigations		
Reading for information & gathering data		
Interviewing for information		
Thinking critically and evaluating		
Observing and formulating hypotheses	X	X
Developing theories		
Outlining research		
Calculating & comparing data		

Design & Planning: Imagining the future & creating it		
Skill list	STEP 1	STEP 2
Anticipating problems & planning solutions		
Conceptualizing design		
Developing an overriding vision or idea		
Designing programs	X	X
Thinking visually		
Creating visual or written compositions	X	X
Adapting quickly & using improvisation skills		
Creating images, formats or layouts of information	X	X
Brainstorming new ideas & anticipating consequences	X	

Physical Activities: Using hands or tools to build		
Skill list	STEP 1	STEP 2
Making physical repairs		
Building & construction		
Inventing new equipment		
Operating equipment & machinery		
Doing physical/manual labour		
Working & being outdoors		

Human Service: Attending to the needs of others		
Skill list	STEP 1	STEP 2
Using Interpersonal skills		
Being sensitive to other's needs		
Being empathetic & understanding		

Counselling, supporting & coaching	
Advocating for others	
Use intuition, coach, provide care	

Information Management: Analysing ideas and information		
Skill list	STEP 1	STEP 2
Using math skills	X	
Organising & managing information		
Using logic in practical applications		
Develop & streamline systems		
Monitoring & noticing details	X	Х
Keeping records		