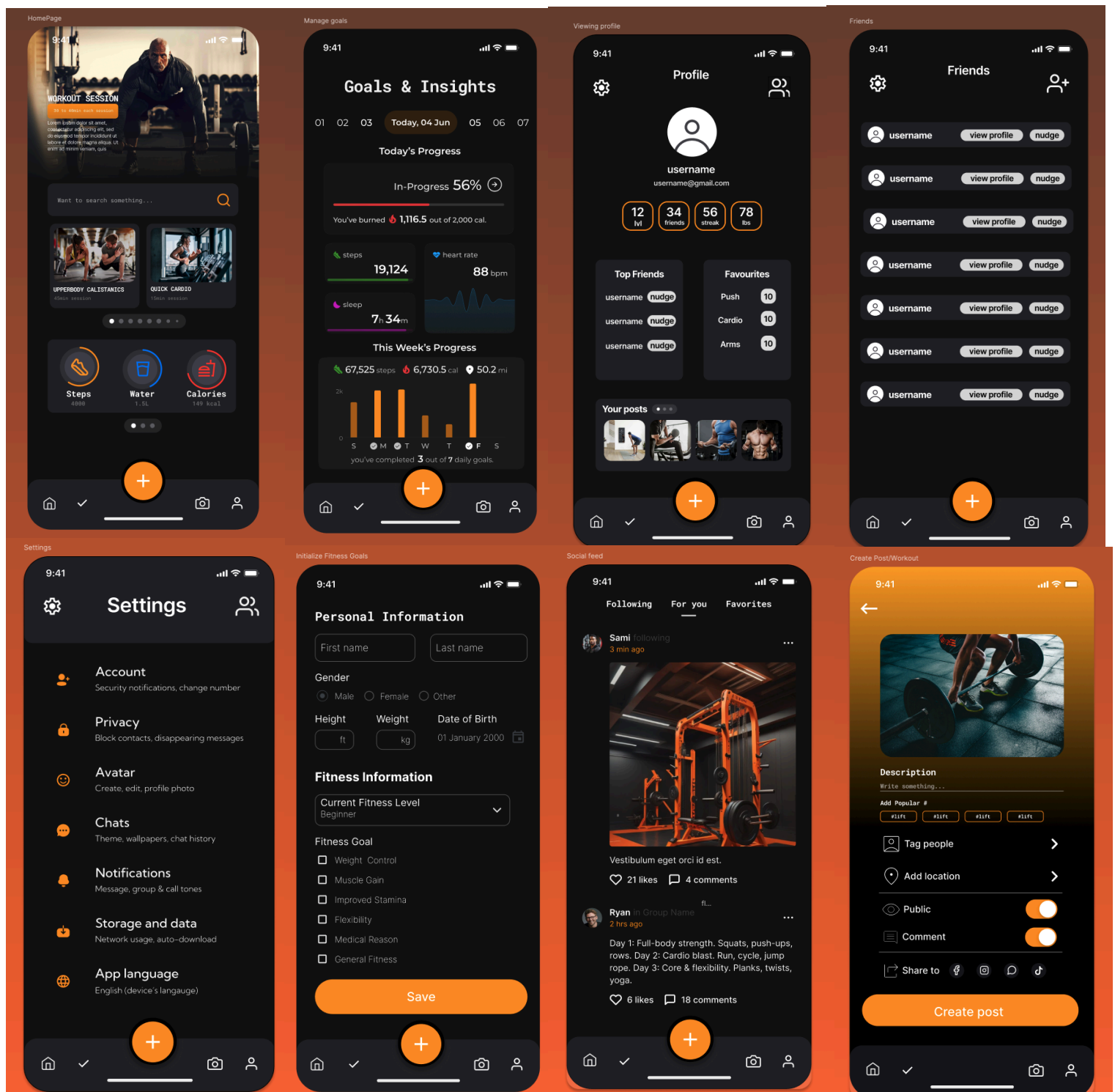


COSC 341: Human Computer Interaction Report - Strive

Five major tasks:

- [Task 1]: Creating and Sharing Workouts
- [Task 2]: Viewing and Managing User Profiles
- [Task 3]: Engaging with a Fitness Community and finding friends
- [Task 4]: Customizing App Settings and Preferences
- [Task 5]: Viewing your goals and accomplishments

1. Wireframe Prototypes:



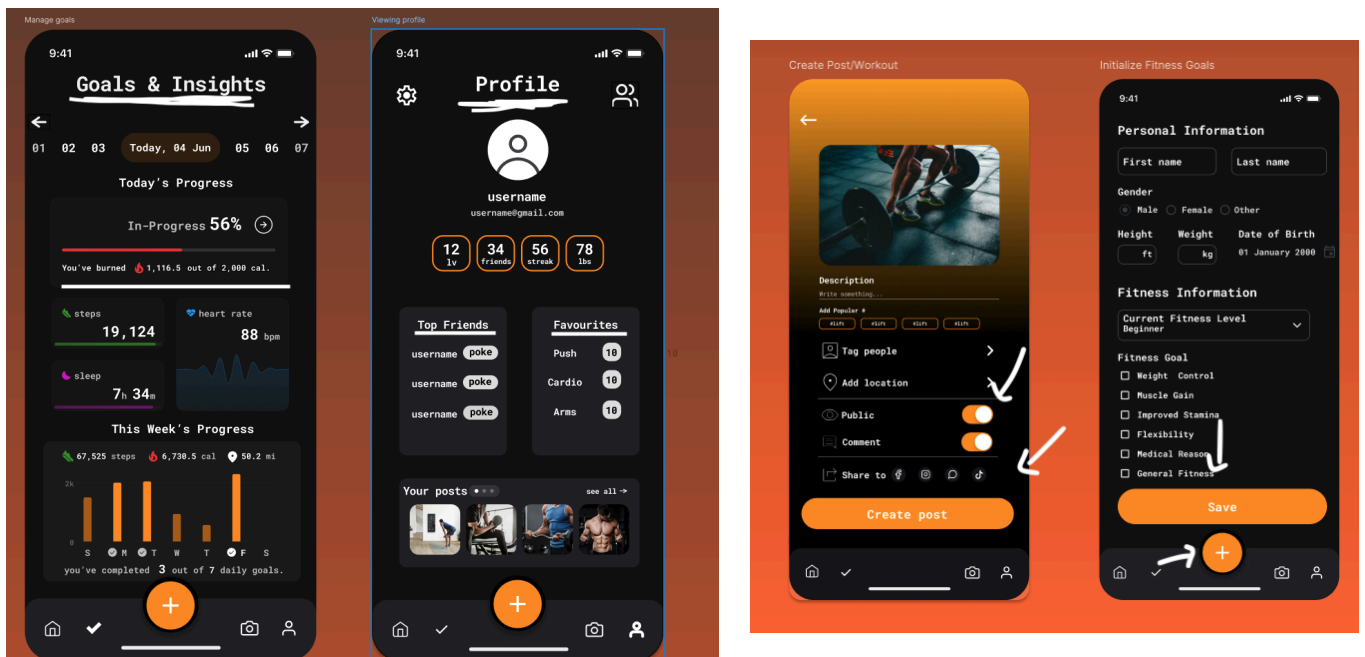
2. Initial evaluation:

User 1 Feedback	User 2 Feedback	User 3 Feedback	User 4 Feedback
Fonts are inconsistent across pages.	Font inconsistency.	Fonts and bolding are inconsistent.	Front page orange bubble unclear if it's an interactive button; too small if so, confusing if not.
Some titles are in all caps, others are not.	Buttons should be clear call-to-actions.	The orange on the 'create post' page doesn't match other oranges.	Add indicators in Goals & Insights to show how to switch between days (arrows or swipe indicator).
Some text on create post/workout page is too small; make it bigger.	Text on the front page should have a drop shadow.	Text and headers should be consistent in size (some large, some small).	Buttons do not indicate which page is active (no highlight or bold).
Colors of steps and calorie images change between progress and main dashboard.	Add headers to ambiguous sections.	Some non-title text is too small and hard to read.	Camera icon may be confusing as a feed button.
			Nudge feature is confusing on the Friends page.
			Viewing profile doesn't clearly show own posts; consider adding a personal feed.

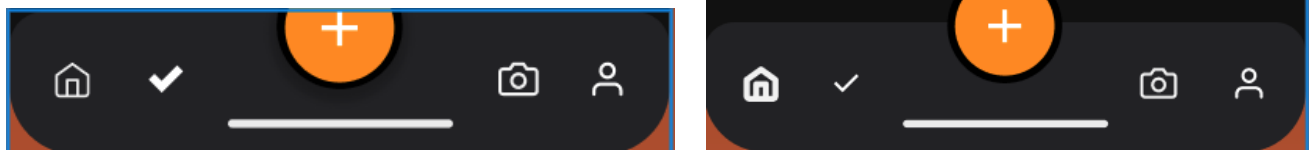
3. Modifications (use bullet points)

- Font & Text: Inconsistent fonts, sizes, and caps; some text too small.
- Design & UI: Buttons unclear, add drop shadows, missing headers.
- Colors: Inconsistent orange, step colors & calorie image change.
- Navigation: No clear day switch, no page highlight, confusing icons.
- Profile: Can't easily see own posts—add personal feed.

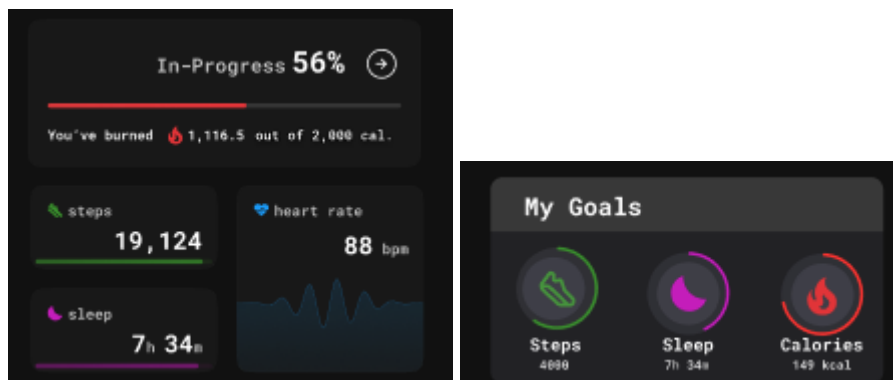
1. Made all text the same font, made capitalizations consistent, increased font size for the smaller texts. Made all oranges the same



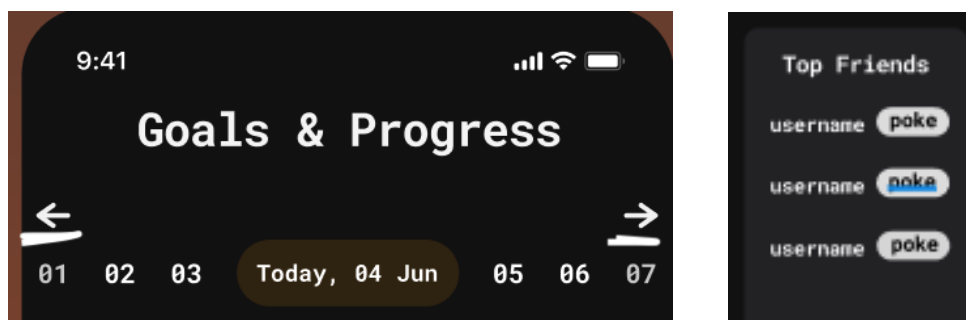
2. Added boldness to icons depending on the page



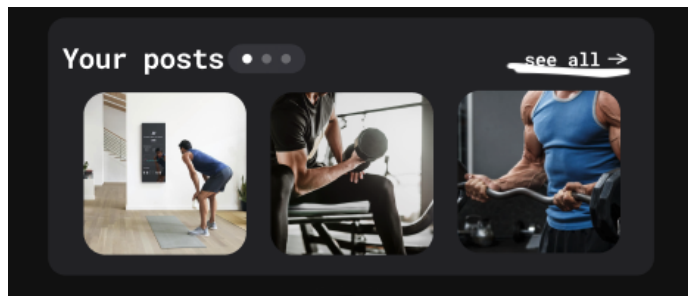
3. Made the calorie/step/sleep colors consistent across pages



4. Added arrows to switch days, switched 'nudge' to 'poke'



5. Added see all posts option in user's profile



4. Second evaluation:

User 1 Feedback	User 2 Feedback	User 3 Feedback	User 4 Feedback
Only calories have a goal; steps and sleep just track amounts.	"Calisthenics" is misspelled.	Change footer section color to make the active section clearer (not just bold).	Change "Comment" to "Comments."
Heart rate should not be in the progress section; move it to workout posts.	Remove sleep tracking from the main page.	Adjust progress scale from 0-2k to 0-100% to track all goals, not just calories.	Weight control section is unclear; large space between weight and control.
Hide weight from the main settings page (some users may not want to see it).	Remove hashtags from post #; could be text recommendations when writing descriptions.	Clarify where to choose/select an image on the post page.	Icons on the create post page are hard to see.
Add a back arrow on personal information	don't make friends section be in your profile, make it in the social feed, as that is where you interact with others	have personal info be linked in settings. how are you getting there right now	Settings page header bar color is inconsistent with other pages.

5. Second Modifications (use bullet points)

- Only calories have a goal; steps and sleep just track amounts—adjust progress tracking. Change progress scale from 0-2k to 0-100% to include all goals. Remove heart rate from progress; store it in workout posts instead.
- Hide weight on the settings page (some users may not want to see it). Remove sleep tracking from the main page. Make post numbers larger for better visibility.
- Footer section should change color to show the active page more clearly. Clarify image selection on the post page.

- Change header in social feed, so that that is where you access friends, not through profile
- Fix spelling of "Calisthenics." Change "Comment" to "Comments." Weight control section is unclear, and spacing is inconsistent. Icons on creating posts are hard to see. Settings page header bar color should match other pages.

What did you change (to your original prototypes) - Key differences [Revised Images, please highlight the changes]

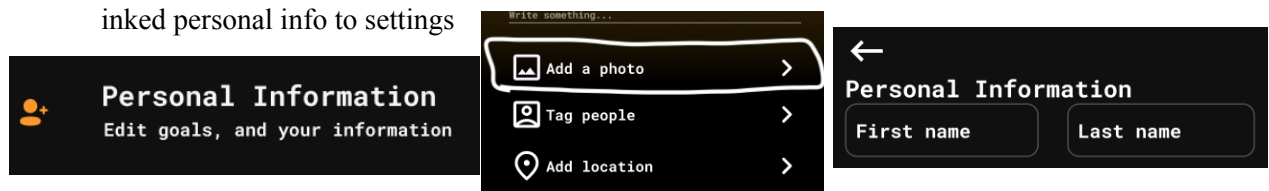
1. Fixed typos, 'calistanics' to 'calisthenics', 'comment' to 'comments'. Changed footer icons to orange when on said page, instead of making them bold as it still wasn't very clear



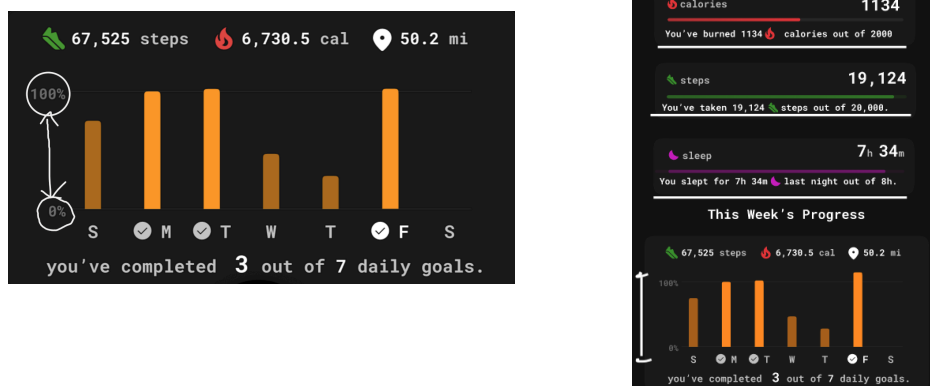
2. Fixed spacing, changed 'weight control' to 'weight loss'. Removed weight from user's profile



3. Added image upload button on the create post page, added back arrow to settings pages, and inked personal info to settings



4. Added progress bars for all measurements, changed the weekly goals from a set number (0-2k) to a percentage taking into account all goals (0-100%). Removed Heart rate tracker as it is not a goal, but rather a workout stat



5. Video link for all five tasks:

<https://www.youtube.com/watch?v=XanudTfXJAs>