

Rate the following statements on a scale from 1 to 5.

1= Strongly disagree

2= Disagree

3= Neutral

4= Agree

5= Strongly agree

1. I prefer to spend time alone rather than with others. _____
2. I would rather spend time with family members than with friends. _____
3. Meeting new people is something I enjoy. _____
4. I find that meeting new people requires a great deal of effort. _____
5. On a daily basis, I seek out social interaction with family. _____
6. It's easier to be alone than to be with family or friends. _____
7. I find that being around new people is exhausting. _____
8. I always answer the phone when I notice a friend is calling. _____
9. I like meeting new people. _____
10. It's easier to socialize with family members than with friends. _____
11. Meeting new people is something I seek out often. _____
12. I always answer the phone when I notice a family member is calling. _____
13. On a daily basis, I prefer to spend time on activities that I do by myself. _____
14. On a daily basis, I seek out social interaction with friends. _____
15. I would rather stay at home than drive to my friend's house for a visit. _____
16. I find that being around new people is exciting. _____
17. I would rather stay at home than drive to my relative's house for a visit. _____
18. I find that being around new people is challenging. _____