

Directions. This questionnaire contains 48 statements. Please read each item carefully and fill in the one answer in the space provided that best corresponds to your agreement or disagreement. There are no right or wrong answers, and you need not be an “expert” to complete this questionnaire. Please describe yourself honestly and state your opinions as accurately as possible.

Mark **1= *Strongly Disagree*** if the statement is definitely false or you strongly disagree

Mark **2= *Disagree*** if the statement is mostly false or you disagree

Mark **3= *Neutral*** if the statement is about equally true or false, if you cannot decide, or if you are neutral on this statement

Mark **4= *Agree*** if the statement is mostly true or you agree

Mark **5= *Strongly Agree*** if the statement is definitely true or you strongly agree

- ___ 1. I really like most people I meet.
- ___ 2. I shy away from crowds of people.
- ___ 3. I am dominant, forceful and assertive.
- ___ 4. I have a leisurely style in work and play.
- ___ 5. I often crave excitement.
- ___ 6. I have never literally jumped for joy.
- ___ 7. I don't get much pleasure from chatting with people.
- ___ 8. I like to have a lot of people around me.
- ___ 9. I sometimes fail to assert myself as much as I should.
- ___ 10. When I do things, I do them vigorously.
- ___ 11. I wouldn't enjoy vacationing in Las Vegas.
- ___ 12. I have sometimes experienced intense joy and ecstasy.
- ___ 13. I am known as a warm and friendly person.
- ___ 14. I usually prefer to do things alone.
- ___ 15. I have often been a leader of groups I belong to.
- ___ 16. My work is likely to be slow but steady.
- ___ 17. I have sometimes done things just for "kicks" or "thrills."
- ___ 18. I am not a cheerful optimist.
- ___ 19. Many people think of me as somewhat cold and distant.
- ___ 20. I really feel the need for other people if I am by myself for long.

1= Strongly Disagree

2= Disagree

3= Neutral

4= Agree

5= Strongly Agree

- ___ 21. In meetings, I usually let others do the talking.
- ___ 22. I often feel as if I'm bursting with energy.
- ___ 23. I tend to avoid movies that are shocking or scary.
- ___ 24. Sometimes I bubble with happiness.
- ___ 25. I really enjoy talking to other people.
- ___ 26. I prefer jobs that let me work alone without being bothered by other people.
- ___ 27. Other people often look to me to make decisions.
- ___ 28. I'm not as quick and lively as other people.
- ___ 29. I like to be where the action is.
- ___ 30. I don't consider myself especially "light-hearted."
- ___ 31. I find it easy to smile and be outgoing with strangers.
- ___ 32. I'd rather vacation at a popular beach than an isolated cabin in the woods.
- ___ 33. I would rather go my own way than be a leader of others.
- ___ 34. I usually seem to be in a hurry.
- ___ 35. I love the excitement of roller coasters.
- ___ 36. I am a cheerful, high-spirited person.
- ___ 37. I have strong emotional attachments to my friends.
- ___ 38. Social gatherings are usually boring to me.
- ___ 39. In conversations, I tend to do most of the talking.
- ___ 40. My life is fast-paced.
- ___ 41. I'm attracted to bright colors and flashy styles.
- ___ 42. I rarely use words like "fantastic!" or "sensational!" to describe my experiences.
- ___ 43. I take personal interest in the people I work with.
- ___ 44. I enjoy parties with lots of people.
- ___ 45. I don't find it easy to take charge of a situation.
- ___ 46. I am a very active person.
- ___ 47. I like being part of the crowd at sporting events.
- ___ 48. I laugh easily.