## **TPQ-NS**

Name	ID #		
Date			

In this booklet you will find statements people might use to describe their attitudes, opinions, interests, and other personal feelings.

Each statement can be answered TRUE or FALSE. Read each statement and decide which choice best describes you.

Read each statement carefully, but don't spend too much time deciding on the answer.

Please answer every statement, even if you are not completely sure of the answer.

Remember there are no right or wrong answers - just describe your <u>own</u> personal opinions and feelings.

1.	I often try new things just for fun or thrills, even if most people think it is a waste of time.	True T	False F
2.	When nothing new is happening, I usually start looking for something that is thrilling or exciting.	T	F
3.	I usually demand very good practical reasons before I am willing to change my old ways of doing things.	T	F
4.	I hate to change the way I do things, even if many people tell me there is a new and better way to do it.	T	F
5.	I like it when people can do whatever they want without strict rules and regulations.	T	F
6.	I like to be very organized and set up rules for people whenever I can.	T	F
7.	Even when most people feel it is not important, I often insist on things being done in a strict and orderly way.	T	F
8.	I often do things based on how I feel at the moment without thinking about how they were done in the past.	T	F
9.	I often break rules and regulations when I think I can get away with it.	T	F
10.	I lose my temper more quickly than most people.	T	F
11.	I often react so strongly to unexpected news that I say or do things that I regret.	T	F
12.	I am much more reserved and controlled than most people.	T	F
13.	I almost never get so excited that I lose control of myself.	T	F
14.	I am slower than most people to get excited about new ideas and activities.	T	F

15. It is difficult for me to keep the same interests for a long time because my attention often shifts to something else.	T	F
16. I like to think about things for a long time before I make a decision.	T	F
17. I often follow my instincts, hunches, or intuition without thinking through all the details.	T	F
18. I often have to change my decisions because I had a wrong hunch or mistaken first impression.	T	F
19. I usually think about all the facts in detail before I make a decision.	T	F
20. I nearly always think about all the facts in detail before I make a decision, even when other people demand a quick decision.	T	F
21. I am usually able to get other people to believe me, even when I know that what I am saying is exaggerated or untrue.	T	F
22. I can usually do a good job of stretching the truth to tell a funnier story or to play a joke on someone.	T	F
23. I have trouble telling a lie, even when it is meant to spare someone else's feelings.	T	F
24. I am better at saving money than most people.	T	F
25. I often spend money until I run out of cash or get into debt from using too much credit.	T	F
26. Because I so often spend too much money on impulse, it is hard for me to save moneyeven for special plans like a vacation.	Т	F
27. Some people think l am too stingy or tight with my money.	T	F

28. It is hard for me to enjoy spending money on myself, even when I have saved plenty of money.	T	F
29. I hate to make decisions based only on my first impressions.	T	F
30. I like old tried and true ways of doing things much better than trying new and improved ways.	T	F
31. I enjoy saving money more than spending it on entertainment or thrills.	T	F
32. In conversations I am much better as a listener than as a talker.	T	F
33. I like to stay at home better than to travel or explore new places.	T	F
34. I like to pay close attention to details in everything I do.	T	F