



TANAY ADVENTURE CAMP

Sitio Malaanonang, Brgy. Sampaloc Tanay, Rizal

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CAMP ACTIVITIES/SERVICES OFFERED

REGULAR OUTDOOR ACTIVITIES

ORIENTEERING/NAVIGATION

- Elementary Map Reading
- Intro to Global Positioning System (GPS)
- Orienteering (Compass Reading)

BASIC RAPPELLING COURSE

- Seat-hip/Heli- Rappel

ZIP LINE

- (230 meters)

WALL CLIMB

- 6 mts/20 ft
- 12mts/40ft

HIGH ROPES

ROPES COURSE/OBSTACLE COURSE

- Mudslide
- Mud Crawl
- Belly Crawl
- Rope Trap
- Wipe - Out
- Wheels & Tunnels
- Rope Tunnel
- Rope Bridge
- Two Rope Traverse
- Hanging Bridge

BASIC FIRST AID

- Common Medical Emergencies
- Emergency Rescue and Transfer
- Wound Dressing & Bandaging

CAMPFIRE/BONFIRE/SMOKERS NIGHT

SPELUNKING (CAVE EXPLORATION/Calinauan

Cave w/P50.00 entrance fee & P100.00 transportation fee minimum of 30 pax)

NATURE WALK

SPECIAL TRAINING/COURSE

- Rope Rescue Operation
- Basic Life Support
- Basic Disaster Management
- Flood Water First Responder Training
- Water Search and Rescue (WASAR)

FOR RENT

- Tent
- Sound System
- Projector
- Tables and Chairs

WATER TREKKING/HIKING TO DARANAK

FALLS (w/P50 entrance fee
+ P100.00 transportation fee minimum of 30 pax)

JUNGLE LANE (Observation & Sensitivity Test)

JUNGLE ENVIRONMENTAL SURVIVAL TRAINING (JEST)

- Basic Survival Skills/Techniques
- Fire Building
- Survival Cooking

TEAM BUILDING GAMES

- Spiders Web
- Team Walk
- Uranium Transfer
- Brain Twisting
- Life Raft
- Mines Field

FIELD TRAINING EXERCISES (FTX)

- Small Unit Tactics
- Patrolling
- Marches & Bivouacs

PHYSICAL EXERCISES

- Army Dozen Exercises
- Stretching Exercises

SWIMMING (Only w/ proper swimming attire will be allowed in our pool/swimsuit, white t-shirt, trunks)

- Swimming Lesson Basic and Advance
- Water Survival & Water Safety

BASIC MOUNTAINEERING AND OUTDOOR ETHICS

OTHER ACTIVITIES

- ❖ Organic Farming
- ❖ Charcoal Briquetting
- ❖ Tree Planting and Nursery Production
- ❖ Tour Guiding

We can also arrange the following activities:

- ❖ Medical Mission
- ❖ Clothes Donation
- ❖ Feeding Program
- ❖ Gift Giving, and;
- ❖ Outdoor/Emergency Medical Services

