



As Christians we are to:

**“Grow in the grace and knowledge
of our Lord and Savior Jesus Christ.**

To him be glory both now and forever! Amen.”

-2 Peter 3:18

The purpose of the *Growing Instructions* handout (on the next two pages) is to glorify God by providing a memory aid map that summarizes Jesus’ instructions on how we grow as Christians through God’s Word.

Once a new believer/Christian understands the gospel it is important to point them to Jesus to instruct them on how to grow in their relationship with Him.

If you wish to print off the following memory aid map:

Print off the *Growing Instructions* handout on two-sided paper (**you will need to flip the second page before printing so that it opens correctly when folded**). Then fold the handout in half and then fold it in half again (so that it says “Growing Instructions Inside” on the outside of the handout). Sharing this by print (or digitally) with others is a great way to help them understand how to grow in Christ.

To God be the Glory! This handout is free and is intended for encouragement and educational purposes.

For more information and for free handouts like this
please go to: 1T3Life.org

WATER

2. DRINK THE LIVING WATER

“On the last and greatest day of the Feast, Jesus stood and said in a loud voice, “If anyone is thirsty, let him come to me and drink. Whoever believes in Me, as the Scripture has said, streams of living water will flow from within him.”

By this He meant the Spirit.”-John 7:37-39

“But when He, the Spirit of Truth, comes, He will guide you into all Truth. He will not speak on His own; He will speak only what He hears, and He will tell you what is yet to come.”

-Jesus, John 16:13

“So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. For the sinful nature desires what is contrary to the Spirit, and the Spirit what is contrary to the sinful nature. They are in conflict with each other, so that you do not do what you want. But if you are led by the Spirit, you are not under law. The acts of the sinful nature are obvious: sexual immorality, impurity and debauchery; idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit.”

-Galatians 5:16-25

Pray 2 Cor. 13:14 & Luke 11:13

“May the grace of our Lord Jesus Christ, and the love of God [the Father], and the fellowship of the Holy Spirit be with you all.”

“If you then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give the Holy Spirit to those who ask him!”-Jesus

“No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in Me. I am the vine; you are the branches. If a man remains in Me and I in him, he will bear much fruit; apart from Me you can do nothing.”

-Jesus

John 15:4b-5

“Let us fix our eyes on Jesus, the author and perfecter of our faith”

-Hebrews 12:2a

CONNECTION

5. CONNECTED TO THE LORD JESUS

“So then, just as you received Christ Jesus as Lord, continue to live in Him, rooted and built up in Him, strengthened in the faith as you were taught, and overflowing with thankfulness.”

-Colossians 2:6-7

“This, then, is how you should pray:

“Our Father in heaven, hallowed be your name, your kingdom come, your will be done”

-Jesus, Matthew 6:9

“Be joyful always; pray continually; give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

-1 Thess. 5:16-18

“Not my will, but Yours be done.”

-Luke 22:42

LIGHT

3. LIVE IN THE LIGHT

“This is the verdict: Light has come into the world, but men loved darkness instead of light because their deeds were evil. Everyone who does evil hates the light, and will not come into the light for fear that his deeds will be exposed. But whoever lives by the truth comes into the light, so that it may be seen plainly that what he has done has been done through God.” -

Jesus, John 3:19-21

“This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make him out to be a liar and his word has no place in our lives.”

-1 John 1:5-10

Pray Colossians 1:9-14

“For this reason, since the day we heard about you, we have not stopped praying for you and asking God to fill you with the knowledge of His will through all spiritual wisdom and understanding. And we pray this in order that you may live a life worthy of the Lord and may please Him in every way: bearing fruit in every good work, growing in the knowledge of God, being strengthened with all power according to His glorious might so that you may have great endurance and patience, and joyfully giving thanks to the Father, who has qualified you to share in the inheritance of the saints in the Kingdom of light. For He has rescued us from the dominion of darkness and brought us into the Kingdom of the Son He loves, in whom we have redemption, the forgiveness of sins.”

Good SOIL

1. ROOTED IN JESUS’ LOVE

“When anyone hears the message about the Kingdom and does not understand it, the evil one comes and snatches away what was sown in his heart. This is the seed sown along the path. The one who received the seed that fell on rocky places is the man who hears the word and at once receives it with joy. But since he has no root, he lasts only a short time. When trouble or persecution comes because of the word, he quickly falls away. The one who received the seed that fell among the thorns is the man who hears the word, but the worries of this life and the deceitfulness of wealth choke it, making it unfruitful. But the one who received the seed that fell on good soil is the man who hears the word and understands it. He produces a crop, yielding

a hundred, sixty or thirty times what was sown.”

-Jesus, Matthew 13:19-23

Pray Ephesians 3:16-21

“I pray that out of his glorious riches he may strengthen you with power through His Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”

NOURISHMENT

4. NOURISHED BY JESUS’ WORDS

“If you remain in Me and My Words remain in you, ask whatever you wish, and it will be given you. This is to my Father’s glory, that you bear much fruit, showing yourselves to be My disciples. As the Father has loved Me, so have I loved you. Now remain in My love. If you obey My commands, you will remain in My love, just as I have obeyed My Father’s commands and remain in His love. I have told you this so that My joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this, that he lay down His life for his friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master’s business. Instead, I have called you friends, for everything that I learned from My Father I have made known to you. You did not choose me, but I chose you and appointed you to go and bear fruit—fruit that will last. Then the Father will give you whatever you ask in my name. This is my command: Love each other.”

-Jesus, John 15:7-17

“I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.”-Jesus, John 16:33

Pray Philippians 1:9-11

“And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless until the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.”

CONNECTED TO THE LORD JESUS

What is the Christian life about? *It is only through Jesus Christ!* Jesus' Method. Jesus' Motivation. Jesus' Mission.



Feeding
Trough,
Cross,
Empty
Tomb,
Crown,
Only Way

It is only through Jesus Christ!

He is both fully God and the perfect human.
Jesus Christ is The Good News - The Savior King -
born of a virgin, died for our sins on the cross,
buried in a tomb, and resurrected on the third day.

"The time has come," Jesus said. "The kingdom of God is near.
Repent and believe the good news!" -Mark 1:15

"I am The Way,
and The Truth,
and The Life;

no one comes to the Father but through Me."
-Jesus, John 14:6



Yoke,
Clean
Water

Jesus' Method:

Come to Jesus. Be Yoked to Jesus.
Learn from Jesus through God's Word.

"Come to Me,

all who are weary and burdened, and I will give you rest.

Take My Yoke upon you and learn from Me,

for I am gentle and humble in heart, and you will find rest for your souls.

For My Yoke is easy and My burden is light."

-Jesus, Matthew 11:28-30

"Sanctify [spiritual wash] them by the Truth;
Your Word is Truth."

-Jesus, John 17:17



Compass

Jesus' Motivation:

Love the LORD and others as Jesus did.

(a) Love the LORD: "Love the LORD your God with all your heart and with all your soul and with all your mind and with all your strength." - Jesus, Mark 12:30
(b) Love the Church: "Love one another. As I have loved you, so you must love one another. By this all men will know that you are my disciples, if you love one another." - Jesus, John 13:34-35

(c) Love your neighbor: "Love your neighbor as yourself." - Jesus, Matthew 22:39
(d) Love your enemies: "Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you." - Jesus, Luke 6:27-28
(e) By obeying God's Word: "If you love Me, you will keep My commandments. And I will ask the Father, and He will give you another Counselor [the Holy Spirit] to be with you forever. He is the Spirit of Truth. The world is unable to receive Him because it doesn't see Him or know Him. But you do know Him, because He remains with you and will be in you." - Jesus, John 14:15-17



Lifebuoy

Jesus' Mission:

Make disciples of Jesus that make disciples of Jesus
(in the home, in the church, and in the world).

"All authority in heaven and on earth has been given to me.

Go, therefore, make disciples from all the nations,

[note: the first step in making disciples is sharing the good news]

baptizing them

in the name of the Father and of the Son and of the Holy Spirit,
teaching them

to obey everything I have commanded you.

And behold,

I am with you always, to the very end of the age."

-Jesus, Matthew 28:18-20



INSIDE
GROWING INSTRUCTIONS

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