

Quality of Life

Quality of Life is a relatively new concept in gynecology where the focus now addresses the Quality of Life for women. For example, a decrease in a women's sexuality or any negative change since delivery of her baby can now be addressed and easily improved.

The minor surgery to restore normal anatomy is done frequently and with great success. This is a benefit covered by all insurance companies. The recovery is usually a few days to two weeks, depending on the woman's needs.

Our goal is to inform you of this benefit and the services offered by our medical staff at Las Colinas OB/GYN.

The following statements may help screen those women in need of services we offer.
I have noticed:

- a decrease in feeling pleasure or desire for sex.
- my bladder does not function like it used to.
- a change in my bowel habits like constipation or the need to assist having them.
- a different feeling in the vagina, like pressure or occasional backache.
- more discomforts and/or pain in my pelvis with or without sex.
- my periods have changed in volume, frequency or discomfort.
- the passage of gas from my rectum without warning.
- hot flashes and vaginal dryness.

If you have answered YES to any of these questions, a thorough evaluation can be done with positive results. If you wish to discuss the issues, you're invited to make an appointment with or without your partner to have a concise and educational 30-minute consultation. We will identify damaged anatomy if present, and offer options to help restore better function. The minor procedures available to you will be explained in clear detail.

If this has not been your experience with your present health care provider, perhaps you should demand your quality of life issues be addressed. We at Las Colinas OBGYN welcome the opportunity to address all your needs and want you to be satisfied and pleased all options have been presented. ***At Las Colinas OBGYN, we believe Quality of Life is something a woman deserves.***