

# LAS COLINAS OBSTETRICS-GYNECOLOGY & INFERTILITY

Date: \_\_\_\_\_ Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Age: \_\_\_\_\_ Marital Status: ☐ Married ☐ Single ☐ Divorced ☐ Widow  
Husband's or Partner's Name: \_\_\_\_\_ His Age: \_\_\_\_\_  
Your Occupation: \_\_\_\_\_ His Occupation: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

## I. Medical and Surgical History

- Please list any medication you are taking: \_\_\_\_\_
- Please list any allergy: \_\_\_\_\_
- Please indicate any significant illness you have had:
  - ☐ High blood pressure    ☐ Seizure disorder    ☐ Stroke
  - ☐ Heart disease    ☐ Mitral valve prolapse    ☐ Rheumatic fever
  - ☐ Bleeding problem    ☐ Blood clots    ☐ Ulcers
  - ☐ Asthma    ☐ Thyroid problems    ☐ Kidney problems
  - ☐ Hepatitis    ☐ Mononucleosis
  - ☐ Other \_\_\_\_\_
- Past surgeries:

1. _____	<u>Date:</u> _____
2. _____	_____
3. _____	_____
4. _____	_____
- Do you smoke? \_\_\_\_\_ How many packs per day? \_\_\_\_\_
- Do you use alcohol? \_\_\_\_\_ How much per day? \_\_\_\_\_
- Do you use recreational drugs (cocaine, marijuana, amphetamine, ect.)? \_\_\_\_\_

## II. Menstrual History    Your last menstrual period began on \_\_\_\_\_

- At what age did you have your first period? \_\_\_\_\_
- Have your periods been irregular over the last 12 months?..... Yes    No  
If yes, please describe: \_\_\_\_\_
- Do you have spotting or bleeding between periods?..... Yes    No
- How many days apart are your periods? \_\_\_\_\_
- How many days does your period last? \_\_\_\_\_
- Do you often pass blood clots during your periods?..... Yes    No
- Do you often have painful cramps before or during your periods?..... Yes    No
- Do you have pelvic or abdominal pain at any other times?..... Yes    No
- At what age did your mother underwent menopause? \_\_\_\_\_

## III. Sexual History    Are you sexually active?..... Yes    No

- If yes, how often do you have intercourse? \_\_\_\_\_
- Do you often have pain with intercourse?..... Yes    No
- How many sexual partners have you had in the past 2 years? \_\_\_\_\_
- Have you ever been diagnosed with a sexually transmitted disease?..... Yes    No  
If yes please mark: ☐ herpes, ☐ Chlamydia, ☐ gonorrhea, ☐ venereal warts (condyloma)
- Have you ever had a tubal or pelvic infection? (not yeast infections)..... Yes    No
- Do you currently have vaginal discharge associated with itching and odor?..... Yes    No
- Please mark your current method of birth control: ☐ Not sexually active; ☐ Unprotected; ☐ Rhythm;  
☐ Birth Control Pills; ☐ Diaphragm/condom/sponge/foam; ☐ IUD; ☐ Norplant; ☐ Depo-Provera;  
☐ Tubal ligation; ☐ Partner vasectomy; ☐ Hysterectomy
- Have you ever had an abnormal pap smear?..... Yes    No

**IV. Obstetrical History**

# of pregnancies: \_\_\_\_\_ # of children: \_\_\_\_\_ # miscarriages/abortions: \_\_\_\_\_

Date of DeliveryType of DeliveryPregnancy Complication

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**V. Review of Systems**

- How many hours per week do you exercise? \_\_\_\_\_
- What type of exercise? \_\_\_\_\_
- Do you have any significant weight gain or loss over last year?..... Yes No  
Please describe: \_\_\_\_\_
- Do you frequently feel tired, lack of energy, sleep, or depressed? (Please Circle)..... Yes No  
Please describe: \_\_\_\_\_
- Do you have any discharge from your breast:..... Yes No
- If yes, from which breast? \_\_\_\_\_, amount \_\_\_\_\_, color \_\_\_\_\_.
- Do you have excessive facial or body hair?..... Yes No
- Do you shave your face? How often a week? \_\_\_\_\_
- Do you have a problem with acne?..... Yes No

**VI. Bladder and Bowel Symptoms**

- Do you have any problems with urination such as: frequency, pain, or sense of urgency? (Please Circle)..... Yes No
- Do you leak urine when you exercise or cough?..... Yes No
- Do you have to wake up to go to bathroom at night..... Yes No
- How many times a night? \_\_\_\_\_
- Has there been any change in your bowel habits (diarrhea, constipation, irritable stomach)?..... Yes No
- Do you have pain during bowel movement?..... Yes No
- Do you notice any blood in the stool?..... Yes No

**VII. Family Medical History**

Has anyone in your immediate family (mother, father, sister, brother, aunts, uncles, ect.) ever had.....

- |                             |            |     |    |
|-----------------------------|------------|-----|----|
| ● Birth Defects             | Who? _____ | Yes | No |
| ● Genetic Diseases          | Who? _____ | Yes | No |
| ● Cancer of Breast          | Who? _____ | Yes | No |
| ● Cancer of Uterus or Ovary | Who? _____ | Yes | No |
| ● Cancer of Colon           | Who? _____ | Yes | No |
| ● Diabetes                  | Who? _____ | Yes | No |
| ● High Blood Pressure       | Who? _____ | Yes | No |
| ● Heart Disease             | Who? _____ | Yes | No |

**VIII. Partner's Profile**

- Has he fathered any children? \_\_\_\_\_ How many? \_\_\_\_\_ Age of youngest child? \_\_\_\_\_
- Does he have any significant illness (including childhood mumps)?..... Yes No  
Please specify: \_\_\_\_\_
- Does he take any medication? \_\_\_\_\_
- Has he ever had injury to the groin?..... Yes No
- Has he ever had male surgery (ie. prostate surgery, vasectomy)?..... Yes No
- Does he smoke? \_\_\_\_\_ Drink alcohol? \_\_\_\_\_  
Recreational drug? (marijuana, cocaine, amphetamine, ect.) \_\_\_\_\_
- Has he had prior exposure to radiation or chemical toxins?..... Yes No  
Please specify: \_\_\_\_\_