

Analysis of the calories and the fat: Cereal Dataset

Information on the distribution of various groups of nutrients among seventy-seven commonly available breakfast cereals was obtained from the *statistical graphics exposition* in 1993. Is there a relationship between the calories and the fat (in grams)? If so, is the relationship proportional?

A plot of the relationship between calories and the fat (Figure 1) showed a linear relationship. The estimated relationship ($R\text{-Square} = 0.2084$; $p < .0001$) is

$$\text{Calories} = 95.13 (\text{SE } 3.14) + 9.81 (\text{SE } 2.21) * \text{Fat}$$

Therefore, the calories will increase 104.94 as the fat increase in 1 gram. The standard error of slope is 2.21, so $p\text{-value} < 0.0001$ ($p\text{-value} < 0.05$). So we can conclude that there is a positive relationship between the calories and fat. The 95% confidence interval for the slope is from 5.41 to 14.20. It means the calories will increase 5.41 at minimum and 14.20 at minimum when the fat increase by 1 gram. The huge difference may due to other nutrients' affect and it can be explained by the low $R\text{-Square}$ in this model. So we cannot get an certain number of the proportion with high confidence level. An estimate of the calories per serving for a cereal with 4 grams of fat is 134.37. And for the two measures of uncertainty, we are 95% confident to say that the calories is between 116.77 and 151.91 when the cereal is 4 grams. The two measures of uncertainty was bounded by the blue area in Figure 1.

