

Quick Reference - Command Cheat Sheet

File Creation Commands

Create All Folders

```
bash

mkdir isteam-employee-hours
cd isteam-employee-hours
mkdir backend frontend docs
```

Backend Files to Create

```
backend/
├── app.py          # Copy from artifact "Backend API - app.py"
├── requirements.txt # Copy from artifact "requirements.txt"
├── .env            # Copy from artifact ".env (Configuration)"
├── Procfile        # Copy from artifact "backend/Procfile"
├── render-build.sh # Copy from artifact "backend/render-build.sh"
└── .gitignore      # Copy from artifact "backend/.gitignore"
```

Frontend Files to Create

```
bash

npx create-react-app frontend
cd frontend
npm install lucide-react
```

Then replace/update:

```
frontend/
├── public/
│   └── index.html    # Replace with artifact "frontend/public/index.html"
├── src/
│   ├── App.js        # Replace with artifact "iSteam Studio - Employee Hours System"
│   ├── index.js       # Replace with artifact "frontend/src/index.js"
│   └── index.css      # Replace with artifact "frontend/src/index.css"
└── package.json      # Add: "proxy": "http://localhost:5000"
```

PostgreSQL Commands

Start PostgreSQL

```
bash

# Mac
brew services start postgresql@14

# Linux
sudo systemctl start postgresql

# Windows - Use Services app or:
net start postgresql-x64-14
```

Access PostgreSQL Terminal

```
bash

psql postgres
```

Create Database

```
sql

CREATE DATABASE isteam_hours;

\l           -- List databases
\c isteam_hours -- Connect to database
\dt          -- List tables
\q          -- Quit
```

Backend Commands

Setup Virtual Environment

```
bash

cd backend
python -m venv venv

# Activate
source venv/bin/activate    # Mac/Linux
venv\Scripts\activate      # Windows
```

Install Dependencies

```
bash
```

```
pip install -r requirements.txt
```

Run Backend

```
bash
```

```
python app.py
```

```
# Access at: http://localhost:5000
```

Initialize Database

Visit in browser: <http://localhost:5000/api/init-db>

Deactivate Virtual Environment

```
bash
```

```
deactivate
```



Frontend Commands

Install Dependencies

```
bash
```

```
cd frontend
```

```
npm install
```

```
npm install lucide-react
```

Run Development Server

```
bash
```

```
npm start
```

```
# Opens automatically at: http://localhost:3000
```

Build for Production

```
bash
```

```
npm run build
```

Test

```
bash
```

```
npm test
```

Git Commands

Initialize Repository

```
bash
```

```
git init
```

```
git add .
```

```
git commit -m "Initial commit"
```

Connect to GitHub

```
bash
```

```
git remote add origin https://github.com/YOUR_USERNAME/isteam-employee-hours.git
```

```
git branch -M main
```

```
git push -u origin main
```

Regular Updates

```
bash
```

```
git add .
```

```
git commit -m "Your commit message"
```

```
git push
```

Check Status

```
bash
```

```
git status
```

```
git log --oneline
```

Deployment Commands

Render.com Deployment

No commands needed! Use web interface:

1. Sign up at render.com
2. Click "New +" → PostgreSQL (for database)
3. Click "New +" → Web Service (for backend)
4. Click "New +" → Static Site (for frontend)

Make render-build.sh Executable (Mac/Linux only)

```
bash

chmod +x backend/render-build.sh
```



Testing Commands

Test Backend API

```
bash

# Using curl
curl http://localhost:5000/api/init-db

# Or visit in browser
open http://localhost:5000/api/init-db    # Mac
start http://localhost:5000/api/init-db   # Windows
```

Check if Ports are in Use

```
bash

# Mac/Linux
lsof -i :5000
lsof -i :3000

# Windows
netstat -ano | findstr :5000
netstat -ano | findstr :3000
```

Kill Process on Port

```
bash
```

```
# Mac/Linux
```

```
lsof -ti:5000 | xargs kill
```

```
lsof -ti:3000 | xargs kill
```

```
# Windows - Get PID from netstat, then:
```

```
taskkill /PID <PID_NUMBER> /F
```



Database Management

Backup Database

```
bash
```

```
pg_dump -U postgres isteam_hours > backup.sql
```

Restore Database

```
bash
```

```
psql -U postgres isteam_hours < backup.sql
```

Reset Database

```
bash
```

```
psql -U postgres
```

```
DROP DATABASE isteam_hours;
```

```
CREATE DATABASE isteam_hours;
```

```
\q
```

Then visit: <http://localhost:5000/api/init-db>



Debugging Commands

Check Python Version

```
bash
```

```
python --version
```

```
# Should be 3.8 or higher
```

Check Node Version

```
bash
```

```
node --version
```

```
npm --version
```

```
# Node should be 16 or higher
```

Check PostgreSQL Version

```
bash
```

```
psql --version
```

```
# Should be 14 or higher
```

View Backend Logs (when running)

```
bash
```

```
# Just watch the terminal where you ran 'python app.py'
```

View Render Logs

In Render dashboard:

1. Click on your service
2. Click "Logs" tab
3. View real-time logs

Check Environment Variables

```
bash
```

```
# Backend
```

```
cat backend/.env          # Mac/Linux
```

```
type backend\.env         # Windows
```

Useful URLs

Local Development

Backend API: <http://localhost:5000>

Frontend: <http://localhost:3000>

Init DB: <http://localhost:5000/api/init-db>

Test Login: <http://localhost:3000>

Production (Replace with your URLs)

Backend API: <https://isteam-hours-api.onrender.com>
Frontend: <https://isteam-hours.onrender.com>
Init DB: <https://isteam-hours-api.onrender.com/api/init-db>

Test User Accounts

Employee Account

Email: alex@isteam.com
Password: password
Role: employee

Manager Account

Email: manager@isteam.com
Password: password
Role: manager

Admin Account

Email: admin@isteam.com
Password: password
Role: admin

Common Tasks Quick Reference

Start Everything Locally

```
bash

# Terminal 1 - Backend
cd backend
source venv/bin/activate # or venv\Scripts\activate on Windows
python app.py

# Terminal 2 - Frontend
cd frontend
npm start
```

Update After Code Changes


```
bash
```

```
# If you changed backend code:  
# Just save the file, Flask auto-reloads
```

```
# If you changed frontend code:  
# React auto-reloads in browser
```

```
# If you changed dependencies:  
pip install -r requirements.txt # Backend  
npm install                    # Frontend
```

Deploy Updates to Production

```
bash
```

```
git add .  
git commit -m "Description of changes"  
git push
```

```
# Render automatically redeploys!  
# Wait 5-10 minutes, then refresh your production URL
```



Common Error Fixes

"ModuleNotFoundError: No module named 'flask'"

```
bash
```

```
cd backend  
pip install -r requirements.txt
```

"command not found: npm"

Install Node.js from <https://nodejs.org>

"psql: command not found"

Install PostgreSQL from <https://www.postgresql.org/download/>

"EADDRINUSE: address already in use"

```
bash
```

```
# Kill process on that port (see "Check if Ports are in Use" above)
```

"Failed to fetch" in browser console

1. Make sure backend is running
2. Check API_BASE_URL in App.js
3. Verify CORS is enabled in Flask

Render deployment stuck

1. Check build logs in Render dashboard
2. Verify environment variables are set
3. Make sure files are in correct folders



Backup Before Deployment

```
bash
```

```
# Backup entire project
```

```
cd ..
```

```
tar -czf isteam-employee-hours-backup.tar.gz isteam-employee-hours/
```

```
# Or just zip it
```

```
zip -r isteam-employee-hours-backup.zip isteam-employee-hours/
```



Quick Deployment Checklist

- ☐ Create all project files
 - ☐ Install PostgreSQL and create database
 - ☐ Test backend locally (http://localhost:5000)
 - ☐ Initialize local database (/api/init-db)
 - ☐ Test frontend locally (http://localhost:3000)
 - ☐ Test login and features
 - ☐ Push code to GitHub
 - ☐ Create Render account
 - ☐ Deploy PostgreSQL on Render
 - ☐ Deploy backend on Render
 - ☐ Initialize production database
 - ☐ Update frontend API URL
 - ☐ Deploy frontend on Render
 - ☐ Test production app
 - ☐ Celebrate! 🎉
-

Help Resources

Official Documentation

- Flask: <https://flask.palletsprojects.com/>
- React: <https://react.dev/>
- PostgreSQL: <https://www.postgresql.org/docs/>
- Render: <https://render.com/docs>

Community Help









- Stack Overflow: <https://stackoverflow.com/>
- Reddit r/flask: <https://reddit.com/r/flask>
- Reddit r/reactjs: <https://reddit.com/r/reactjs>

Learning Resources

- Python: <https://docs.python.org/3/tutorial/>
 - JavaScript: <https://javascript.info/>
 - SQL: <https://www.postgresqltutorial.com/>
-

Success Metrics

Your deployment is successful when:

-  You can access your frontend URL
 -  Login works with test credentials
 -  Can clock in and out
 -  Timer counts in real-time
 -  Manager can approve entries
 -  Dashboard shows data
 -  No errors in browser console
 -  Backend API responds correctly
-

Print this page and keep it handy while developing! 

Good luck with your deployment! 🚀