

ICPSR 38304

## **Military Health and Well-Being Project, United States, 2020**

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Questionnaire

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Military Health and Well-Being Project – Scales

\*\*\*CONSENT FORM GOES HERE\*\*\*

Demographics:

STATUS: Are you currently serving in the U.S. Armed Forces? [SCREENER – EXCLUDED IF YES]

- Yes
- No

VETERAN: Are you a veteran of the U.S. Armed Forces? [SCREENER – EXCLUDED IF NO]

- Yes
- No

BRANCH: With what branch of the military did you serve?

- Air Force/Air Force Reserve
- Air National Guard
- Army/Army Reserve
- Army National Guard
- Coast Guard/Coast Guard Reserve
- Marine Corps/Marine Corps Reserve
- Navy/Navy Reserve

GENDER: What is your gender?

- Male
- Female
- Transgender/non-binary/prefer not to say

RACE: What race do you primarily identify as?

- White
- Black or African American
- Hispanic or Latino
- Asian
- American Indian or Alaska Native
- Native Hawaiian or Other Pacific Islander

AGE: What is your age in years?

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MARITAL: What is your current marital status?

- Single
- Married
- Domestic partnership
- Divorced
- Widowed

REGION: In what [region](#) of the U.S. do you currently live?

- Southeast
- Northeast
- Midwest
- West
- Southwest

DURATION: How long, in years, did you serve in the U.S. Armed Forces? (2 decimal places permitted)?

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RETIRED: When was the last year you served in the U.S. Armed Forces?

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EMPLOYED: During the last week, did you work for either pay or profit?

- Yes
- No

OCCUPATION: What best describes your current employment?

- Employee of a private for-profit company, business, or individual, for wages, salary, or commissions

- Employee of a private not-for-profit, tax-exempt, or charitable organization
- Local government employee
- State government employee
- Federal government employee
- Self-employed in own not incorporated business
- Self-employed in own incorporated business
- Working without pay in a family business or farm
- Not working – retired
- Not working – unemployed

INCOME: What is your current annual income (rounded to the nearest 1,000)?

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HOUSING: What best describes your current residence?

- A mobile home or trailer
- A one-family house detached from any other house
- A one-family house attached to one or more houses
- A building for 2 families
- A building for 3 or 4 families
- A building for 4 to 9 families
- A building for 10 to 19 families
- A building for 20 to 49 families
- A building for 50 or more families
- Boat, RV, van, etc.
- No current residence/qualify as homeless

RENT: Do you rent or own your current residence?

- Rent
- Own
- Other\*

\*RENT\_TEXT: Please specify: [\*QUALITATIVE RESPONSE IF OTHER IS SELECTED ABOVE]

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NPIS\_INST: The following statement ask about how you feel about having served in the U.S. Armed Forces. If you are no longer active in the Armed Forces, please respond how you reflect on these statements *now* as opposed to how you felt at the time you served.

NPIS: Select the response that best describes your level of agreement with each statement:

	Totally disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Totally agree (7)
I look upon work in the Armed Forces as a calling where I can serve my country. (1)	1.	2.	3.	4.	5.	6.	7.
My motivating power to be in the Armed Forces is to serve something more important than my personal needs. (2)	8.	9.	10.	11.	12.	13.	14.
The uniform really brings forward my national pride. (3)	15.	16.	17.	18.	19.	20.	21.
I prefer service to high-intensity rather than in peacekeeping operations. (4)	22.	23.	24.	25.	26.	27.	28.
The most important part of the military role is to prepare for and conduct war-like operations. (5)	29.	30.	31.	32.	33.	34.	35.
I believe that controlled aggression will be an important element if I have to take part in war actions. (6)	36.	37.	38.	39.	40.	41.	42.
The Armed Forces should be characterized by warrior culture. (7)	43.	44.	45.	46.	47.	48.	49.
An important premise for participation in international operations is to be rewarded with high salaries. (8)	50.	51.	52.	53.	54.	55.	56.
I see being in the Armed Forces as an ordinary job. (9)	57.	58.	59.	60.	61.	62.	63.

Good payment is one of the most important presumptions to participate in international operations abroad. (10)

64.                      65.                      66.                      67.                      68.                      69.                      70.

DD: For the following statements, select the answer that best describes your feelings.

	Strongly disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Strongly agree (7)
My life would be better if I were not a service member/veteran. (1)	71.	72.	73.	74.	75.	76.	77.
I would not want to date someone who is also a service member/veteran. (2)	78.	79.	80.	81.	82.	83.	84.
Most of the negative things people think about service members/veterans are true. (3)	85.	86.	87.	88.	89.	90.	91.
I don't blame people for wanting to keep their distance from me when they find out I am a service member/veteran. (4)	92.	93.	94.	95.	96.	97.	98.

STRESS: Please think about the events that have occurred in the past 24 hours. Have any of the following occurred?

An argument or disagreement with anyone?

- No
- Yes

A potential disagreement that you let pass?

- No
- Yes

Other than what you already mentioned, did anything most people would consider stressful happen...



At your work or volunteer setting?

- No
- Yes

At your home?

- No
- Yes

To a close friend or relative?

- No
- Yes

Regarding your health?

- No
- Yes

Other than what you already mentioned, did anything else most people would consider stressful occur?

- No
- Yes

\*For any “yes” response, display:

How stressful was this for you?

- Not at all
- A little
- Somewhat
- Very

CES: Please select the answer that best describes your experience.

Did you ever go on combat patrols or have other dangerous duty?

- No
- 1-3 times
- 4-12 times
- 13-50 times
- 51+ times

Were you ever under enemy fire?

- Never
- < 1 month

- 1-3 months
- 4-6 months
- 7+ months

Were you ever surrounded by the enemy?

- No
- 1-2 times
- 3-12 times
- 13-25 times
- 26+ times

What percentage of the soldiers in your unit were killed (KIA), wounded or missing in action (MIA)?

- None
- 1-25%
- 26-50%
- 51-75%
- 76% or more

How often did you fire rounds at the enemy?

- Never
- 1-2 times
- 3-12 times
- 13-50 times
- 51+ times

How often did you see someone hit by incoming or outgoing rounds?

- Never
- 1-2 times
- 3-12 times
- 13-50 times
- 51+ times

How often were you in danger of being injured or killed (i.e., being pinned down, overrun, ambushed, near miss, etc.)?

- Never
- 1-2 times
- 3-12 times
- 13-50 times
- 51+ times

LONELINESS: The next questions are about how you feel about different aspects of your life. For each one, tell me how often you feel that way.

First, how often do you feel that you lack companionship: Hardly ever, some of the time, or often?

- Hardly ever
- Some of the time
- Often

How often do you feel left out: Hardly ever, some of the time, or often?

- Hardly ever
- Some of the time
- Often

How often do you feel isolated from others (Is it hardly ever, some of the time, or often?)

- Hardly ever
- Some of the time
- Often

HELP-SEEKING: If I need it, I am willing to seek help from:

	Strongly disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Strongly agree (7)
People in my community for help and assistance. (1)	99.	100.	101.	102.	103.	104	105.
Leaders in my current (or former) unit for help and assistance. (2)	106.	107.	108.	109.	110.	111	112.
Support agencies and organizations for help and assistance. (3)	113.	114.	115.	116.	117.	118	119.

PUBLIC: The next several items describe your personal attitude during your military career. Please indicate the answer category that best reflects the opinion you had throughout your service.

(1 to 5 scale; 1 = strongly disagree; 2 = disagree; 3 = neither agree nor disagree; 4 = agree; 5 = strongly agree)

Meaningful public service was very important to me.

I was often reminded by daily events about how dependent we were on one another.

Making a difference in society meant more to me than personal achievements.

I was prepared to make enormous sacrifices for the good of society.

I was not afraid to go to bat for the rights of others even if it meant I would be ridiculed.

PURPOSE: Please indicate the degree to which you agree with the following items:

(1 to 5 scale; 1 = strongly disagree; 2 = disagree; 3 = neutral; 4 = agree; 5 = strongly agree)

I believe strongly in humanity and the power of people.

The greatest moral decision is doing the greatest good for human beings.

Human value and respect should be the greatest social value.

Being of service to others is an important source of meaning in my life.

I often think about a “grand plan” or process that human beings are a part of.

CAGEAID: When thinking about drug use, include illegal drug use and the use of prescription drug use other than prescribed.

Have you ever felt that you ought to cut down on your drinking or drug use?

- Yes
- No

Have people annoyed you by criticizing your drinking or drug use?

- Yes
- No

Have you ever felt bad or guilty about your drinking or drug use?

- Yes
- No

Have you ever had a drink or used drugs first thing in the morning to steady your nerves or get rid of a hangover?

- Yes
- No

TBI: Have you ever been diagnosed with a traumatic brain injury, or concussion (mild to severe)?

- Yes
- No

Please note that some respondents may find the following questions about suicidal ideation especially sensitive. You may skip the following questions if you choose not to answer.

SBQ: Please check the number beside the statement or phrase that best applies to you.

1. Have you ever thought about or attempted to kill yourself?
  - a. 1. Never
  - b. 2. It was just a brief passing thought
  - c. 3a. I have had a plan at least once to kill myself but did not try to do it
  - d. 3b. I have had a plan at least once to kill myself and really wanted to die
  - e. 4a. I have attempted to kill myself, but did not want to die
  - f. 4b. I have attempted to kill myself, and really hoped to die
2. How often have you thought about killing yourself in the past year?
  - a. 1. Never
  - b. 2. Rarely (1 time)
  - c. 3. Sometimes (2 times)
  - d. 4. Often (3-4 times)
  - e. 5. Very Often (5 or more times)
3. Have you ever told someone that you were going to commit suicide, or that you might do it?
  - a. 1. No
  - b. 2a. Yes, at one time, but did not really want to die
  - c. 2b. Yes, at one time, and really wanted to die
  - d. 3a. Yes, more than once, but did not want to do it
  - e. 3b. Yes, more than once, and really wanted to do it
4. How likely is it that you will attempt suicide someday?
  - a. 0. Never
  - b. 1. No chance at all
  - c. 2. Rather unlikely
  - d. 3. Unlikely
  - e. 4. Likely
  - f. 5. Rather likely
  - g. 6. Very likely

If you or someone close to you has had thoughts about suicide, please contact the National Suicide Prevention Lifeline at 1-800-273-TALK.

MISSSF: Please select the number that most accurately indicates how you are feeling now:

(1 to 10 scale; 1 = strongly disagree; 3-4 = mildly disagree; 5=6 = neutral; 7-8 = mildly agree; 10 = strongly agree)

I feel betrayed by leaders who I once trusted.

I feel guilt over failing to save the life of someone in war.

I feel ashamed about what I did or did not do during this time.

I am troubled by having acted in ways that violated my own morals or values.

Most people are trustworthy.

I have a good sense of what makes my life meaningful.

I have forgiven myself for what happened to me or others during combat.

All in all, I am inclined to feel that I am a failure.

I wondered what I did for God to punish me.

- 1 – a great deal (very true)
- 2
- 3 – quite a bit
- 4
- 5
- 6
- 7 – somewhat
- 8
- 9
- 10 – not at all (very untrue)

*Compared to when you first went into the military, has your religious faith since then...*

- 1 – weakened a lot
- 2
- 3 – weakened a little
- 4
- 5
- 6 – strengthened a little
- 7
- 8
- 9
- 10 – strengthened a lot

Do the feelings you marked above cause you significant distress or impair your ability to function in relationships, at work, or other areas of life important to you? (In other words, if you indicated *any* problems above, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people)?

- Not at all
- Mild
- Moderate
- Very much

- Extreme

SOC\_INTEGRATION: Please select the level with which you agree to the following statements:

	Strongly disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Strongly agree (7)
I don't feel I belong to anything I'd call a community. (1)	120.	121.	122.	123.	124.	125	126.
I feel close to other people in my community. (2)	127.	128.	129.	130.	131.	132	133.
My community is a source of comfort. (3)	134.	135.	136.	137.	138.	139	140.

SOC\_CONTRIBUTION: For the following statements, indicate the answer that best suits your feelings towards yourself:

	Strongly disagree (1)	Disagree (2)	Somewhat disagree (3)	Neither agree nor disagree (4)	Somewhat agree (5)	Agree (6)	Strongly agree (7)
I have something valuable to give to the world. (1)	141.	142.	143.	144.	145.	146	147.
My daily activities do not produce anything worthwhile for my community. (2)	148.	149.	150.	151.	152.	153	154.
I have nothing important to contribute to society. (3)	155.	156.	157.	158.	159.	160	161.

WHOQOL: This questionnaire asks how you feel about your quality of life, health, or other areas of your life. Please answer all the questions. If you are unsure about which response to give to a question, please choose the one that appears most appropriate. This can often be your first response.

Please keep in mind your standards, hopes, pleasures and concerns. We ask that you think about your life in the last two weeks. For example, thinking about the last two weeks, a question might ask:

Do you get the kind of support from others that you need? (1 = Not at all, 2 = A little, 3 = Moderately, 4 = Mostly, 5 = Completely).

You should select the number that best fits how much support you got from others over the last two weeks, so you would select the number 4 if you got a great deal of support from others.

You would select number 1 if you did not get any of the support that you needed from others in the last two weeks.

Please read each question, assess your feelings, and select the number on the scale that gives the best answer for you for each question.

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How would you rate your quality of life?

- 1 – Very poor
- 2 – Poor
- 3 – Neither poor nor good
- 4 – Good
- 5 – Very good

How satisfied are you with your health?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

The following questions ask about **how much** you have experienced certain things in the last two weeks.

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To what extent do you feel that physical pain prevents you from doing what you need to do?

- 1 – Not at all
- 2 – A little
- 3 – A moderate amount
- 4 – Very much
- 5 – An extreme amount

How much do you need any medical treatment to function in your daily life?

- 1 – Not at all



- 2 – A little
- 3 – A moderate amount
- 4 – Very much
- 5 – An extreme amount

How much do you enjoy life?

- 1 – Not at all
- 2 – A little
- 3 – A moderate amount
- 4 – Very much
- 5 – An extreme amount

To what extent do you feel your life to be meaningful?

- 1 – Not at all
- 2 – A little
- 3 – A moderate amount
- 4 – Very much
- 5 – An extreme amount

How well are you able to concentrate?

- 1 – Not at all
- 2 – Slightly
- 3 – A moderate amount
- 4 – Very much
- 5 – Extremely

How safe do you feel in your daily life?

- 1 – Not at all
- 2 – Slightly
- 3 – A moderate amount
- 4 – Very much
- 5 – Extremely

How healthy is your physical environment?

- 1 – Not at all
- 2 – Slightly
- 3 – A moderate amount
- 4 – Very much
- 5 – Extremely

The following questions ask about **how completely** you experience or were able to do certain things in the last two weeks.

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Do you have enough energy for everyday life?

- 1 – Not at all
- 2 – A little
- 3 – Moderately
- 4 – Mostly
- 5 – Completely

Are you able to accept your bodily appearance?

- 1 – Not at all
- 2 – A little
- 3 – Moderately
- 4 – Mostly
- 5 – Completely

Have you enough money to meet your needs?

- 1 – Not at all
- 2 – A little
- 3 – Moderately
- 4 – Mostly
- 5 – Completely

How available to you is the information that you need in your day-to-day life?

- 1 – Not at all
- 2 – A little
- 3 – Moderately
- 4 – Mostly
- 5 – Completely

To what extent do you have the opportunity for leisure activities?

- 1 – Not at all
- 2 – A little
- 3 – Moderately
- 4 – Mostly
- 5 – Completely

How well are you able to get around?

- 1 – Very poor
- 2 – Poor
- 3 – Neither poor nor well
- 4 – Well
- 5 – Very well

How satisfied are you with your sleep?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your ability to perform your daily living activities?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your capacity for work?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with yourself?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your personal relationships?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your sex life?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with the support you get from your friends?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with the conditions of your living place?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your access to health services?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How satisfied are you with your mode of transportation?

- 1 – Very dissatisfied
- 2 – Dissatisfied
- 3 – Neither satisfied nor dissatisfied
- 4 – Satisfied
- 5 – Very satisfied

How often do you have negative feelings, such as blue mood, despair, anxiety, depression?

- 1 – Never
- 2 – Seldom
- 3 – Quite often
- 4 – Very often
- 5 – Always

WELLNESS: The following statements are designed to provide information about your wellness perceptions. Please carefully and thoughtfully consider each statement.

(1 to 6 scale; 1 = Very strongly disagree, 2 = Moderately disagree, 3 = Neither agree nor disagree, 4 = Moderately agree, 5 = Very strongly agree).

1. I am always optimistic about my future.
2. There have been times when I felt inferior to most of the people I knew.\*
3. Members of my family come to me for support.

5. I believe there is a real purpose for my life.
6. I will always seek out activities that challenge me to think and reason.
7. I rarely count on good things happening to me. \*
8. In general, I feel confident about my abilities.
9. Sometimes I wonder if my family will really be there for me when I am in need.\*
11. Life does not hold much future promise for me. \*
12. I avoid activities which require me to concentrate. \*
13. I always look on the bright side of things.
14. I sometimes think I am a worthless individual. \*
15. My friends know they can always confide in me and ask me for advice.
17. Sometimes I don't understand what life is all about. \*
18. Generally, I feel pleased with the amount of intellectual stimulation I receive in my daily life.
19. In the past, I have expected the best.
20. I am uncertain about my ability to do things well in the future. \*
21. My family has been available to support me in the past.
23. I feel a sense of mission about my future.
24. The amount of information that I process in a typical day is just about right for me (i.e., not too much and not too little).
25. In the past, I hardly ever expected things to go my way. \*
26. I will always be secure with who I am.
27. In the past, I have not always had friends with whom I could share my joys and sorrows. \*
29. I have felt in the past that my life was meaningless. \*
30. In the past, I have generally found intellectual challenges to be vital to my overall well-being.
31. Things will not work out the way I want them to in the future. \*
32. In the past, I have felt sure of myself among strangers.
33. My friends will be there for me when I need help.
35. It seems that my life has always had purpose.
36. My life has often seemed void of positive mental stimulation. \*