

Ciencias sociales y TIC

May 2022

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ApN1-Act N2- Essay writing

ICTs are a group of resources and tools. They are used to refer to the union of audiovisual media such as telephones, videos, etc. They influence our lives, in aspects like school, social life and even helped in the pandemic context. Although having negative aspects, life will be more difficult without them.

Nowadays at school students have the cellphone as a tool for them. This helps the environment, because teachers can give the materials through PDFs and they reduce the use of paper. It also helps teachers to have more tools to teach in an easier way, even if they are absent teachers can give the students the material for work. But not everything is positive. With the use of telephones at school, students are more likely to disconnect from the class, mainly because of social media.

ICTs also help to communicate in an easier and faster way with people around the world, letting you know the other cultures. But this resource also helped to influence stereotypes all around the world. How a person has to look like, how they need to be as a person, etc. That can affect all persons, but mostly affect the young people. A lot of kids use the Social Network in a totally free way without knowing what kind of people exist on the internet. Older people approach this innocence to talk to them. It can create different problems in them, like low self-esteem, depression, anxiety, etc.

It is also known that without this tool, the pandemic would have been more difficult. ICTs helped to keep working and learning from our houses, keeping a straight connection with our partners. But not only that, they also helped to entertain us and keep people in touch. As we already said, people had no more than their cell phones or computers to interact with other persons, so that started a big addiction. People spent a lot of time on the Social Network, uploading photos or videos, just watching, or even talking to people. This daily use of it in this half year when you couldn't be out of your house helped to create this addiction that nowadays keeps affecting the population.

In other words ICTs are now an important tool for different aspects, though it has its complications, as we mentioned. Despite everything we said before, in our opinion ICTs are very helpful in our everyday lifestyle.