

We are used to hanging out with friends, studying, working, investigating, going new places and talking to other people at a long distance, but imagine not having any information or communication device, it would be much more complicated. The term ICTs refers to information and communication devices, which have evolved and still do as time passes by. This essay takes a look at some of the many ways these technologies influence our lives.

First of all, ICTs currently have a great influence on our daily lives and especially at school. Thanks to technology it is not necessary to use books as before, and it is easier if we need to look for information. They have also had a great impact since the manufacture of sheets, especially laminated ones, are a cause of pollution and their manufacture costs a lot, while due to the presence of ICTs, this is not necessary. The classes become more didactic, whether they are games or more fun explanations. And also regarding communication, it is easier to communicate with the teachers, for example, if someone is not at school and they have a question, they communicate through some media.

Secondly, we have the possibility of getting and keeping in contact with others. Maybe we know people from school, for example, and once we all finish, it is common not to see each other every day, so ICTs help us keep in contact with them and talk to each other to keep up. Another advantage is also organising meetings: imagine you are talking to one of your ex classmates, and you want to arrange a meeting with them. Would not a message suggesting it be a nice way to see each other face to face on a certain day? And do not forget about creating new friendships with people we meet and talk to via Instagram or WhatsApp, for example. Although sometimes this may be dangerous and we have to be careful, many times it ends up in strong friendships or even relationships.

Thirdly, entertainment is a good factor that lets us pass or spend time by ourselves or accompanied, either with family or friends. Movies and series have always been a good idea to spend time with friends in a house and there are many options to watch and have fun. Also, something very entertaining that has evolved over the years is games, mainly video games that you can play online from the comfort of your home and make friends on the network. ICTs have also made it easier for us to read. Now it is easier to search for a book online than to go in person to buy it, and there are also many more options to read.

To sum up, ICTs have many advantages in school, social life and entertainment. Their influence on us is huge, and do not forget about how they helped us during the COVID-19 pandemic. They are so helpful to us and our daily activities, and that is why almost everyone goes places with their phones or even with computers. So it is up to you to think about it, how different would our lives be without ICTs?