



# Para-Badminton

**Tuesday**  
**20:00 - 21:30**

A rapidly growing sport suitable for a wide range of physical disabilities. Players can be standing or use wheelchairs.

These sessions provides coaching and organised games to improve your badminton.



Cost: Members £3.90 Non-Members £6.25

Contact Reception on 01227 812921 or email Nick Holden at [coaching@kingsrecreation.co.uk](mailto:coaching@kingsrecreation.co.uk)