



# JODY MICHAEL

## Professional biography

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- + CEO and founder of Jody Michael Associates (1996)
- + Master Certified Coach (MCC): Highest international commendation awarded to coaches by the International Coaching Federation
- + University of Chicago Master's Degree & PhD candidacy program
- + 20+ years executive coaching experience
- + Licensed Psychotherapist with 13+ years experience
- + Fortune 10 coaching (C-level) & Fortune 500 coaching & consulting experience
- + 15 years corporate leadership & management experience in the Finance Industry
- + Chicago Mercantile Exchange options trader/broker (12 years)
- + Appeared in Floored! A film documentary about the history of floor trading
- + Aired on MSNBC PrimeTime, PBS, CNN, FOX News (Spring '07), The Discovery Channel (Fall '08) and WGN Chicago Confidential (Spring '10)
- + Featured in the Chicago Tribune article (Jan. 27, 2010) "Coach Guides Traders Whose Life is in the Pits"
- + Energy Leadership Index-Master Practitioner (ELI-MP)

**OVERVIEW:** Jody Michael brings over 20 years of corporate and individual coaching experience, 15 years of corporate leadership and management experience in the finance industry, psychotherapy and teaching credentials and PhD scholarship and study at the University of Chicago.

Ms. Michael's corporate background includes over 15 years in the finance industry with Goldman-Sachs, Chicago Research and Trading (CRT)/Nations-Banc, and Kidder-Peabody. She managed over 110 employees, on three Chicago trading floors and played a key role in the leadership, management, growth, and cultural acclimation of floor operations for both Chicago and New York Government Securities operations.

She has since consulted and coached in a wide range of corporations, from Fortune 10 to small business and has worked with many market leaders including Abbott, Accenture, Avnet, Chicago Symphony Orchestra, Deloitte, Dial Corporation, Forsythe, Mayer Brown, Sara Lee, and Stepan Company.

Ms. Michael has classroom teaching experience at the University of Chicago, Southern Illinois University, and the Chicago Public School system. She has held seminars and has engaged in panel discussions at Kellogg/Northwestern University and the University of Chicago.

Ms. Michael is also the editor of *Catalyst*, a quarterly newsletter that focuses on human behavior and psychology. She is currently writing a book on the systemic impact moods have in the corporate workplace.

**EDUCATION:** Ms. Michael earned a Master's degree from the University of Chicago, where she was awarded a full scholarship and stipend to pursue a PhD. She was awarded Master Certified Coach,

the highest international commendation awarded to coaches by the International Coaching Federation. She also has completed a Coaching Certification and a Coaching in Business (CIB) certification from The Newfield Network, and a three-year advanced degree program, Ontological Business Design Course (affiliated with Stanford University), studying under Dr. Fernando Flores and Julio Olalla, both thought leaders in the field of coaching and founders of Ontological coaching methodology.

**PROFESSIONAL  
AFFILIATIONS:**

Ms. Michael is a Licensed Clinical Social Worker (L.C.S.W.) currently in private practice and was recently interviewed on the implications of the latest brain research in psychotherapy which appeared on national TV.

**MEDIA:**

Media experience includes appearances on MSNBC Prime-Time, CNN, Discovery Channel and NBC's "The Today Show"

FILM: *Floored! A Documentary about Floor Trading* (2010)

RADIO: WGN "Chicago Confidential" (Fall 2010)

PRINT: Chicago Tribune (Jan. 27, 2010), "Coach Guides Traders Whose Life is in the Pits"