



Overview

Intervention

Action Plan

Psychology in a Departmental
Methodology
← Dr Laura Carey

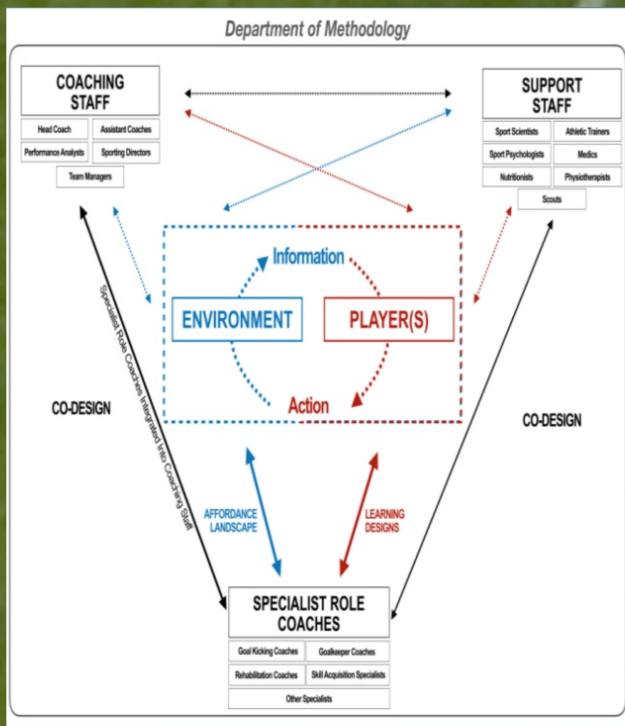
Recap



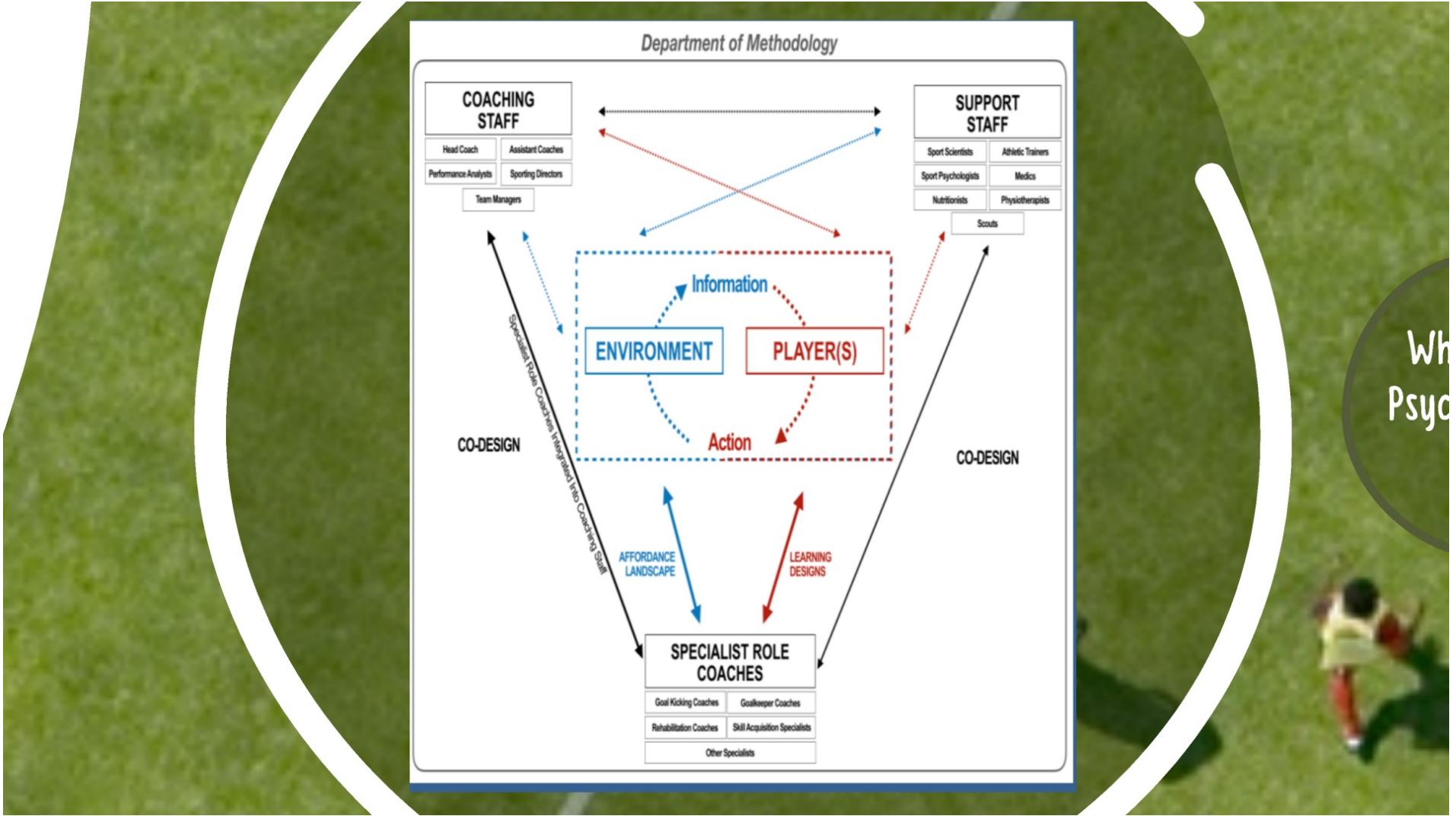
The Scenario

- | | |
|-------|--|
| Sat | • Match Day |
| Sun | • Rest Day |
| Mon | • Previous Match Review |
| Tues | • Next Match Planning and Intervention Design |
| Wed | • Intervention Design ready for afternoon training |
| Thurs | • Implement Intervention Design |
| Fri | • Implement Intervention Design |
| Sat | • Match Day |

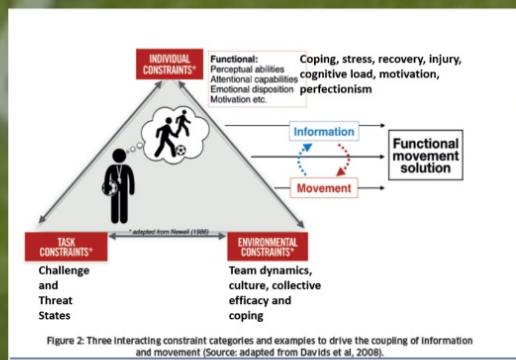
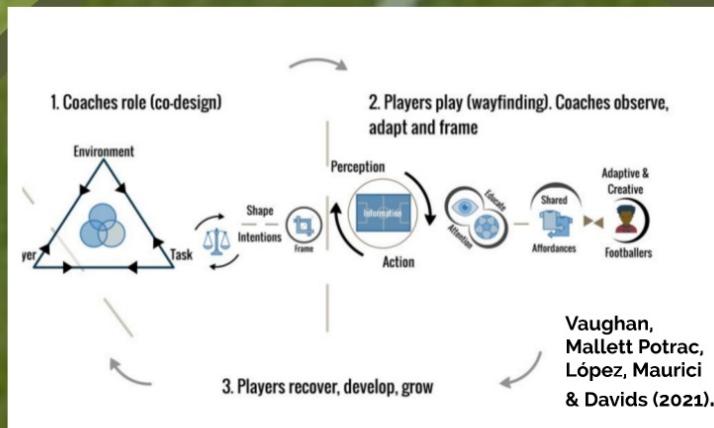
Departmental Approach

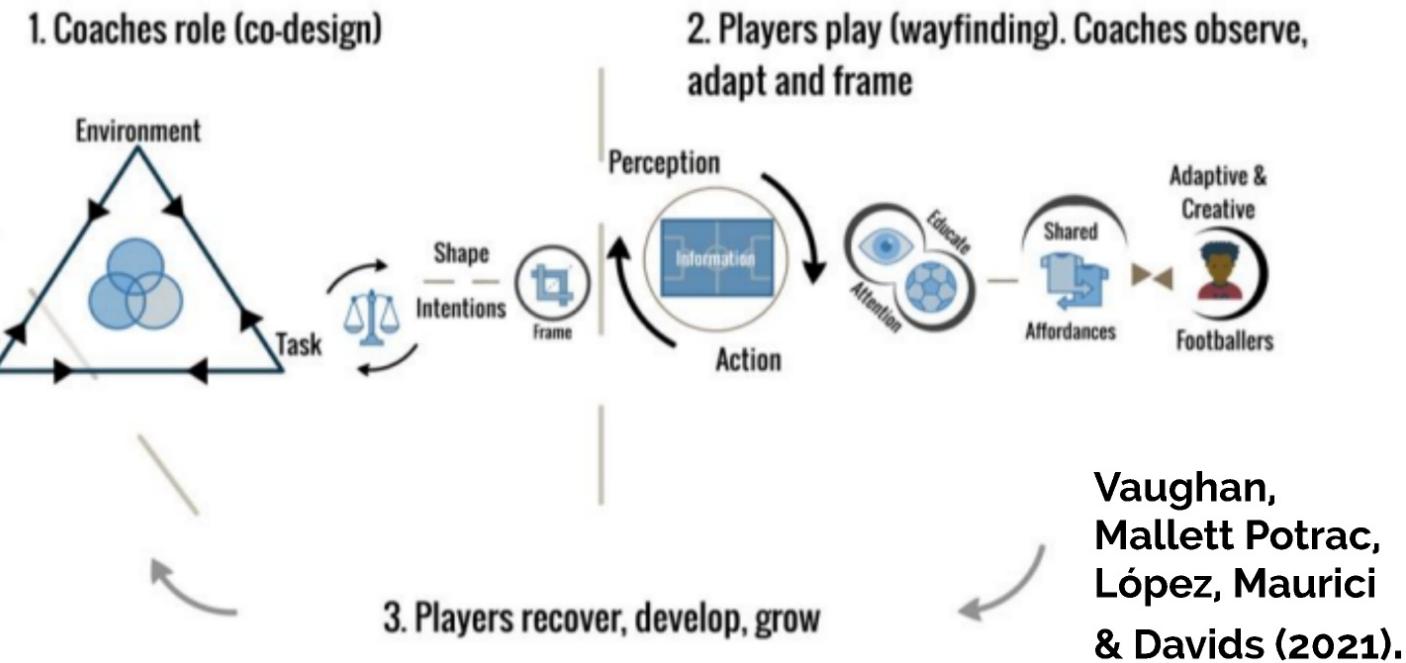


Where does
Psychology fit
in?



Wh
Psy





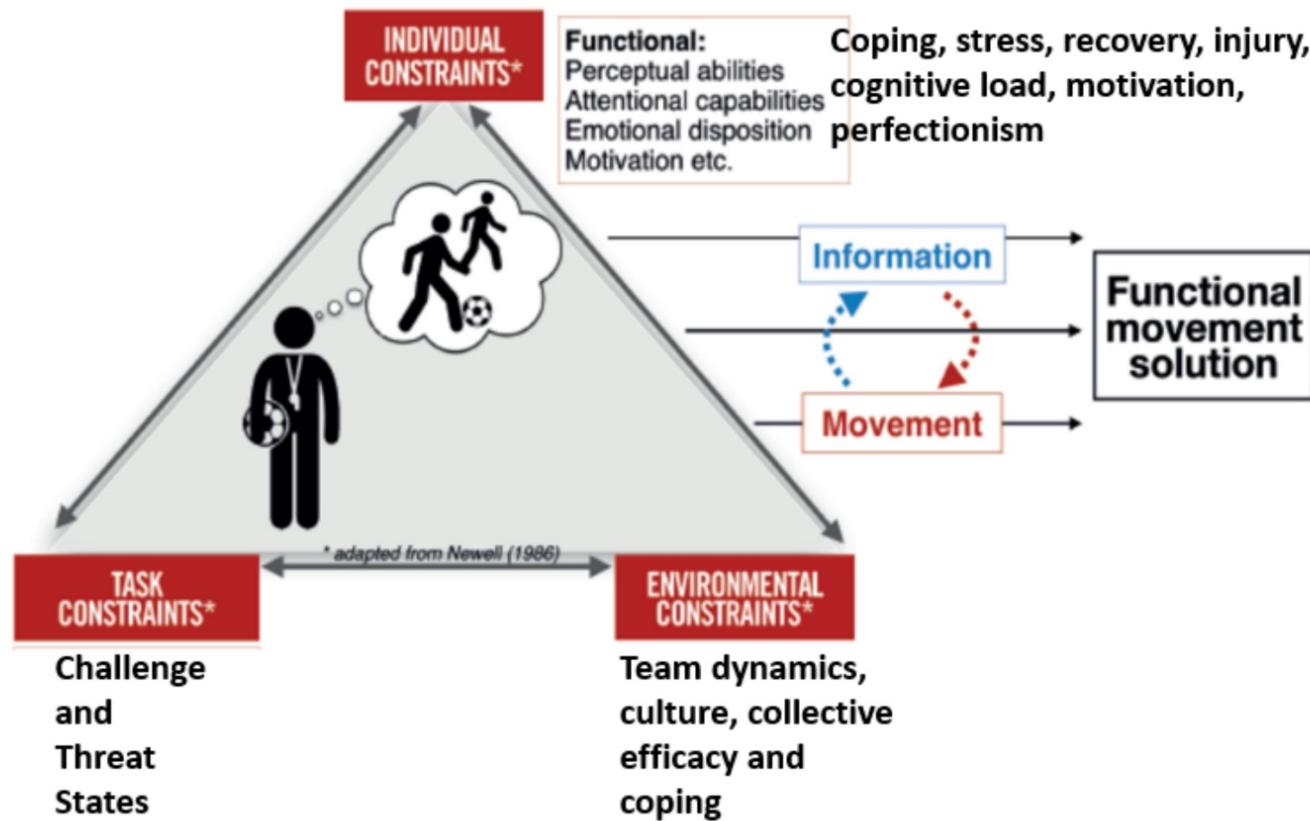


Figure 2: Three interacting constraint categories and examples to drive the coupling of information and movement (Source: adapted from Davids et al, 2008).



Action Plan

What is possible in the remaining days?

How will you consider the psychological factors in your intervention design and approach?



