

AN INTERVENTION TO HELP PREPARE EVERTON DEFENSIVELY FOR THE ATTACKING THREAT OF BRIGHTON



VS



Colin Midgley, Aurélien Dehorne, Victor Vitel, Hugo Lecouturier
Summer School 2022



Everton women's team 2020/2021



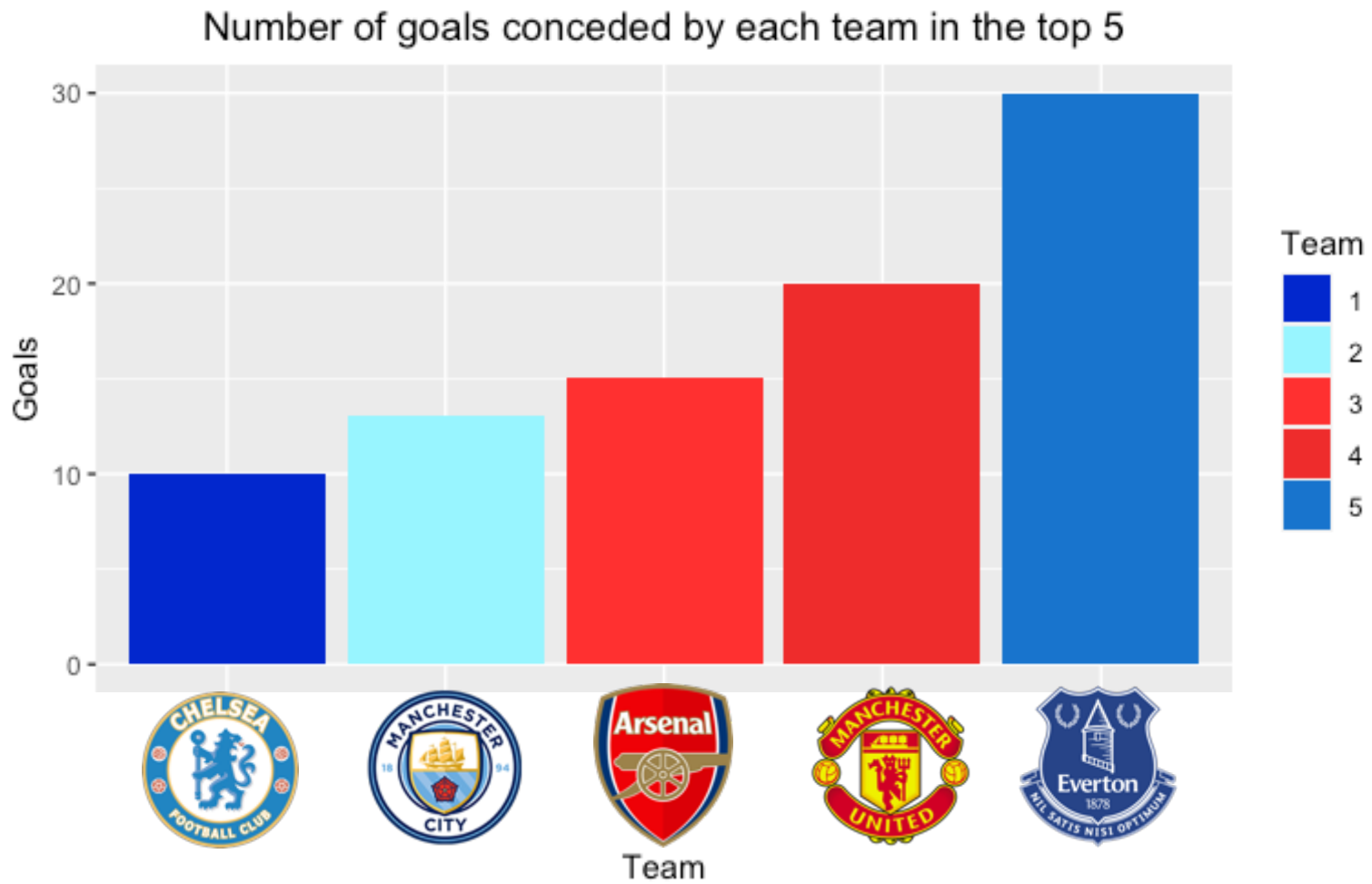


Context

Club	MJ	G	N	P	BP	BC	DB	Pts
1 Chelsea Foot...	22	18	3	1	69	10	59	57
2 Manchester C...	22	17	4	1	65	13	52	55
3 Arsenal Wom...	22	15	3	4	63	15	48	48
4 Manchester U...	22	15	2	5	44	20	24	47
5 Everton Footb...	22	9	5	8	39	30	9	32
6 Brighton & Ho...	22	8	3	11	21	41	-20	27
7 Reading Foot...	22	5	9	8	25	41	-16	24
8 Tottenham Ho...	22	5	5	12	18	41	-23	20
9 West Ham Uni...	22	3	6	13	21	39	-18	15
10 Aston Villa W...	22	3	6	13	15	47	-32	15

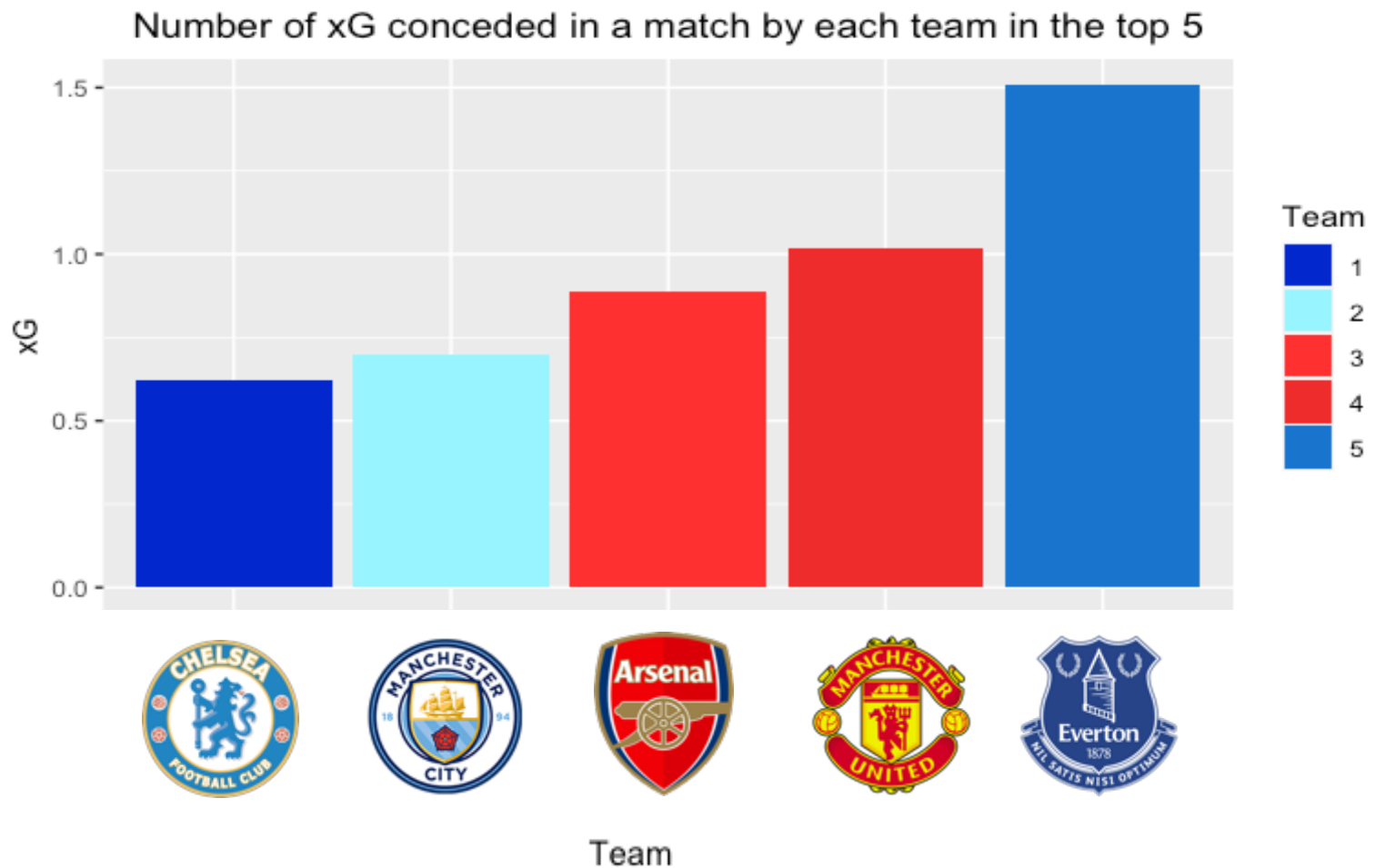


Context



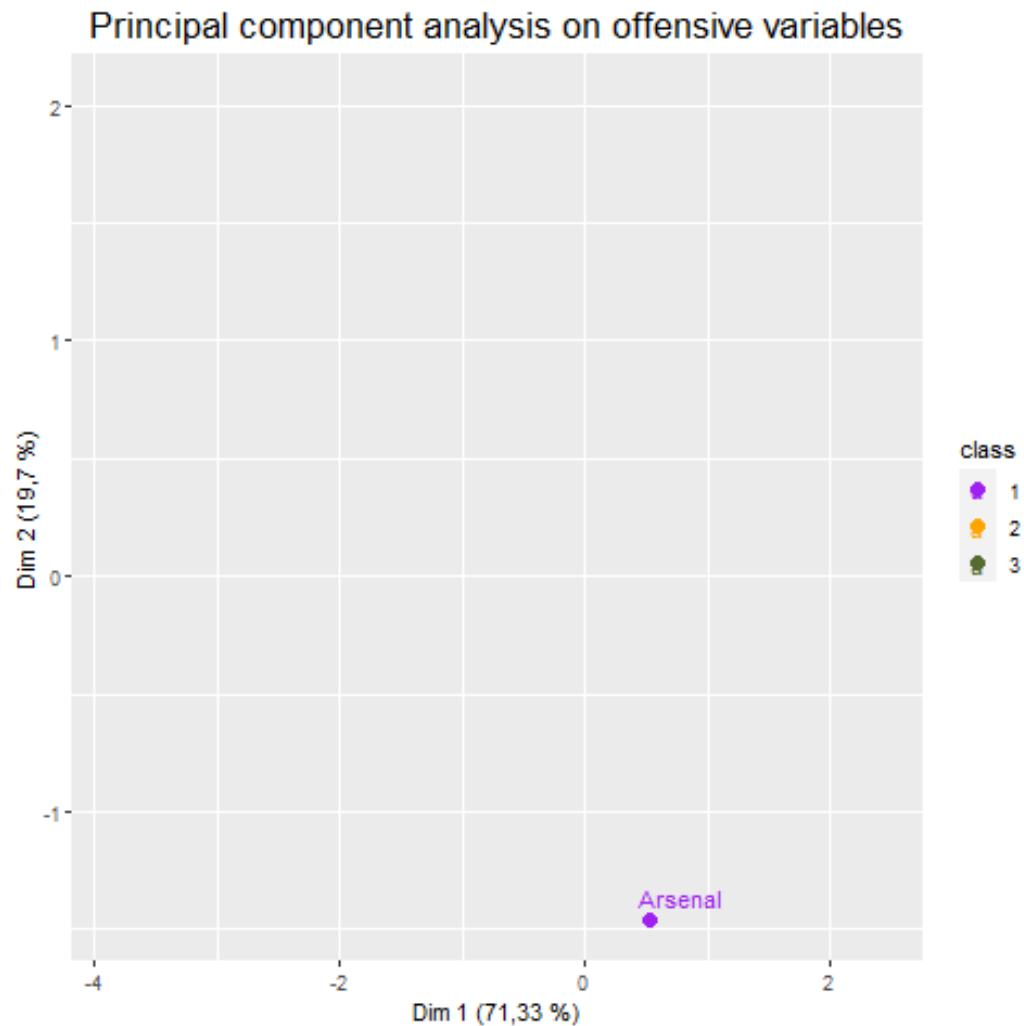


Context





Context



- Many softwares :



STATSBOMB

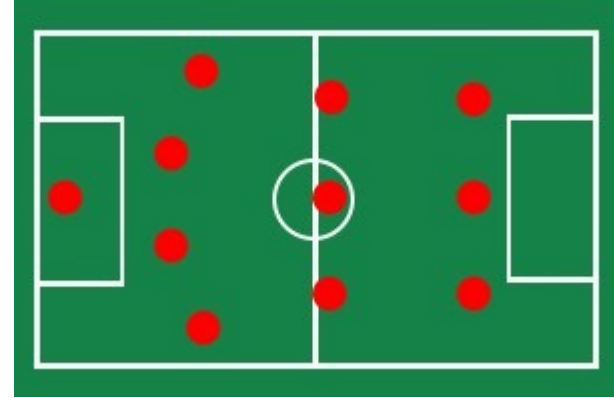
 **DARTFISH** **wyscout**

mycoach pro



Team Analysis

Defensive Structure



- *Play a 4-3-3 formation and often rely on the central centre-midfielder to prevent dangerous attacks*
- *Concede chances and goals:*
 - *Through dangerous crosses and poor marking*
 - *Through slow reactions in counter-attacking situations*



Defensive Analysis

Reaction to Counter-Attack





Defensive Analysis

Defending Crosses





Opposition Analysis

Attacking Threat

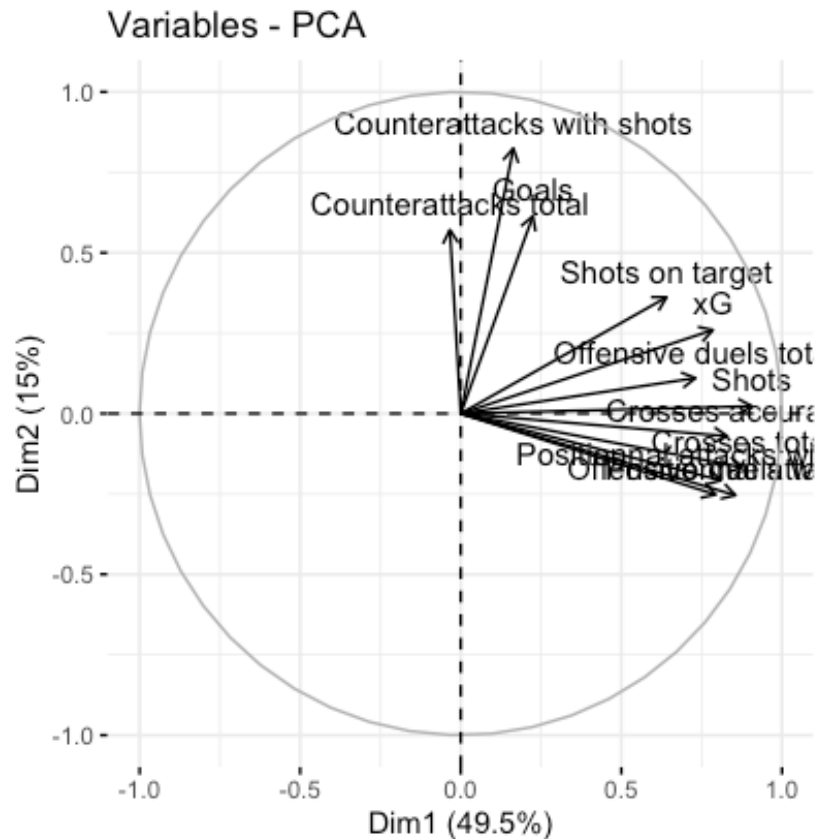


- *Play a 4-2-3-1 or 4-4-2 formation and utilise the width*
- *Score and experience a higher xG:*
 - *Through counter-attacking transitions*
 - *Through successful and numerous crosses*



Opposition Analysis

Attacking Threat

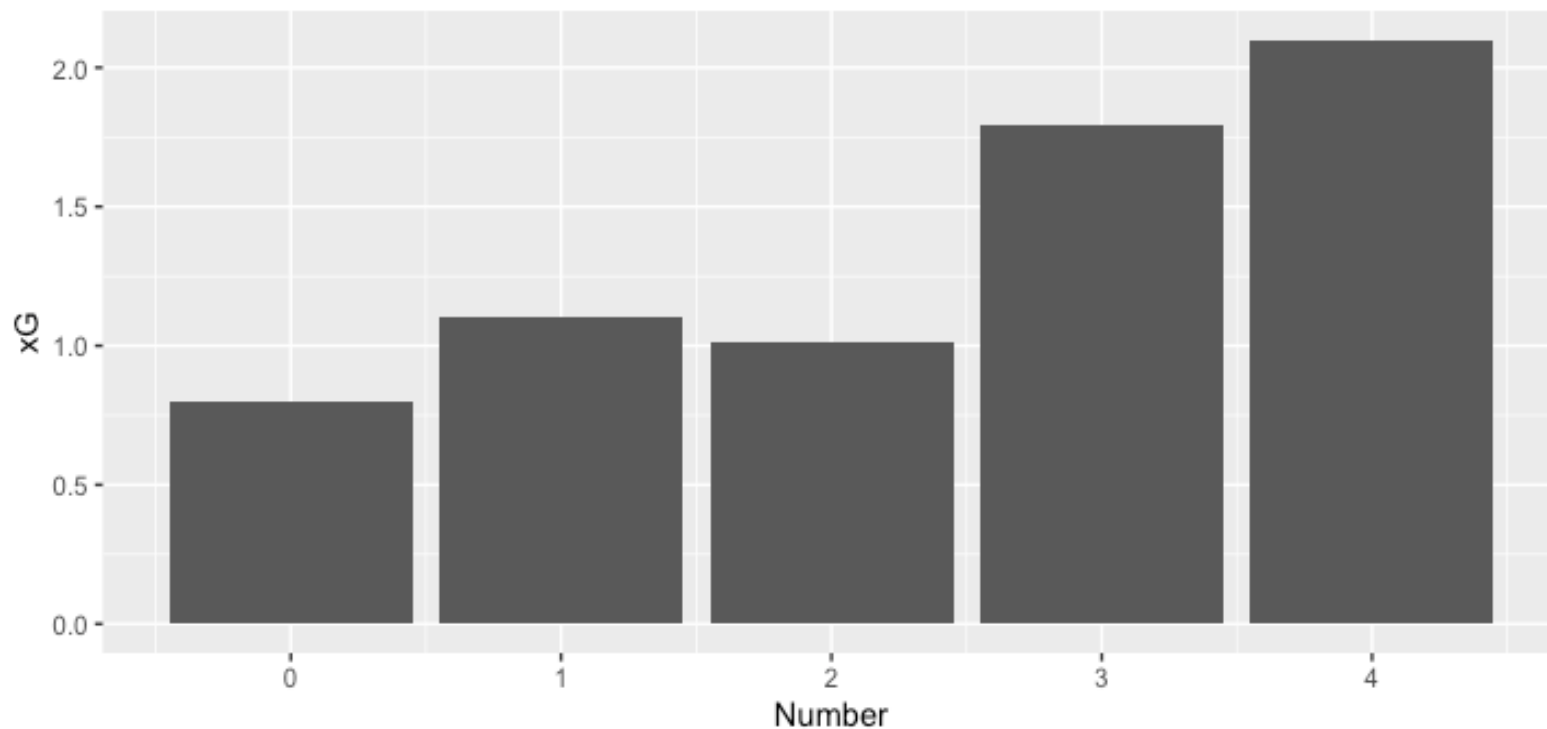




Opposition Analysis

Counterattack

Number of xG in relation with the number of counterattacks which end by a shot

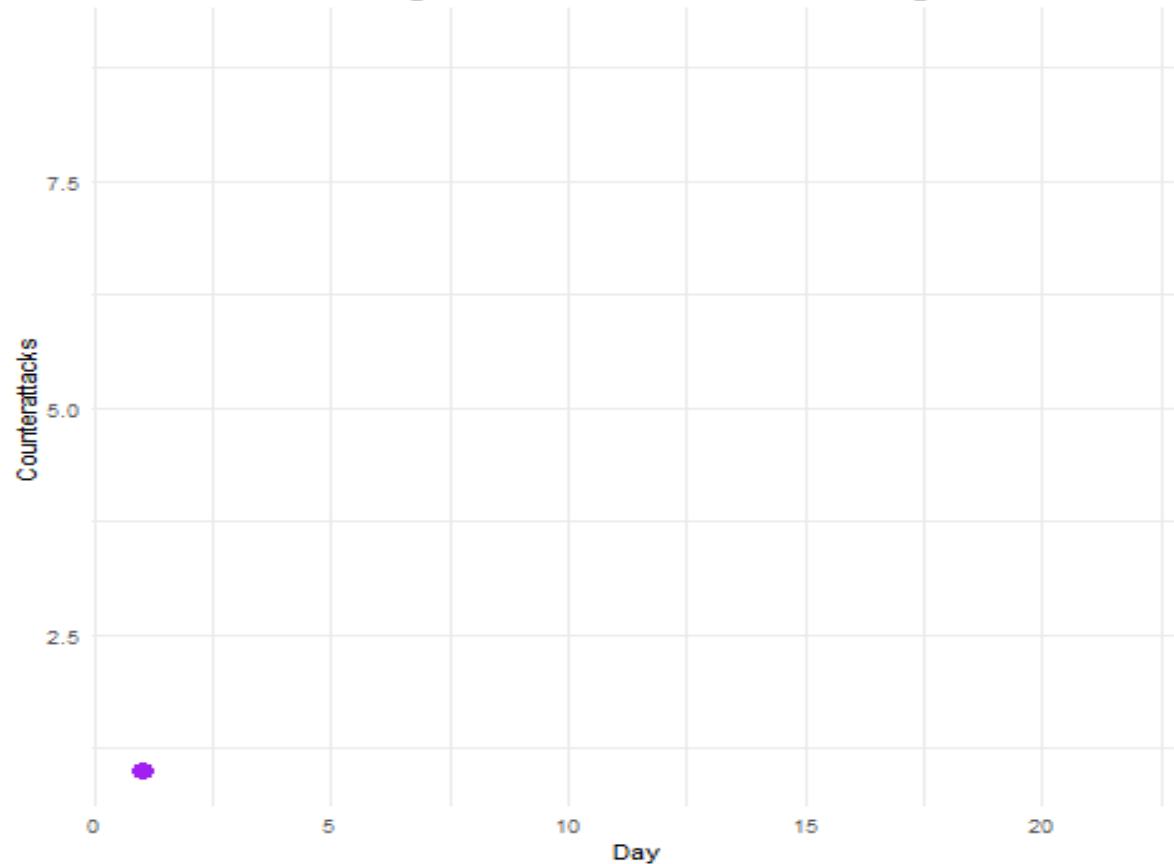




Opposition Analysis

Counterattack

Evolution of Brighton's counter attack during the season





Opposition Analysis

Counter-Attack

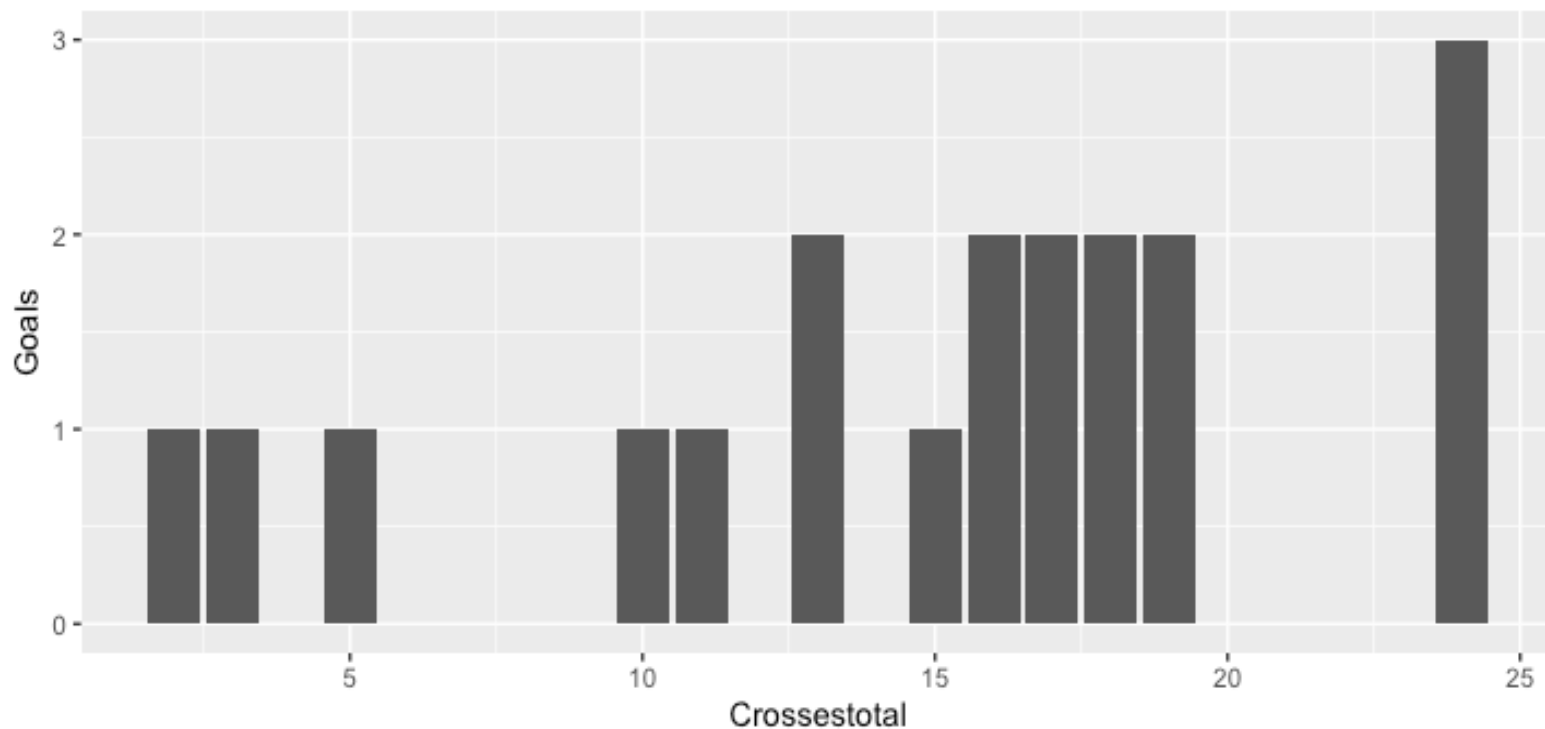




Opposition Analysis

Crossing attack

Number of goals scored by Brighton in relation with the number of total crosses





Opposition Analysis

Crossing





Main Goals

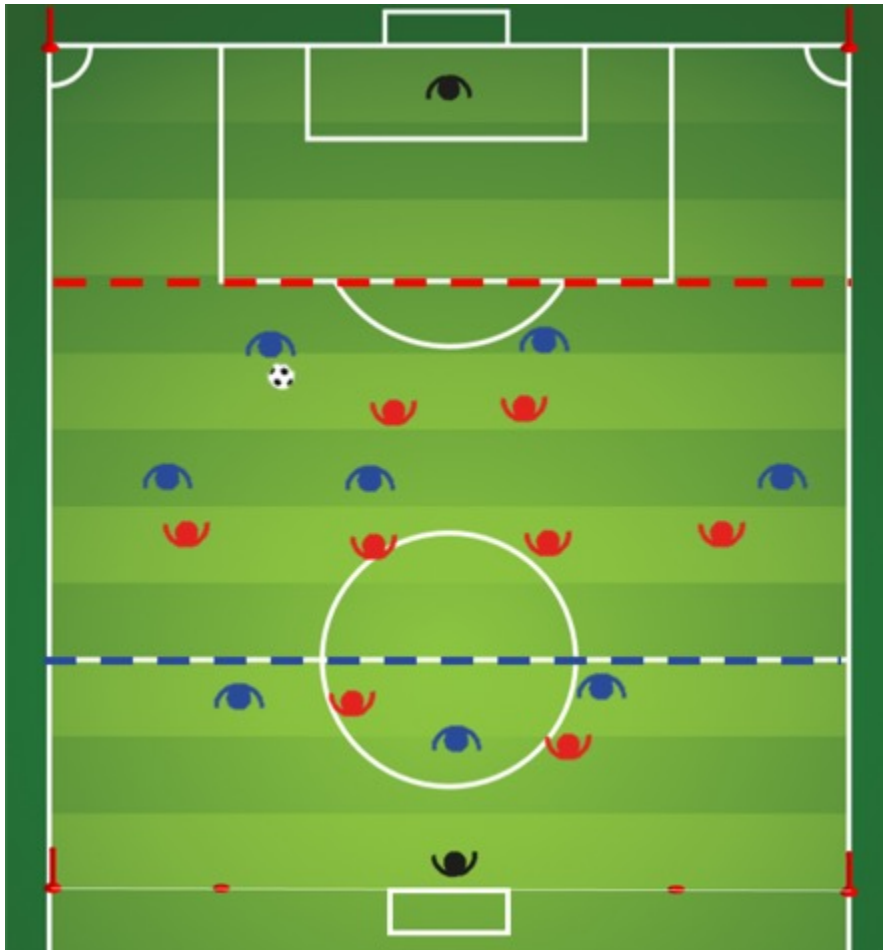
Stop Counter-Attacks

- *Smart, fast reactions and positioning following the loss of the ball in the offensive position*

Prevent Dangerous Crosses

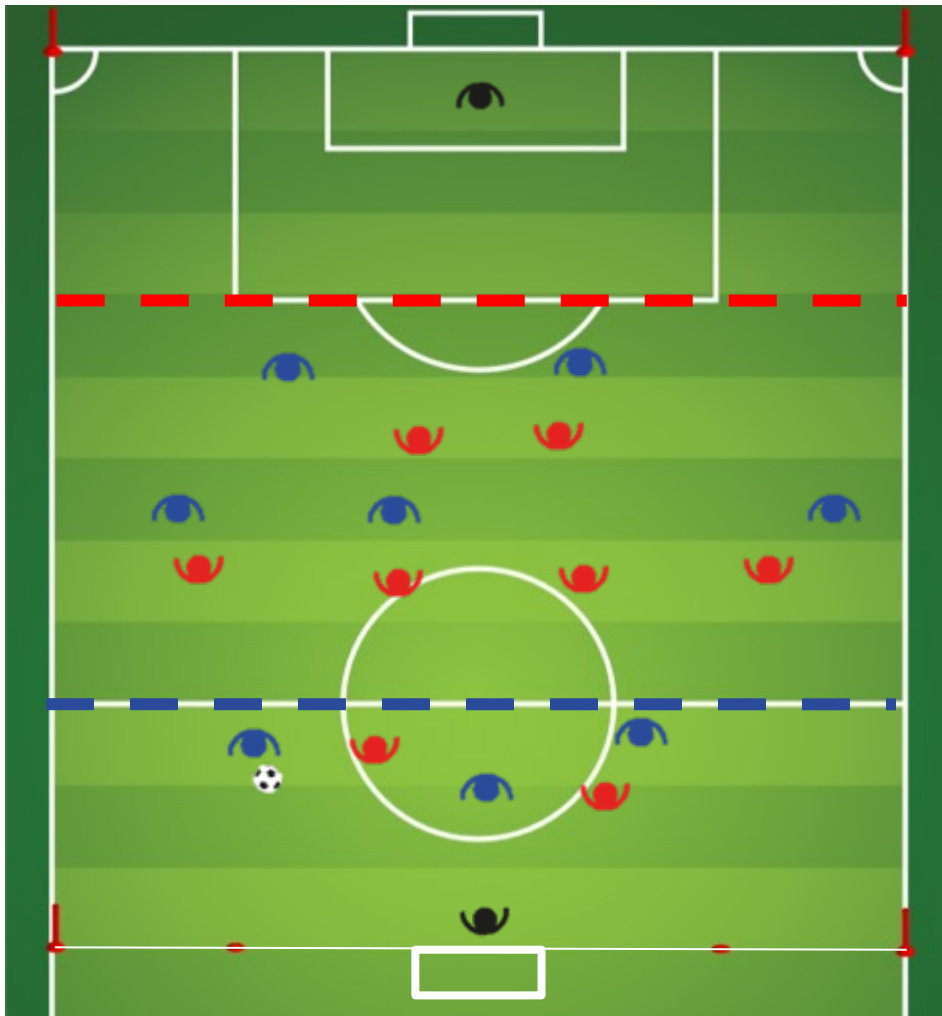
- *Smart defensive actions from wide players during a dangerous attack from wide areas*

| Intervention design



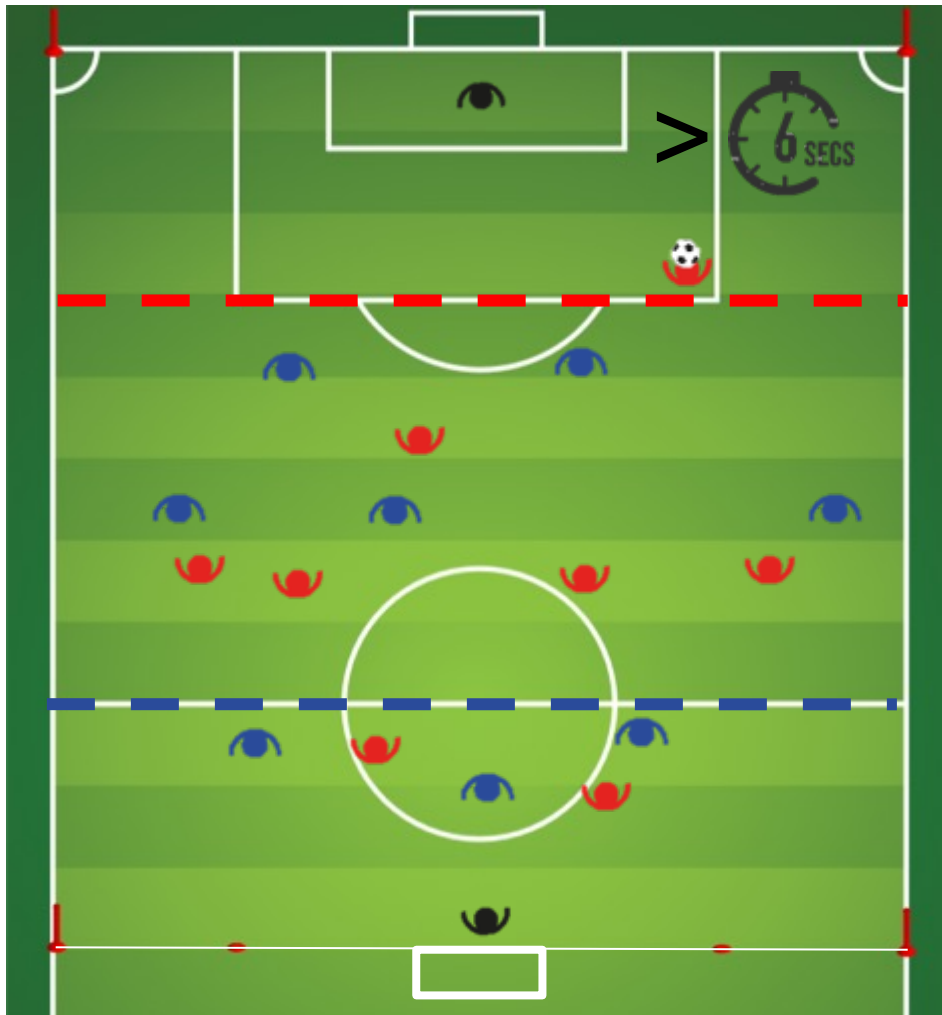
Order :

- *This is a 8v8 situation*
- *The teams are placed differently :*
 - *5v6 in the first zone*
 - *3v2 in the second zone*
- *Action beginning with blue team*
- *The goal of both teams is to score **BUT** with different manner.*
- *The finishing zone of red is here*
- *The finishing zone of blue is here*



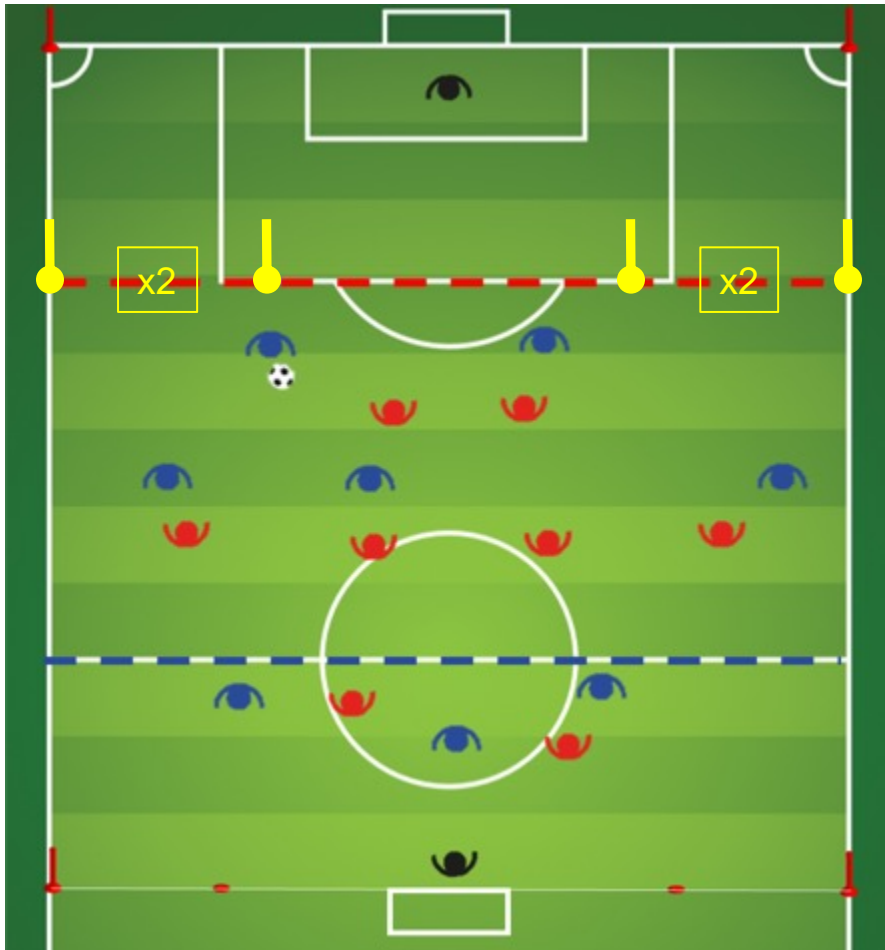
Blue objectives :

- *Enters in their finishing zone before scoring*
- *If score, it's 1 point*



Red objectives :

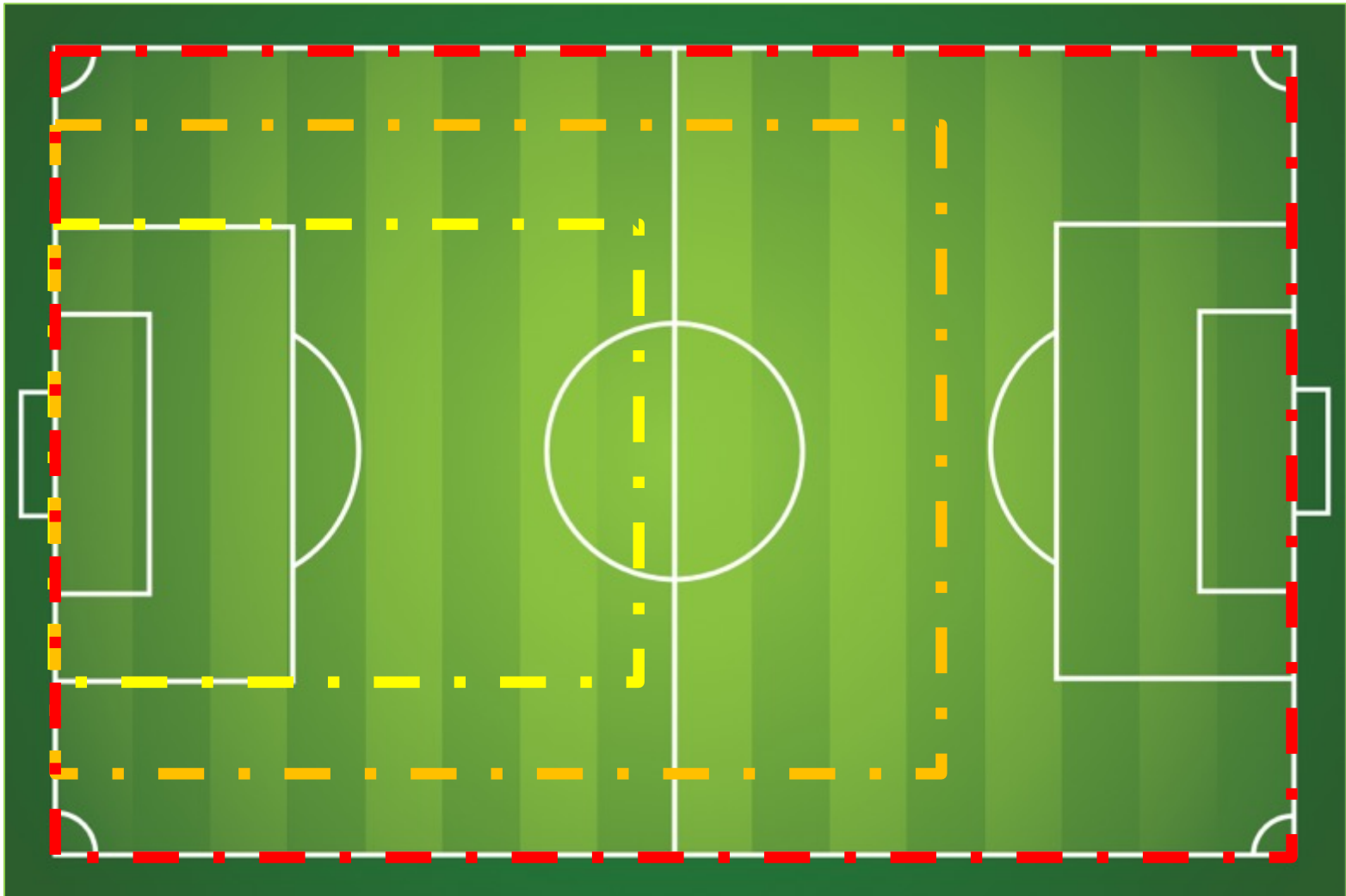
- *Recover the ball and counterattack. Try to achieve the finishing zone in quick time : less than 6 seconds from the offensive transition and score*
- *If achieve the finishing zone less of 6 seconds : it's 1 point*
- *If score following this action : it's 3 points*
- *If score following after having progress in finishing zone with over 6 seconds after the transition it's only 1 point*

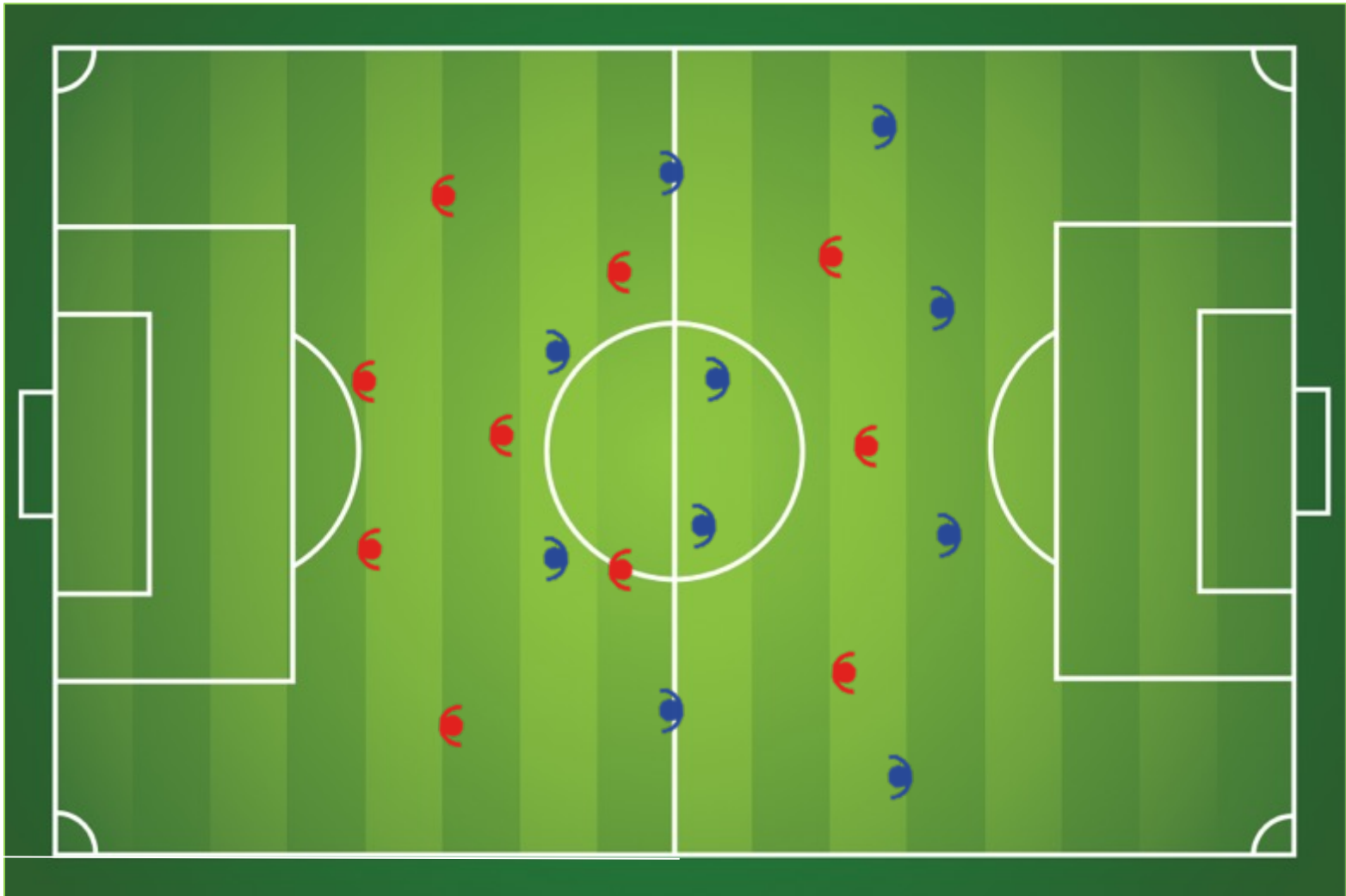


Order :

- *The same results that the first intervention **BUT** if passed in the doors the points are duplicated*

- Constraints approach
 - *Real conditions (opposition, target to attack, ball, transition and reversibility)*
 - *Players need to solve the problem which is :
Prevent Brighton from making a counterattack and crosses*
 - *We can simplify and complicate the task to bring out behaviour among the players*





- Planning for the week

Match Day



Rest day

Previous match
review

- *Results of observations of the match against Manchester United*

Next match
planning and
intervention design

- *Presentation of game style of Brighton*

Intervention design
ready for afternoon
training

- *Small sided situations : 5v4 in 40x50m*

Implement
intervention design

- *Medium sided situations : 8v7 in 50x70m*

Implement
intervention design

- *Game situations : 11v11 in all over the pitch*

Match day



| Conclusion

- It's too short to develop the project
- + It's interesting to work in the real context with others students
- The skills developed during the week :
 - Ecological approach, non linear pedagogy
 - Department of methodology
 - Group work
 - Performance analysis (video, data, ...).
- We have different point of view about the performance in football and this is very interesting



Thanks for your attention