

CASES IS NOW OFFERING ADOLESCENT PORTABLE THERAPY



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CASES is very pleased to announce that we now offer Adolescent Portable Therapy (APT) services to youth aged 12-24 and their families. APT is strengths-based, intensive family and individual therapy that takes place in the young person's home and community with our experienced, highly trained clinicians. It aims to specifically help young people:

- Avoid drug use;
- Identify and address any mental health concerns;
- Improve family functioning;
- Engage in positive social activities including work; and
- Address any beliefs and behaviors that increase the likelihood of the young person re-offending.

Families served by APT

The APT approach was created 13 years ago by the Vera Institute of Justice, and over 1,500 families have already engaged in services. CASES is now partnering with the NYC Department of Probation and Department of Health and Mental Hygiene to offer APT services to youth under supervision who need additional support to meet the objectives of their probation, and to juveniles whose cases have been adjusted. We will expand to serve more adolescent populations in New York City in the future.

CASES receives referrals from the Department of Probation and aims to open referrals to other sources soon. For more information please contact:
apt@cases.org.