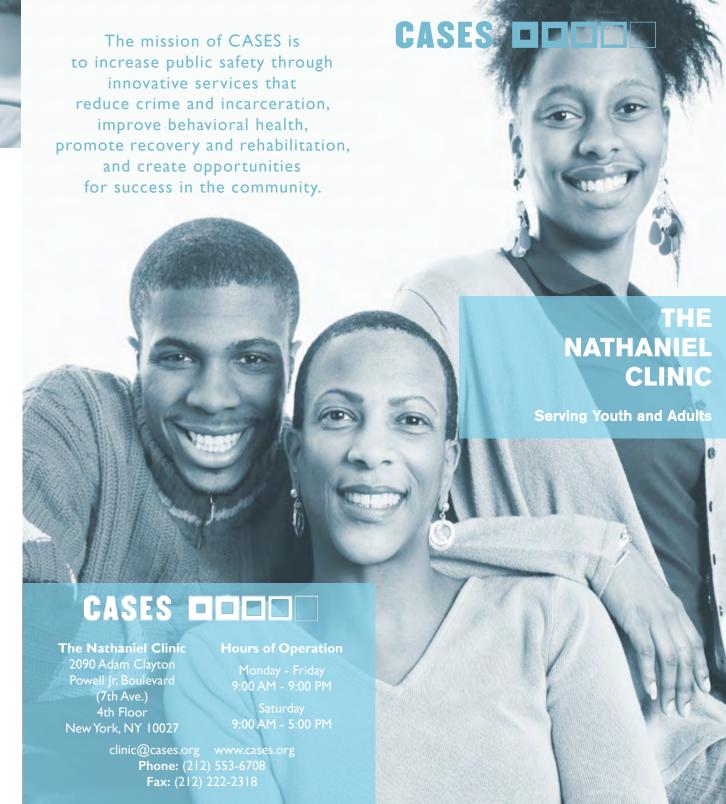


# **OUR APPROACH**

The Nathaniel Clinic offers behavioral health care in Central Harlem. Our services include counseling/therapy, medication management, psychiatric evaluation, health assessment and monitoring, integrated treatment for substance use, complex care management, and crisis intervention.

Operated by CASES, the clinic helps justice-involved people and Harlem residents to recover from past trauma and improve emotional and physical health so they can live safely and with purpose in the community. Our approach also helps recipients to strengthen the relationships and social networks that provide support, friendship, and hope.

The Nathaniel Clinic is licensed by the New York
State Office of Mental Health and is overseen by the
New York City Department of Health and Mental
Hygiene.



## TREATMENT TEAM

Our treatment team includes child and adult psychiatrists, licensed social workers/therapists, and primary healthcare professionals. Our staff is supervised to assure quality and ethical services, and is experienced in treatment of the following:

- **ADHD**
- Behavioral problems
- Depression
- **Emotional problems**
- Serious mental illness
- Co-occurring substance use
- Trauma or exposure to violence such as sexual, emotional, or physical abuse
- Anxiety or mood disorders
- Loss, grief, or bereavement

## **LOCATION**

The Nathaniel Clinic is located at 2090 Adam Clayton Jr. Blvd. at 125th St. It is accessible via the following subway lines:



125 SE LA B.C.D.













### Counseling/Therapy Services

- Individual
- Family
- Group

### **Psychiatric Services**

- Psychiatric evaluation
- Medication management

### **Physical Health Services**

- Health assessment
- Health monitoring

#### **Crisis Intervention**

- After hours emergency availability
- Coordination with emergency services
- Crisis visits

## **Complex Care Management**

- Youth care coordination to support school enrollment, educational and vocational progress, and other areas affecting wellness and health such as justice involvement
- Adult care coordination to address healthcare, housing, education, work, and reentry or other justice involvement

Clinic recipients can also access onsite legal services offered by the Urban Justice Center Mental Health Project. The legal clinic provides eligible recipients help with obtaining income, nutrition, and housing supports and health insurance by completing applications and assisting with denials of such supports, and also addresses housing issues to prevent eviction.



## **WHO WE SERVE**

The Nathaniel Clinic serves youth (13 and older) and adults.

# **APPOINTMENTS AND** CONFIDENTIALITY

Your telephone call will be promptly answered. In most cases, arrangements for assessment appointments will be made for the same day or next day. Your personal concerns will be kept confidential as mandated by law; no information will be released without consent.

# **HEALTH INSURANCE**

The Nathaniel Clinic accepts Medicare and Medicaid and participates in Medicaid Managed Care networks to cover the cost of services.

For more information, please call the clinic office at (212) 553-6708.