

An introduction to my designs

These designs will hopefully be an insight into how I want my designs to look when I create them in my guizero application. The following list identifies my back end needs and front end needs.

Front end needs

- Guizero and Python

Back end needs

- Python
- SQL (DDL + DML)
- SQLite3

Packages

- Python
- Matplotlib
- SQLite
- Pandas
- Gtts

Log In

Username:

Password:

Log In

No account?
Sign up free!



By logging in with ToKa Fitness, you agree to our terms and conditions which can be made available on request.

Sign Up

Username:

First name:

Surname:

Password:

Confirm
password:

DoB:

Email:

Create account
and log in

Go Back



By signing up for an account with ToKa Fitness, you agree to our terms and conditions which can be made available on request.

Secure Bank Details for Premium

We are glad you want to go premium, feel free to use our secure bank details form here.

Cardholder
name:

Card number:

Expiry date:

CVC code:

Sign up for
premium

Go Back



Main Page

Advice about fitness training

Advice about healthy living

Premium Plan

Go Premium
Click here to enter in your
bank details - securely

ALERT: First month of Premium free



A screenshot of a mobile application interface. At the top, the title 'Healthy Living' is displayed in a black, sans-serif font. Below the title, the screen is divided into two main sections. The left section features the text 'the art of healthy living' in a black, cursive script, with a small teal heart icon positioned between the words 'art' and 'of'. The right section contains two lines of text: 'Eat 5-a-day' and 'Drink plenty of water', both in a black, sans-serif font. At the bottom right of the screen, there is a rectangular button with a light gray background and a thin black border, containing the text 'Go Back' in a black, sans-serif font.

Go Back

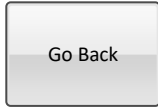
Fitness Advice



Run at least once a day

Keep healthy

Go Back



Premium Content

Welcome (name) – please complete the following so we can help tailor a fitness plan for you.

List

Weight

Height

Age

Smoker?

☐ 10-25kg ☐ 25-50kg ☐ 50kg+

☐ 1-1.5m ☐ 1.5-2m ☐ 2m+

☐ Under 18 ☐ 18-30 ☐ 30+

☐ Yes ☐ No

See your plan



Young People's Healthy Living

the art
of healthy
living

Eat 5-a-day

Drink plenty of water

Go Back

Next

Young People's Fitness Advice



Run at least once a day

Keep healthy

Go Back

Losing Weight



Avoid eating fatty foods

Eat protein

Go Back

Bulking Up Fitness



Eat carbs after workout

Eat healthy fats

Go Back

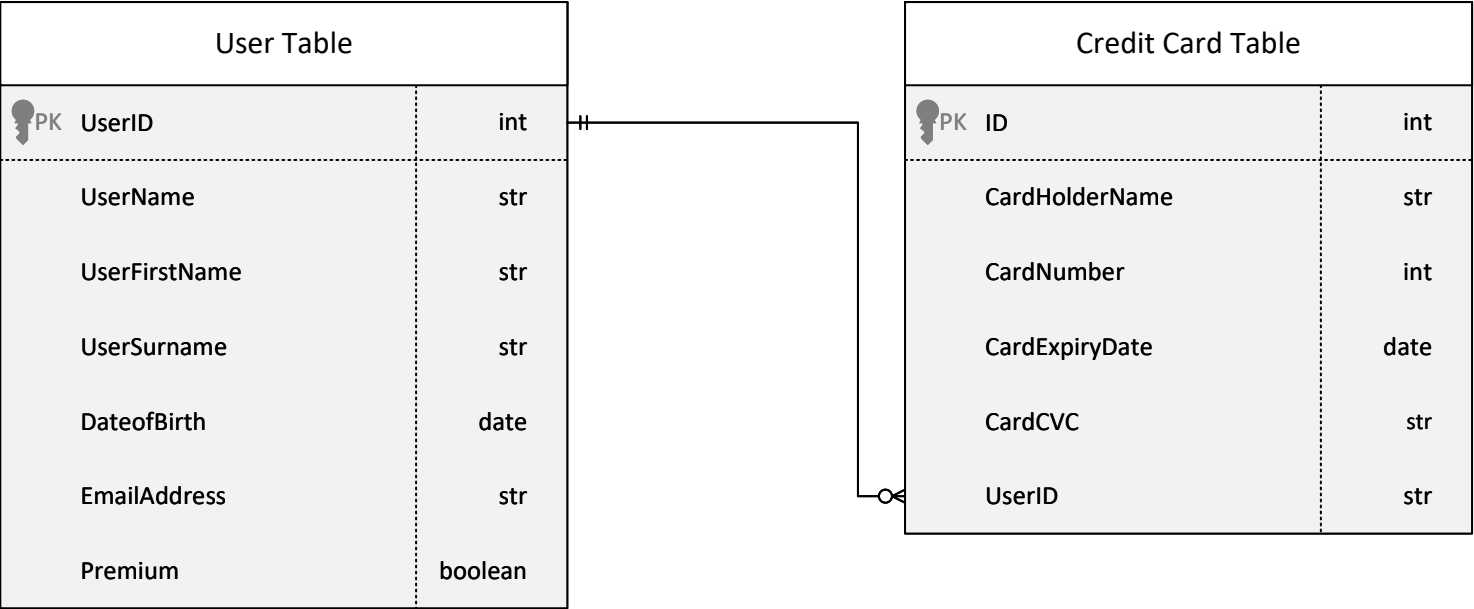
Advice About Stopping Smoking



Don't use nicotine

It'll make you healthier

Go Back



Advice Table	
PK AdviceID	int
AdviceType	str
AdviceDescription	str
AdviceUpdated	date
Advice	str

User Table

Field Name	Description	Data Type	Validation	Sample Data
UserID (PRIMARY KEY)	User's unique identifier	Integer	Allocated by the database	1
UserName	User's username	String	Presence check	joe hpr
UserFirstName	User's first name	String	Presence check	Joe
UserSurname	User's surname	String	Presence check	Harper
DateOfBirth	User's date of birth	Date	Presence check, format check	01/11/03
EmailAddress	User's email address	String	Presence check, format check	jh070405@student.hsdac.ac.uk
Premium	Whether user is premium or not	Boolean	Presence check	Yes

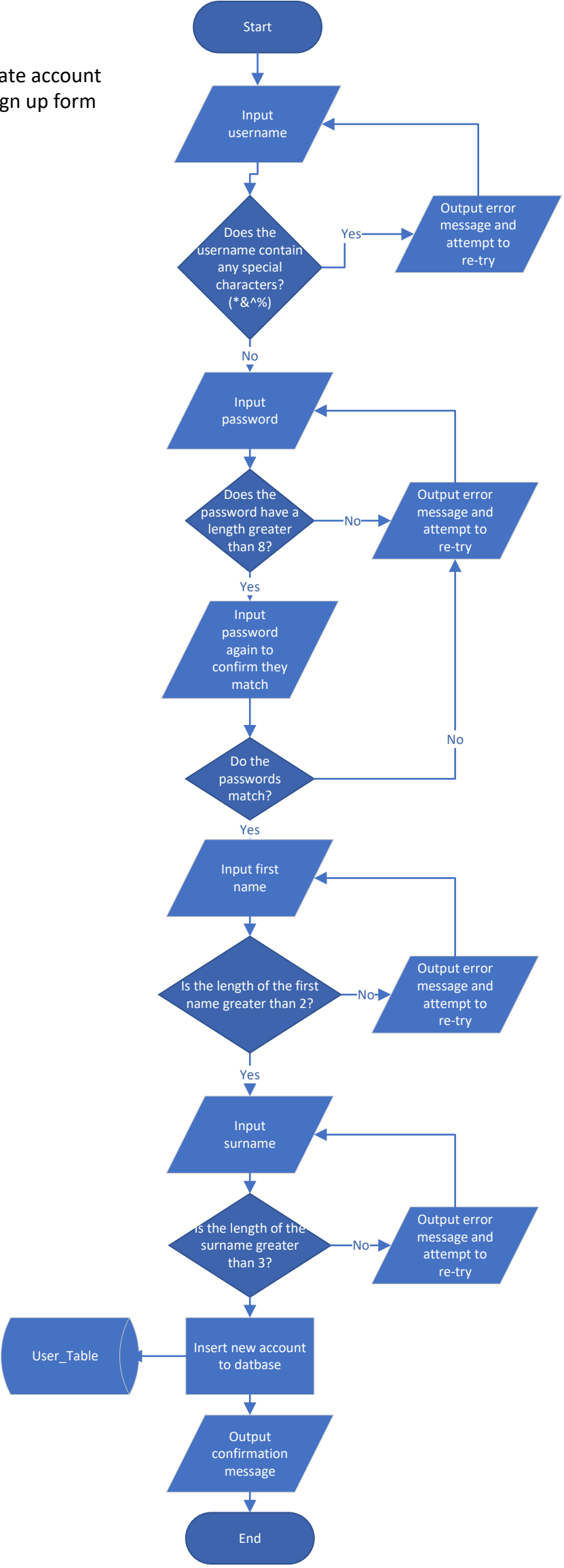
Credit Card Table

Field Name	Description	Data Type	Validation	Sample Data
ID (PRIMARY KEY)	User's unique identifier	Integer	Allocated by the database	1
CardHolderName	Cardholder's name	String	Presence check	Joe Harper
CardNumber	Cardholder's card number	Integer	Presence check, length check	1234 5678 9012 3456
CardExpiryDate	Cardholder's expiry date	Date	Presence check, format check	02/22
CardCVC	Cardholder's CVC code	String	Presence check	363
UserID (FOREIGN KEY)	User's unique identifier	Integer	Allocated by the database	1

Advice Table

Field Name	Description	Data Type	Validation	Sample Data
AdviceID (PRIMARY KEY)	Advice ID for the user	Integer	Allocated by the database	1
AdviceType	Type of advice	String	Presence check	Smoking
AdviceDescription	Description of advice	String	Presence check	"We recommend stopping smoking"
AdviceUpdated	When advice was updated	Date	Format check	02/02/20
Advice	A block of text with future advice	String	Presence check	"We recommend e-cigs"

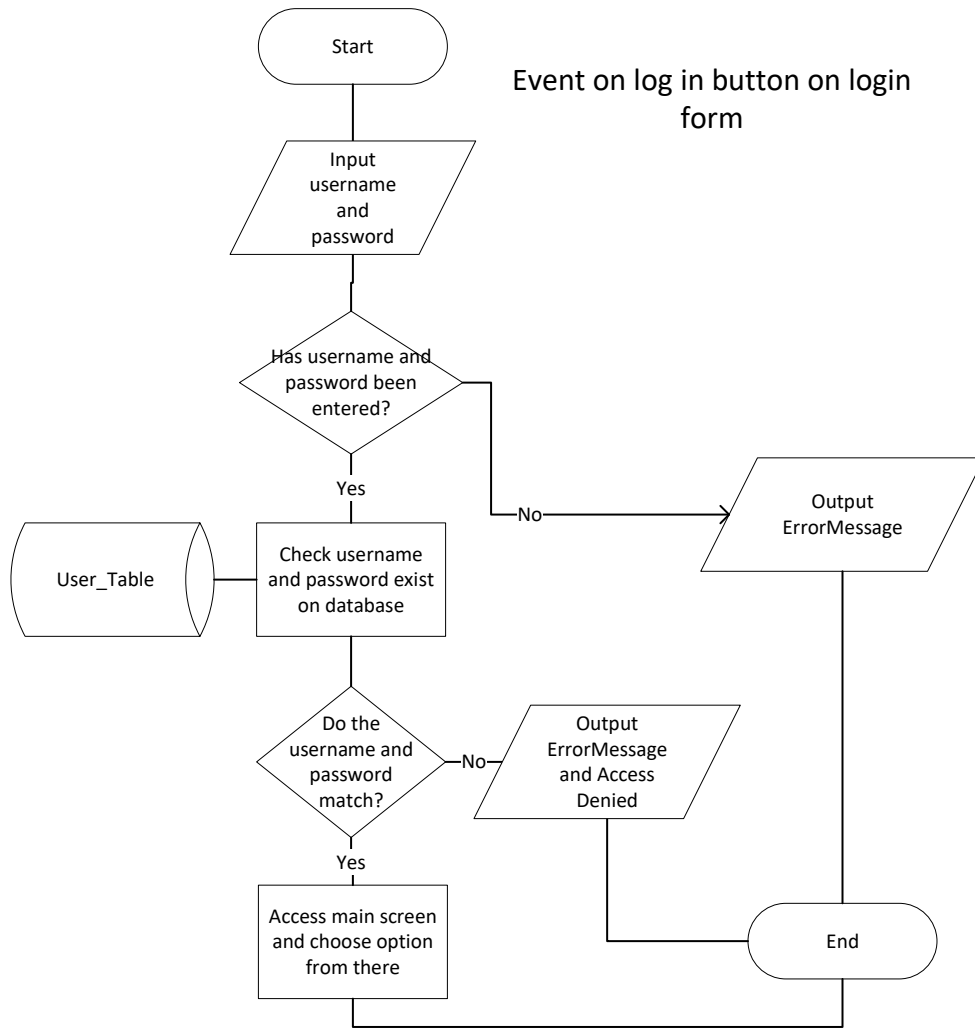
Event on create account button on sign up form



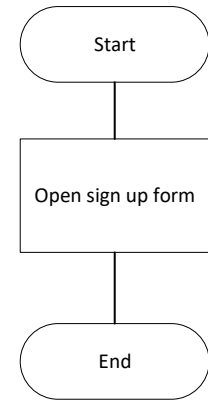
Event on go back button on sign up form

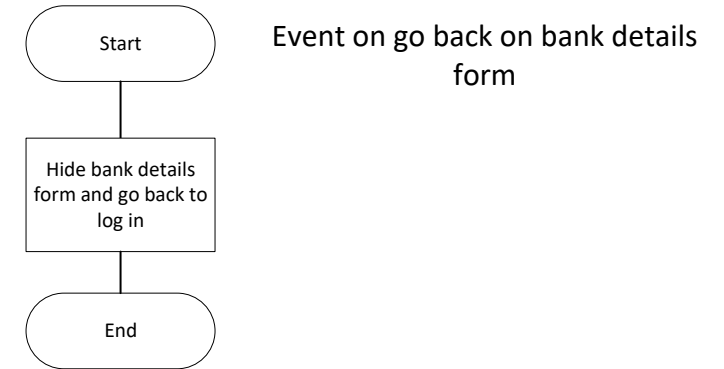
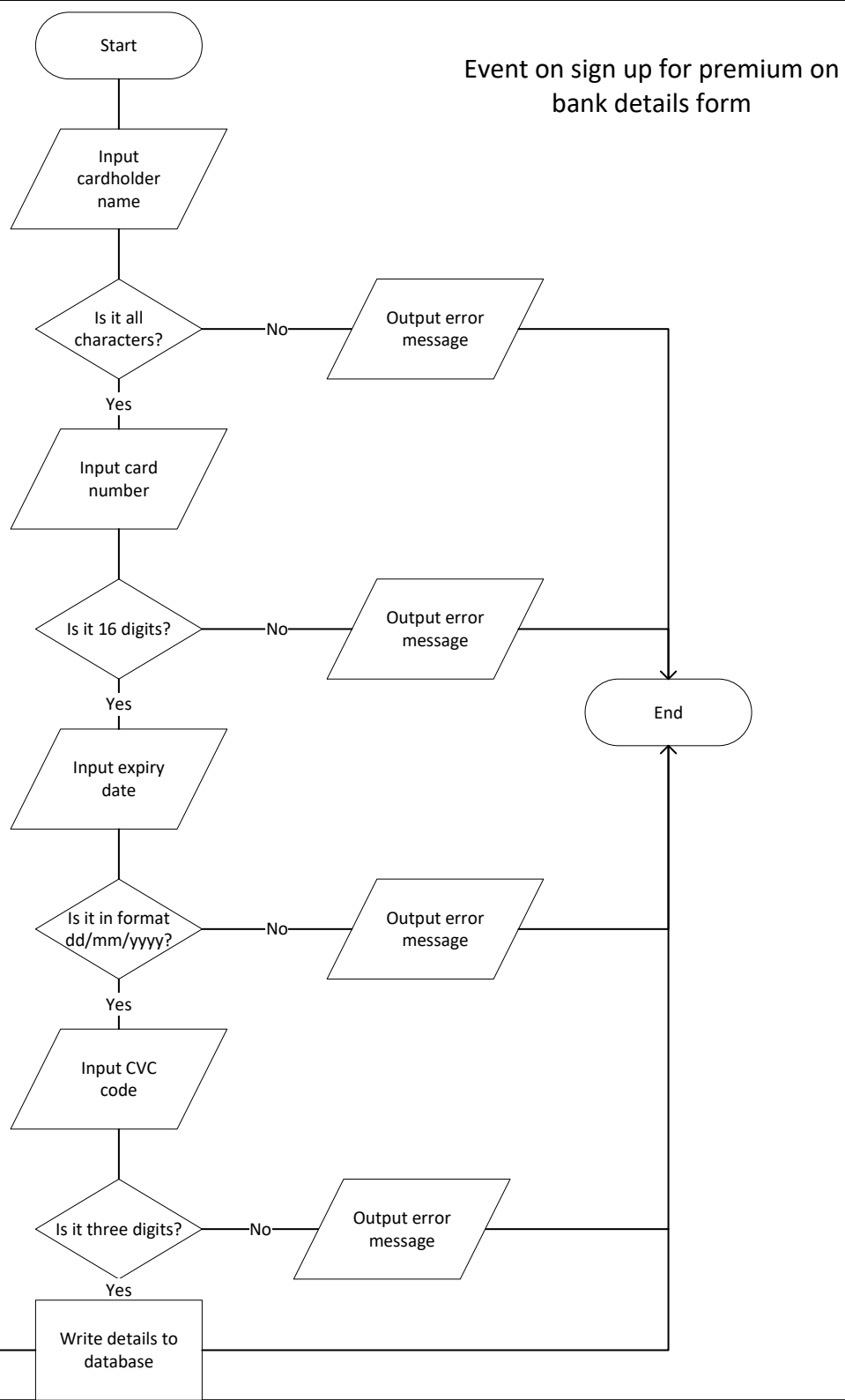


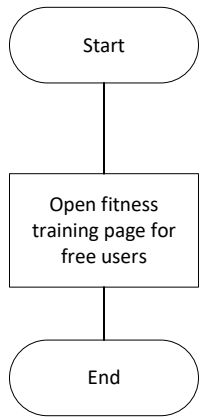
Event on log in button on login form



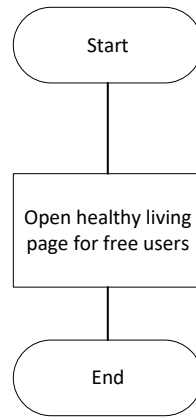
Event on no account button on login form



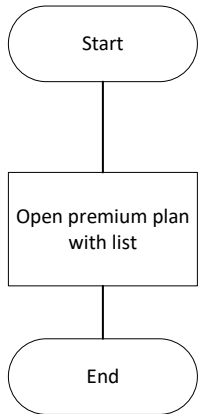




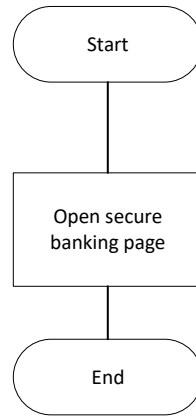
Event on advice about
fitness training button on
main page



Event on advice about
healthy living button on
main page



Event on Premium Plan
button on main page



Event on Go premium
button on main page

