Developing an Antimicrobial Strategy for Sepsis in Malawi

Thesis submitted in accordance with the requirements of the Liverpool School of Tropical Medicine for the degree of Doctor in Philosophy by Joseph Michael Lewis

August 2019

Contents

Pı	reface	9
1	Introduction 1.1 Chapter Overview 1.2 Sepsis in sub-Saharan Africa 1.3 ESBL-E in sub-Saharan Africa 1.4 Conclusions 1.5 Thesis overview 1.6 Appendix 1.7 References	13 13 13 13
2	Methods 2.1 Chapter Overview 2.2 Study site 2.3 Clinical Study 2.4 Diagnostic Laboratory Procedures 2.5 Molecular methods 2.6 Bioinformatics 2.7 Statistical Analysis 2.8 Study Team 2.9 Data Collection and Storage 2.10 Ethical Approval, Consent and Participant Remuneration	17 17 17 17 17 17 17
3	Mycobacterium tuberculosis BSI: an IPD meta analysis	19
4	Sepsis in Blantyre, Malawi 4.1 Chapter overview 4.2 Methods 4.3 Study population 4.4 Aetiology 4.5 Treatment 4.6 Outcome	21 21 21
5	Early response to resusitation in sepsis	23
6	Gut mucosal carriage of ESBL-E in Blantyre, Malawi	25
7	Whole genome sequencing of ESBL E. coli carriage isolates 7.1 Chapter overview	28 30

References 33

List of Tables

6 LIST OF TABLES

List of Figures

7.1	Kraken/	bracken	read	assignment																											31
-----	---------	---------	------	------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	----

8 LIST OF FIGURES

Preface

Placeholder

10 LIST OF FIGURES

Introduction

Placeholder

1.1 Chapter Overview

1.2 Sepsis in sub-Saharan Africa

- 1.2.1 Search strategy
- 1.2.2 Defining sepsis
- 1.2.3 Applicability of sepsis-3 definitions in sub-Saharan Africa
- 1.2.4 Sepsis epidemiology in sub-Sahara Africa
- 1.2.4.1 Incidence
- 1.2.4.2 Risk factors: the sepsis population in sub-Saharan Africa
- 1.2.4.3 Outcomes
- 1.2.5 Sepsis aetiology in sub-Saharan Africa
- 1.2.5.1 Bacterial zoonoses, Rickettsioses and arboviruses
- 1.2.5.2 HIV opportunistic infections: PCP, histoplasmosis and cryptococcal disease
- 1.2.6 Sepsis management
- 1.2.6.1 Early goal directed therapy
- 1.2.6.2 Evidence to guide antimicrobial therapy in sSA
- 1.2.6.3 Evidence to guide intravenous fluid therapy in sub-Saharan Africa

1.3 ESBL-E in sub-Saharan Africa

- 1.3.1 Search strategy
- 1.3.2 Introduction: definition and classification of ESBL-E
- 1.3.3 Global molecular epidemiology of ESBL-E: an overview
- 1.3.3.1 1980s-1990s: First identificatiom of ESBL in nosocomial pathogens
- 1.3.3.2 1990s-2010s: Emergence and globalisation of CTX-M
- 1.3.3.3 Epidemiology of gut mucosal carriage of ESBL-E: the first step towards invasive infection
- 1.3.3.4 Molecular mechanisms underlying success of CTX-M: mobile genetic elements and high-risk clones
- 1.3.4 Epidemiology of ESBL-E in sub-Saharan Africa
- 1.3.4.1 Invasive ESBL-E infection
- 1.3.4.2 Gut mucosal carriage of ESBL-E in sub-Saharan Africa

Methods

Placeholder

2.1 Chapter Overview

- 2.2 Study site
- 2.2.1 Malawi
- 2.2.2 Queen Elizabeth Central Hospital
- 2.2.3 Participating Laboratories
- 2.2.3.1 Malawi-Liverpool-Wellcome Clinical Research Programme
- 2.2.3.2 Malawi College of Medicine Tuberculosis Laboratory
- 2.2.3.3 Wellcome Trust Sanger Institute
- 2.3 Clinical Study
- 2.3.1 Entry Criteria
- 2.3.2 Study Visits and Patient Sampling
- 2.3.2.1 Enrollment assessment and first six hours
- 2.3.2.2 Subsequent visits
- 2.3.2.3 Blood, urine, and stool, sputum and CSF collection
- 2.3.2.4 Imaging: chest x-ray and ultrasound scanning
- 2.3.3 Outcomes and sample size calculations
- 2.4 Diagnostic Laboratory Procedures
- 2.4.1 Point of care diagnostics
- 2.4.2 Laboratory diagnostics
- 2.4.2.1 Haematology and biochemistry
- 2.4.2.2 Aerobic blood and CSF culture
- 2.4.2.3 Mycobacterial blood culture
- 2.4.2.4 Sputum Xpert
- 2.4.2.5 Urinary LAM
- 2.4.2.6 Selective stool culture for ESBL-E
- 2.4.2.7 Acute and convalescent serologies
- 2.5 Molecular methods

Mycobacterium tuberculosis BSI: an IPD meta analysis

Sepsis in Blantyre, Malawi

Placeholder

- 4.1 Chapter overview
- 4.2 Methods
- 4.3 Study population
- 4.4 Aetiology
- 4.5 Treatment
- 4.6 Outcome

Early response to resusitation in sepsis

Gut mucosal carriage of ESBL-E in Blantyre, Malawi

Whole genome sequencing of ESBL *E. coli* carriage isolates

7.1 Chapter overview

This chapter describes the use of whole-genome sequencing (WGS) of ESBL producing $E.\ coli$ to understand the drivers of gut mucosal ESBL-E carriage. I will begin with a description of the genomic landscape of the isolates form this study: starting with simple descriptions of $E.\ coli$ phylogroup and multilocus sequence type (MLST) I will place the isolates from this study in the context of the $E.\ coli$ population, followed by higher-resolution contextulaistaion using phylogenetics to place isolates from this study in the context of a global $E.\ coli$ collection. I will describe the genetic basis of antimicrobial resistance in these isolates and explore the extent to which AMR genes tend to cluster together beyond what would be expected by chance. Finally, I will attempt to use the resolution offered by WGS to attempt to answer two specific questions: firstly, what is the mechanism of rapid increase in ESBL-E carriage prevalence following hospital admission and antimicrobial exposure we see in this study? Secondly, what is the likely unit of ESBL-E transmission in this study? Are bacteria, or mobile genetic elements (MGE) implicated? And if, MGE, which: plasmids, transposons, integrons - or a combination?

These questions, phrased in this way, seem difficult or impossible to answer given the available WGS data, but by slightly reframing them they become tractable: first, what is the diversity of apparent hospital-acquired ESBL E. coli in comparison to apparent community-acquired isolates? Apparent hospital acquisitions could represent true acquisitions of, for example, a hospital-associated clone - but equally they could be an "unmasking" of minority variant E. coli in the microbiota, acquired in the community but not detected by culture because of low abundance, until enriched for by antimicrobial exposure. If the diversity of apparently hospital aquired isolates is contained within the diversity of community isolates, this would lend support to this latter hyothesis. The second question - what is the unit of transmission in this system - can be reframed by asking: what is the unit that is most conserved within patients, as compared to between patients? The questions then reduce to a dimensionality redcution problem: in order to address them both, it is necessary to classify either bacteria or MGE into mutually exclusive categories, in order to compare hospital to community isolates, and between-patient to within-patient. I describe the approach I have taken to this below.

7.2 Methods

7.2.1 Bioniformatic pipeline

The basic bioinformatic pipeline used is described in detail in Chapter 2, methods. Briefly, one E. coli colony from each patient sample was taken forward for DNA extraction and paired-end short-read whole genome sequencing using Illumina HiSeq X at the Wellcome Sanger Institute. Read quality control was undertaken with Kraken[1] v0.10.6 to assign reads to species and WSI QC pipeline which maps a random 100 Mbases from each sample to a reference and calculates depth of coverage, number of heterogeneous SNPs, GC content and insert size. Samples that contained > 20% non E coli. reads were discarded and de novo assembly was undertaken with SPAdes[2] v3.11.0. Assembly statistics were calculated with QUAST[3] v4.6.0 and completeness and contamination of the assemblies assessed by checkM[4] v1.0.7. Contaminated assemblies (with checkM-defined contamination of > 25%) or poor assemblies (with N50 < xxx) were discarded. Annotation was carried out with Prokka[5] v1.5 with a genus specific database from RefSeq and the Roary v1.007 pan-genome pipeline [6] was used to construct a core genome. A core gene multiple sequence alignment was generated using maaft[7] v7.205, SNP-sites identified using SNP-sites [8] v2.4.1 and the resultant SNP alignment used to build a maximum likelihood phylogenetic tree using IQ-TREE[9] v1.6.3, with the ModelFinder module used to find the best fitting nucleotide substition model. Trees were visualised in the ggtree v1.14.4 package[10] in R.

Ariba[11] v2.12.1 was used to identify AMR-associated genes using the SRST2[12] database, to identify plasmid replicons using the PlasmidFinder database[13] and to perform $in\ silico\ muli-locus\ sequence\ typing\ (MLST)$ using the database from http://mlst.warwick.ac.uk/mlst/dbs/Ecoli accessed via www.pubmlst.org. Because quinolone resistance often results from SNPs in the chromasome in the quinolone resistance determining regions (QRDRs) of the gyrA, gyrB, parE and parC genes rather than acquisition of whole AMR-determining genes, as is the case with the other genes sought by Ariba - these genes were downloaded from the comprehensive antimicrobial resistance database (CARD, https://card.mcmaster.ca/) and Ariba used to call SNPs in them, with default settings. $E.\ coli\ phylogrouping\ was\ performed\ with a quadruplex <math>in\ silico\ PCR$ using the Clermont scheme[14] and isPcr v33x2 (https://github.com/bowhan/kent/tree/master/src/isPcr)

Rhierbaps package v1.1.0 in R[15] was used to cluster the core genome pseudosequence into sequence clusters (SCs). Two levels were used and these level 2 clusters used to test associations (see statistical analysis, below). To track putative mobile genetic elements ESBL-gene containing contigs were identified using BLASTn[16] v2.7.0 of all contigs against the SRST2 database and then contigs containing any given ESBL gene were grouped by the ESBL gene they contained (for example, all bla_{ctxm15} genecontaining clusters were grouped together), and each group clustered using cd-hit[17] v4.6 to produce mutually exclusive ESBL-gene-containing contig clusters for each identified ESBL gene. Henceforth, these clusters will be referred to as ESBL-clusters, for brevity. In order to attempt to determine the biological significance of the identified ESBL-clusters (i.e. what kind of MGE element they are likely to represent), basic statistics were plotted (number of samples contained withing each cluster, length of longest contig in cluster in kbases, length distribution of all contigs is cluster relative to longest contig and distribution of sequence identity compared to the longest contig in the cluster). Presence of compound trasposons, AMR determinents and plasmid replicons were identified by using BLAST with default settings of each ESBL-cluster representative sequence (as determined by cd-hit i.e one, the longest, for each ESBL-cluster) against the insertion sequence finder (ISfinder) database and the SRST2 database, taking the top hit (as determined by bitscore) for any given location, and visualising the results in gggenes v0.3.2. To assess lineage association, the ESBL-clusters were mapped back to the core genome SNP tree.

7.2. METHODS 29

7.2.2 Global *E. coli* collection

In order to place the isolates from this study in a global context, published *E. coli* assemblies were downloaded from the WSI servers. These included 149 ESBL-producing *E. coli* from a single centre study in Chachoengsao province, eastern Thailand[18]. In this study, human clinical isolates from standard care in Bhuddhasothorn hospital were selected on the basis of the ESBL phenotype, and environmental samples were collected as part of a cross sectional study and selectively cultured for ESBL-E in 2014-2015. I also downloaded assemblies of 362 enterotoxogenic *E. coli* (ETEC), selected for an ETEC genomic study from the Gothenburg University ETEC collection to represent a broad collection of ETEC isolated worldwide from 1980-2011[19]; 185 atypical enteropathogenic *E. coli* (aEPEC) sequenced for a study of aEPEC and selected from samples frrm the Global Enteric Multicentre Study (GEMS) in seven centres in Africa and Asia between 2007-2011[20]; and 94 *E. coli* from QECH in Blantyre, Malawi, a combination of invasive (bloodstream and CSF) and carriage isolates, selected for diversity in AMR phenotype from 1996-2014[21]. Details of the year, sample and country of isolation for these samples are given in the appendix to this chapter.

7.2.3 Statistical analysis

In order to explore clustering of AMR genes, the Jaccard index was calculated for a given AMR-gene pair using he Jaccard v0.1.0 package in R. The Jaccard index, a measure of the similarity of two sets of data, is defined as *intersection over union*; in this context, for a given pair of AMR genes x and y, the Jaccard index J(x, y) is the number of isolates that contain both gene x and y divided by the total number that contain either x or y:

$$J(x,y) = \frac{|x \cap y|}{|x \cup y|}$$

By definition it lies between 0 (x and y never co-occur) and 1 (x and y always co-occur). Co-occurance matrices using the Jaccard index were plotted using the pheatmap v 1.0.12 package in R. The statistical significance of co-occurance of genes was assessed by generating 2x2 contingency tables for a given gene pair and p values generated using a Fisher's test with Bonferroni correction; a p value of less that 0.05 was considered statistically significant. Co-occurance networks of genes occuring commonly together (defined as Jaccard index > 0.5) at a rate greater than expected by chance (p < 0.05 following Bonferroni correction) and uncommonly occuring together (defined as Jaccard index < 0.1 and p < 0.05 following Bonferroni correction) were plotted using igraph v1.2.2 and ggraph v1.0.2 in R.

To explore hospital or community associations of any given $E.\ coli$ clade, the location of isolation was first plotted against the phylogenetic tree; location of isolation was classified as hospital, community, or recent hospital discharge (defined as a date of isolation within 2 weeks of hospital discharge). This latter category was used because it is possible that a patient could acquire an ESBL-E clone in hospital but only be sampled once leaving hospital; using only hospital isolated and community isolated categories could therefore introduce bias. Hospital or community association of each sequence cluster was assessed using a Fisher's test of proportion of hospital associated samples (defined as sum of hospital isolated and recent hospital discharge) for the given sequence cluster as compared to proportion of hospital associated samples in the remainder of the samples, with a Bonferroni correction for multiple comparisons. p < 0.05 was again considered statistically significant.

To compare within-patient to between-patient conservation of bacteria (as represented by core genome alignment and sequence cluster) and ESBL-containing MGE (as represented by the ESBL-clusters) several approaches were taken. Firstly, I assessed whether either sequence cluster or ESBL-cluster were conserved within an individual at all. I hypothesised that any within-patient correlation is likely to be a function of time: samples closer together in time may be more likely to be similar. To assess if this was the case for bacteria, pairwise core genome pseudosequence SNP distance was was calculated using snp-dists v0.4 (https://github.com/tseemann/snp-dists) for all samples and plotted against the time

difference (in days) between samples, within and between patients, and with a smoothed curve fitted using a general additive model with cubic splines. Because of significant overplotting, this was also plotted as a 2D density plot. Based on these plots, the within and between patient SNP distances were compared in two post-hoc defined groups binned by time distance between the samples (50 days or less vs. more than 50 days), and distributions compared with Kruskal-Wallace tests.

I then compared the within patient temporal clustering of ESBL-clusters and sequence clusters, by estimating the proportion of within-patient samples that contain the same ESBL-cluster or sequence cluster, as a function of time; essentially a temporal autocorrelation function. To estimate this, I considered pairwise comparsion of all within-patient samples. For any given time between samples, t I defined a window of +/-5 days and estimated the probabilities as the sum of all within-patient samples in the window [t-5,t+5] that contained the same sequence cluster or ESBL-cluster divided by the sum of all within-patient samples within that time window. Exact binomial confidence intervals for these proportions were generated and probabilities plotted as a function of time. In order to estimate the probability of two samples containing the same sequence cluster of contig-cluster purely by chance, t 1000 sample pairs were randomly drawn from all samples with replacement and the proportion of these samples that contained the same sequence cluster or ESBL-cluster calculated.

Finally, to inform the question as to what the likely unit of transmission in this system is, I assessed what was most conserved within patients, in pairwise sample comparison: bacteria (as represented by core gene sequence cluster), ESBL-containing MGE (as represented by ESBL-cluster), or both. Simple proportions in all-against-all pairwise comparison - stratified by whether between-patient or within-patient - were calculated: the proportion of samples that contain the same core gene sequence cluster only, the proportion of samples contain the same ESBL-cluster only, and the proportion that contain both sequence cluster and ESBL-cluster. Proportions were compared between within and between-patient strat in these three groups using Fisher's exact test, with p < 0.05 considered statistically significant.

7.3 Results

7.3.1 Samples and quality control

In total, 510 samples underwent DNA extraction and were shipped from Malawi to WSI; these represented all sequential isolates at the time of DNA extraction, which occured in October 2018. Kracken read assignment of these samples is shown in Figure 7.1. The majority of samples have > 90% or reads assigned to $E.\ coli$; a minority have < 90% of reads assigned to $E.\ coli$ but a very closely related species such as Shigella, amd as such are likely to be pure $E.\ coli$ culture with read misclassification. However, 12 samples have > 80% reads assigned to a non- $E.\ coli$ species such as $Klebsiella\ pneumoniae$. These samples were assumed to represent species misidentification or, perhaps more likely, selection of the wrong sample from the freezer archive for culture and DNA extraction, given that for any sample ID there are often several bacterial species identified and cryopreserved. These samples were excluded from further analysis.

- 7.3.2 Phylogroup, MLST and ML phylogeny of study isolates
- 7.3.3 Study isolates in a global context
- 7.3.4 Antimicrobial resistance determinents

7.4 Appendix

7.4. APPENDIX 31

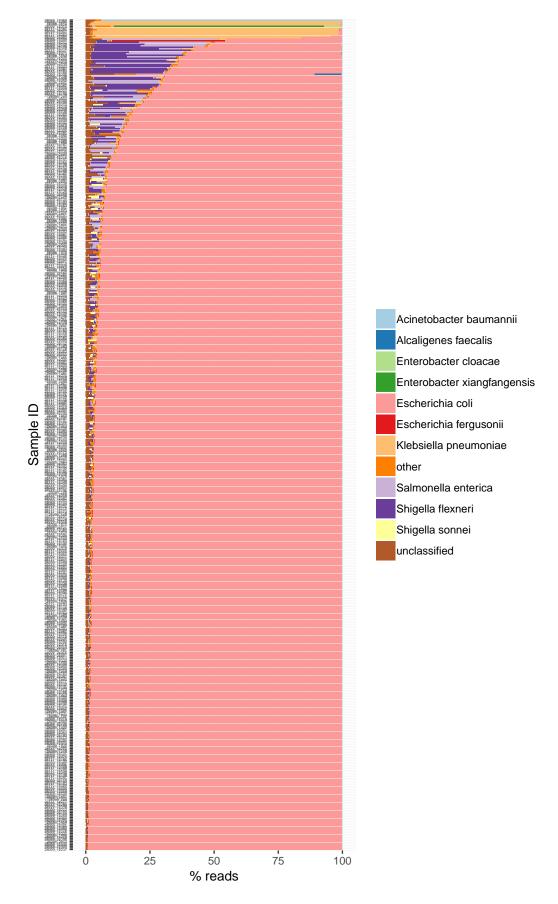


Figure 7.1: Read assignment of Kracken and Bracken of all samples

References

- 1 Wood DE, Salzberg SL. Kraken: ultrafast metagenomic sequence classification using exact alignments. Genome Biology 2014;15:R46. doi:10.1186/gb-2014-15-3-r46
- 2 Bankevich A, Nurk S, Antipov D *et al.* SPAdes: A New Genome Assembly Algorithm and Its Applications to Single-Cell Sequencing. *Journal of Computational Biology* 2012;**19**:455–77. doi:10.1089/cmb.2012.0021
- 3 Gurevich A, Saveliev V, Vyahhi N et al. QUAST: quality assessment tool for genome assemblies. Bioinformatics 2013;29:1072–5. doi:10.1093/bioinformatics/btt086
- 4 Parks DH, Imelfort M, Skennerton CT et~al. CheckM: assessing the quality of microbial genomes recovered from isolates, single cells, and metagenomes. Genome research 2015; **25**:1043–55. doi:10.1101/gr.186072.114
- 5 Seemann T. Prokka: rapid prokaryotic genome annotation. *Bioinformatics* 2014;**30**:2068–9. doi:10.1093/bioinformatics/btu153
- 6 Page AJ, Cummins CA, Hunt M *et al.* Roary: rapid large-scale prokaryote pan genome analysis. *Bioinformatics* 2015;**31**:3691–3. doi:10.1093/bioinformatics/btv421
- 7 Katoh K, Standley DM. MAFFT multiple sequence alignment software version 7: improvements in performance and usability. *Molecular biology and evolution* 2013;**30**:772–80. doi:10.1093/molbev/mst010
- 8 Page AJ, Taylor B, Delaney AJ et al. SNP-sites: rapid efficient extraction of SNPs from multi-FASTA alignments. Microbial Genomics 2016;2. doi:10.1099/mgen.0.000056
- 9 Nguyen L-T, Schmidt HA, Haeseler A von et~al. IQ-TREE: A Fast and Effective Stochastic Algorithm for Estimating Maximum-Likelihood Phylogenies. $Molecular~Biology~and~Evolution~2015; {\bf 32}: 268-74.$ doi:10.1093/molbev/msu300
- 10 Yu G, Smith DK, Zhu H et~al. Ggtree: An r package for visualization and annotation of phylogenetic trees with their covariates and other associated data. Methods~in~Ecology~and~Evolution~2017; 8:28-36. doi:10.1111/2041-210X.12628
- 11 Hunt M, Mather AE, Sánchez-Busó L et al. ARIBA: rapid antimicrobial resistance genotyping directly from sequencing reads. *Microbial genomics* 2017;**3**:e000131. doi:10.1099/mgen.0.000131
- 12 Inouye M, Dashnow H, Raven L-A et al. SRST2: Rapid genomic surveillance for public health and hospital microbiology labs. Genome Medicine 2014;6:90. doi:10.1186/s13073-014-0090-6
- 13 Carattoli A, Zankari E, García-Fernández A et al. In silico detection and typing of plasmids using PlasmidFinder and plasmid multilocus sequence typing. Antimicrobial agents and chemotherapy 2014;58:3895–903. doi:10.1128/AAC.02412-14
- 14 Clermont O, Christenson JK, Denamur E et al. The Clermont <i>Escherichia coli</i> phylo-typing method revisited: improvement of specificity and detection of new phylo-groups. Environmental Microbiology Reports 2013;5:58–65. doi:10.1111/1758-2229.12019

- 15 Cheng L, Connor TR, Siren J et al. Hierarchical and Spatially Explicit Clustering of DNA Sequences with BAPS Software. Molecular Biology and Evolution 2013;30:1224–8. doi:10.1093/molbev/mst028
- 16 Altschul SF, Gish W, Miller W et al. Basic local alignment search tool. Journal of Molecular Biology 1990; 215:403-10. doi:10.1016/S0022-2836(05)80360-2
- 17 Li W, Godzik A. Cd-hit: a fast program for clustering and comparing large sets of protein or nucleotide sequences. *Bioinformatics* 2006;**22**:1658–9. doi:10.1093/bioinformatics/btl158
- 18 Runcharoen C, Raven KE, Reuter S *et al.* Whole genome sequencing of ESBL-producing Escherichia coli isolated from patients, farm waste and canals in Thailand. *Genome Medicine* 2017;**9**:81. doi:10.1186/s13073-017-0471-8
- 19 Mentzer A von, Connor TR, Wieler LH et~al. Identification of enterotoxigenic Escherichia coli (ETEC) clades with long-term global distribution. Nature Genetics 2014;46:1321–6. doi:10.1038/ng.3145
- 20 Ingle DJ, Tauschek M, Edwards DJ *et al.* Evolution of atypical enteropathogenic E. coli by repeated acquisition of LEE pathogenicity island variants. *Nature Microbiology* 2016;**1**:15010. doi:10.1038/nmicrobiol.2015.10
- 21 Musicha P, Feasey NA, Cain AK et al. Genomic landscape of extended-spectrum beta-lactamase resistance in Escherichia coli from an urban African setting. J Antimicrob Chemother 2017;72:1602–9. doi:10.1093/jac/dkx058