



Comprehensive Health Questionnaire

Demographic Information

☒ Mr. ☐ Ms. ☐ Miss ☐ Mrs. ☐ Dr.

First Name: Joel Middle Initial: H Last Name: Martin

Age: _____ Date of Birth: 06/29/1990 Height: 6'3" Weight: 215

Ethnicity: ☐ Native American/Alaska Native ☐ Asian ☐ African American ☐ Hispanic/Latino ☐ Native Hawaiian/Pacific Islander ☒ White ☐ Other ☐ Decline to Answer

Responsible Party/Legal Guardian (if different than patient): My mom Relationship: Mother

Contact Information

Address: 926 Dudley Address 2: 1725 Barker

City: philadelphia State: PA Zip: 19148

Email: joelhmartin1@gmail.com Home/Cell: (785) 764-9160

Employer: Anchor Corps Work Phone: (785) 764-9160

Referred by: Dr. John Venner ☐ Dentist ☒ Physician ☐ Patient ☐ Other

Provider Information

Dental Provider Office: John's Teeth Jaw Last Visit: 04/23/2025

Dentist Name: asdf Office Phone: (785) 764-9160

City: 926 Dudley, philadelphia, PA, 19148, US State: PA Zip: 19148

Primary Care Physician Office: Test Last Visit: 04/15/2025

Doctor Name: Dr Christian Hess Office Phone: (785) 764-9160

City: Philadelphia State: Pennsylvania Zip: 19148

Additional Provider Office: _____ Last Visit: _____

Doctor Name: _____ Office Phone: _____

City: _____ State: _____ Zip: _____

Patient/Parent Signature: [Signature] Date: 04/30/2025

Please answer below for: What is your chief concern and reason for this visit?

Relieve Pain

Do you currently experience any of the following symptoms?

Please number your top chief complaints 1-4

Recent is in the last 6 months, Chronic is longer than 6 months

	Recent	Chronic		Recent	Chronic
<input checked="" type="checkbox"/> 4 Back Pain	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Teeth Sensitivity	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/> Chewing Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Acid Indigestion	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Ear Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Affect Sleep of Others	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Eye Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Difficulty Falling Asleep	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Facial Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Dry Mouth Upon Waking	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Headache (inside head)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Fatigue	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> 3 Headache (outside head)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> Feeling Un-refreshed in the AM	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Jaw Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Frequent Heavy Snoring	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> 2 Neck Pain	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Morning Headaches	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Nerve Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Morning Hoarseness	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Shoulder Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Night Sweats	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/> Tooth Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Nighttime Awakenings	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Throat Pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Nighttime Choking	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Difficulty Closing Mouth	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Nighttime Urination	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> 1 Difficulty Opening Mouth	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Significant Daytime Drowsiness	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Dyskinesia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Sore Jaw Upon Waking	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Ear Stuffiness (congestion)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Swelling in Ankles or Feet	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Ear Itching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Told I Stop Breathing at Sleep	<input type="checkbox"/>	<input type="checkbox"/>
<input checked="" type="checkbox"/> Jaw Locking Open	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Teeth Grinding	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Jaw Locking Closed	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Teeth Clenching	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Muscle Spasm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Tossing and Turning Frequently	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Noises in Jaw Joints	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Unable to Tolerate C-Pap	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Numbness (Localized)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/> Vivid Dreams	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/> Ringing in Ears (Tinnitus)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Jaw/Facial Fatigue upon waking	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Sinus Congestion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Kicking or jerking of leg(s)	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Vision Problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Any other symptoms not listed:	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Changes in Bite	<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/> Dental Pain	<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/> Teeth Crowding or Spacing issues	<input type="checkbox"/>	<input type="checkbox"/>			

What is your level of head, neck or facial pain: 0 = no pain to 10 = worst possible pain

Currently: 5 At its best: 3 At its worst: 2

What are the results you are seeking from treatment?

Relieve Pain

Patient/Parent Signature: _____ Date: 04/30/2025

Sleep Conditions - Please select the yes or no answers based on your average sleep experience and/or what a sleep partner has told you

Sleep Position? ☒ Side ☐ Back ☐ Stomach ☐ Varies Sleep Location? ☐ Bed ☐ Couch ☒ Chair ☐ Other

Bed Partner? ☐ Yes ☒ No Average hours you sleep during the night? _____

Is it easy to fall asleep? ☐ Yes ☒ No How many hours do you sleep during the day? _____

Do you wake often during the night? ☐ Yes ☒ No Cough, gasps or snorts on waking? ☒ Yes ☐ No

Do you feel rested upon waking? ☐ Yes ☒ No Observed pauses in breath? ☐ Yes ☒ No

Stopped breathing during sleep? ☐ Yes ☒ No

Have you ever had a Sleep Study? ☒ Yes ☐ No ☒ HST ☐ PSG Date: 04/02/2025 Result: HSG

Previous Positive Airway Pressure Devices Used? ☒ CPAP ☐ BiPAP ☐ ASV ☐ APAP

Do you currently use a PAP Device? ☒ Yes ☐ No Type: ResMed

Have you previously used a Nighttime Oral Appliance? ☒ Yes ☐ No Type: Nightlase

Allergic Reactions

Please check any and all medications or substance that have caused an allergic reaction

☒ Anesthetics ☒ Antibiotics ☒ Aspirin
☒ Barbiturates ☒ Codeine ☒ Iodine
☒ Latex ☒ Metals ☒ Plastics
☒ Penicillin ☒ Sedatives ☒ Sulfa
☒ Food Allergies/Sensitivities Peanut

Other: Peanut

Current Medications

Please list all medications & supplements (over-the-counter & prescription) you are taking and the reason you take them **OR** Provide a copy of your personal Medication List

Medication	Dose	Reason for Taking

☐ See attached list

Previous Treatment, Medications and Other Therapies Attempted For The Condition We Are Evaluating

Treatment/Medication	Doctor/Provider	Approximate Date of Treatment

☐ See attached

Health And Medical History

FOR FEMALE PATIENTS: Are you currently pregnant? ☒ Yes ☐ No

Do you drink 4 or more cups of coffee per day? ☐ Yes ☒ No

Do you smoke tobacco? ☒ Yes ☐ No

Do you consume alcohol or take sedatives for pain relief or sleeping aid? ☒ Yes ☐ No

Do you have trouble breathing through your nose? ☐ Yes ☒ No

Have you had prior orthodontic treatments? ☐ Yes ☒ No

Have you sustained injury to: ☐ Head ☒ Neck ☐ Face ☒ Teeth

☐ Other: _____ Approximate Date: _____

Surgical History - Have you had any of the following:

General Anesthesia ☒ Yes ☐ No Orthognathic Surgery ☒ Yes ☐ No

Adenoids Removed ☒ Yes ☐ No Oral Surgery ☐ Yes ☒ No

Tonsils Removed ☐ Yes ☒ No Removal of Third Molar(s) ☐ Yes ☒ No

Jaw Joint Surgery ☐ Yes ☒ No (Wisdom Teeth)

Other types of surgery: wisdom teeth

Patient/Parent Signature: _____ Date: 04/30/2025

Medical History – Patient and Family

Do you have or have experienced any of the following?

	<u>PATIENT HX</u>	<u>FAMILY HX</u>
AIDS/HIV	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Anemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Anxiety	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Asthma	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Awakenings from Sleep	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Bleeding Easily	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Birth Defects	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Bruising Easily	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Cancer of _____	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Chemo	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Chronic Fatigue	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Cold Hands and Feet	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
COPD	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Depression	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Difficulty Concentrating	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Difficulty Breathing at Night	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Dizziness	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Eating Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
(EDS) Ehlers-Danlos Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Emphysema	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Epilepsy	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Excessive Thirst	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Fainting	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Fibromyalgia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Fluid Retention	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Frequent Colds/Flu	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Frequent Cough	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Frequent Ear Infections	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Frequent Sore Throat	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Gastroesophageal Reflux	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Glaucoma	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Hay Fever	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Hearing Impairment	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Attack	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Murmur	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Pacemaker	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Palpitations	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Heart Valve Replacement	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Hemophilia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Hepatitis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
High Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
History of Substance Abuse	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Huntington's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx

☐ I HAVE NO FAMILY HX

	<u>PATIENT HX</u>	<u>FAMILY HX</u>
Hypoglycemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Insomnia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Intestinal Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Irregular Heartbeat	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Kidney Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Leukemia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Liver Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Low Blood Pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Meniere's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Memory Loss	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Migraines	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Mitral Valve Prolapse	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Multiple Sclerosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Muscle Aches	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Muscle Fatigue	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Muscle Spasms	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Muscular Dystrophy	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Neuralgia	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Nervous system Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Osteoarthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Osteoporosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Ovarian Cyst	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Parkinson's Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Poor Circulation	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
(POTS) Postural Orthostatic Tachycardia Syndrome	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Psychiatric Care	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Radiation	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Recent Weight Gain	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Recent Weight Loss	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Rheumatic Fever	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Rheumatoid Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Scarlet Fever	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Shortness of Breath	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Skin Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Sinus Problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Slow Healing Sores	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Speech Difficulties	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Stroke	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Swollen or Painful Joints	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Thyroid Disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Tired Muscles	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Tuberculosis	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
Urinary Tract Disorder	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Fam Hx
OTHER _____		

Patient/Parent Signature: _____

Date: 04/30/2025

Additional Symptoms – HEAD PAIN**Please complete for all that apply:****1. Do you experience General Head Pain?** ☒ Yes ☐ No

	Location <small>L = Left R = Right B = Bilateral</small>			Recent/Chronic <small>(over 6mo.)</small>		Severity <small>Mild Mod Severe</small>			Duration <small>Hrs Days Wks</small>			Frequency <small>Occ. Freq. Constant</small>		
2. Temple Area	<input type="checkbox"/> L	<input type="checkbox"/> R	<input checked="" type="checkbox"/> B	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Back of Head	<input type="checkbox"/> L	<input type="checkbox"/> R	<input checked="" type="checkbox"/> B	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4. Forehead	<input checked="" type="checkbox"/> L	<input type="checkbox"/> R	<input type="checkbox"/> B	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
5. Top of Head	<input type="checkbox"/> L	<input type="checkbox"/> R	<input checked="" type="checkbox"/> B	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

For the below categories, please indicate L or R where applicable**Jaw Pain**☒ I have no jaw pain

Jaw pain with opening	<input type="checkbox"/> L	<input type="checkbox"/> R
Jaw pain when chewing	<input type="checkbox"/> L	<input type="checkbox"/> R
Jaw pain at rest	<input type="checkbox"/> L	<input type="checkbox"/> R

Jaw Joint Sounds☒ I have no jaw joint sounds

Jaw sounds with opening	<input type="checkbox"/> L	<input type="checkbox"/> R
Jaw sounds when chewing	<input type="checkbox"/> L	<input type="checkbox"/> R

Ear Related Conditions

Buzzing in ears	<input type="checkbox"/> L	<input type="checkbox"/> R
Ear Congestion	<input type="checkbox"/> L	<input type="checkbox"/> R
Ear pain	<input type="checkbox"/> L	<input type="checkbox"/> R
Hearing Loss	<input type="checkbox"/> L	<input type="checkbox"/> R
Itchiness/stuffiness	<input type="checkbox"/> L	<input type="checkbox"/> R

Pain behind the ear	<input type="checkbox"/> L	<input type="checkbox"/> R
Pain in front of ear	<input type="checkbox"/> L	<input type="checkbox"/> R
Recurrent ear infections	<input type="checkbox"/> L	<input type="checkbox"/> R
Ringing in the ear (tinnitus)	<input type="checkbox"/> L	<input type="checkbox"/> R

For the below categories, please respond with Yes or No DO NOT LEAVE BLANK**Jaw Locking**

Jaw locks closed	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Jaw locks open	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Jaw Joint Symptoms

Teeth clenching	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	<input type="checkbox"/> Day	<input type="checkbox"/> Night
Teeth grinding	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No	<input checked="" type="checkbox"/> Day	<input type="checkbox"/> Night

Eye Related Conditions

Blurred vision	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Double vision	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Eye pain	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Pain or pressure behind the eyes	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Extreme sensitivity to light	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Wear of glasses or contacts	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Throat Related Conditions

Chronic sore throat	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Difficulty Swallowing	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Swollen glands	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Thyroid enlargement	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Tightness in throat	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Feeling of foreign object in throat	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Neck related Conditions

Limited movement	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Neck pain	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Numbness in hands/fingers	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Swelling in neck	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Shoulder Conditions

Pain in Shoulders	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Stiffness in Shoulders	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Tingling in fingers/hands	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
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Back Conditions

Low Back Pain	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Middle Back Pain	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Upper Back Pain	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Scoliosis	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No
Sciatica	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Mouth/Nose Conditions

Chronic Sinusitis	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Dry Mouth	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Frequent Snoring	<input checked="" type="checkbox"/> Yes	<input type="checkbox"/> No

Broken Teeth	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Biting Cheeks	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No
Burning Tongue	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No

Patient/Parent Signature: _____

Date: 04/30/2025

History of Symptoms

On what date, or approximate date, did the condition you are seeking treatment for occur? _____
Are any of the conditions listed or was your chief complaint caused by a motor vehicle accident? ☐ Yes ☐ No
If yes, what conditions: _____ Date of accident: _____
Does any family member have a sleep breathing disorder? ☐ Yes ☐ No If yes, explain: _____

Please fully complete both sections 1. and 2. below

1. DAYTIME SLEEPINESS EVALUATION - EPWORTH SLEEPINESS SCALE

For the following situations, answer with one of the following numbers:

0 - would never doze 1 - slight chance of dozing 2 - moderate chance of dozing 3 - high chance of dozing

Situation	Score	Situation	Score
Sitting and reading	0	Sitting and talking to someone	2
Watching Television	1	Sitting quietly after a lunch (no alcohol)	3
Sitting, inactive public place	0	In a car, while stopped for a few minutes in traffic	2
As a passenger in a car for an hour without a break	1	Lying down to rest in the afternoon when circumstances permit	1
TOTAL SCORE			10

2. NIGHTTIME SLEEPINESS EVALUATION

Developed by David White, M.D., Harvard Medical School, Boston, MA

1. Snoring	Score
a) Do you snore on most nights (>3 nights per week)?	
Yes (2) No (0)	2
b) Is your snoring loud? Can it be heard through a door or wall?	
Yes (2) No (0)	0
2. Has it ever been reported to you that you stop breathing or gasp during sleep?	
Never (0) Occasionally (3) Frequently (5)	5
3. What is your collar size?	
<input type="checkbox"/> Male: Less than 17 inches (0) More than 17 inches (5)	
<input checked="" type="checkbox"/> Female: Less than 16 inches (0) More than 16 inches (5)	0
4. Do you occasionally fall asleep during the day when:	
a) You are busy or active	
Yes (2) No (0)	0
b) You are driving or stopped at a light?	
Yes (2) No (0)	2
5. Have you had or are you being treated for high blood pressure?	
Yes (2) No (0)	0
TOTAL	9

I

Patient/Parent Signature: _____ Date: 04/30/2025

3. PHQ-9 Patient Health Questionnaire

1. Over the **last 2 weeks**, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than Half the days	Nearly every day
Little interest or pleasure in doing things	<input checked="" type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling down, depressed, or hopeless	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Trouble falling/staying asleep, sleeping too much	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling tired or having little energy	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input checked="" type="checkbox"/> 3
Poor appetite or overeating	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling bad about yourself or that you are a failure or have let yourself or your family down	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Trouble concentrating on things, such as reading the newspaper or watching TV	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Moving or speaking so slowly that other people could have noticed. Or the opposite, being so fidgety or restless that you have been moving around a lot more than usual	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Thoughts that you would be better off dead Or of hurting yourself in some way	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
COLUMN TOTALS	_____ x0 +	_____ x1 +	_____ x2 +	_____ x3
TOTAL SCORE	=	<u>15</u>		

2. If you checked off any problem on the questionnaire so far, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

☐ not difficult at all ☒ somewhat difficult ☐ very difficult ☐ extremely difficult

Patient/Parent Signature: _____ Date: 04/30/2025

4. Generalized Anxiety Disorder (GAD-7) Questionnaire

1. Over the **last 2 weeks**, how often have you been bothered by any of the following problems?

	Not at all	Several days	More than Half the days	Nearly every day
Feeling nervous, anxious, or on edge	<input checked="" type="checkbox"/> 0	<input type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Not being able to stop or control worrying	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Worrying too much about different things	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling tired or having little energy	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
Trouble relaxing	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Being so restless that it is hard to sit still				
Becoming easily annoyed or irritable	<input type="checkbox"/> 0	<input checked="" type="checkbox"/> 1	<input type="checkbox"/> 2	<input type="checkbox"/> 3
Feeling afraid, as if something awful might happen	<input type="checkbox"/> 0	<input type="checkbox"/> 1	<input checked="" type="checkbox"/> 2	<input type="checkbox"/> 3
COLUMN TOTALS	_____x 0 + _____x 1 + _____x 2 + _____x 3			
TOTAL SCORE	= <u>9</u>			

2. If you checked off any problem on the questionnaire so far, how difficult have they made it for you to do your work, take care of things at home, or get along with other people?

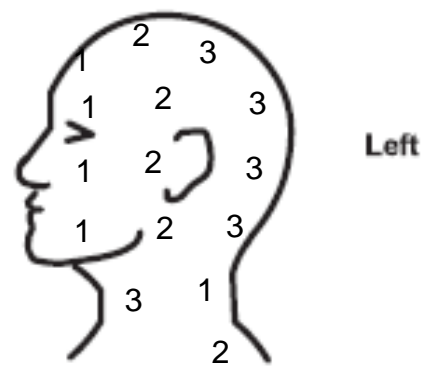
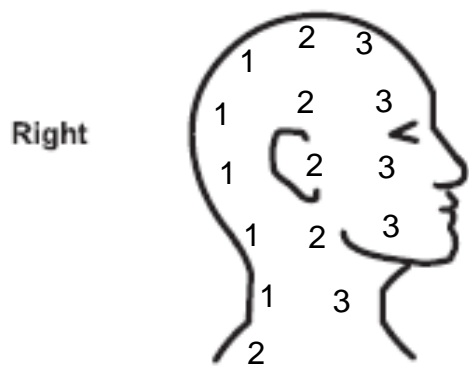
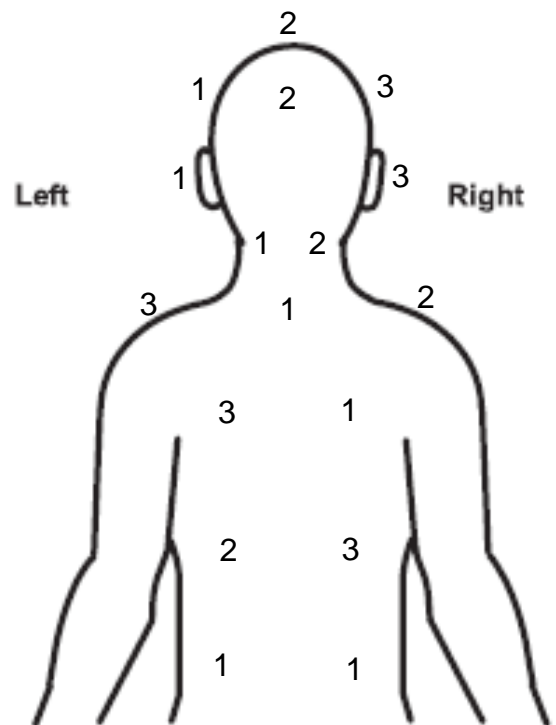
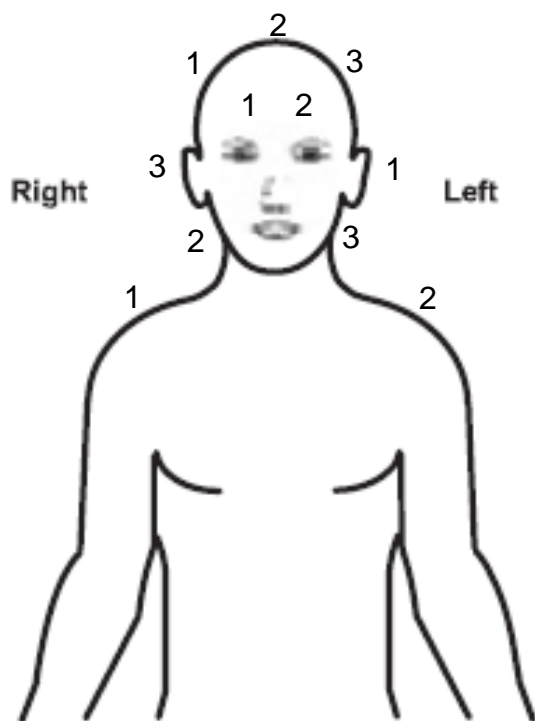
☒ not difficult at all ☐ somewhat difficult ☐ very difficult ☐ extremely difficult

Authorization to release

I authorize the release of all examination findings and diagnosis, report and treatment plans, etc., to any referring or treating health care provider. I additionally authorize the release of any medical information to insurance companies, third party billing companies, or for legal documentation to process claims. I understand that I am responsible for all charges incurred for my treatment regardless of insurance coverage.

Patient/Parent Signature: _____ Date: 04/30/2025

Patient/Parent Signature:  _____ Date: 04/30/2025



Indicate Areas of Pain
Following the Pain Scale:
 1 Mild pain
 2 Moderate pain
 3 Severe pain

I, Joel H Martin, (Please print your full legal name) have been provided the Masterpiece Smiles & the TMJ Sleep Therapy Centre of St. Louis's HIPAA Privacy policy, and have been offered a copy of such policy to keep for my records. I hereby give permission for this office to leave messages:

☐ On my voicemail/Email at my home
☐ On my voicemail for my cell phone
☐ At my place of employment
☐ Any of the above

Name _____ **Relationship** _____

Name _____ **Relationship** _____

Name _____ **Relationship** _____

Patient Signature  **Date** 04/30/2025