Targa!



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ABOUT US

FAO



Avocado Restaurant was founded by a first-generation, millennial couple who wanted to bring healthy food options to travelers and people on-the-go. With parents from foreign countries, and careers that demanded constant travel, our CEOs quickly discovered how hard it was to eat a balanced diet while tackling their life journeys and day-to-day demands, and so, Avocado was created. Healthy Food, Fast because life doesn't stop.



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Frequently Asked Questions

Q: Do you all deliver drinks and smoothies too?

A: Yes. All of our drinks, smoothies and juices come pick-up and delivery-ready, wrapped in saran wrap.

Q: Are there vegan options on your menu?

A: Yes. Our Teriyaki Bowl has a vegan chik'n option. Other additions like cheese and milk can be substituted for an available vegan option.

Q: I don't see a kids menu on your website, are your meals child friendly?

A: We don't currently have any kids options or a kids menu, BUT that's not to say that we won't have one in the very near future :)

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FAQ

ANCIENT GRAINS BOWLS

Serving the Biscayne Area All-Day for Pick-Up & Delivery



Order Now



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Input Submitted Successfully!

Find Us

Customer Service

Our Address

1-800-765-8888

346 Miami Ave 33222 Miami, FL







ORDER

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ABOUT US

FAQ

Item(s) placed in cart successfully.





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Bowls



Oatmeal - Ancient Grains Bowl

Steel cut oats, quinoa, millet, flaxseeds, chia seeds + choice of base (water, almond milk, coconut milk, oat milk, whole milk, etc.)

\$5.99

Add to Order



Bowl

Cubed sweet potatoes, oyster mushrooms, farro, avocado + onion, olive oil, balsalmic vinegar, garlic salt, thyme.

\$12.99

Add to Order



Teriyaki - Ancient Grains Bowl

oyster mushrooms, Quinoa, snap peas, broccoli florets, avocado, green onions,grilled chicken/chik'n + soy sauce/ liquid aminos, maple garlic, grated ginger, syrup, grated black pepper.

\$15.99

Add to Order



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Salads



Caesar - Salad

order

Greek - Salad

Roma tomatoes, cucumbers, red

onions, bell peppers, black olives,

avocado, feta cheese/ vegan cheez.

Romaine lettuce, parmesean cheese/ vegan cheez, freshly baked croutons + red wine vinegar, worchershire sauce, grey poupon dijon mustard.

\$3.99

Add to Order

\$3.99

Add to Order



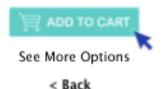
Mixed Greens - Salad

Mixed salad greens, goat cheese/ vegan cheese, dried cranberries, red bell peppers, extra virgin olive oil, balsalmic vinegar,honey mustard, minced garlic, red pepper flakes, salt + pepper.

\$5.99

Add to Order







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Fruit Juices & Smoothies



Orange/Turmeric

Ginger, oranges, turmeric, carrots + black pepper



\$5.99





Pineapple/Ginger

Frozen pineapples, coconut milk, bananas, ground flaxseed

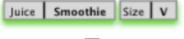
Juice	Smoothie	Size	V

\$5.99 Add to Order



Vanilla Mango

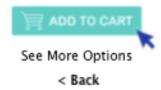
Frozen mangoes, vanilla greek yogurt, raw honey



\$5.99







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Protein Shakes & Snacks



Chocolate Shake & Protein Bar

Choice of: Dark Chocolate or Milk Chocolate

\$6.99

Add to Order

Size V



Peanut Butter Shake & Granola Bar

Choice of: Almond Butter or Peanut Butter

\$6.99

Add to Order

Size V



Banana Berry Shake & Fruit Cup

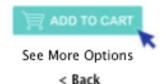
Choice of: coconut or berries

Add to Order

Size V

\$6.99





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Ancient Grains Bowls



Oatmeal



Sweet Potato



Teriyaki







Chopped Salads



Cesar





Greek





Mixed Greens 5



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Fruit Juices & Smoothies



Orange/ Turmeric

Juice Smoothie





Pineapple/ Ginger

Juice Smoothie



Mango

Juice Smoothie

5 🗘

Protein Shakes & Snacks



Chocolate Shake

Dark Milk





Peanut Butter

Almond Peanut



ADD TO CART

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Banana Combo

Berries Coconut





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CONTACT

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Delivery Information

First Name

Last Name

Delivery Address

Unit #

Contact Phone Number

Credit Card Information

Credit Card Number

Exp Date

CVV #

Purchase

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Place

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Teriyaki - And

Quinoa, oyste broccoli flore grilled chicke liquid aminos grated ginger

\$15.99



Teriyaki - Ancient Grains Bowl

Quinoa, oyster mushrooms, snap peas, broccoli florets, avocado, green onions, grilled chicken/chik'n + soy sauce/ liquid aminos, maple syrup, garlic, grated ginger, black pepper.

\$15.99

Orange/Turmeric - Fruit Smoothie

Ginger, oranges, turmeric, carrots + black pepper

\$5.99

Sub Total:

\$22.00

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Fruit Juices & Smoothies



Orange/ Turmeric

Juice Smoothie

5 0



Pineapple/ Ginger

Juice Smoothie



Mango

Juice Smoothie

5 🗘



Protein Shakes & Snacks



Chocolate Shake

Dark Milk





Peanut Butter

Almond Peanut

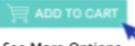




Banana Combo

Berries Coconut





See More Options

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