

EMERGENCY HANDOVER – PATIENT SYMPTOM SUMMARY

Name: [Your Name]

Date: [Today's date]

Duration of Illness: 6 days

Primary Concern: Risk of airway closure and/or severe respiratory infection.

TRIAGE STATEMENT (READ ALOUD)

"I've had 6 days of fever, cough, and shortness of breath, but today my throat almost completely closed. I have stridor, trouble breathing in, and earlier I was confused for 15 minutes. I'm worried my airway is closing and I might not be getting enough oxygen."

SYMPTOM TIMELINE

Day 1–2:

- Gold-coloured nasal mucus.
- Runny → blocked nose.
- Fever, chills, soaking sweats.

Day 3–4:

- Postnasal drip, blowing nose every few minutes.
- Shortness of breath begins — difficult to breathe in or deeply.
- Persistent semi-productive cough every few minutes.
- Wheezing, whistling breath.

Day 5:

- Burning in upper throat/back of mouth.
- Sudden inability to breathe in (felt like "wind knocked out").
- Intermittent stridor.

Day 6 (Today):

- Near-instant throat closing.
- Ongoing shortness of breath and cough.
- Total loss of appetite.
- Spasms/internal "imploding" feeling.
- 15-minute episode of mental confusion.

RED-FLAG SYMPTOMS

- Progressive shortness of breath (5 days).
- Stridor + throat closing sensation.
- Transient mental confusion.
- Fever + sweats + chills.
- Severe cough.

POSSIBLE CONCERNS (FOR CLINICAL AWARENESS)

- Acute upper airway swelling (epiglottitis, allergic/inflammatory reaction).
- Severe respiratory infection (pneumonia, influenza, COVID, pertussis).
- Risk of airway obstruction/respiratory failure.
- Possible sepsis.