

Friend Indeed

Target release	15 Mar 2022
Epic	Friend Indeed Project
Document status	PUBLISHED
Team	@ Joel Vinay Kumar @ sanyam bharani
Mentor	Rachit Srivastava
QA	@ Joel Vinay Kumar @ sanyam bharani

Objective

Backstory

10% of the Indian population, a staggering 13.8 crore people suffers from common mental disorders, and 1.9%, around 2.5 crore people suffer from severe mental disorders. Our mission is to make mental health equally important as physical health. We want to make mental well-being more approachable and help 10% of people.

What is this project?

Our platform is focused on helping people with mental illness to find the best therapists and make private 1:1 video chats. Users can easily book, reschedule or cancel sessions with any therapist using a 6-month or yearly subscription. This platform will also help users complete their courses using habit tracking tools.

Why us?

We offer you therapy from vetted and licensed therapists from across the country. We also help you build habits that are scientifically proven for your mental wellness. All your sessions and conversations in the app are 100% private.

Success metrics

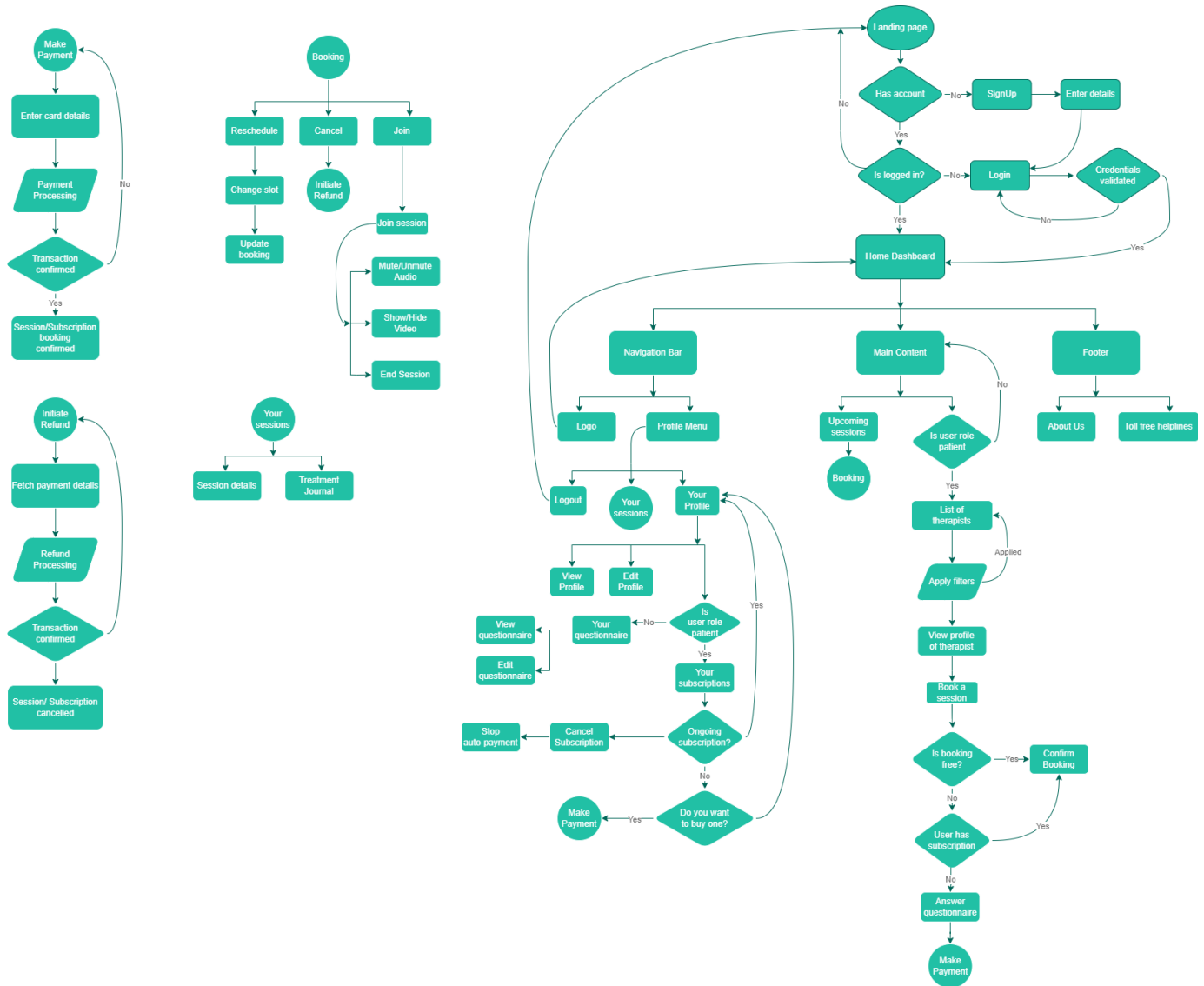
Goal	Metric
Weekly active users are not less than 500	Active users who are patients
Weekly active users are a minimum of 100	Active users who are therapists
Hassle-free bookings	Number of bookings
Test cases coverage	At least 95% code coverage

Assumptions

- All therapists signing up are authentic and certified medical practitioners
- All reschedule and cancel requests are perfectly okay with all users

Milestones

User stories



🎨 User interaction and design

[Figma Link](#)

Tech Stack

Backend	<ul style="list-style-type: none"> • Node JS • Typescript • Express • Postgres SQL
Frontend	<ul style="list-style-type: none"> • React JS • Typescript • Redux • Ant Design
DevOps	<ul style="list-style-type: none"> • Docker • Github Actions
Version Control	<ul style="list-style-type: none"> • Github
Visual Design	<ul style="list-style-type: none"> • Figma

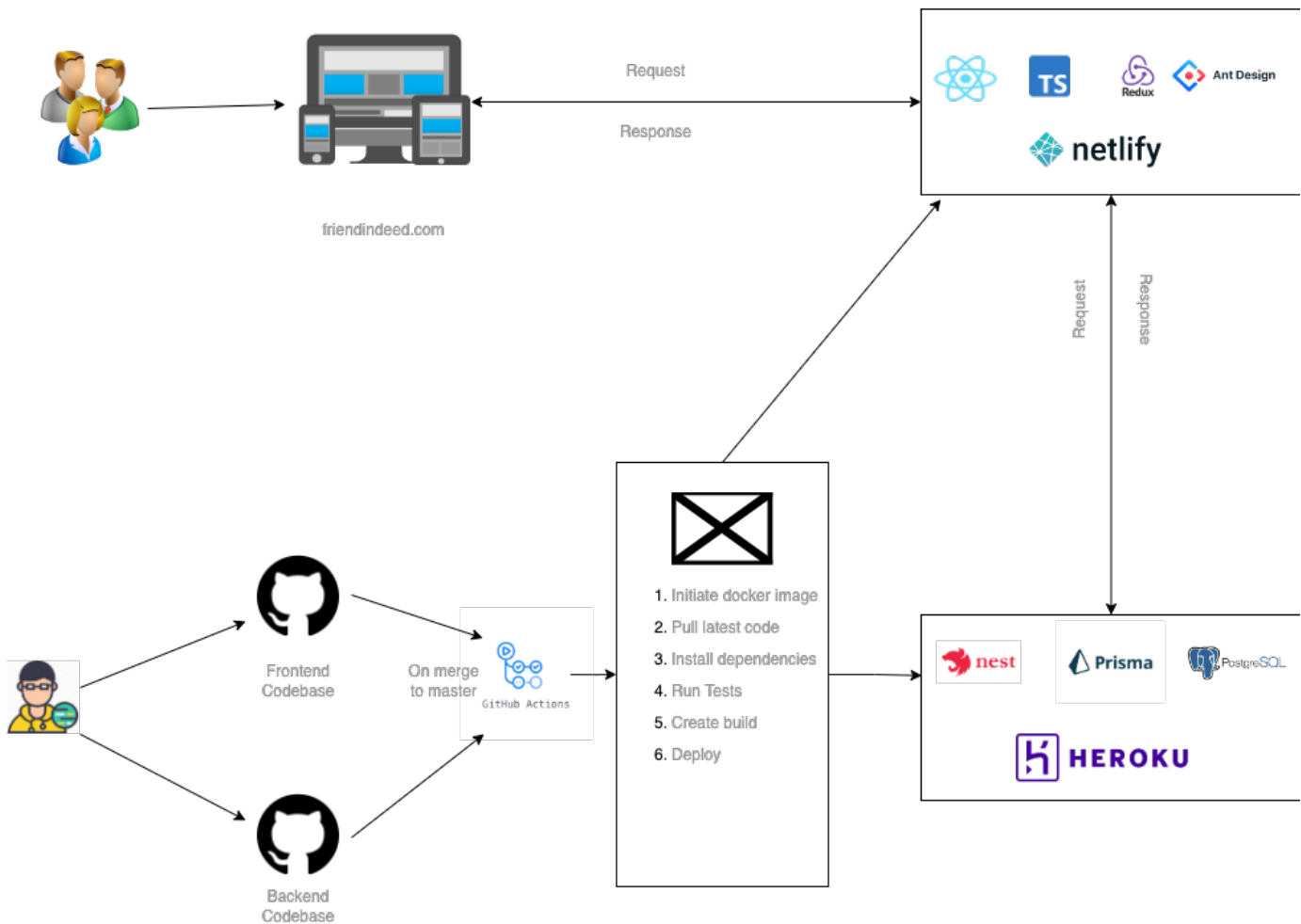
Third-party tools

- **RazorPay:** For payments
- **Calendly:** To book sessions

? Open Questions

Question	Answer	Date Answered
How does the user discover our services?	We're targeting more organic reach and inorganic as well. So, users will find us in ads and searches.	09/01/2022
What to do if I miss a session?	You can easily reschedule or cancel a session based on your availability	09/01/2022
I have suicidal thoughts, can you help me?	We strongly recommend you to use the tele helpline given in "contact us"	09/01/2022
Is there any limit to the number of sessions I can take?	No, you can take as many sessions as you want to based on therapists' availability	09/01/2022
Do I need a laptop to use the app?	You can use the app in both web browsers and mobile browsers.	09/01/2022

High-Level Design



! Out of Scope

- Ability to chat inside an ongoing video call
- Offer to play soothing/relaxing sounds when the user is waiting for an about-to-start meeting
- Offer pre-recorded videos for users on a category basis

Resources

- <https://pubmed.ncbi.nlm.nih.gov/16774719/>
- [Mental Health Issues in India: Concerns and Response Shankardass MK - Indian J Psy Nsg \(ijpn.in\)](#)
- Talk to Professional Certified Therapist and Counsellor Online | Online Therapist (<http://talktoangel.com>)
- <https://www.betterhelp.com/>