# Getting the most out of surveys: Multilevel Regression And Poststratification

Joseph T. Ornstein\*

#### Abstract

Good causal inference requires good measurement; even the most thoughtfully designed research can be derailed by noisy data. Because policy scholars are often interested in public opinion as a key dependent or independent variable, paying careful attention to the sources of measurement error from surveys is an essential step toward detecting causation. This chapter introduces multilevel regression and poststratification (MRP), an approach to adjusting public opinion estimates to account for observed imbalances between the survey sample and population of interest. It covers the history of MRP, recent advances, an example analysis with code, and concludes with a discussion of best practices and limitations of the approach.

#### **Keywords**

survey weighting, small area estimation, measurement, public opinion, R programming, Monte Carlo simulation

#### Learning Objectives

By the end of this chapter, you will be able to:

- Explain the motivation for MRP and the circumstances under which it is appropriate to implement.
- Describe the two steps in producing MRP estimates: model fitting and postsratification.
- Generate MRP estimates by adapting the provided sample code.
- Implement more sophisticated variants of MRP, including stacked regression and postratification (SRP) or multilevel regression and synthetic poststratification (MrsP) where appropriate.

#### 1 Introduction

The book you are reading is a testament to the "credibility revolution" in the social sciences (Angrist and Pischke 2010), a wide-ranging effort spanning multiple disciplines to develop credible, design-based approaches causal inference. It is difficult to overstate the influence this revolution has had on empirical social science, and the increasing emphasis that policymakers place on informing policy with good research design is a welcome trend.

But as the ongoing replication crisis in experimental psychology (Button et al. 2013) has made clear, good research design alone is insufficient to yield good science. After all, double-blind randomized control trials are the "gold standard" of credible causal inference, but small sample sizes and noisy measurement have created a situation where many published effect estimates fail to replicate upon further scrutiny (Loken and Gelman 2017). To confidently detect causation, one needs both good research design and good measurement.

Often policy researchers are interested in public opinion on some issue, either as an independent or dependent variable. But the surveys we use to measure public opinion are frequently unrepresentative in some important way. Perhaps their respondents come from a convenience sample (Wang et al. 2015), or non-response bias skews an otherwise random sample. Or perhaps the data is representative of some larger population (i.e. a

<sup>\*</sup>Department of Political Science, University of Georgia

country-level random sample), but contains too few observations to make inferences about a subgroup of interest. Even the largest US public opinion surveys do not have enough respondents to make reliable inferences about lower-level political entities like states or municipalities. Conclusions drawn from low frequency observations – even in a large sample survey – can be wildly misleading (Ansolabehere, Luks, and Schaffner 2015).

This presents a challenge for researchers: how to take unrepresentative survey data and adjust it so that it is useful for our particular research question. In this chapter, I will demonstrate a method called **multilevel regression and poststratification** (MRP). Using this approach, the researcher first constructs a model of public opinion (multilevel regression) and then reweights the model's predictions based on the observed characteristics of the population of interest (poststratification). In the sections that follow I will describe this approach in detail, accompanied by replication code in the R statistical language.

As we will see, the accuracy of our MRP estimates depends critically on whether the first-stage model makes good out-of-sample predictions. The best first-stage models are *regularized* (Gelman 2018) to avoid both over- and under-fitting to the survey data. Regularized ensemble models (Ornstein 2020) with group-level predictors tend to produce the best estimates, especially when trained on large survey datasets.

### 2 How It Works

MRP was first introduced by Gelman and Little (1997), and in the subsequent decades it has helped address a diverse set of research questions in political science. These range from generating election forecasts using unrepresentative survey data (Wang et al. 2015) to assessing the responsiveness of state (Lax and Phillips 2012) and local policymakers (Tausanovitch and Warshaw 2014) to their constituents' policy preferences.

To demonstrate how the method works, the next section will introduce a running example drawn from the Cooperative Election Study (Schaffner, Ansolabehere, and Luks 2021), a 50,000+ respondent study of voters in the United States. The 2020 wave of the study includes a question asking respondents whether they support a policy that would "decrease the number of police on the street by 10 percent, and increase funding for other public services." Since police reform is a policy issue on which US local governments have a significant amount of autonomy, it would be useful to know how opinions on this issue vary from place to place without having to conduct separate, costly surveys in each area.

The problem is that even a survey as large as CES has relatively few respondents in some small areas of interest. If we wanted to know, for example, what voters in Detroit thought about police reform, a survey of 50,000 people randomly sampled from across the United States will have, on average, only 100 people from Detroit. Estimates from such a small sample will not be very precise. And more importantly, those 100 people are unlikely to be representative of the population of Detroit, since the survey was designed to be representative of the country at large.

The core insight of the MRP approach is that we can use similar respondents from similar areas – e.g. Cleveland or Chicago or Pittsburgh – to improve our inferences about public opinion in Detroit. The way we do so is to first fit a statistical model of public opinion, using both individual-level predictors (e.g. race, age, gender, education) and group-level predictors (e.g. median income, population density) from our survey dataset. Then we reweight the predictions of the model to match the observed demographics and characteristics of Detroit. In this way, we get the most out of the information contained in our survey, and produce a better estimate of what Detroit residents think than our small sample from Detroit alone could produce.

## 3 Running Example

To help demonstrate this process, we will draw a small random sample from the CES survey, and, using that sample alone, attempt to estimate state-level public opinion on police reform in each US state. In this way, we can evaluate the accuracy of our MRP estimates, and explore how various refinements to the method improve predictive accuracy. This approach mirrors Buttice and Highton (2013), who use disaggregated responses from large-scale US survey of voters as their target estimand to evaluate MRP's performance. The

Cooperative Election Study data is available here, and we'll be using a tidied version of the dataset created by the R/cleanup-ces-2020.R script.<sup>1</sup>

```
library(tidyverse)
library(ggrepel)

load('data/CES-2020.RData')
```

This tidied version of the data only includes the 33 states with at least 500 respondents. First, let's plot the percent of CES respondents who supported "defunding" the police<sup>2</sup> by state.

Oregon is the only state where a majority of respondents supported this policy proposal. And note that Figure 1 likely *overstates* the percent of the total population that support such a policy, since self-identified Democrats are over-represented in the CES sample. But nevertheless, these population-level parameters will be a useful target to evaluate the performance of our MRP estimates.

## 3.1 Draw a Sample

Suppose that we did not have access to the entire CES dataset, but only to a random sample of 1,000 respondents. How good of a job can we do at estimating those state-level means?

```
## # A tibble: 33 x 3
##
      abb
             estimate
                         num
##
      <chr>
                <dbl> <int>
##
    1 AL
                0.55
                          20
    2 AR
##
                0
                           4
##
    3 AZ
                0.438
                          16
##
    4 CA
                0.435
                          85
##
    5 CO
                0.478
                          23
##
   6 CT
                0.375
                           8
   7 FL
                0.402
                          87
```

 $<sup>^{1}</sup>$ All replication code and data will be made available on a public repository. Throughout, I will use R functions from the "tidyverse" (Wickham et al. 2019) to make the code more human-readable.

<sup>&</sup>lt;sup>2</sup>Obviously that phrase means different things to different people. In this case, we'll stick with the CES proposed policy of reducing police staffing by 10% and diverting those expenditures to other priorities.

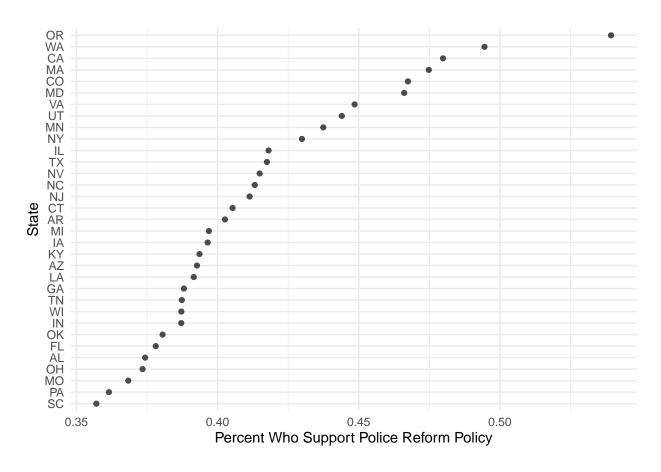


Figure 1: The percent of CES respondents in each state who support reducing police budgets. These are our target estimands.

```
## 8 GA 0.346 26
## 9 IA 0.308 13
## 10 IL 0.28 50
## # ... with 23 more rows
```

In a sample with only 1,000 respondents, there are several states with very few (or no) respondents. Notice, for example, that this sample includes only four respondents from Arkansas, of whom zero support reducing police budgets. Simply disaggregating and taking sample means is unlikely to yield good estimates, as you can see by comparing those sample means against the truth.

```
# a function to plot the state-level estimates against the truth
compare_to_truth <- function(estimates, truth){</pre>
  d <- left_join(estimates, truth, by = 'abb')</pre>
  ggplot(data = d,
         mapping = aes(x=estimate,
                        y=truth,
                        label=abb)) +
  geom_point(alpha = 0.5) +
  geom_text_repel() +
  theme minimal() +
  geom abline(intercept = 0, slope = 1, linetype = 'dashed') +
  labs(x = 'Estimate',
       y = 'Truth',
       caption = pasteO('Correlation = ', round(cor(d$estimate, d$truth), 2),
                         ', Mean Absolute Error = ', round(mean(abs(d$estimate - d$truth)), 3)))
}
compare_to_truth(sample_summary, truth)
```

These are clearly poor estimates of state-level public opinion. The four respondents from Arksansas simply do not give us enough information to adequately measure public opinion in that state. But one of the key insights behind MRP is that the respondents from Arkansas are not the only respondents who can give us information about Arkansas! There are other respondents in, for example, Missouri, that are similar to Arkansas residents on their observed characteristics. If we can determine the characteristics that predict support for police reform using the entire survey sample, then we can use those predictions – combined with demographic information about Arkansans – to generate better estimates. The trick, in essence, is that our estimate for Arkansas will be borrowing information from similar respondents in other states.

The method proceeds in three steps.

#### 3.2 Step 1: Fit a Model

First, we fit a model of our outcome, using observed characteristics of the survey respondents as predictors. To demonstrate, let's fit a simple logistic regression model including only four demographic predictors: gender, education, race, and age.

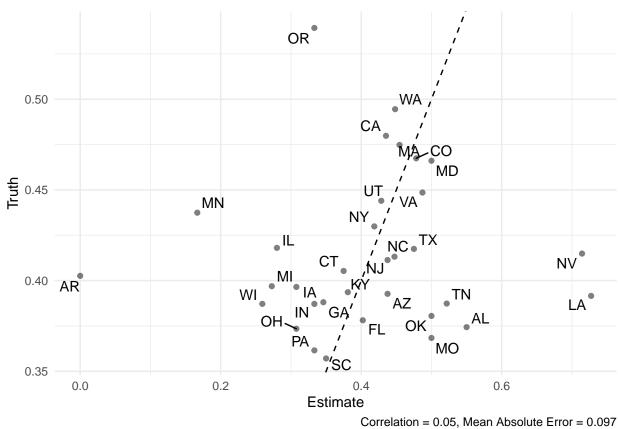


Figure 2: Esimates from disaggregated sample data

#### 3.3 Step 2: Construct the Poststratification Frame

The poststratification stage requires the researcher to know (or estimate) the joint frequency distribution of predictor variables in each state. This information is stored in a "poststratification frame," a matrix where each row is a unique combination of characteristics, along with the observed frequency of that combination. Often, one constructs this frequency distribution from Census micro-data (Lax and Phillips 2009). For our demonstration, I will compute it directly from the CES.

```
psframe <- ces %>%
   count(abb, gender, educ, race, age)

head(psframe)

## # A tibble: 6 x 6

## abb gender educ race age n
```

```
##
            gender educ
     abb
                           race
                                     age
                                              n
##
     <chr> <chr> <chr> <chr> <chr> <chr> <chr> <dbl>
                                         <int>
## 1 AL
            Female 2 year Black
                                      26
## 2 AL
            Female 2_year Black
                                      27
                                              2
## 3 AL
            Female 2_year Black
                                      29
                                              1
## 4 AL
            Female 2_year Black
                                      31
                                              1
## 5 AL
            Female 2 year Black
                                      34
                                              2
## 6 AL
            Female 2 year Black
                                              2
                                      35
```

#### 3.4 Step 3: Predict and Poststratify

With the model and poststratification frame in hand, the final step is to generate frequency-weighted predictions of public opinion. For each cell in the poststratification frame, append the model's predicted probability of supporting police defunding.

```
psframe$predicted_probability <- predict(model, psframe, type = 'response')</pre>
```

Then the poststratified estimates are the frequency-weighted means of those predictions.

```
poststratified_estimates <- psframe %>%
  group_by(abb) %>%
  summarize(estimate = weighted.mean(predicted_probability, n))
```

Let's see how these estimates compare with the known values (Figure 3).

```
compare_to_truth(poststratified_estimates, truth)
```

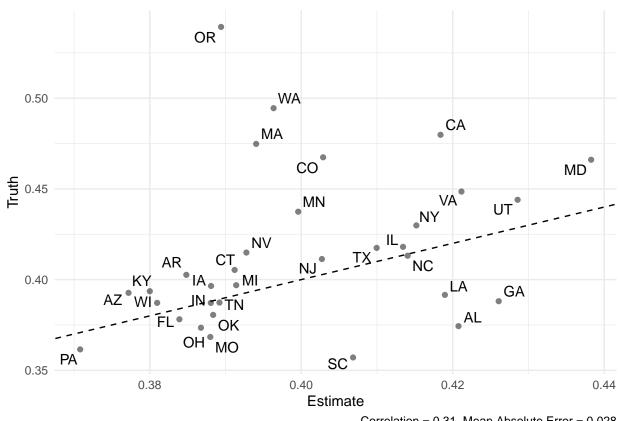
These estimates, though still imperfectly correlated with the truth, are much better than the previous estimates from disaggregation. Notice, in particular, that the estimate for Arkansas went from 0% to roughly 39%, reflecting the significant improvement that comes from using more information than the four Arkansans in our sample can provide.

But we can still do better. In the following sections, I will show how successive improvements to the first-stage model can yield more reliable poststratified estimates.

#### 3.5 Beware Overfitting

A common instinct among social scientists building models is to take a "kitchen sink" approach, including as many explanatory variables as possible (Achen 2005). This is counterproductive when the objective is out-of-sample predictive accuracy. To illustrate, let's estimate a model with a separate intercept term for each state – a "fixed effects" model. Because our sample contains several states with very few observations, these state-specific intercepts will be overfit to sampling variability.

```
# fit the model
model2 <- glm(defund_police ~</pre>
```



Correlation = 0.31, Mean Absolute Error = 0.028

Figure 3: Underfit MRP estimates from complete pooling model

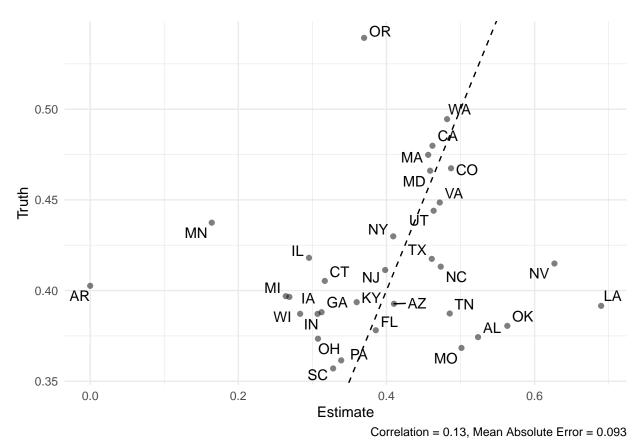


Figure 4: Overfit MRP estimates from fixed effects model

These poststratified estimates perform about as well as the disaggregated estimates from Figure 2. Because each state's intercept is estimated separately, the over-fit model foregoes the advantages of "partial pooling" (Park, Gelman, and Bafumi 2004), borrowing information from respondents in other states. Note that the

estimate for Arkansas is once again 0%.

### 3.6 Partial Pooling

A better approach is to estimate a multilevel model (alternatively known as "varying-intercepts" or "random effects" model), including group-level covariates. In the model below, I estimate varying intercepts by US Census division, including the state's 2020 Democratic vote share as a covariate. The result is a marked improvement over Figure 3 (particularly for west coast states like Oregon, Washington, and California).

```
library(lme4)
# fit the model
model3 <- glmer(defund_police ~ gender + educ + race + age +</pre>
                (1 + biden_vote_share | division),
                 data = sample_data,
                 family = 'binomial')
# construct the poststratification frame
psframe <- ces %>%
  count(abb, gender, educ, race, age, division, biden_vote_share)
# make predictions
psframe$predicted probability <- predict(model3, psframe, type = 'response')</pre>
# poststratify
poststratified_estimates <- psframe %>%
  group_by(abb) %>%
  summarize(estimate = weighted.mean(predicted probability, n))
compare_to_truth(poststratified_estimates, truth)
```

#### 3.7 Sample Size Is Critical

MRP's performance depends heavily on the quality and size of the researcher's survey sample. Up to now, we've been working with a random sample of 1,000 respondents, and though the resulting estimates are better than the raw sample means, their performance has been somewhat underwhelming. Suppose instead we had a sample of 5,000 respondents.

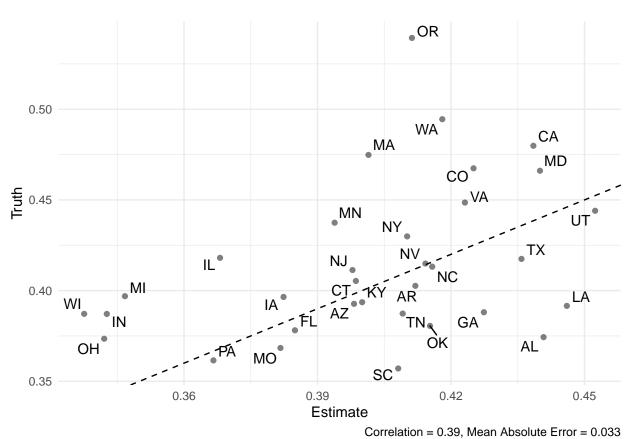


Figure 5: MRP estimates from model with partial pooling

```
poststratified_estimates <- psframe %>%
  group_by(abb) %>%
  summarize(estimate = weighted.mean(predicted_probability, n))
compare_to_truth(poststratified_estimates, truth)
```

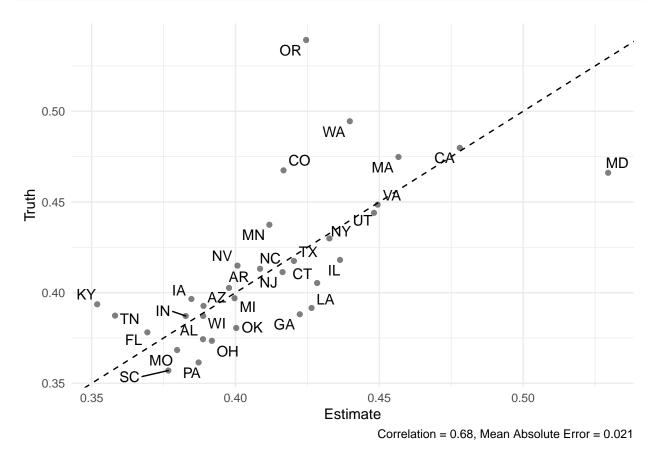


Figure 6: Poststratified estimates with a survey sample of 5,000

Now MRP really shines. With more observations, the first-stage model can better predict opinions of out-of-sample respondents, which dramatically improves the poststratified estimates.

## 3.8 Stacked Regression and Poststratification (SRP)

Ultimately, the accuracy of one's poststratified estimates depends on the out-of-sample predictive performance of the first-stage model. As we've seen above, the challenge is to thread the needle between over-fitting and under-fitting. Several recent papers (Bisbee 2019; Ornstein 2020; Broniecki, Leemann, and Wüest 2022) have shown that approaches from machine learning can help to automate this process, particularly with large survey samples.

In the code below, I'll demonstrate how an ensemble of models – using the same set of predictors but different methods for combining them into predictions – can yield superior performance to a single multilevel regression model. In particular, I will fit a "stacked regression" (Breiman 1996), which makes predictions based on a weighted average of multiple models, where the weights are assigned by cross-validated prediction performance (van der Laan, Polley, and Hubbard 2007). The literature on ensemble models is extensive, but for good entry points I recommend Breiman (1996), Breiman (2001), and Montgomery, Hollenbach, and Ward (2012).

```
# construct the poststratification frame
psframe <- ces %>%
  count(abb, gender, educ, race, age, division, biden vote share)
# fit the model (an ensemble of random forest and logistic regression)
library(SuperLearner)
SL.library <- c("SL.ranger", "SL.glm")
X <- sample_data %>%
  select(gender, educ, race, age, division, biden_vote_share)
newX <- psframe %>%
  select(gender, educ, race, age, division, biden_vote_share)
sl <- SuperLearner(Y = sample_data$defund_police,</pre>
                       X = X,
                       newX = newX,
                       family = binomial(),
                       SL.library = SL.library, verbose = FALSE)
# make predictions
psframe$predicted_probability <- sl$SL.predict</pre>
# poststratify
poststratified_estimates <- psframe %>%
  group_by(abb) %>%
  summarize(estimate = weighted.mean(predicted_probability, n))
compare_to_truth(poststratified_estimates, truth)
```

The performance gains in Figure 7 reflect the improvement that comes from modeling "deep interactions" in the predictors of public opinion (Ghitza and Gelman 2013). If, for example, income better predicts partisanship in some states but not in others (Gelman et al. 2007), then a model that captures that moderating effect will produce better poststratified estimates than one that does not. Machine learning techniques like random forest (Breiman 2001) are especially useful for automatically detecting and representing such deep interactions, and stacked regression and poststratification (SRP) tends to outperform MRP in simulations, particularly for training data with large sample size (Ornstein 2020).

#### 3.9 Synthetic Poststratification

Researchers rarely have access to the entire joint distribution of individual-level covariates. This can be limiting, since there may be variables that one would like to include in the first-stage model, but cannot because is not in the poststratification frame. Leemann and Wasserfallen (2017) suggest an extension of MRP, which they (delightfully) dub Multilevel Regression and Synthetic Poststratification (MrsP). Lacking the full joint distribution of covariates for poststratification, one can instead create a *synthetic* poststratification frame by assuming that additional covariates are statistically independent of one another. So long as the first-stage model is linear-additive, this approach yields the same predictions as if you knew the true joint distribution!<sup>3</sup> And even if the first-stage model is not linear-additive, simulations suggest that the improved performance from additional predictors tends to overcome the error introduced in the poststratification stage.

Here are some CES covariates that we might want to include in our model of police reform:

• How important is religion to the respondent?

<sup>&</sup>lt;sup>3</sup>See Ornstein (2020) appendix A for mathematical proof.

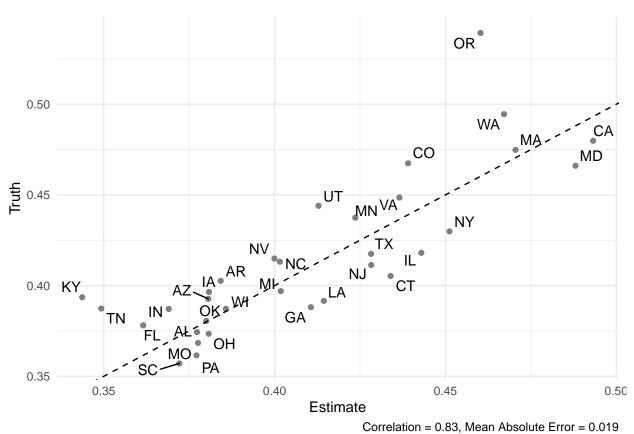


Figure 7: Estimates from an ensemble first-stage model

- Whether the respondent lives in an urban, rural, or suburban area
- Whether the respondent or a member of the respondent's family is a military veteran
- Whether the respondent owns or rents their home
- Is the respondent the parent or guardian of a child under the age of 18?

These variables are likely to be useful predictors of opinion about police reform, and the first-stage model could be improved by including them. But there is no dataset (that I know of) that would allow us to compute a state-level joint probability distribution over every one of them. Instead, we would typically only know the marginal distributions of each covariate (e.g. the percent of a state's residents that are military households, or the percent that live in urban areas). So a synthetic poststratification approach may prove helpful.

To create a synthetic poststratification frame, we create a set of marginal probability distributions, and multiply them together.  $^4$ 

```
# fit the model
model4 <- glmer(defund_police ~ gender + educ + race + age +</pre>
                  pew_religimp + homeowner + urban +
                  parent + military_household +
                  (1 + biden_vote_share | division),
                data = sample_data,
                family = 'binomial')
# construct the poststratification frame
psframe <- ces %>%
  count(abb, gender, educ, race, age,
        division, biden_vote_share) %>%
  # convert frequencies to probabilities
  group_by(abb) %>%
  mutate(prob = n/sum(n))
# find the marginal distribution for each new variable
marginal_pew_religimp <- ces %>%
  count(abb, pew_religimp) %>%
  group_by(abb) %>%
  mutate(marginal_pew_religimp = n/sum(n))
marginal_homeowner <- ces %>%
  count(abb, homeowner) %>%
  group by(abb) %>%
  mutate(marginal homeowner = n/sum(n))
marginal_urban <- ces %>%
  count(abb, urban) %>%
  group_by(abb) %>%
  mutate(marginal_urban = n/sum(n))
marginal_parent <- ces %>%
  count(abb, parent) %>%
  group_by(abb) %>%
  mutate(marginal_parent = n/sum(n))
marginal_military_household <- ces %>%
  count(abb, military household) %>%
```

<sup>&</sup>lt;sup>4</sup>The SRP package contains a convenience function for this operation (see the vignette for more information).

Then poststratify as normal using the synthetic poststratification frame.

#### 3.10 Best Performing

As a final demonstration, suppose we had access to the entire joint distribution over those covariates, and our first stage model was a Super Learner ensemble. This combination yields the best-performing estimates yet (Figure 9).

```
# construct the poststratification frame
psframe <- ces %>%
  count(abb, gender, race, age, educ,
        division, biden_vote_share,
        pew_religimp, homeowner, urban,
        parent, military_household)
# fit Super Learner
SL.library <- c("SL.ranger", "SL.glm")</pre>
X <- sample_data %>%
  select(gender, race, age, educ,
        division, biden_vote_share,
        pew_religimp, homeowner, urban,
        parent, military_household)
newX <- psframe %>%
  select(gender, race, age, educ,
        division, biden_vote_share,
        pew_religimp, homeowner, urban,
```

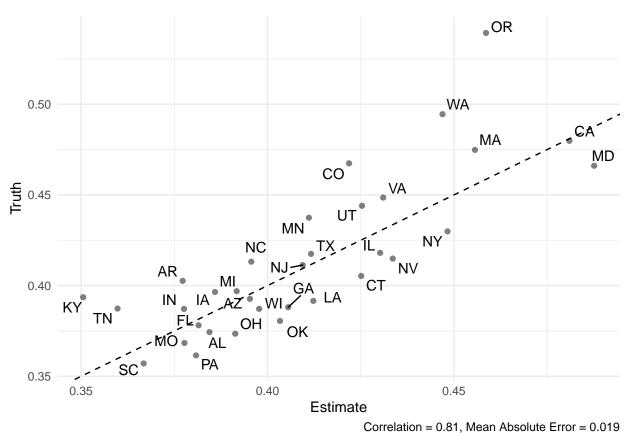


Figure 8: Estimates from synthetic poststratification, including additional covariates

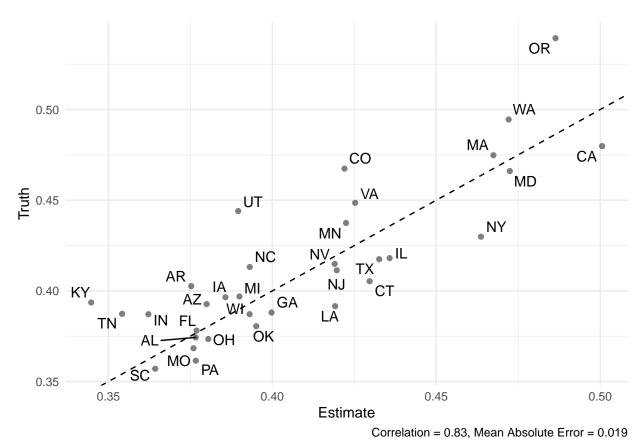


Figure 9: The best performing estimates, using a large survey sample, ensemble first stage model, and full set of predictors.

The results shown in Figure 9 reflect all the gains from a larger sample size, ensemble modeling, and a full set of individual-level and group-level predictors.

### 4 Conclusion

For policy researchers interested in public opinion, MRP and its various refinements offer a useful approach to get the most out of survey data. The results I've presented in this chapter suggest a few lessons to keep in mind when applying MRP to one's own research.

First, be wary of first-stage models that are underfit or overfit to the survey data. As we saw in Figure 3, MRP estimates with too few predictors tend to over-shrink towards the grand mean.<sup>5</sup> Using such estimates to inform subsequent causal inference would understate the differences between regions. Conversely, models that are overfit to survey data (e.g. Figure 4) will tend to exaggerate regional differences.

Second, new techniques like synthetic poststratification and stacked regression can help researchers manage the tradeoff between underfitting and overfitting. Synthetic poststratification allows for the inclusion of more relevant predictors, and regularized ensemble models help ensure that the predictions are not over-fit to noisy survey samples. The best estimates often come from combining these two approaches.

Finally, recall that the most significant performance gains in our demonstration came not from more sophisticated modeling techniques, but from more data. As we saw in Figure 6, working with a larger survey yielded greater improvements than any tinkering around with the first-stage modeling choices. MRP is not a panacea, and one should be skeptical of estimates produced from small-sample surveys, regardless of how they are operationalized.

In the code above I emphasize "do-it-yourself" approaches to MRP – fitting a model, building a poststratification frame, and producing estimates separately. But there are a now number of R packages available with useful functions to help ease the process. In particular, I would encourage curious readers to explore the autoMrP package (Broniecki, Leemann, and Wüest 2022), which implements the ensemble modeling approach described above, and performs quite well in simulations when compared to existing packages.

## 5 Further Suggested Readings

- McElreath, Richard. 2020. Statistical Rethinking: A Bayesian Course with Examples in R and Stan. 2nd ed. Boca Raton: Taylor and Francis, CRC Press. (particularly chapter 13).
- Gelman, Andrew, Jennifer Hill, and Aki Vehtari. 2021. Regression and Other Stories. Cambridge, United Kingdom: Cambridge University Press. (particularly chapter 17).

## 6 Review Questions

- 1. What other individual-level or group-level variables might be useful to include in the first-stage model of opinion on police reform, if they were available?
- 2. Why is regularization crucial for constructing good first-stage MRP models?
- 3. What are the benefits and potential downsides of using a synthetic poststratification frame?

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<sup>&</sup>lt;sup>5</sup>In the limit, a first-stage model with zero predictors would yield identical poststratified estimates for each state, equal to the survey sample mean.

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