

### mamnoon sampler

comes with house made pita, pickles & crudité

#### mezze

*bowls of dips and spreads*

**hummus** chickpeas, olive oil, cumin (veg, vegan, gf)  
**baba ganoush** smoky eggplant, tahini, lemon (veg, vegan, gf)  
**tabbouleh** parsley, bulgur, lemon, tomato, cucumber (veg, vegan)  
**labneh** strained yogurt, mint oil, nigella (veg, gf)

#### man'oushe

*lebanese street food! house made arabic bread baked with toppings, wrapped in paper and cut in half*

**za'atar** wild thyme, tomato, olive, labneh, herbs (veg)  
**lahm bi ajine** lamb, peppers, pomegranate molasses, herbs  
**fleifeleh** red pepper confit, nigella, sesame, herbs (veg, vegan)  
**shawarma** spiced chicken, peppers, lettuce, tomato, garlic sauce  
**8 people** 2 of each man'oushe, 1 bowl of each mezze, 12 pita / **168**  
**12 people** 3 of each man'oushe, 2 bowls each of mezze, 18 pita / **252**  
**16 people** 4 of each man'oushe, 3 bowls of each mezze, 24 pita / **336**  
**24 people** 6 of each man'oushe, 4 bowls of each mezze, 36 pita / **504**

#### contact us to place your order!

• 206 906 9606  
• catering@mamnoonrestaurant.com  
• www.mamnoonrestaurant.com  
• 1508 Melrose Ave, Seattle, 98122

### just mezze or just man'oushe

#### mezze - choose 4

*bowls of dips and spreads, served with pita, pickles & crudité*

**hummus** chickpeas, olive oil, cumin (veg, vegan, gf)  
**baba ganoush** smoky eggplant, tahini, lemon (veg, vegan, gf)  
**tabbouleh** parsley, bulgur, lemon, tomato, cucumber (veg, vegan)  
**labneh** strained yogurt, mint oil, nigella (veg, gf)  
**muhammara** walnut, pepper, cumin, pomegranate molasses (veg, vegan)  
**shamandar** grated beets, yogurt, tahini, mint (veg, gf)

**8 people** bowls of each chosen mezze, 12 pita / **88**

**12 people** bowls of each chosen mezze, 18 pita / **132**

**16 people** bowls of each chosen mezze, 24 pita / **176**

**24 people** platters of each mezze, 36 pita / **264**

#### man'oushe - choose 4

*lebanese street food! house made arabic bread baked with toppings, wrapped in paper and cut in half*

**za'atar** wild thyme, tomato, olive, labneh, herbs (veg)  
**lahm bi ajine** lamb, peppers, pomegranate molasses, herbs  
**fleifeleh** red pepper confit, nigella, sesame, herbs (veg, vegan)  
**shawarma** spiced chicken, peppers, lettuce, tomato, garlic sauce  
**falafel** cabbage salad, garlic yogurt, tomato, pickle (veg)

**8 people** 2 of each man'oushe / **80**

**12 people** 3 of each man'oushe / **120**

**16 people** 4 of each man'oushe / **160**

**24 people** 6 of each man'oushe / **240**

### add-ons

#### man'oushe add-ons - price per man'oushe

**halloumi** grilled cow's milk cheese / **3**

**chicken (halal)** yogurt marinated chicken breast / **4**

**gluten free bread** house made with sesame, nigella / **3**

#### sides and extras

**dolmeh** sweet and sour rice wrapped in grape leaves (veg, vegan) / **2 piece**  
**extra pita** (3 pieces) / **2 order**

**gluten free za'atar crackers** (5 pieces) / **4 order**

**harra sauce** house made hot sauce (veg, vegan) / **4 order**

**laban bi khlar** cucumber yogurt sauce / **5 order**

#### mezze bowls - with 6 house made pita - serves 6 - 8

**hummus** chickpea, olive oil, cumin, (veg, vegan, gf) / **28**

**baba ganoush** smoky eggplant, tahini, lemon (veg, vegan, gf) / **32**

**tabbouleh** parsley, bulgur, lemon, tomato, cucumber (veg, vegan) / **32**

**labneh** strained yogurt, mint oil, nigella (veg, gf) / **26**

**muhammara** walnut, pepper, cumin, pomegranate molasses (veg, vegan) / **32**

**shamandar** grated beets, yogurt, tahini, mint (veg, gf) / **28**

#### sweets

**baklava** pistachio/walnut, orange blossom water / **3 piece**

**ma'amoul** date filled farina cookie / **2 piece**