

#mamafamilymeal this week!

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tuesday, january 19th

meat option: pomegranate braised lamb shanks OR vegetarian option: mbar's crispy polenta cakes

wednesday, january 20th

meat option: pomegranate braised lamb shanks OR vegetarian option: mbar's crispy polenta cakes

thursday, january 21st

meat option: build your own fried chicken sandwich OR vegetarian option: mbar's crispy polenta cakes

friday, january 22nd

meat option: mbar's grilled NY strip OR vegetarian option: mbar's crispy polenta cakes

saturday, january 23rd

meat option: mbar's grilled NY strip OR vegetarian option: mbar's crispy polenta cakes