



grab and go

hummus

chickpea, tahini, lemon, garlic, aleppo
(vegan, gf)

7

baba ganoush

charred eggplant, tahini, lemon (vegan,
gf)

7

labneh

strained yogurt, mint, nigella (v, gf)

7

muhammara

walnut, pepper paste, cumin, garlic,
pomegranate molasses (vegan)

7

quinoa salad

quinoa, arugula, herbs, shamandar,
avocado & 24 karat dressing (vegan, gf)

11

kale avocado salad

kale, avocado, nigella seeds, shamsi
dressing (vegan, gf)

10

hot bowls

balila

spiced chickpea soup & broth served with
brown rice & lemon (vegan)

10

mujadara

french lentils and brown rice,
caramelized onion, pickled red cabbage,
garlic yogurt, & pickled fresno chili (v, gf)

11

add-ons

soft boiled egg 2

brown rice 2

avocado 2

café & teas

espresso/turkish coffee

4

chai latte

served vegan or with milk

5

your health is an investment,
not an expense