

Local Allergen Guide	<div>LOCAL Allergen Guide</div>														
April 12 2025															
*may - cross contaminated from deep fry oil															
may - processed in same plant, no procedures to prevent cross contamination, cannot guarantee															
may: garlic & onion - Contains "spices" in the ingredient list.															
Gluten - wheat, rye, barley & most oats, soy sauce (GF Soy stores exempt)															
Brunch	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Mole Pork Pave Hash	egg *may - potato pave	*may - potato pave	*may - potato pave	*may - potato pave			may - Hungarian peppers *may - potato pave		*may - potato pave	*may - potato pave			southern seasoning, scallion oil, green onion, caramelized onions, mole pork *may - potato pave	southern seasoning, scallion oil, Hungarian peppers, mole pork	
Eggs Benedict & Potato Pave TEST	Eggs Hollandaise may - sourdough *may - potato pave	Hollandaise -anchovy *may - potato pave	*may - potato pave	Hollandaise may - sourdough *may - potato pave	may - sourdough	may - sourdough	*may - potato pave		sourdough *may - potato pave	sourdough *may - potato pave	Hollandaise potatoes		ketchup, Hollandaise, southern seasoning, green onion *may - potato pave	Hollandaise, southern seasoning may - ketchup	
Avocado Eggs Benedict & Potato Pave	Eggs Hollandaise may - sourdough *may - potato pave	Hollandaise -anchovy *may - potato pave	*may - potato pave	Hollandaise may - sourdough *may - potato pave	may - sourdough	may - sourdough	*may - potato pave		sourdough *may - potato pave	sourdough *may - potato pave	Hollandaise, pico de gallo potatoes		ketchup, Hollandaise, southern seasoning, green onion, pico de gallo *may - potato pave	Hollandaise, southern seasoning, pico de gallo may - ketchup	color (pico de gallo)
Breakfast Sandwich & Fries TERRY	Egg Secret Sauce may - bun *may - fries	*may - fries	*may - fries	Cheese may - back bacon, bun *may - fries		may - bun	may - bun *may - fries		bun *may - fries	bun *may - fries	may - bun Secret sauce	may - whirl	ketchup *may - fries	may - secret sauce, ketchup	color (cheese) Xanthan- Sauce
Breakfast Sandwich & Fries TEX	Egg Secret Sauce may - bun *may - fries	*may - fries	*may - fries	Cheese may - bun *may - fries			*may - fries		bun *may - fries	bun *may - fries			ketchup may - secret sauce *may - fries	may - secret sauce, ketchup	color (cheese) Xanthan- Sauce
Chicken & Waffle	waffle *may - chicken	*may - chicken	Hollandaise - anchovy *may - chicken	Hollandaise *may - chicken			waffle *may - chicken		Chicken Waffle	Chicken Waffle	Lemon Dill Vinegar	Lemon Dill vinegar	Coleslaw mix Southern seasoning, Hollandaise *may - chicken	Southern Seasoning, Hollandaise	
Dutch Baby Pancake	pancake			butter					pancake	pancake					
Huevos Rancheros (TEST)	eggs *may - chips	*may - chips	*may - chips	sour cream/ yogurt, cheese *may - chips			may - salsa *may - chips		*may - chips	*may - chips	may - salsa		salsa, refried beans *may - chips	salsa, black beans, refried beans	orange color (cheese)

Farmer's Breakfast	egg may - sourdough bread *may - potato pave	*may - potato pave	*may - potato pave	may - sourdough bread *may - potato pave	may - sourdough bread	may - sourdough bread	*may - potato pave		sourdough bread *may - potato pave	sourdough bread *may - potato pave	potatoes		southern seasoning, green onion, ketchup *may - potato pave	southern seasoning may - ketchup	
Side Pave Potatoes	*may - potato pave	*may - potato pave	*may - potato pave	*may - potato pave			*may - potato pave		*may - potato pave	*may - potato pave	potatoes		southern seasoning, green onion *may - potato pave	southern seasoning	

Starters	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Chiquiro Pork Tacos	mayonnaise			feta	may - pumpkin seeds		may - mole pork	may - pumpkin seeds			Pico de gallo may - mole pork		Pico de gallo, mole pork may - Mayonnaise	Pico de gallo, mole pork may - Mayonnaise	color (pico de gallo)
Nachos	*may - chips	*may - chips	*may - chips	Cheese sauce Cheese Sour cream Yogurt			may - salsa *may - chips		*may - chips	*may - chips	pico de gallo may - salsa		Green onion Salsa Pico de gallo Pickled red onion may - cheese sauce *may - chips	Salsa Pico de gallo Cheese sauce	color (pico de gallo), Orange color (cheese, cheese sauce)
Nachos with Nacho Beef	*may - chips	*may - chips	*may - chips	Cheese sauce Cheese Sour cream Yogurt			may - Salsa Mexi beef *may - chips		*may - chips	*may - chips	pico de gallo may - salsa, Mexi beef		Green onion Salsa Pico de gallo Pickled red onion Refried beans may - cheese sauce *may - chips Mexi beef	Salsa Mexi beef Pico de gallo Cheese sauce Refried beans	color (pico de gallo) Orange color (cheese)
Nachos TERRY AVE	*may - chips	*may - chips	*may - chips	Cheese sauce Cheese Sour cream Yogurt			may - salsa *may - chips		*may - chips	*may - chips	pico de gallo may - salsa		Green onion Salsa Pico de gallo Pickled red onion cheese sauce *may - chips	Salsa Pico de gallo Cheese sauce	color (pico de gallo, pickled jalapeno), Orange color (cheese, cheese sauce)
Nacho Beef											may		yes	yes	
Impossible Nacho Beef							yes				may		yes	yes	
Nachos (NEW TEST)	*may - chips	*may - chips	may - barbacoa beef *may - chips	Cheese sauce Cheese feta Sour cream Yogurt, barbacoa beef			barbacoa beef *may - chips		barbacoa beef *may - chips	barbacoa beef *may - chips	pico de gallo, barbacoa beef		Salsa refried beans Pico de gallo Pickled red onion, barbacoa beef may - cheese sauce *may - chips	Salsa refried beans Pico de gallo barbacoa beef Cheese sauce	color (pico de gallo, barbacoa beef)), Orange color (cheese, cheese sauce)
Hand-made Guacamole & Chips	*may - chips	*may - chips	*may - chips	may - chips *may - chips			*may -chips		*may -chips	*may -chips	Pico de gallo		Pico de gallo	Pico de gallo	color - pico de gallo
Hot Wings & Blue Cheese Dressing	blue cheese dressing *may - wings	*may - wings	*may - wings	Blue cheese dressing *may - wings			*may - wings		*may - wings	*may - wings		blue cheese dressing	Franks Hot Sauce *may - wings	blue cheese dressing Franks hot sauce	
Yam Fries	*may - Fryer	*may - Fryer	*may - Fryer	*may - fryer			*may - Fryer		*may - Fryer	*may - Fryer			may - Lemon mayo *may- Fryer	Lemon mayo	
Fully Loaded Crispy Yukon Potatoes	Parmesan Horseradish aioli *may - potatoes, bacon	*may - potatoes, bacon	*may - potatoes, bacon	Parmesan Horseradish aioli *may - potatoes, bacon			Horseradish aioli *may - potatoes, bacon		*may - potatoes, bacon	*may - potatoes, bacon	Horseradish aioli Bacon Potatoes	Horseradish aioli	Onion Horseradish aioli may - Valentina *may - potatoes, bacon	Horseradish aioli Valentina	Artificial flavor (horseradish aioli)

Fully Loaded Crispy Potato Pave NEW TEST	Horseradish aioli *may - potato pave, bacon	*may - potato pave, bacon	*may - potato pave, bacon	Parmesan Horseradish aioli *may - potato pave, bacon			Horseradish aioli *may - potato pave, bacon		*may - potato pave, bacon	*may - potato pave, bacon	Horseradish aioli Bacon Potatoes	Horseradish aioli	Onion Horseradish aioli southern seasoning may - Valentina *may - potato pave, bacon	Horseradish aioli southern seasoning may - Valentina	Artificial flavor (horseradish aioli)
Chinatown Shrimp Dumplings	Korean mayo May - garlic chili, sesame seeds	may - Dumplings	Dumplings	may - garlic chili, sesame seeds	may - garlic chili, sesame seeds	sesame seeds Garlic chili sauce Dumplings	Korean mayo Garlic chili sauce Dumplings may - sesame seeds	may - garlic chili, sesame seeds	Korean mayo Dumplings may - sesame seeds	Korean mayo Dumplings may - sesame seeds			Green Onion Dumplings Korean mayo	Korean mayo Garlic chili sauce Dumplings	Artificial flavor (garlic chili sauce)

Starters	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Tortilla Chips & Salsa	*may - chips	*may - chips	*may - chips	may - chips *may - chips			*may - chips		*may - chips	*may - chips			salsa *may - chips	salsa	
Perogies				Butter Sour cream Yogurt Perogies					perogies	perogies			caramelized onion, green onion, perogies	perogies	orange color (perogies, cheese)
LOCAL Fried Chicken	may - chicken *may - chicken	*may - chicken	*may - chicken	may - chicken *may - chicken		*may - chicken	may - chicken *may chicken		fried chicken	fried chicken			*may - chicken	fried chicken	
Dragon Glaze				may - dragon glaze	may - dragon glaze peanuts	dragon glaze	dragon glaze, peanuts	may - dragon glaze	dragon glaze, crispy onions	dragon glaze, crispy onions			crispy onions, green onions, dragon glaze	dragon glaze	MSG, artificial flavor (dragon glaze)
Hot Honey													southern seasoning may - pickles	southern seasoning may - pickles	
Local Roti and Curry	roti			roti	may - coconut curry sauce	chili oil	chili oil	May - chili oil	roti, chili oil	roti, chili oil	coconut curry sauce		coconut curry sauce	coconut curry sauce, chili oil	MSG (coconut curry sauce, chili oil)
Roasted Beet Hummus				feta may - cumin spice mix, beet hummus	may - cumin spice mix, beet hummus	cumin spice mix, beet hummus	may - cumin spice mix, beet hummus	may - cumin spice mix, beet hummus	may - cumin spice mix, beet hummus	may - cumin spice mix, beet hummus			pickled red onion	beet hummus	
Spicy Edamame	*may - edamame	*may - edamame	*may - edamame	may - smoky dragon glaze *may - edamame	may - smoky dragon glaze	smoky dragon glaze	edamame, smoky dragon glaze	may - smoky dragon glaze	smoky dragon glaze *may - edamame	smoky dragon glaze *may - edamame			smoky dragon glaze *may - edamame	smoky dragon glaze	artificial flavor, MSG (smoky dragon glaze)
Taco Snack Tower	fish tacos hot mess fries hot wings	fish tacos *may hot mess fries, hot wings	*may - fish tacos, hot mess fries, hot wings	hot mess fries hot wings *may - fish tacos			*may - fish tacos, hot mess fries, hot wings		fish tacos *may - hot mess fries, hot wings	fish tacos *may - hot mess fries, hot wings	fish tacos	hot wings	fish tacos hot mess fries hot wings	fish tacos hot mess fries hot wings	color (fish tacos)
Smoked Trout Dip	smoked trout dip *may - chips	trout, anchovy (smoked trout dip) *may - chips	*may - chips	smoked trout dip			*may - chips		*may - chips	*may - chips	may -smoked trout dip		green onion, smoked trout dip chips	smoked trout dip, chips	
Tempura Shrimp	shrimp, sambal aioli	may - shrimp *may - shrimp	shrimp	may - shrimp *may - shrimp		shrimp	yuzu soy glaze may - shrimp *may - shrimp		may - shrimp *may - shrimp	may - shrimp *may - shrimp	sambal aioli	may - shrimp	may - sambal aioli *may - shrimp	sambal aioli	

Salads	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Calabrian Caesar Salad	Caesar Dressing, Grana Padano, Parm crumbs *may - capers, bacon bits	anchovy (Caesar Dressing) *may - capers, bacon bits	*may - capers, bacon bits	Grana Padano Parm crumbs Caesar Dressing *may - capers			Parm Crumbs *may - capers, bacon bits		Parm Crumbs *may - capers, bacon bits	Parm Crumbs *may - capers, bacon bits	Caesar Dressing	Caesar Dressing	Caesar Dressing *may - capers, bacon bits	Caesar Dressing	
Calabrian Caesar Salad w/ Chicken	Caesar Dressing, Grana Padano, Parm crumbs *may - capers, bacon bits	anchovy (Caesar Dressing) *may - capers, bacon bits	*may - capers, bacon bits	Grana Padano Parm crumbs Caesar Dressing *may - capers			Parm Crumbs *may - capers, bacon bits		Parm Crumbs *may - capers, bacon bits	Parm Crumbs *may - capers, bacon bits	Caesar Dressing	Caesar Dressing may - Blackening spice	Caesar Dressing may - Blackening Spice *may - capers, bacon bits	Caesar Dressing Chicken Marinade may - Blackening spice	
Calabrian Caesar Salad w/ Steak	Caesar Dressing, Grana Padano, Parm crumbs *may - capers, bacon bits	anchovy (Caesar Dressing) *may - capers, bacon bits	*may - capers, bacon bits	Grana Padano Parm crumbs Caesar Dressing *may - capers			Parm Crumbs *may - capers, bacon bits		Parm Crumbs *may - capers, bacon bits	Parm Crumbs *may - capers, bacon bits	Caesar Dressing	Caesar Dressing may - Blackening spice	Caesar Dressing may - Blackening Spice *may - capers, bacon bits	Caesar Dressing may - Blackening spice	
Peanut Satay Chicken Noodle Salad	ramen noodles	anchovy (chili lime dressing)			peanut sauce, Peanut garnish		peanut sauce, peanuts, ramen noodles	may - peanut sauce	ramen noodles	ramen noodles	chili lime dressing		peanut sauce, coleslaw	peanut sauce, chili lime dressing	tartrazine (ramen noodles)
LPE Greens - no protein	honey Dijon vinaigrette			cheese	may - spiced pumpkin seeds		honey Dijon vinaigrette	may - spiced pumpkin seeds			honey Dijon vinaigrette	honey Dijon vinaigrette, spiced pumpkin seeds	honey Dijon vinaigrette may - spiced pumpkin seeds	honey Dijon vinaigrette may - spiced pumpkin seeds	artificial flavor (honey Dijon vinaigrette)
LPE Greens 2.0 - no protein				cheese	may - candied sunflower seeds			may - candied sunflower seeds			white balsamic vinaigrette	white balsamic vinaigrette	white balsamic vinaigrette		
Chicken + Tortilla Market Salad	smoky lemon dressing *may - tortilla strips	*may - tortilla strips	*may - tortilla strips	*may - tortilla strips			*may - tortilla strips		*may - tortilla strips	*may - tortilla strips		smoky lemon dressing may - sundried tomatoes	green onion may - smoky lemon dressing, sundried tomatoes *may - tortilla strips	smoky lemon dressing	
Pearl Couscous Salad	may - almonds *may - crispy chickpeas	*may - crispy chickpeas	*may - crispy chickpeas	may - hummus, almonds *may crispy chickpeas	may - hummus, almonds	hummus may - almonds	may - hummus, almonds *may - crispy chickpeas	almonds may - others	couscous may - almonds *may - crispy chickpeas	couscous may - almonds *may - crispy chickpeas	red wine vinaigrette may - olives, almonds		may - sundried tomatoes *may - crispy chickpeas	hummus, red wine vinaigrette may - sundried tomatoes	
Add: Blackened Chicken												may - blackening spice	may - blackening spice	marinade may - blackening spice	

[illegible]

Sandwiches & Burgers	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Fresno Crispy Chicken Sandwich & Fries	smokey ranch dressing, cider slaw dressing may- bun *may - fries, chicken	anchovies (smokey ranch dressing) *may - fries, chicken	*may - fries, chicken	smokey ranch dressing may - bun *may - fries, chicken			chicken *may - fries		Chicken Bun *may - fries	Chicken Bun *may - fries		pickle	red onion, deadly dust, smokey ranch dressing, ketchup may - pickle *may - fries, chicken	pickle, chicken, deadly dust, Fresno honey gastrique, smokey ranch dressing may - Ketchup	
The Deluxe Impossible Burger & Fries	Whirl Miso mayo may - Bun *may - fries	*may - fries	*may - fries	Cheese may - Bun *may - fries		Bun Miso mayo	Impossible Burger Miso mayo *may - fries		Bun *may - fries	Whirl Bun *may - fries	Miso mayo	Mustard pickle may - whirl	Onion Ketchup may - Miso mayo pickle *may - fries	Miso mayo Mustard pickle may - ketchup	MSG (Miso mayo)
Protein Style Impossible Burger	Miso mayo					Miso mayo	Impossible Burger Miso mayo				Miso mayo	Mustard pickle	Onion may - Miso mayo, pickle	Miso mayo Mustard pickle	MSG (Miso mayo)
Diablo Impossible Burger & Fries	whirl, Miso mayo may - bun *may - fries	*may - fries	*may - fries	Cheese mix may - bun *may - fries		Bun Miso mayo	Impossible Burger Miso mayo *may - fries		Bun *may - fries	Whirl Bun *may - fries	Miso mayo Pickled red onion	may - whirl	Pickled red onion Ketchup Valentina sauce may - Miso mayo *may - fries	Miso mayo Valentina sauce may - ketchup	MSG (Miso mayo) color (jalapeno)
Local Burger & Fries	Secret sauce may - bun *may - fries	*may - fries	*may - fries	Cheese may - bun *may - fries			*may - fries		Bun *may - fries	Bun *may - fries	Southern onions	pickle	Secret sauce Southern Onions may - pickle *may - fries	Southern Onions Sexy sauce Pickle *may- fries	Orange color (American cheese)
House-made Veggie Burger	Miso mayo may - burger, bun *may - fries	may - burger *may - fries	may - burger *may - fries	may - bun, burger *may - fries	may - burger	Miso mayo Bun may - burger	burger Miso mayo Burger *may - fries	burger (almonds)	Burger Bun *may - fries	Bun Burger *may - fries	Miso mayo may - burger	pickle may - burger	Onion burger ketchup may - Miso mayo, pickle *may - fries	burger Miso mayo Pickle may - Ketchup	MSG (Miso mayo)
Diablo Burger & Fries	Miso mayo may - bun *may - fries	*may - fries	*may - fries	Cheese mix may - bun *may - fries		Miso mayo bun	Miso mayo *may - fries		Bun *may - fries	Bun *may - fries	Miso mayo		Pickled onion Ketchup may - Miso mayo *may - fries	Miso mayo may - Ketchup	MSG (Miso mayo), color (pickled jalapeno, mixed cheese)
Deluxe Burger & Fries	Miso mayo may - bun *may - fries	*may - fries	*may - fries	Cheddar cheese may - bun *may - fries		Miso mayo bun	Miso mayo *may - fries		Bun *may - fries	Bun *may - fries	Miso mayo	Mustard pickle	Onion Ketchup may - Miso mayo, pickle *may - fries	Miso mayo Mustard Pickle may - Ketchup	MSG (Miso mayo), orange color (cheese)



Sandwiches & Burgers	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Brooklyn Burger	Onion rings Dijon & honey vinaigrette Horseradish garlic aioli may - bun, red pepper relish *may - fries, onion rings	may - red pepper relish *may - fries, onion rings	may - red pepper relish *may - fries, onion rings	Cheese Horseradish garlic aioli may - bun, red pepper relish *may - fries, onion rings	may - red pepper relish	may - red pepper relish	Dijon & honey vinaigrette Horseradish garlic aioli may - red pepper relish *may - fries, onion rings	may - red pepper relish	Bun Onion rings may - Red pepper relish *may - fries	Bun Onion rings may - Red pepper relish *may - fries	Dijon & honey vinaigrette Horseradish garlic aioli may - red pepper relish	Dijon & honey vinaigrette Horseradish garlic aioli may - red pepper relish	Dijon & honey vinaigrette Onion rings Horseradish garlic aioli Red pepper relish *may - fries	Onion rings Dijon & honey vinaigrette, Horseradish garlic aioli	Artificial flavor (Dijon & honey vinaigrette, horseradish garlic aioli)
Blackened Chicken Sandwich	Garlic Aioli may - bun *may - fries, bacon	*may - fries, bacon	*may - fries, bacon	Cheese may - bun		bun	*may - fries, bacon		Bun *may - fries, bacon	Bun *may - fries, bacon	Garlic Aioli	may - blackening spice	Pickled onion may - chicken, blackening spice, garlic aioli *may - fries, bacon	Chicken Marinade Garlic aioli may - blackening spice	
Truffle Burger	Miso mayo may - bun *may - fries	*may - fries	*may - fries	Cheese may - bun		Miso mayo	Miso mayo Mush onion jam *may - fries		Truffle jam Bun *may - fries	Truffle jam Bun *may - fries	Truffle jam Miso mayo	may - whirl	Onion Truffle jam may - Miso mayo *may - fries	Miso mayo Truffle jam	MSG (Miso mayo) caramel color (Truffle jam)
Gluten Free Bun	Bun - Egg White, tapioca														Xanthan Maltodextrin
Christmas Burger	garlic aioli may - sesame bun *may - crispy chicken	anchovy (black truffle butter gravy) *may - crispy chicken	*may - crispy chicken	smoked cheddar, black truffle butter gravy may - sesame bun *may - crispy chicken	may - black truffle butter gravy	sesame bun, black truffle butter gravy	black truffle butter gravy, crispy chicken	may - black truffle butter gravy	sesame bun black truffle butter gravy, crispy chicken	sesame bun black truffle butter gravy, crispy chicken	cranberry sauce, black truffle butter gravy	may - black truffle butter gravy	caramelized onions, cranberry sauce, black truffle butter gravy may - garlic aioli *may - crispy chicken	garlic aioli, fennel sausage, black truffle butter gravy, crispy chicken	caramel, MSG, alcohol (black truffle butter gravy)

Pizzas	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Gluten Free Pizza Crust	yes								perogies						
Add on Egg	Egg			*may - Griddle		*may - Griddle	*may - Griddle		*may - Griddle	*may - Griddle			*may - Griddle	*may - Griddle	
Brunch Pie	egg, brown butter hollandaise	brown butter hollandaise - anchovy		white sauce, brown butter hollandaise, cheese					crust	crust	brown butter Hollandaise		caramelized onions and garlic, brown butter hollandaise	white sauce, brown butter hollandaise, caramelized onions and garlic	color (pickled jalapenos)
Sweet Heat				cheese					crust	crust		may - salami	may - salami	may - salami	
The Carnivore				cheese					crust	crust				fennel sausage, hot salami	
Mortazza Pizza				white sauce, cheese, mortadella may - pistachios	may - pistachios		may - pistachios	pistachios	crust may - pistachios	crust may - pistachios			red onion may - mortadella	white sauce fennel sausage may - mortadella	
Regular Pie	parmesan			cheese, parmesan					crust	crust				garlic oil	
The Pepperoni Supremo	parmesan			cheese, parmesan					crust	crust		pepperoni	red onion		color (pickled jalapenos)
Salcissia	parmesan			cheese, parmesan					crust	crust				fennel sausage	
Spicy Salami				pecorino and mozzarella cheese					crust	crust				hot salami	

Tandoori Chicken Pizza	may - Brinjal chutney			mozzarella, soyo may - Brinjal chutney	may - Brinjal chutney	may - Brinjal chutney	may - Brinjal chutney	may - Brinjal chutney	crust may - Brinjal chutney	crust may - Brinjal chutney	may - Brinjal chutney		red onion may - tandoori chicken, Brinjal chutney	Brinjal chutney may - tandoori chicken	
Barbecue Chicken Pizza	truffle ranch sauce			mozzarella cheese, truffle ranch sauce					crust	crust		chicken, smokey bianco sauce	red onion, pickled red onion, truffle ranch sauce may - smokey bianco sauce, chicken	truffle ranch sauce may - smokey bianco sauce, chicken	caramel colour (smokey bianco sauce, chicken)

Pizza Dips	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Chipotle Aioli Dip	yes												may	yes	
Truffle Ranch Dip	yes			yes									yes	yes	
Garlic Aioli and Parmesan Dip	yes			yes									may	yes	

Mains	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Ahi Tuna Poke Bowl	Miso mayo may - sesame seeds, crispy wonton *may - wonton	Tuna Poke *may - crispy wonton, panko breaded tofu	*may - crispy wonton, panko breaded tofu	may - sesame seeds *may - crispy wonton, panko breaded tofu	may - sesame seeds, Miso mayo	Sesame seeds Garlic chili sauce Miso mayo	Miso mayo Crispy wonton Panko breaded tofu, edamame, spicy chili sauce Garlic Chili sauce may - sesame seeds	may - sesame seeds	Crispy onions Crispy wonton, Panko breaded tofu, spicy chili sauce may - sesame seeds	Crispy onions Crispy wonton, Panko breaded tofu, spicy chili sauce may - sesame seeds	spicy chili sauce, Miso mayo		Crispy onions, Green onion may - Miso mayo *may - crispy wonton, *may - panko breaded tofu	White rice Miso mayo, Garlic chili sauce, spicy chili sauce	MSG (Miso mayo), artificial flavor (spicy chili sauce)
BBQ Rice Bowl	Egg, Korean mayo may - sesame seeds			may - sesame seeds	may - sesame seeds	sesame seeds, Korean BBQ marinade	Korean BBQ marinade, Korean mayo, ginger scallion sauce may - sesame seeds	may - sesame seeds	may - sesame seeds	Korean mayo may - sesame seeds	Korean mayo		pickled red onion, Korean BBQ marinade, ginger scallion sauce	Korean BBQ marinade, Korean mayo, rice	
Kids Chicken Strips & Fries	may - chicken *may - fries, chicken	*may - chicken *may - fries	*may - chicken *may - fries	Chicken *may - fries			Chicken *may - fries	*may - chicken *may - fries	Chicken *may - fries	Chicken *may - fries			*may - chicken *may - fries	Chicken, sweet chili sauce	
Kids Grilled Cheese Sandwich	may - bun *may - fries	*may fries	*may fries	cheese may - bun *may - fries		may - bun	may - bun *may fries	may - bun *may fries	bun *may fries	bun *may fries	may - bun		*may fries		color (cheese)
The Lil' Local Burger	may - bun *may - fries	*may fries	*may fries	cheese may - bun *may - fries			*may fries	*may fries	bun *may fries	bun *may fries			*may fries		color (cheese)
Mole Beef	enchilada portion	*may - enchilada portion	*may - enchilada portion	enchilada portion, cheese blend, feta, avocado cream, mole beef			mole beef may - enchilada portion, red enchilada sauce	*may - enchilada portion	may - mole beef *may - enchilada portion	may - mole beef *may - enchilada portion	may - mole beef, enchilada portion, avocado cream	enchilada portion	enchilada portion, green enchilada sauce, red enchilada sauce, mole beef	enchilada portion, red enchilada sauce, mole beef	caramel (mole beef)

Mains	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Grilled Chicken Taco Plate & Fries	Chipotle aioli *may - fries	*may - fries	*may - fries	*may - fries			*may - fries		Tortilla *may - fries	Tortilla *may - fries	Pico de gallo may - chipotle aioli		pico de gallo Roti spice (chicken) Ketchup may - chipotle aioli may - Valentina sauce *may - fries	Chipotle aioli Pico de gallo Roti spice (chicken) may - Valentina Ketchup	Maltodextrin (chicken, roti) color (pico de gallo) Sulphites (pico de gallo) may - tartrazine (roti spice, chicken) color (pico de gallo)
Fish Taco Plate & Fries (Basa)	aioli *may - Basa *may - fries	Basa *may - fries	*may - Basa *may - fries	*may - fries, basa			*may - Basa *may - fries		Basa, tortilla *may - fries	Basa, tortilla *may - fries	Pico de gallo, basa may - aioli		pico de gallo ketchup may - aioli *may - Basa *may - fries	Aioli Pico de gallo may - Ketchup	
Fried Chicken Ramen	egg, ramen noodle may - chicken, sesame seeds *may - chicken	*may - chicken	*may - chicken	may - chicken, sesame seeds, umami *may - chicken	may - sesame seeds, umami	sesame oil, sesame seeds, umami	umami, ramen noodle may - sesame seeds *may - chicken	may - umami, sesame seeds	ramen noodle, chicken, umami may - sesame seeds	ramen noodle, chicken, umami may - sesame seeds	umami	may - umami	green onion, southern seasoning may - umami *may - chicken	garlic oil, southern seasoning, umami	MSG (umami), tartrazine (ramen noodle)
Curry Rice Bowl					may - curry sauce		crispy chili oil				coconut curry sauce	may - blackening spice	Coconut curry sauce, crispy chili oil may -blackening spice	Rice, Coconut curry sauce may - blackening spice	MSG (coconut curry sauce, crispy chili oil)
Steak & Fries	*may fries	Dijon peppercorn sauce (anchovies) *may - fries	*may - fries	Dijon peppercorn sauce Garlic butter *may - fries			*may - fries		*may - fries	*may - fries	Dijon peppercorn sauce	Dijon peppercorn sauce	Dijon Peppercorn sauce *may - fries	Dijon peppercorn sauce Garlic butter	
Fish & Chips (Cod)	Tartar Sauce Cider slaw dressing *may - fries, fish	Cod *may - fries	*may- fries *may - fish	*may - fries, cod			*may- fries *may - fish		Fish Batter *may- fries	Fish Batter *may- fries	Fish batter	may - tartar sauce	Tartar Sauce, coleslaw mix *may - fries, fish	Tartar Sauce	
Chicken + Black Bean Quesadilla	chicken quesadilla mix chipotle aioli honey Dijon vinaigrette (LPE Greens) *may - fried tortilla strips	*may - fried tortilla strips	*may - fried tortilla strips	chicken quesadilla mix avocado cream cheese (LPE Greens) *may - fried tortilla strips	may - spiced pumpkin seeds (LPE Greens)		*may - fried tortilla strips	may - spiced pumpkin seeds (LPE Greens)	tortilla *may - fried tortilla strips	tortilla *may - fried tortilla strips	honey Dijon vinaigrette (LPE Greens) may - avocado cream	chicken quesadilla mix honey Dijon vinaigrette, spiced pumpkin seeds (LPE Greens)	chicken quesadilla mix, honey Dijon vinaigrette may - chipotle aioli spiced pumpkin seeds (LPE Greens) *may - fried tortilla strips	chicken quesadilla mix chipotle aioli honey Dijon vinaigrette may - spiced pumpkin seeds (LPE Greens)	color (chicken quesadilla mix)
Pulled Pork Baked Pasta	parmesan, BBQ alfredo sauce			mozzarella, parmesan, BBQ alfredo sauce					pasta	pasta		BBQ alfredo sauce	pulled pork, pickled red onion may - BBQ alfredo sauce	pulled pork, BBQ alfredo sauce	caramel color (BBQ alfredo sauce)

Sides	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Add Shrooms															
Coleslaw	dressing			dressing							dressing	dressing	coleslaw	dressing	
Fries - regular and yam	*may	*may	*may	*may			may *may		*may	*may			*may		
Ketchup															
Hollandaise	Hollandaise	anchovy (Worcestershire) may - fish (Canada)		Cream			may (Canada)		may (Canada)		may	may (Canada)	yes yes	may yes	
Bacon															
Cauliflower Rice															
LPE Greens	honey Dijon vinaigrette			cheese	may - spiced pumpkin seeds			may - spiced pumpkin seeds			honey Dijon vinaigrette	honey Dijon vinaigrette, spiced pumpkin seeds	honey Dijon vinaigrette may -spiced pumpkin seeds	honey Dijon vinaigrette may - spiced pumpkin seeds	
LPE Greens 2.0				cheese	may - candied sunflower seeds			may - candied sunflower seeds			white balsamic vinaigrette	white balsamic vinaigrette	white balsamic vinaigrette		
Ranch Dressing	yes			yes									yes	yes	
Dessert	Egg	Fish	Shellfish	Dairy	Peanuts	Sesame	Soy	Tree Nuts	Wheat	Gluten	Sulphites	Mustard	Onion	Garlic	Other
Peanut Butter & Chocolate Cup	chocolate mousse layer, ice cream			chocolate mousse layer, peanut butter layer, chocolate crumble, caramel sauce, ice cream	peanut butter layer, peanuts may - ice cream		chocolate mousse layer, chocolate crumble, peanuts may - ice cream	may - peanut butter layer, ice cream	chocolate crumble may - ice cream	chocolate crumble may - ice cream					
Apple Cobbler	cobbler, ice cream, egg yolk			cobbler, ice cream, caramel sauce may - walnuts	may - ice cream, cobbler, walnuts	may - walnuts	may - ice cream, walnuts	walnuts (cobbler) may - ice cream, cobbler other nuts	cobbler may - ice cream, walnuts	cobbler may - ice cream, walnuts					