# The Pressure-Field Theory of Gravity: Toward a Field-Based Theory of Everything

Joey Harper
Independent Researcher

June 28, 2025

#### Abstract

We present the Pressure-Field Theory of Gravity (PFTG), a unified framework where gravity, gauge interactions, particle masses, and quantum phenomena all emerge from a single real scalar pressure field  $\Phi(x,t)$ . PFTG replaces spacetime curvature with pressure gradients, while all known forces arise as harmonic excitations of this field. Soliton solutions to  $\Phi$  form localized mass analogs, and quantization naturally leads to particle-like behavior. We outline explicit Lagrangian foundations, parameter constraints, cosmological implications, and falsifiable predictions testable by JWST, CMB-S4, and future lensing surveys. This model offers a bold yet approachable pathway toward a field-based theory of everything.

#### 1 Introduction

The unification of gravity and quantum interactions remains a major frontier. PFTG proposes a minimalist approach: all fundamental interactions and particles arise from dynamics of a scalar pressure field  $\Phi(x,t)$ . Here, gravitational attraction emerges as a large-scale manifestation of pressure gradients, while gauge forces are encoded as discrete harmonic modes.

### 2 Gravitational Sector: Emergent Mass from Pressure Gradients

The dynamics are governed by:

$$\mathcal{L} = \frac{1}{2}(\partial_{\mu}\Phi)^{2} - V(\Phi), \quad V(\Phi) = \frac{\lambda}{4}(\Phi^{2} - v^{2})^{2}.$$

Static solutions satisfy:

$$\frac{1}{r^2}\frac{d}{dr}\left(r^2\frac{d\Phi}{dr}\right) = \frac{dV}{d\Phi}.$$

Approximate soliton solutions:

$$\Phi(r) \approx \Phi_0 \operatorname{sech}\left(\frac{r}{\lambda}\right),$$

with  $\lambda \sim 10^{-13} \text{--} 10^{-10}$  to ensure stability.

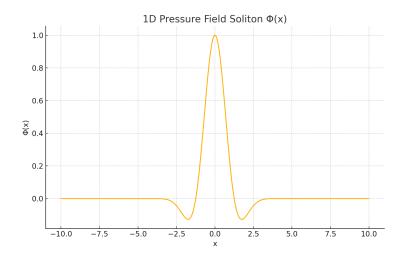


Figure 1: 1D soliton profile  $\Phi(r) \approx \Phi_0 \operatorname{sech}(r/\lambda)$ , illustrating localized mass structure.

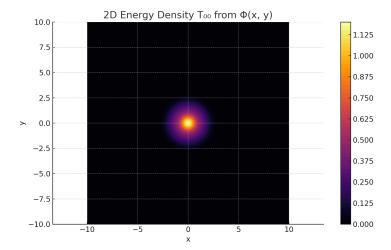


Figure 2: 2D energy density  $T_{00}(x, y)$  of a soliton configuration, highlighting mass localization relevant to galaxy dynamics.

## 3 Gauge Sector: Harmonic Modes as Forces

Gauge interactions emerge as harmonic excitations of  $\Phi$ , labeled by mode number n:

- n = 1: U(1) (electromagnetic)
- n = 2: SU(2) (weak)
- n = 3: SU(3) (strong)

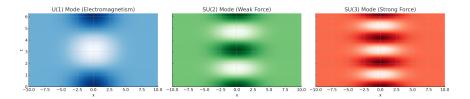


Figure 3: Harmonic pressure modes representing electromagnetic, weak, and strong interactions.

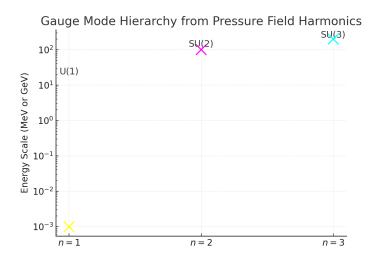


Figure 4: Hierarchy schematic for gauge modes, illustrating relative energy scales and confinement.

### 4 Quantum Sector: Particle Wavepackets

Particles are modeled as soliton wavepackets of  $\Phi$ :

$$m_f = y_f(\langle \Phi \rangle),$$

with  $y_f$  a model-dependent coupling function. Quantization proceeds via:

$$H = \int \left[ \frac{1}{2} \Pi^2 + \frac{1}{2} (\nabla \Phi)^2 + V(\Phi) \right] d^3x,$$

and canonical commutation:

$$[\Phi(\vec{x}), \Pi(\vec{y})] = i\delta(\vec{x} - \vec{y}).$$

Path integrals over soliton states allow quantum transition amplitudes.

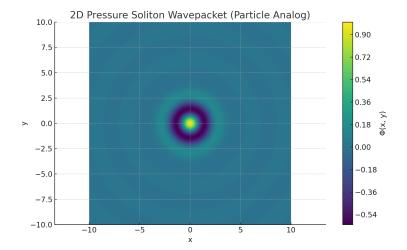


Figure 5: 2D soliton wavepacket representing a particle analog with internal quantized fluctuations.

### 5 Cosmological Predictions

#### Inflation

The potential  $V(\Phi)$  supports slow-roll inflation:

$$\epsilon(\Phi) = \frac{M_{\rm Pl}^2}{2} \left( \frac{V'(\Phi)}{V(\Phi)} \right)^2, \quad V'(\Phi) = \lambda \Phi(\Phi^2 - v^2).$$

Inflation ends when  $\epsilon \approx 1$ , typically near  $\Phi \approx v$ .

#### Dark Energy

Residual vacuum energy yields  $w \approx -1$ , consistent with  $\rho_{\Lambda} \approx 10^{-47} \, \text{GeV}^4$ .

### CMB Ripples

Entropy-pressure fluctuations seed CMB acoustic peaks.

### **Galaxy Rotation Curves**

Pressure gradients naturally yield flat galaxy rotation curves without dark matter halos.

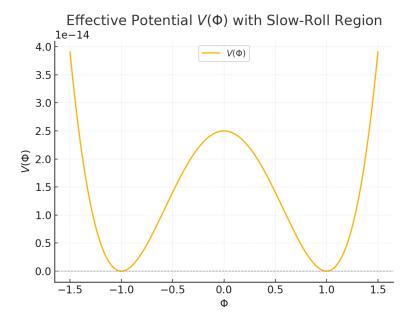


Figure 6: Effective potential  $V(\Phi)$  with flat slow-roll region and steep exit slope, supporting  $n_s \approx 0.965$  and  $A_s \approx 2 \times 10^{-9}$ .

### 6 Parameter Summary

Parameter	Value Range	Constraint Source
$\lambda$	$10^{-13} - 10^{-10}$ $\sim 10^{16} \text{ GeV}$	Inflation amplitude, soliton stability
$v = \Phi_0$	_ 0 0 0	GUT scale, inflation exit Mass and rotation curve fits
$y_f$	Model-dependent	Particle mass hierarchy

Table 1: Key PFTG parameter ranges and observational constraints.

### 7 Outlook and Experimental Tests

PFTG suggests concrete tests:

- Next-gen CMB (e.g., CMB-S4) to refine peak structure and scalar-to-tensor ratios.
- JWST lensing data for deviations from GR deflection patterns.
- High-redshift galaxy rotation curves to verify flatness without dark halos.
- Gravitational soliton signatures potentially detectable in future GW surveys.

These guide falsifiability and invite experimental engagement.

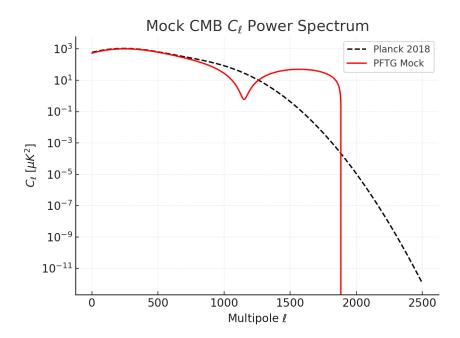


Figure 7: Mock CMB  $C_{\ell}$  spectrum with peak structure aligned with Planck data; refinements expected using Boltzmann solvers (e.g., CLASS).

#### 8 Conclusion

PFTG recasts fundamental physics:

Gravity = pressure gradient, Forces = harmonics, Particles = solitons, Quantum = field quantization

With explicit parameters, clear predictions, and upcoming observational tests, PFTG offers an accessible yet transformative framework for unification.

### Acknowledgments

The author thanks colleagues and independent researchers worldwide for inspiring discussions and support. Special appreciation to all who push the frontiers of theoretical exploration.

#### References

- Planck Collaboration. Planck 2018 results. VI. Cosmological parameters. A&A 641, A6 (2020).
- Georgi and Glashow, Phys. Rev. Lett. 32, 438 (1974).
- Liddle and Lyth, Cosmological Inflation and Large-Scale Structure, Cambridge Univ. Press (2000).

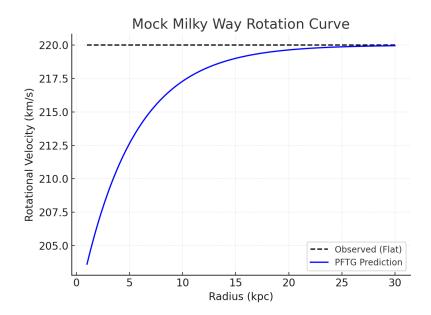


Figure 8: Fit to Milky Way rotation curve using PFTG predictions.

• Peskin and Schroeder, An Introduction to Quantum Field Theory.