

Integrated Certificate Program

In partnership with the Katz Institute for Women's Health and the Center for Wellness and Integrative Medicine, the Integrative Certificate (ICP) Program, founded in 2019, was developed for clinicians to incorporate self-care and integrative health into their practices. Our recent graduates, featured here, exemplify the importance of infusing holistic medicine into scientific treatments with novel methods of patient-centered care.

2023 -24 ICP Graduates

Advanced Clinical Providers



➤ Tracie Ackerman, NP
➤ Adrienne Adewale, NP
➤ Paschenna Ahmad, PA-C
➤ Olivia Albers, NP
➤ Andrea Alvarado, NP
➤ Joanne Arnold, NP
➤ Donna Bano, NP
➤ Jennifer Barocas, NP
➤ Megan Berchowitz, PA
➤ Bianca Ciolek, PA
➤ Kerri Conly, NP
➤ Kristie Drexler, NP
➤ Christiana Eze, NP
➤ Alexandra Gutman, NP
➤ Karina Morales, PA
➤ Carol Patrick, NP
➤ Elizabeth Perry, NP
➤ Erica Rose, PA
➤ Marcela Schiappacasse, NP
➤ Jennifer Sidi, NP
➤ Anthony Virelli, LAc
➤ Sheri White, PA
➤ Chih Yu (Jasmine) Yin, NP

Congratulations to Our ACPs on
Completing the Integrative
Certificate Program!

Made for this



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Integrative Certificate Program

2023-2024 Physician Graduates



<ul style="list-style-type: none"> ▪ Aldo Allewa, MD, Family Medicine ▪ Laura Castellanos Reyes, MD, Pediatrics ▪ Sona Dave, MD, Pediatrics ▪ Robert Dicker, MD, Child Psychiatry ▪ Carolyn Fein Levy, MD, Pediatrics ▪ Keshu Guerrier, MD, Family Medicine ▪ Renu Hausert, MD, Radiation Oncology ▪ Lawrence Hecker, MD, Cardiology ▪ Khalida Itriyea, MD, Pediatrics 	<ul style="list-style-type: none"> ▪ Dina Katz, MD, Cardiology ▪ Adrita Khan, MD, Pediatrics ▪ Christina Kwon, MD, Obstetrics and Gynecology ▪ Benjamin Metzger, MD, Concierge Medicine ▪ Veronica Rojas, MD, Obstetrics and Gynecology ▪ Nagashree Seetharamu, MD, Medical Oncology ▪ Biana Trost, MD, Cardiology ▪ Gabriella Wernicke, MD, Radiation Oncology ▪ Heather Zinkin, MD, Radiation Oncology
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Wellness



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Member Achievements

Our members are recognized experts across the health care industry and beyond. We're proud of the academic contributions of the people who make up the Katz Institute. Below are selected honors from those members.

PUBLICATIONS	AWARDS	GRANTS	VISITING LECTURES	APPOINTMENTS
Member name	Publications			
Alexandra Bekiaridou	Clinical Significance of Supraventricular Tachycardia During Pregnancy in Healthy Women, JACC: Clinical Electrophysiology, 04/24/2024			
Joyce Au	Poster presentation - A novel approach to patient education using a personalized 3D breast model, and its influence on anxiety, understanding of the disease, and decision-making on surgical treatment in breast cancer patients. The American Society of Breast Surgeons Official Proceedings, Volume XXV 2024 Annual Meeting Scientific Session Abstracts. Ann Surg Oncol 31 (Suppl 2), 295-703 (2024). https://doi.org/10.1245/s10434-024-15410-w			
Kristina Deligiannidis	<p>Deligiannidis KM, Citrome L, Huang M-Y, Werneburg B, Acaster S, Fridman M, Gunduz-Bruce H, Bonthapally V, Lasser R, Kanes SJ. (2023) Effect of zuranolone on concurrent anxiety and depressive symptoms in women with postpartum depression. J. Clinical Psychiatry, 30:84(1):22m14475. PMID: 36724109; PMCID: exempt.</p> <p>Schmidt CT, Deligiannidis KM, Kittel-Schneider S, Frodl, T, Spigset O, Paulzen M, Schoretsanitis G. (2023) Transfer of anticonvulsants and lithium into amniotic fluid, umbilical cord blood and breast milk: a systematic review and combined analysis. Progress in neuropsychopharmacology and biological psychiatry. 15:124:110733. PMID:36805301; PMCID: PMC10712224.</p> <p>Deligiannidis, KM, Meltzer-Brody S, Maximos B, Peeper EQ, Freeman M, Lasser R, Bullock A, Kotecha M, Li S, Forrestal F, Rana N, Garcia M, Leclair B, Doherty J. (2023) Zuranolone for the treatment of adults with postpartum depression. Am. J. Psychiatry, 1;180(9):668-675. PMID: 37491938; PMCID: exempt.</p> <p>Deligiannidis KM, Clayton AH. (2023) Patient-specific considerations, the GABA pathway and new clinical trial data on neuroactive steroids in MDD and PPD. J. Clin Psychiatry 84(suppl 1): JCP.SG22045Su1C. PMID: 36928484, PMCID: exempt.</p> <p>Carlini SV, Osborne LM, Deligiannidis KM. (2023) Current pharmacotherapy approaches and novel GABAergic antidepressant development in postpartum depression. Dialogues in Clinical Neuroscience, 25(1):92-100. PMID:37796239; PMCID: PMC10557560.</p> <p>Carlini SV, Lanza di Scalea T, McNally ST, Lester J, Deligiannidis KM. (2024) Management of Premenstrual Dysphoric Disorder: a scoping review. Focus (Am Psychiatr Publ), 22(1):81-96. PMID: 38694162.</p> <p>Clayton AH, Suthoff E, Jain R, Kosinski M, Fridman M, Deligiannidis KM, Meltzer-Brody S, Chen SY, Gervitz LM, Huang MY, Trivedi M, Bonthapally V. (2024) The magnitude and sustainability of treatment benefit of zuranolone on function and well-being as assessed by the SF-36 in adult patients with MDD and PPD: An integrated analysis of 4 randomized clinical trials. J. Affective Disorders, 15:351:904-914. PMID: 38325605, PMCID: exempt.</p> <p>O'Callaghan L, Chertavian E, Johnson SJ, Ferries E, Deligiannidis KM. (2024) The cost-effectiveness of zuranolone versus selective serotonin reuptake inhibitors for the treatment of postpartum depression in the United States. J Med Econ, 27(1):492-505. PMID: 38465615, PMCID: exempt.</p> <p>Deligiannidis KM, Bullock A, Nandy I, Dunbar J, Lasser R, Witte M, Leclair B, Wald J. (2024) Zuranolone concentrations in the breast milk of healthy lactating individuals: a phase 1 open-label study. J Clin Psychopharm, doi: 10.1097/JCP.0000000000001873. Online ahead of print, PMID: 38739007, PMCID: exempt.</p> <p>Meltzer-Brody S, Gerbasi ME, Mak C, Toubouti Y, Smith S, Roskell N, Tan R, Chen S, Deligiannidis KM. (2024) Indirect comparisons of relative efficacy estimates of zuranolone and oral pharmacologic treatments for postpartum depression. J. Med Econ, 27(1):582-595. PMID: 38523596, PMCID: exempt.</p> <p>Schoretsanitis G, Deligiannidis KM, Kasperk N, Schmidt CT, Kittel-Schneider S, Ter Horst P, Berlin M, Kohn E, Zutshi D, Poels EMP, Bergink V, Spigset O, Paulzen M. (2024) The impact of pregnancy on the pharmacokinetics of antiseizure medications: A systematic review and meta-analysis of data from 674 pregnancies. Prog. Neuropsych and Biol Psych., doi: 10.1016/j.pnpbp.2024.111030, PMID: 38762161, PMCID: pending.</p>			
Stephanie Gleicher	<p>Recurrent urinary tract infection management and prevention techniques among a population-based cohort of women, Neurourology and Urodynamics, 11/2023</p> <p>Recurrent and complicated urinary tract infections in women: Utility of advanced testing to enhance care, Neurourology and Urodynamics, 1/2024</p>			