HEALTH WORKER:	CONFIDENTIAL	HHID:

INDONESIA FAMILY LIFE SURVEY 2014

HEALTH MEASUREMENTS BOOK US

SECTION: US

Respondents to be Measured are Household Member with AR01i = 1

US00a	As we have informed y measurements include timed walk, and timed	□ physical examination □ blood hemoglobin test			
	spot on a filter paper w	r prick to measure your blood hemogle hich we will store and use in the lab for sk to cardiovascular diseases and Hb	or analysis of C-reactive Pro		[if DBS RESPONDENT] □ take dried blood spot □ store the DBS for future analysis of c-reactive protein and HbA1c
US00.	CAN BE MEASURED	?			 3. REASON NOT MEASURED: → C1 6. NOT ABLE TO MEET → C1 7. REFUSED → C1 1. YES, MEASURED
	TO BOOK K OF RESPONDENT:		PID LILL		
US01. US02.	Sex: Date of birth	Male Female DAY MONTH YEAR			1 3
11603	A a a ·		I I I Ivooro		

	BLOOD PRESSURE	
	SHOW THE RESPONDENT THE EQUIPME THE ARM. MAKE SURE RESPONDENT IS	HOW THE BLOOD PRESSURE MEASUREMENT WIL BE DONE. NT AND DEMONSTRATE HOW THE CUFF IS PLACED AROUND RELAXED AND REMAIN SEATED DURING THE DL EXACTLY AS WRITTEN IN THE HEALTH MEASUREMENT
US07aa.	Do you have a rash, a cast, edema (swelling) in the arm, open sores or wounds, or a significant bruise where the blood pressure cuff will be in contact?"	 Yes → ONLY DO MEASUREMENT ON THE ARM THAT IS NOT AFFECTED No AGE < 15 YEARS
US07a.	Blood Pressure(HHM age ≥15 years) 1 st MEASUREMENTON LEFT ARM IF POSSIBLE	1. LILI / LILI PLILI 3. NOT MEASURED, REASON (CODE): LI 6. AGE < 15 YEARS 7. REFUSED
US07a1.	Left or right arm?	1. LEFT 3. RIGHT 6. NA
US07b.	Blood Pressure(HHM age ≥15 years) 2 nd MEASUREMENT ON RIGHT ARM IF POSSIBLE	1. LLLL/LLL PLLL 3. NOT MEASURED, REASON (CODE): LL 6. AGE < 15 YEARS 7. REFUSED
US07b1.	Left or right arm?	1. LEFT 3. RIGHT 6. NA
US07c.	Blood Pressure(HHM age ≥15 years) 3 rd MEASUREMENT ON LEFT ARM IF POSSIBLE	1. LILI/LILI PLILI 3. NOT MEASURED, REASON (CODE): LI 6. AGE < 15 YEARS 7. REFUSED
US07c1.	Left or right arm?	1. LEFT 3. RIGHT 6. NA
	WEIGHT AND HEIGHT	
		E MEASUREMENTS, ASK RESPONDENTS TO TAKE OFF DL EXACTLY AS WRITTEN IN THE HEALTH MEASUREMENT
US06.	Weight(Kg)	1. LLLL, L. 3. NOT MEASURED, REASON (CODE): L. 7. REFUSED

US04.	Height (Cm)	1. L, L 3. NOT MEASURED, REASON (CODE): L →US05a 7. REFUSED →US05a
US05.	Method of measuring INTERVIEWER NOTE: US04 IF HHM WAS BORN LESS THAN 2 YEARS AGO, MEASURE LYING DOWN	Standing Lying down
		E HOW THE MEASUREMENT WILL BE DONE. MEASURE THE E. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN IN THE
US05a.	Height of knee (age≥ 40 years old)(Cm) (RIGHT KNEE IF POSSIBLE)	1. LLLL, LJ 3. NOT MEASURED, REASON (CODE): LJ 6. AGE < 40YEARS 7. REFUSED
US05b.	Left or right knee?	1. LEFT 3. RIGHT 6. NA

CODE FOR REASON NOT MEASURED:

- 1. RESPONDENTFELT IT WOULD NOT BE SAFE
- 2. INTERVIEWER FELT IT WOULD NOT BE SAFE
- 3. RESPONDENT TRIED BUT WAS UNABLE TO COMPLETE THE MEASUREMENT/TEST
- 4. RESPONDEND DID NOT UNDERSTAND THE INSTRUCTIONS
- 5. RESPONDENT'S HEALTH CONDITION PREVENT MEASUREMENT
- 6. RESPONDENT HAS RASH, A CAST, EDEMA, OPEN SORES IN ARM (FOR US07a, US07b, US07c)
- 7. RESPONDENT'S HAND HAD SURGERY, SWELLING, INFLAMMATION, SEVERE PLAIN, SEVERE PAIN, OR INJURY IN LAST 6 MONTHS (US20a, US20b, US20c)
- 8. RESPONDENT RECENTLY HAD SURGERY OR IS INJURED OR IN CONDITIONS THAT PREVENT HIM/HER FROM WALKING (US19p)
- 9. NO SUITABLE SPACE
- 10. PROBLEM WITH EQUIPMENT OR SUPPLIES

		E HOW THE MEASUREMENT WILL BE DONE. MEASURE THE OSSIBLE. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN
US05c.	Length of upper arm (Age≥ 40 years old) (Cm) (RIGHT ARM IF POSSIBLE)	1. LLLL, LL 3. NOT MEASURED, REASON (CODE): LL 6. AGE < 40YEARS 7. REFUSED
US05d.	Left or right upper arm?	1. LEFT 3. RIGHT 6. NA

		BE HOW THE MEASUREMENT WILL BE DONE. MAKE SURE CCLOTHING. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN AL
US06a.	Waist circumference (≥40 years)(Cm)	1. LLLL, LL 3. NOT MEASURED, REASON (CODE): LL 6. AGE < 40YEARS 7. REFUSED
US06b.	Hip circumference(<u>></u> 40 years)(Cm)	1. LLLL, LL 3. NOT MEASURED, REASON (CODE): LL 6. AGE < 40YEARS 7. REFUSED
	REPEATED CHAIR STANDS INTERVIEWER INSTRUCTION: DESCRI PROTOCOL EXACTLY AS WRITTEN IN	BE HOW THE MEASUREMENT WILL BE DONE. FOLLOW THE THE HEALTH MEASUREMENT
US10a.	Did you recently had surgery or injury or in condition that may prevent you from doing this measurement?	 Yes → DISCUSS WITH RESPONDENT WHETHER RESPONDENT WOULD ATTEMPT TO DO THE MEASUREMENT No AGE <15YEARS→US20aa

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US12.	REPEATED CHAIR STANDS Time to rise from sitting to a standing position 5 times (≥15 years) How many times sit to stand? Did respondent use his/her trunk arms during repeated chair stands? Did respondent give full effort to this	1. 5 TIMES IN LL, L seconds→US12 2. LESS THAN 5 TIMES IN LL, L seconds 3. NOT MEASURED, REASON (CODE): L→US20aa 7. REFUSED→US20aa L Times 1. Yes 3. No 1. Yes
	GRIP STRENGTH	No because of pain, illness or other discomfort. No, but no obvious reason for this. THE DYANOMETER TO THE RESPONDENT AND DESCRIBE HOW
		OLLOW THE PROTOCOL EXACTLY AS WRITTEN IN THE HEALTH
US20aa.	Did you recently had surgery, swelling, inflammation, severe pain or injury in one or both hands in the last 6 months?	 Yes, both hands → CAPI: US20a, US20b, US20c, US20d = 3 (NOT MEASURED), REASON = 7 Yes, left hand → CAPI: US20a, US20c = 3 (NOT MEASURED), REASON = 7 Yes, right hand → CAPI: US20b, US20d = 3 (NOT MEASURED), REASON = 7 No Both hands not functioning or age < 15 years
US20.	More dominant hand? (≥15 years)	 Left Right No dominant hand Both hands not functioning or age < 15 years
US20a.	Left hand(≥ 15 years) 1 st MEASUREMENT	 LLL Kg NOT MEASURED, REASON (CODE): L Age< 15 years Refused
US20b.	Right hand (≥ 15 years) 1 st MEASUREMENT	1. L_L Kg 3. NOT MEASURED, REASON (CODE): L_l 6. Age< 15 years 7. Refused
US20c.	Left hand (≥ 15 years) 2nd MEASUREMENT	1. LLL Kg 3. NOT MEASURED, REASON (CODE): L 6. Age< 15 years 7. Refused

US20d.	Right hand (≥15 years) 2 nd MEASUREMENT	1. LLL Kg 3. NOT MEASURED, REASON (CODE): LL
		6. Age< 15 years
		7. Refused
US23.	Method of measuring	1. Standing
		2. Sitting
		6. Both hands not functioning or age < 15 years
US23a.	Did respondent give full effort to this	1. Yes
	test?	2. No because of pain, illness or other discomfort.
		3. No, but no obvious reason for this.

US18aA. Are you taking medicine for Anemia?	1. Yes 3. No
US18aB. Are you taking medicine for High Blood Pressure?	1. Yes 3. No
US18aC. Are you taking medicine for Diabetes?	1. Yes 3. No
US18aD. Are you taking medicine for Cholesterol?	1. Yes 3. No
US19. WRITE THE COMMENTS OBSERVATION ON RESPONDENT'S SICKNESS [Cough, Flu, Skin Infection, Fever, Wound, etc]	

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- 4. RESPONDEND DID NOT UNDERSTAND THE INSTRUCTIONS
- 5. RESPONDENT'S HEALTH CONDITION PREVENT MEASUREMENT
- 6. RESPONDENT HAS RASH, A CAST, EDEMA, OPEN SORES IN ARM (FOR US07a, US07b, US07c)
- 7. RESPONDENT'S HAND HAD SURGERY, SWELLING, INFLAMMATION, SEVERE PLAIN, SEVERE PAIN, OR INJURY IN LAST 6 MONTHS (US20a, US20b, US20c)
- 8. RESPONDENT RECENTLY HAD SURGERY OR IS INJURED OR IN CONDITIONS THAT PREVENT HIM/HER FROM WALKING (US19p)
- 9. NO SUITABLE SPACE
- 10. PROBLEM WITH EQUIPMENT OR SUPPLIES

		O NI- NHOOG- (LUNG CADACITY)
US19a.	CAPI CHECK: AGE ≥45?	3. No →US09a (LUNG CAPACITY) 1. Yes
	DALANCING TEST	i. Yes
	WITH ADEQUATE SPACE TO CONDUCT TAKE OFF FOOTWEAR. DURING THE T	BE HOW THE TEST WILL BE CONDUCTED. FIND A ROOM THE TEST. AVOID CARPETING. RESPONDENT NEED TO EST, STAND CLOSE TO THE RESPONDENT JUST IN CASE LLANCE. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN IN
US19b.	BALANCING TEST:	1. ABLE TO DO THE TEST
	SEMI-TANDEM(≥45years old)	3. NOT MEASURED, REASON (CODE): ∟∟
	Instruction: Stand with the side of	→US19I (SIDE-BY-SIDE)
	the heel of one foot touching the big toe of the other foot for 10 seconds	7. Refused→US19I (SIDE-BY-SIDE)
US19c.	Did respondent hold semi-tandem stand for full 10 seconds without stepping out of place or grabbing	 Yes No, enter time respondent was able to stand semitandem: Land seconds
	anything?	 Tried but was unable →US19I (SIDE-BY-SIDE)
US19d.	Did respondent use any compensatory movement of his/her trunk, arms or legs to steady himself during the stand?	1. Yes 3. No
US19e.	CAPI CHECK: US19c =1?	3. No →US19I (SIDE-BY-SIDE)
	(able to hold semi-tandem stand)	1. Yes
US19f.	CAPI CHECK: AGE≥70 ?	3. No →US19h(45 ≤ AGE < 70)1. Yes
US19g.	BALANCING TEST:	1. ABLE TO DO THE TEST→US19i
	FULL –TANDEM (≥70years old)	3. NOT MEASURED, REASON (CODE): L
	Instruction:	→US19p (WALKING SPEED)
	Stand with the	7. Refuse→US19p (WALKING SPEED)
	heel of one foot in front of	
	and touching	
	the toes of the	
	other foot for about 30	
	seconds	
	•	

US19h.	BALANCING TEST: FULL -TANDEM (45 ≤ AGE <70) Instruction: Stand with the heel of one foot in front of and touching the toes of the other foot for about 60 seconds	1. ABLE TO DO THE TEST 3. NOT MEASURED, REASON (CODE): →US19p (WALKING SPEED) 7. Refused→US19p(WALKING SPEED)	
US19i.	Did respondent hold full-tandem stand for full [30/60] seconds without stepping out of place or grabbing anything?	 Yes No, enter time respondent was able to stand full-tandem:	
US19j.	Did respondent use any compensatory movement of his/her trunk, arms or legs to steady himself during the stand?	1. Yes 3. No	
US19k.	Record the type of floor surface the balance measure was conducted on: →US19p (WALKING SPEED)	1. Linoleum/tile/wood 2. Carpet 3. Clay 4. Concrete 9. Other	
US19I.	BALANCING TEST: SIDE-BY-SIDE Instruction: Stand with your feet together, side-by-side for about 10 seconds.	1. Able to do it 3. NOT MEASURED, REASON (CODE): →US19p(WALKING SPEED) 7.Refused →US19p(WALKING SPEED)	
US19m.	Did respondent hold side-by-side stand for full 10 seconds without stepping out of place or grabbing anything?	 Yes No, enter time respondent was able to stand full-tandem: seconds Tried but was unable →US19p (WALKING SPEED) 	
US19n.	Did respondent use any compensatory movement of his/her trunk, arms or legs to steady himself during the stand?	1. Yes 3. No	
US19o.	Record the type of floor surface the balance measure was conducted on:	1.Linoleum/tile/wood4.Concrete2.Carpet9.Other3.Clay	

TIMED WALK ((≥ 60)	

INTERVIEWER FELT IT WOULD NOT BE SAFE
RESPONDENT TRIED BUT WAS UNABLE TO COMPLETE THE MEASUREMENT/TEST
RESPONDEND DID NOT UNDERSTAND THE INSTRUCTIONS
RESPONDENT'S HEALTH CONDITION PREVENT MEASUREMENT
RESPONDENT HAS RASH, A CAST, EDEMA, OPEN SORES IN ARM (FOR US07a, US07b, US07c)
RESPONDENT'S HAND HAD SURGERY, SWELLING, INFLAMMATION, SEVERE PLAIN, SEVERE PAIN, OR INJURY IN LAST 6 MONTHS (US20a, US20b, US20c)
RESPONDENT RECENTLY HAD SURGERY OR IS INJURED OR IN CONDITIONS THAT PREVENT HIM/HER FROM WALKING (US19p)
NO SUITABLE SPACE
PROBLEM WITH EQUIPMENT OR SUPPLIES
LUNG CAPACITY
INTERVIEWER INSTRUCTION: DESCRIBE HOW THE MEASUREMENT WILL BE TAKEN. SHOW THE
IFLS5

	SET UP THE COURSE (2.5 M LONG) WI EXPLAIN HOW THE TEST WILL BE CON IN THE HEALTH MEASUREMENT MANU	NDUCTED. FOLLOW THE PROTO	
Us19p.	Do you have any problems from recent surgery, injury, or other health conditions that might prevent you from walking	 Yes → DISCUSS WITH R RESPONDENT WO MEASUREMENT No AGE < 60 YEARS → US 	OULD ATTEMPT TO DO THE
US19q.	TIMED WALK		
	((≥ 60 years)	1. L seconds 3. NOT MEASURED, REAS	SON (CODE):
	FIRST WALK	→US09a.(LUNG CAPACITY 6. < 60 yearsold→US09a.(LUNG 7. Refused→US09a.(LUNG	LUNG CAPACITY)
US19r.	SECOND WALK	1. L seconds 3. NOT MEASURED, REAS 7. Refused	SON (CODE):
US19s.	Record floor type	Linoleum/tile/wood Carpet Clay	3. Concrete 9. Other
US19t.	Record walking aid	None Walking stick Elbow crutches	4 Walking frame 9. Other

CODE FOR REASON NOT MEASURED:

- 1. RESPONDENTFELT IT WOULD NOT BE SAFE
- 2. IN
- 3. RI
- 4. RE
- 5. RE
- 6. RE
- 7. RE
- 8. RI
- 9. N

EQUIPMENT AND DEMONSTRATE HOW THE MEASUREMENT WILL BE CONDUCTED. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN IN THE HEALTH MEASUREMENT MANUAL.						
US09a.	Lung capacity(≥9 years) 1st MEASUREMENT	1.				
	I WEASUREWENT	3. REASON NOT MEASURED (CODE):				
		6. AGE < 9YEARS7. REFUSED				
US09b.	Lung capacity(≥9 years) 2 nd MEASUREMENT	1				
	2 WEASONEWENT	3. REASON NOT MEASURED (CODE):				
		6. AGE < 9YEARS				
		7. REFUSED				
US09c.	Lung capacity(≥ 9 years) 3 rd MEASUREMENT	1				
		3. REASON NOT MEASURED (CODE):				
		6. AGE < 9YEARS				
		7. REFUSED				
US09d.	Did respondent give full effort to	1. Yes				
	this test?	No because of pain, illness or other discomfort.				
		3. No, but no obvious reason for this.				

	HB LEVEL, CHOLESTEROL, AND DBS S	SAMPLE					
	INTERVIEWER INSTRUCTION: DESCRIBE THE MEASUREMENT AND THE PROCEDURE. SHOW THE EQUIPMENT AND EXPLAIN HOW THE MEASUREMENT WILL BE CONDUCTED. FOLLOW THE PROTOCOL EXACTLY AS WRITTEN IN THE HEALTH MEASUREMENT MANUAL.						
US13.	HB (≥1 years)	1,					
		3. REASON NOT MEASURED (CODE):					
		6. AGE < 1YEARS					
		7. REFUSED MENOLAK					
US13ab.	CAPI CHECK: NEED DBS TEST?	3. NO →US10a					
		1. YES					
US13a.	DBS Block-Blood sample(≥ 1	1 Spot					
	years)	3. REASON NOT MEASURED (CODE): ∟∟					
		6. AGE < 1YEARS					
		7. REFUSED MENOLAK					

CODE FOR REASON NOT MEASURED:	

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- 1. RESPONDENTFELT IT WOULD NOT BE SAFE
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- 7. RESPONDENT'S HAND HAD SURGERY, SWELLING, INFLAMMATION, SEVERE PLAIN, SEVERE PAIN, OR INJURY IN LAST 6 MONTHS (US20a, US20b, US20c)
- 8. RESPONDENT RECENTLY HAD SURGERY OR IS INJURED OR IN CONDITIONS THAT PREVENT HIM/HER FROM WALKING (US19p)
- 9. NO SUITABLE SPACE
- 10. PROBLEM WITH EQUIPMENT OR SUPPLIES

US15a. CAPI CHEK: IF FEMALE 15-49 1. Yes	
YEARS: Are youpregnant? 3. No	
6. Male or female <15 yearsorfemale>49	years
US15b. CAPI CHEK: IF FEMALE 15-49 1. Yes	
YEARS: Are youhavingyourperiod? 3. No	
6. Male or female <15 yearsorfemale>49 Tidak	years
US15c. CAPI CHEK: IF FEMALE 15-49 1. Yes	
YEARS: Are youbreastfeeding? 3. No	
6. Male or female <15 yearsorfemale>49	years
US18. Are youfastingtoday? 1. Yes	
3. No	
US18b. When did the last time you eat? (Hour/Minute) 1. Today	
US14. ACCORDING TO THE INTERVIEWER, HOW DOES THE HEALTH OF THIS PERSON COMPARE, IN GENERAL, PERSON COMPARE, IN GENERAL, Much worse About the same	Very good
TO THE HEALTH STATUS OF OTHER PEOPLE OF THE SAME AGE AND SEX?	
US18c. INTERVIEWER A. Right hand	
OBSERVATION:Does [HHM B. Left hand	
NAME] have physical disability? C. Right leg	
D. Left leg	
E. Blind	
F. Deaf	
G. Mute	
O. Wate	

SECTION CP (INTERVIEW SESSION NOTES)

LANGMAIN. Interview was entirely/mostly conducted in what language? LANGOTHR. Other language used (if any):		Other							
			Other Other						
CODES FOR LANGUAGE: 00. Indonesian 01. Javanese 02. Sundanese 03. Balinese	04. Batak 05. Bugis 06. Chinese 07. Maduranese	09. 10.	Sasak Minang Banjar Bima	12. Makassar 13. Nias 14. Palembang 15. Sumbawa	17. 18.	Toraja Lahat Other South Sumatera Betawi	20. Lampung 95. Other, 96. NO OTHER		
C1. RESULT	OF INTERVIEW OF BOOK IV			C2. REASON		C4. LC	DCAL SUPERVISOR M	ONITOR	NG
 Completed → C3 Partially completed Not completed 			 Respondent v Respondent r 	efused (to be interviewed)		a. Observed by local sb. Edited by local supec. Verified by local su	ervisor	1	No 3 3 3
			5. Other:		c. Verified by local supervisor 1 3				

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