

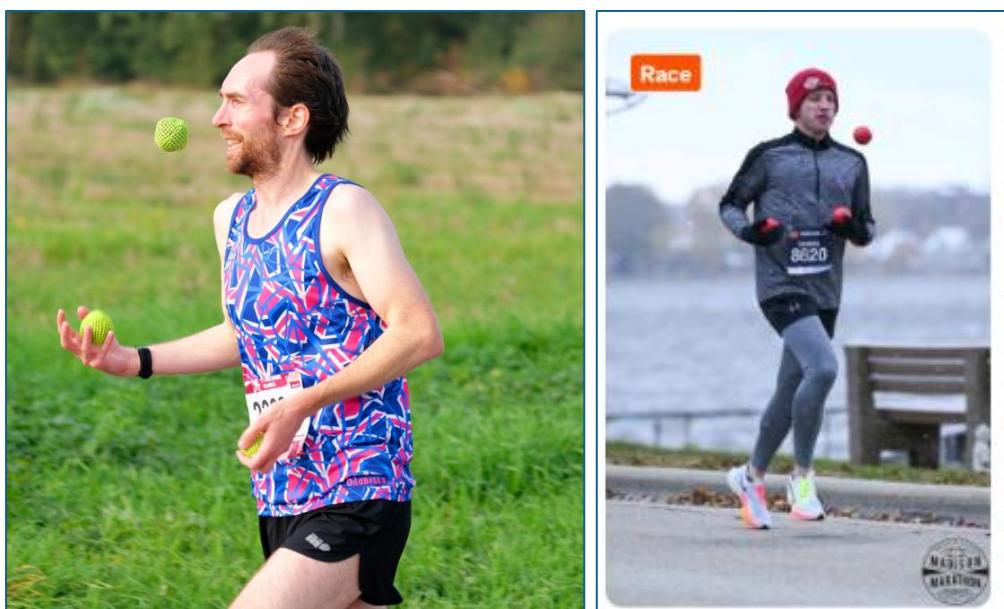
## Joggliers Jottings – December 2025

Hello Joggliers past, present, and future

Welcome to the latest edition of Joggliers Jottings, where we present a round-up of juggling activity from these past few months. Remember that you can submit your juggling race results and photos through the [Juggling Results Archive](#).

### Recent Juggling Highlights:

- **Chris Edwin (GBR)** had a sensational end of year, cementing his prowess in long-distance 3-ball juggling: after smashing the 3b Half Marathon World Record at Watchtree in 1:16:47 (0 drops, P1), he carried the momentum into the Yorkshire 10 Mile, setting another World Record in 57:41 with flawless juggling.
- Across the pond, **Samuel Dean (USA)** dominated across multiple distances. He set PBs in the 3b 5km (16:48), 10km (35:01) and Half Marathon (1:17:45) events, with his crowning achievement taking the Guinness World Record in the 3b Marathon in 2:50:10 in his home city of Madison, WI. His performances show an incredible combination of speed and endurance. We can expect more rivalry between Edwin and Dean in 2026.



**Above:** Chris Edwin (left) and Samuel Dean (right).

- **Scott Jenkins (GBR)** also showcased versatility across distances. Coming close to his 3b 5km PB, he clocked 18:13 at the Riverfront parkrun in Newport, Wales, before shaving over a minute off his personal best over the 3b Half Marathon in Watchtree (1:23:18). At his own athletics club champs he clocked a 5:03 3b mile, and dipped under 30s for the first time in the 3b 200m. A couple of weeks later, he took first place in an 8 hour ultra marathon, juggling over 65km back and forth the Edinburgh coastline with only 4 drops.

- **Alison Bolton (GBR)** has continued on her [fundraising mission](#) for Guide Dogs by joggling her first couple of 3b 5km parkrun events at Cosmeston Lakes and Ashton. Her learning journey has highlighted how joggling may not be easy, but with consistent practice, the rewards will come!
- **Kacper Suchora (POL)** continued to rule the Polish parkrun scene with multiple podium finishes. Notably, he took 1st place overall at Młynówka Królewska with a PB of 21:10 (3b 5km). Kacper also experimented with 3 club 5km runs, maintaining impressive consistency across disciplines.
- **Rik Konings (NED)**, fresh from his podium results at the EJC in the summer, turned his attention to the ultra and marathon distances. He joggled 3 balls at the 50km Strandentocht in 8:32:41, and joggled the marathon in Eindhoven in under five hours.
- **Jean-Marc Doiron (CAN)**, a juggler now training through a snowy Canadian winter posted an impressive 3:01:57 Marathon at Toronto Waterfront, and then tackled the Défi Everest Challenge (34km) in just 2:45. An athlete who only took up the sport in the last couple of years, he has made tremendous progress, and has no doubt inspired the training of Mr's Dean & Edwin.
- **Stefan Nygard (SWE)** posted more 5b times, juggling a mile in 6:59 and a 5km in 25:15 on his local track in Stockholm.
- The depth on the British juggling scene remains strong. Brothers Dom and Jake Lodge also raced the Half Marathon at Watchtree, with PBs for Dom (P10, 1:28:35) and Jake (P21, 1:42:20) respectively. Marathon man 'Tiger' **Tim Butler** is back racing, at Barnsley's **Monster Mash Challenge**. His latest 3b marathon in **5:41:05 (he has over 100 under his belt now!)** Scottish juggler **James McDiarmid** once again conquered his hometown **Loch Ness Marathon (3:44:09)**
- And last, but not least, after previous track success at the EJC, **Kaupo Pilder (EST)** stepped up to the Half Marathon distance, battling through the crowds at the Tallinn Half Marathon. Looks like his training for the next EJC in Slovenia is already underway!



**Above:** Spot the Joggler!

And that's it for another Joggliers Jottings. I'll write again at the Spring with more juggling news. In the meantime, you can keep up to date with the juggling community on [Facebook](#) and [Strava](#). Until then, happy juggling!

Scott Jenkins

Edinburgh, Scotland, December 2025