

Jogglers Jottings – June 2025

Hello Jogglers past, present, and future

Welcome to the latest edition of Jogglers Jottings, where we present a round-up of juggling activity from these past 3 months. Looking ahead, there are a couple of juggling meets in the diary – get involved if you can! Email jugglingresults@gmail.com for more information.

- **July 14-20th** : [IJA Festival](#) Sterling Franklin has already got the wheels in motion for this track meet, held in [Evansville, IN, USA](#). Additionally, deadline for virtual champs is 30th June.
- **August 2nd-10th**: [European Juggling Convention](#). A team are planning to host the EJC Juggling Championships at the EJC in Arnhem in the Netherlands. Details to follow shortly.
- **October 18th-19th**: British Jogglers meet up, Leeds juggling convention, and York 10 mile race.

Recent Juggling Highlights:

- **Stuart Humphries** (UK, below) was all smiles as he completed his first juggling half marathon, in Reading. Humphries is a regular joggler at his local parkrun events, and was a member of the British Endure 24 hour relay team in 2022.



- **Jonathan Abbott** (USA, Right) made his 3b marathon debut with a single drop, in Delaware, with a strong time of 3:23:57 to put him in the top 15 of all time. Abbott made his juggling debut at the 2024 IJA.
- On the same day (6th April), **Benjamin Balbeur** posted a [2:47:52 with 3 balls](#) at the Namur marathon in his home country of Belgium. This is the fastest recorded time for the event, bettering Michal Kapral's (Canada) 2:50:12 from Toronto, 2007. Benjamin ran with a friend, [who assisted with fuelling](#), meaning that he didn't need to stop to hydrate. This means that it won't be an official Guinness World Record. It was a well-paced effort, with a split of 1:22:59 through half way.
- At the Ottawa Half Marathon, **Scott Jenkins** (UK) juggled a new 3b PB of [1:24:28](#) with 0 drops and 0 stops. **Michal Kapral**, who was coming back from injury, dipped under the 1:40 barrier, before he turns his attention back to ultra distances.
- As we approach the height of track season, **Mark Fiore** (USA) clocked a blazing [34.04](#) for the 5b 200m, a new fastest known time. **Sam Dean** threw down impressive 3b 800m and 1500m

times of 2:18, and 4:46 respectively. Both are gearing up for the IJA joggling meet next month.

- **Karly Swaim** (USA) organised a successful 2nd edition of the New Jersey Joggling Minifest. The weekend meet up, was attended by jogglers from New York, New Jersey, Delaware, Washington, and beyond. The weekend featured a joggling quiz, fire juggling, volleyclub on the beach, and 17 jogglers participated in the [2 mile Superhero Sprint](#) charity run.



And that's it for another Jogglers Jottings. I'll write again next year with more joggling news. In the meantime, you can keep up to date with the joggling community on [Facebook](#) and [Strava](#).

Until then, happy joggling

Scott Jenkins

Edinburgh, Scotland, June 2025