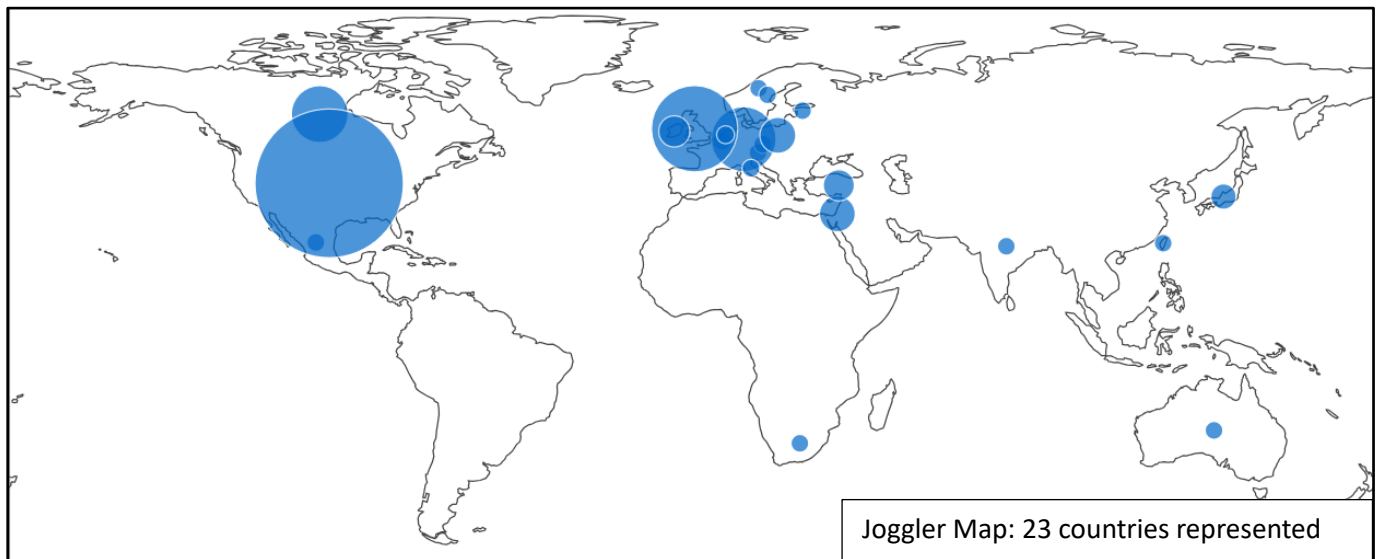


Jogglers Jottings – February 2024

Hello Jogglers past and present,

Welcome to the 2nd edition of Jogglers Jottings, since its revival last October. Continuing in the footsteps of Bill Giduz, I aim to present a round-up of juggling activity from these past 3 months.

But first, a reminder that you can keep up to date with the juggling community on [Facebook](#) and [Strava](#). The [juggling results archive](#) is also updated monthly – send us an email at jugglingresults@gmail.com or fill in the form on the site with your juggling results and we'd be delighted to add you to our growing list of 250+ jogglers, with over 1000 results between us.

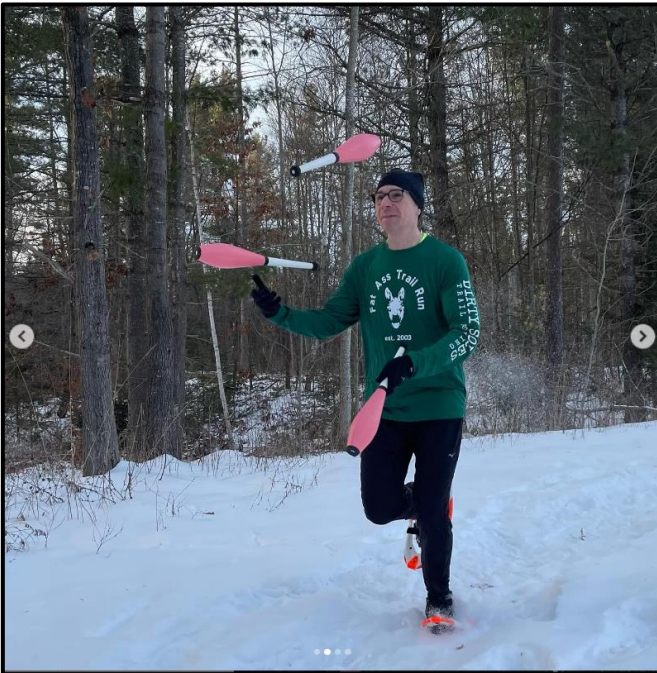


Recent Jogging Highlights:

- The northern hemisphere winter certainly didn't put off **Michal Kapral** (Canada) from jogging. He raced 4 miles wearing snowshoes in under 50 minutes, and also jogged in a 10km trail race in Ontario. Fellow Canadian **Anthony Carboni** has also been posting clips of him performing juggling tricks in the snow in British Columbia on TikTok.
- On the other side of the world, we welcomed **Narelle Cabassi** (Australia) to the juggling community. She has been delighting folks at her local parkrun, and is the first recorded Australian in the juggling archive.
- Could 2024 be the year of a new male marathon juggling world record? **Chris Edwin** (UK) will be attempting to better his 3:00:06 clocking from 2023. Chris was also the guest on TalkSport the world's largest sports radio station (interview [here](#), from 24:40). Elsewhere **Jean-Marc Doiron** (Canada) has also shared his record ambitions. The current record, set by Michal Kapral in 2007, stands at 2:50:12.
- In the US, no fewer than 5 jogglers took part in 'Turkey Trot' events, including Father and Daughter duo **John and Kalia Handy Bosma** (US). On a separate training joggle in Houston, Texas, they ran into **Dillon Hutyra** – coincidences like these suggest that there are many more of us out there! On the other side of the country, in Florida, **Heather Thompson** jogged her first 5km in 35:22.
- **Piotr Maciejewski** (Poland) jogged 3 clubs at Ogród Saski parkrun in 28:29; the fastest recorded 5km with 3 clubs. **Kacper Suchora** (Poland) has also continued to chip away at his times. Following success at the 2023 European Juggling Convention, both are no doubt

looking forward to the 2nd Polish Juggling Champs (date and venue tbc). Speaking of championships, **Sterling Franklin** (US) has released information about the juggling events which will form part of the IJA convention – see Facebook for details.

- Finally, in the 5 ball juggling scene, **Stefan Nygard** (Sweden) has been training hard through the Nordic winter, and posted a 10km time of 1:05:41. Much respect here!



Clockwise from top left: Michal Kapral, Kalia and John Handy Bosma, Heather Thompson, Anthony Carboni

I'll write again in the Spring with the latest juggling news. Until then, happy juggling!

Scott Jenkins

Edinburgh, Scotland, February 2024