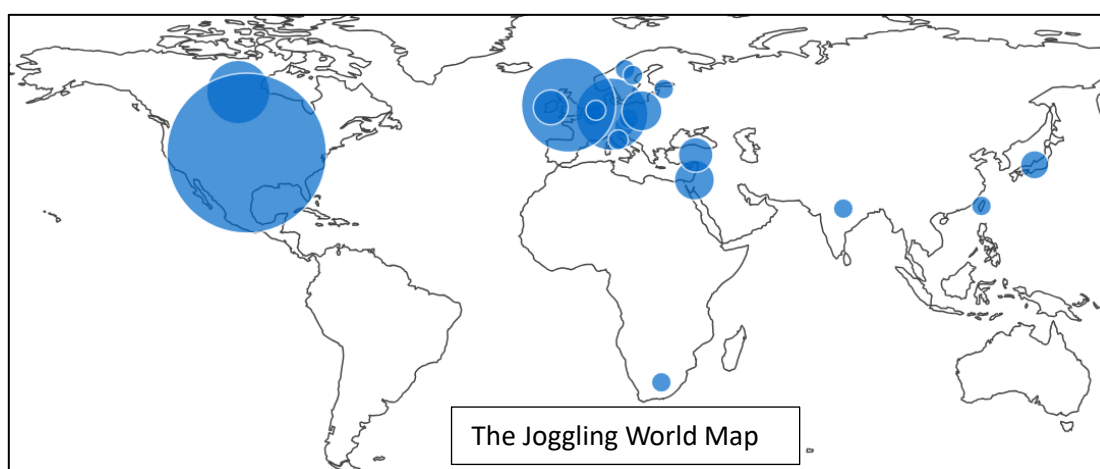


Jogglers Jottings – Autumn 2023

Hello Jogglers past and present,

Bill Giduz, promoter of joggling in the 1980's used to write a quarterly column for the IJA magazine called 'Jogglers Jottings'. Brought forward into the modern age, you are reading the first revision: a round-up of the joggling activity since summer 2023.

But first, 2023 has seen the creation of the *joggling results archive*. Nearly 1000 joggling results have been sourced, evidenced and preserved on the web, with representation of 250 jogglers from the 1980's to the present day, coming from over 20 countries. Please check out the archive here: <https://jogglingresults.streamlit.app/>. Do you know of any results we're missing? Fill in the form on the site or email us at jogglingresults@gmail.com. The site is updated once a month.



Autumn 2023 Joggling Highlights:

- **Chris Edwin** (UK) and **Michael Bergeron** (Canada) both joggled marathons in exactly 3 hours 6 seconds. Even more remarkably, they raced on the same day, over 3000 miles apart (Yorkshire and Toronto). This ranks them 3rd on the all-time list. Both will surely be targeting sub 3 in 2024, and will perhaps threaten **Michal Kapral's** (Canada) 2:50 mark, set in 2007. It may shape up to be the greatest joggling rivalry since Kapral and **Zach Warren** (USA) went head-to-head in the noughties. **Erick Sells** (USA) and **James McDiarmid** (UK) also debuted at the marathon distance with times of 3:32 and 3:35 respectively, despite only taking up the sport this year.
- **Stefan Nygard** (Sweden) has been posting 5 ball joggling training runs on Strava, covering 5km in under 33 minutes. There seems to be growing interest in higher number joggling, with Kapral, and **Dakota Quint** (USA) also sharing clips of their practice online.
- **Caleb Williams** (USA) joggled to a new 3 ball mile record in August, finishing in 4:36. Two other American jogglers have also broken the 5 minute barrier in the past 12 months: **Henry Wellenstein**, and **Samuel Dean**. In contrast to Williams, who has been joggling in IJA competitions for several years, Wellenstein and Dean are both new to the sport.
- **Karly Swaim** (USA) fielded a team of 4 jogglers at the Dempsey Challenge. I believe there is already planning for more jogglers next year!

- Whilst juggling balls are most commonly the prop of choice, **Barry Goldmeier** (USA) juggled 3 mini hockey sticks at the Chicago Marathon, and **JL Coldham** (UK) juggled 3 clubs at the Chester Zoo 10km, alongside his sister **EJ**.
- **Tim Butler** (UK) juggled his 88th marathon and is well on his way towards his target of juggling 100 marathons (or further). Butler, who raises funds for the Wildcats Conservation Alliance is well known in the British juggling scene as the 'Juggling Tiger'.
- At the European Juggling Convention (EJC), **Jarek Widomski** (Poland), organised the 1st Polish Open Juggling Championships. Attracting over 100 participants, this event introduced new jugglers to the sport. Notably, since competing in Lublin, **Kacper Suchora** (Poland) has improved his 5km juggling time by 4 minutes at several events.



I'll write again in the New Year with the latest juggling news. In the meantime, the juggling community is active on Facebook (search Jugglers United) and on Strava (<https://www.strava.com/clubs/jugglers>). Please join us there!

Happy Juggling,

Scott Jenkins

Edinburgh, Scotland, October 2023