Clinical Parameters in Diabetic Polyneuropathy

Parameter	Healthy / Normal Range	Pathological / Risk Indicator
Duration (diabetes)	— (no true 'healthy' range)	>10 years → ↑ risk for neuropathy
SNAP (e.g., sural nerve)	>6 μV	<3 μV or absent = severe neuropathy
HbA1c (%)	<5.7% (non-diabetic), <7% (target)	>7.5–8.0% = poor glycemic control
NIS-LL	0–2	>15 = clinically significant neuropathy
SAS	<45	≥45 = anxiety symptoms
NPSI	0–10	>30–40 = moderate; >60 = severe pain
IENFD (fibers/mm)	>5–7 (depending on age)	<3 = small fiber neuropathy