

Functional Analysis - Mandatory Assignment 1

Marius Enevold Gjesme - wbm323

14. December 2020

Problem 1

Let $(X, \|\cdot\|_X)$ and $(Y, \|\cdot\|_Y)$ be (non-zero) normed vector spaces over \mathbb{K} , where $\mathbb{K} = \mathbb{R}$ or \mathbb{C} .

(a)

Let $T : X \rightarrow Y$ be a linear map. Set $\|x\|_0 = \|x\|_X + \|Tx\|_Y$, for all $x \in X$. Show that $\|\cdot\|_0$ is a norm on X . Show next that the two norms $\|\cdot\|_X$ and $\|\cdot\|_0$ are equivalent if and only if T is bounded.

To show that $\|\cdot\|_0$ is a norm we use definition 1.1. As $\|\cdot\|_X$ and $\|\cdot\|_Y$ are norms we have that $\|\cdot\|_0$ maps into $[0, \infty)$. Furthermore we have

Remember to write $x, x' \in X, \alpha \in \mathbb{K}, \dots$

$$\begin{aligned}\|x + x'\|_0 &= \|x + x'\|_X + \|T(x + x')\|_Y \\ &\leq \|x\|_X + \|x'\|_X + \|Tx\|_Y + \|Tx'\|_Y \\ &= \|x\|_0 + \|x'\|_0.\end{aligned}$$

✓

$$\begin{aligned}\|\alpha x\|_0 &= \|\alpha x\|_X + \|T(\alpha x)\|_Y \\ &= |\alpha|(\|x\|_X + \|Tx\|_Y) \\ &= |\alpha|\|x\|_0.\end{aligned}$$

✓

$$\|x\|_0 = 0 \Leftrightarrow \|x\|_X + \|Tx\|_Y = 0 \Leftrightarrow \|x\|_X = \|Tx\|_Y = 0 \Leftrightarrow x = 0.$$

✓

Here we have used that $\|\cdot\|_X$ and $\|\cdot\|_Y$ are norms and that T is linear several times. Hence we have shown that $\|\cdot\|_0$ is a norm as desired. We now show that $\|\cdot\|_0$ and $\|\cdot\|_X$ are equivalent iff T is bounded.

" \Rightarrow ": By assumption there exist $0 \leq c_1 \leq c_2 \leq \infty$ s.t. $c_1\|x\|_X \leq \|x\|_0 \leq c_2\|x\|_X$. Note that $c_2 \geq 1$ by the construction of $\|\cdot\|_0$.

We now have

$$\|Tx\|_Y = \|x\|_0 - \|x\|_X \leq c_2\|x\|_X - \|x\|_X = (c_2 - 1)\|x\|_X.$$

Hence by proposition 1.10 T is bounded. ✓

" \Leftarrow ": As T is bounded there exists c s.t. $\|Tx\|_Y \leq c\|x\|_X$, hence we have

$$\|x\|_0 = \|x\|_X + \|Tx\|_Y \leq (1+c)\|x\|_X.$$

Moreover by construction we have $\|x\|_X \leq \|x\|_0$, hence the two norms are equivalent by definition 1.4. ✓

(b)

Show that any linear map $T : X \rightarrow Y$ is bounded, if X is finite dimensional.

Given a linear map $T : X \rightarrow Y$, we can define $\|\cdot\|_0$ as in (a), which is a norm. As X is finite dimensional all norms on X are equivalent by Theorem 1.6. In particular $\|\cdot\|_X$ and $\|\cdot\|_0$ are equivalent hence T is bounded by (a). ✓

(c)

Suppose that X is infinite dimensional. Show that there exists a linear map $T : X \rightarrow Y$, which is not bounded.

Let $(e_i)_{i \geq 1}$ be a Hamel basis for X . By normalizing the basis we can assume that $\|e_i\| = 1$ for all i . *I is in general just a set, not \mathbb{N} .*

Let $y \in Y$ be an element with $\|y\|_Y = 1$. Such an element exists as $(Y, \|\cdot\|_Y)$ is a non-zero normed space. We define a family of elements $(y_i)_{i \geq 1}$ in Y by $y_i = iy$. Then as $(e_i)_{i \geq 1}$ is a Hamel basis there exists a unique linear map $T : X \rightarrow Y$ s.t. $T(e_i) = y_i = iy$. Suppose T is bounded, i.e. there exists a C s.t. $\|Tx\|_Y \leq C\|x\|_X$ for all $x \in X$. Then there exists $i > C$ and hence $\|T(e_i)\|_Y = \|y_i\|_Y = \|iy\|_Y = i\|y\|_Y = i > C = C\|e_i\|_X$ which is a contradiction. Thus T is not bounded and we have shown that there exists a linear map $T : X \rightarrow Y$ which is not bounded. (✓)

(d)

Suppose again that X is infinite dimensional. Argue that there exists a norm $\|\cdot\|_0$ on X , which is not equivalent to the given norm $\|\cdot\|_X$, and which satisfies $\|x\|_X \leq \|x\|_0$, for all $x \in X$. Conclude that $(X, \|x\|_0)$ is not complete if $(X, \|\cdot\|_X)$ is a Banach space.

Let $T : X \rightarrow Y$ be a linear map which is not bounded. Such a map exists as we have just shown. Then we can define the norm $\|\cdot\|_0$ as we did in (a). As T is not bounded (a) gives that $\|\cdot\|_X$ and $\|\cdot\|_0$ are not equivalent and furthermore by construction we have $\|x\|_X \leq \|x\|_0$.

As the two norms are not equivalent, problem 1 in HW3 gives that $(X, \|\cdot\|_0)$ cannot be complete if $(X, \|\cdot\|_X)$ is a Banach space and in particular complete. ✓

(e)

Give an example of a vector space X equipped with two inequivalent norms $\|\cdot\|$ and $\|\cdot\|'$ satisfying $\|x\|' \leq \|x\|$, for all $x \in X$, such that $(X, \|\cdot\|)$ is complete, while $(X, \|\cdot\|')$ is not.

Let $(\ell_1(\mathbb{N}), \|\cdot\|_1) = (X, \|\cdot\|_X)$ which is a Banach space. Consider also $\|\cdot\|_\infty$ and recall $\|(x_i)_{i \geq 1}\|_\infty = \sup\{|x_i| : i \geq 1\}$. Note that $\|\cdot\|_\infty \leq \|\cdot\|_1$ by definition. We have to find a Cauchy sequence with respect to $\|\cdot\|_\infty$ which does not converge. Consider the sequence $(y_j)_{j \geq 1}$ where each y_j is a sequence $(y_{j,i})_{i \geq 1}$ defined by

in $(\ell_1(\mathbb{N}), \|\cdot\|_\infty)$.

$$y_{j,i} = \begin{cases} \frac{1}{i} & i \leq j \\ 0 & \text{otherwise.} \end{cases}$$

To see that this sequence is Cauchy, let $\varepsilon > 0$ be given. Then there exists $N \in \mathbb{N}$ s.t. $\frac{1}{N} < \varepsilon$. Then we have for $n > m \geq N$ that

$$\|y_n - y_m\|_\infty = \sup\{|y_{n,i} - y_{m,i}| : i \geq 1\} = \frac{1}{m+1} < \varepsilon.$$

So it is a Cauchy sequence and furthermore it is clear by a virtually identical argument that the limit of this sequence is $(x_i)_{i \geq 1}$ where $x_i = \frac{1}{i}$, but it is well known that $(x_i)_{i \geq 1} \notin \ell_1(\mathbb{N})$, hence $\ell_1(\mathbb{N})$ is not complete with respect to $\|\cdot\|_\infty$. Thus by problem 1 in HW3, the 1-norm and the infinity norm are not equivalent. ✓

Problem 2

Let $1 \leq p < \infty$ be fixed, and consider the subspace M of the Banach space $(\ell_p(\mathbb{N}), \|\cdot\|_p)$, considered as a vector space over \mathbb{C} , given by

$$M = \{(a, b, 0, 0, 0, \dots) : a, b \in \mathbb{C}\}.$$

Let $f : M \rightarrow \mathbb{C}$ be given by $f(a, b, 0, 0, \dots) = a + b$, for all $a, b \in \mathbb{C}$.

(a)

Show that f is bounded on $(M, \|\cdot\|_p)$ and compute $\|f\|$.


First we consider $p = 1$. Let $x = (x_i)_{i \geq 1} \in M$, then $|f(x)| = |x_1 + x_2| \leq |x_1| + |x_2| = \|x\|_1$, hence $\|f\| \leq 1$. If $x_1 = 1$ and $x_2 = 0$, then $|f(x)| = 1$, hence we also have $\|f\| \geq 1$ and thus $\|f\| = 1$.

Now suppose $p > 1$. To show that f is bounded and to determine $\|f\|$ we note that for a sequence $x = (x_i)_{i \geq 1} \in M$ we have that $|f(x)| = |x_1 + x_2| \leq |x_1| + |x_2|$. If we now let $(y_i)_{i \geq 1} \in M$ be a sequence with $y_1 = y_2 = 1$ we can use Hölders inequality to get

$$|f(x)| \leq |x_1| + |x_2| = \sum_{i=1}^{\infty} |x_i y_i| \leq \left(\sum_{i=1}^{\infty} |x_i|^p \right)^{\frac{1}{p}} \left(\sum_{i=1}^{\infty} |y_i|^{\frac{p}{p-1}} \right)^{1-\frac{1}{p}} = \|x\|_p \cdot 2^{1-\frac{1}{p}}.$$

Hence f is bounded and furthermore we have $\|f\| \leq 2^{1-\frac{1}{p}}$. Now if we let $x_1 = x_2 = 2^{-\frac{1}{p}}$ we have $|f(x)| = |2^{-\frac{1}{p}} + 2^{-\frac{1}{p}}| = 2^{1-\frac{1}{p}}$ and

$$\|x\|_p = ((2^{-\frac{1}{p}})^p + (2^{-\frac{1}{p}})^p)^{\frac{1}{p}} = 1$$

hence $\|f\| \geq 2^{1-\frac{1}{p}}$ and thus $\|f\| = 2^{1-\frac{1}{p}}$. 

(b)

Show that if $1 < p < \infty$, then there is a unique linear functional F on $\ell_p(\mathbb{N})$ extending f and satisfying $\|F\| = \|f\|$.

Corollary 2.6 gives the existence of $F \in (\ell_p(\mathbb{N}))^*$, such that F extends f and $\|F\| = \|f\|$.


Now we want to use HW1 problems 4 and 5. In problem 5 we use the course of action from problem 4 to show that each $F \in (\ell_p(\mathbb{N}))^*$ corresponds bijectively to F_x for an $x \in \ell_q(\mathbb{N})$ where $F_x : \ell_p(\mathbb{N}) \rightarrow \mathbb{K}$ is defined by

$$(y_i)_{i \geq 1} \mapsto \sum_{i=1}^{\infty} x_i y_i$$

and q is the conjugate of p , i.e. $\frac{1}{p} + \frac{1}{q} = 1$. Thus let $F = F_x$ be an extension of f . We want to show that it is unique, so it suffices to show that the sequence x is unique.

Let $y \in M$, then $y_1 + y_2 = f(y) = F_x(y) = \sum_{i=1}^{\infty} x_i y_i$ implying that $x_1 = x_2 = 1$. To determine the rest of the coordinates we use that $\|F_x\| = \|f\|$. We also use that the isomorphism $x \mapsto F_x$ from HW1 is an isometry.

$$2^{1-\frac{1}{p}} = \|F_x\| = \|x\|_q = \left(\sum_{i=1}^{\infty} |x_i|^q \right)^{\frac{1}{q}} = \left(2 + \sum_{i=3}^{\infty} |x_i|^q \right)^{\frac{1}{q}}.$$


Hence as $\frac{1}{q} = 1 - \frac{1}{p}$ we must have $\sum_{i=3}^{\infty} |x_i|^q = 0$ and thus as the absolute value is a norm on \mathbb{K} we get $x_i = 0$ for all $i \geq 3$. Hence the sequence x is uniquely determined and thus by HW1 the extension $F = F_x$ is unique as desired. 

(c)

Show that if $p = 1$, then there are infinitely many linear functionals F on $\ell_1(\mathbb{N})$ extending f and satisfying $\|F\| = \|f\|$.

From the same HW1 problems we also have $(\ell_1(\mathbb{N}))^* \cong \ell_\infty(\mathbb{N})$. And similarly as in (b), corollary 2.6 gives an extension F , which is equal to F_x for some $x \in \ell_\infty$. Furthermore we get $x_1 = x_2 = 1$ as before. Now we have

$$1 = \|f\| = \|F_x\| = \|x\|_\infty = \sup\{|x_i| : i \geq 1\}$$

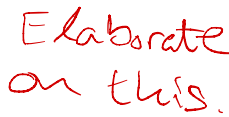
which implies that we do not need $x_i = 0$ for all $i \geq 3$, instead we just need $|x_i| \leq 1$. Clearly there are infinitely many sequences satisfying this, and furthermore each of them defines an extension of f . Hence there are infinitely many extensions F of f with $\|F\| = \|f\|$. 

Problem 3

Let X be an infinite dimensional normed vector space over \mathbb{K} , where $\mathbb{K} = \mathbb{R}$ or \mathbb{C} .

(a)

Let $n \geq 1$ be an integer. Show that no linear map $F : X \rightarrow \mathbb{K}^n$ is injective.

Suppose for contradiction that $F : X \rightarrow \mathbb{K}^n$ is linear and injective. Then F is a bijection onto its image, hence we have an isomorphism of vector spaces $X \cong \text{Im}(F)$. But the image of F is a subspace of \mathbb{K}^n , hence it is finite dimensional whereas X is infinite dimensional. This is a contradiction and thus no injective linear map $X \rightarrow \mathbb{K}^n$ exists. 

(b)

Let $n \geq 1$ be an integer and let $f_1, f_2, \dots, f_n \in X^*$. Show that $\bigcap_{j=1}^n \ker(f_j) \neq \{0\}$.

Define $F : X \rightarrow \mathbb{K}^n$ by $F(x) = (f_1(x), \dots, f_n(x))$. F is linear as each f_i is linear. Now (a) gives that F is not injective, hence as F is linear, we have

$$\{0\} \neq \ker(F) = \bigcap_{j=1}^n \ker(f_j)$$

as desired.  


(c)

Let $x_1, x_2, \dots, x_n \in X$. Show that there exists $y \in X$ such that $\|y\| = 1$ and $\|y - x_j\| \geq \|x_j\|$ for all $j = 1, 2, \dots, n$

If $x_i = 0$, then any y with $\|y\| = 1$ would satisfy the desired. Hence we can assume all x_i are non-zero. Note that we can always find an element with norm 1 as X is infinite dimensional in particular non-zero.


Then for each x_i we can use theorem 2.7 (b) to obtain a linear functional f_i for each x_i , such that $\|f_i\| = 1$ and $f_i(x_i) = \|x_i\|$. Now consider $F : X \rightarrow \mathbb{K}^n$ defined by $F(x) = (f_1(x), \dots, f_n(x))$ which is not injective by (a) and (b). Hence there exists an $\alpha \neq 0$ s.t. $F(\alpha) = 0$. Now we set $y := \frac{\alpha}{\|\alpha\|}$. Then $\|y\| = 1$. We want to show that y has the desired property. Note that $f_i(y) = 0$ for all i as $F(y) = 0$. Now

$$\|x_j\| = f_j(x_j) = f_j(x_j - y)$$

and as $\|f\| = 1$ we have $|f_j(x_j - y)| \leq \|x_j - y\|$ and thus $\|x_j\| \leq \|x_j - y\|$. This holds for each j and hence we have found a y satisfying the desired. 

(d)

Show that one cannot cover the unit sphere $S = \{x \in X : \|x\| = 1\}$ with a finite family of closed balls in X such that none of the balls contains 0.

Let B_1, \dots, B_n be a finite family of closed balls covering S . Let z_i and r_i be the center and radius of B_i respectively. Then by (c) there exists a y with norm 1 such that $\|y - z_i\| \geq \|z_i\|$ for all i . Furthermore as $\|y\| = 1$ we have $y \in S$ and thus $y \in B_j$ for some j . Thus we have $r_j \geq \|y - z_j\| \geq \|z_j\| = \|z_j - 0\|$, hence $0 \in B_j$. Thus we cannot find a finite family of closed balls in X such that none of them contain 0. 

(e)

Show that S is non-compact and deduce further that the closed unit ball in X is non-compact.

Suppose S is compact. Then consider $B_{\frac{1}{2}}(x)$ for all $x \in S$, which are the open balls of radius $\frac{1}{2}$ around each x .

Note that these open balls constitutes an open covering of S , hence by assumption there exists a finite subcover of S . If we take the closed version of the balls in this finite subcover, we then have a finite family of closed balls, which still covers S , however 0 is not in any of them which contradicts (d). Thus S cannot

closure of
the balls.

be compact.

Now the closed unit ball has S as a closed subset, hence as S is not compact, neither is the closed unit ball, as a closed subset of compact space is compact. To see that S is closed in the closed unit ball, note that its complement is the open unit ball, which is open since it is an open ball.

Problem 4

Let $L_1([0, 1], m)$ and $L_3([0, 1], m)$ be the Lebesgue spaces on $[0, 1]$. Recall from HW2 that $L_3([0, 1], m) \subsetneq (L_1([0, 1], m))$. For $n \geq 1$, define

$$E_n := \left\{ f \in L_1([0, 1], m) : \int_{[0, 1]} |f|^3 dm \leq n \right\}. \quad (1)$$

(a)

Given $n \geq 1$, is the set $E_n \subset L_1([0, 1], m)$ absorbing?

Let $g \in L_1([0, 1], m) \setminus L_3([0, 1], m)$. Then if E_n was absorbing there would exist $t > 0$ s.t. $t^{-1}g \in E_n$, hence

$$\int_{[0, 1]} |t^{-1}g(x)|^3 dm(x) = t^{-3} \int_{[0, 1]} |g(x)|^3 dm(x) \leq n$$

but this is clearly a contradiction as $g \notin L_3([0, 1], m)$. Thus E_n is not absorbing.

(b)

Show that E_n has empty interior in $L_1([0, 1], m)$, for all $n \geq 1$.

We want to show that E_n^c is dense in $L_1([0, 1], m)$, i.e. we want to show that for any $f \in L_1([0, 1], m)$ there is a sequence in E_n^c which converges to f . If we have this, then clearly for any open ball $B_\varepsilon(f) \subset \text{Int}(E_n)$ it would contain an element of E_n^c as there exists a sequence in E_n^c converging to f . Thus there are no open balls and $\text{Int}(E_n) = \emptyset$.

Let $f \in L_1([0, 1], m)$ we want to construct a sequence in E_n^c converging to f .

If $f \in E_n^c$ the constant sequence works, so suppose $f \in E_n$.

Let $g \in L_1([0, 1], m) \setminus L_3([0, 1], m)$ and define a sequence $(h_i)_{i \geq 1}$ by $h_i = f + \frac{1}{i}g$. We want to show $h_i \in E_n^c$, and that the sequence converges to f .

As $g \notin L_3([0, 1], m)$ it is clear that $\frac{1}{i}g \notin L_3([0, 1], m)$, but also that $h_i = f + \frac{1}{i}g$, which just adds $f \in E_n$, is also not in $L_3([0, 1], m)$. In particular $h_i \in E_n^c$. Let us now show that $(h_i)_{i \geq 1}$ converges to f in $L_1([0, 1], m)$. Given $\varepsilon > 0$, we have that

this should be shown.

$$\int_{[0,1]} |g| dm = s < \infty.$$

There exists $i \in \mathbb{N}$ such that $\frac{s}{i} < \varepsilon$. Thus we have

$$\|h_i - f\|_1 = \int_{[0,1]} |h_i - f| dm = \int_{[0,1]} \left| \frac{1}{i}g \right| dm = \frac{1}{i} \int_{[0,1]} |g| dm = \frac{s}{i} < \varepsilon.$$

Thus the sequence does converge to f showing that E_n^c is dense and hence $\text{Int}(E_n) = \emptyset$.

(c)

Show that E_n is closed in $L_1([0, 1], m)$, for all $n \geq 1$.

Let $(f_i)_{i \geq 1}$ be a sequence in E_n with limit f . We want to show that $f \in E_n$. We use corollary 12.8 from Schilling (An2), which gives us that there exists a subsequence $(f_{i_j})_{j \geq 1}$ converging pointwise to f almost everywhere. Hence also the $(|f_{i_j}|^3)_{j \geq 1}$ converges pointwise almost everywhere to $|f|^3$, as taking the absolute value and cubing a number are both continuous functions. We now want to use Fatou's lemma to get

$$\int_{[0,1]} |f|^3 dm = \int_{[0,1]} \liminf_{j \rightarrow \infty} |f_{i_j}|^3 dm \leq \liminf_{j \rightarrow \infty} \int_{[0,1]} |f_{i_j}|^3 dm \leq n$$

Hence $f \in E_n$ as desired. Thus E_n is closed and hence with (b) we have shown that E_n is nowhere dense.

(d)

Conclude from (b) and (c) that $L_3([0, 1], m)$ is of first category in $L_1([0, 1], m)$.

We want to show

$$L_3([0, 1], m) = \bigcup_{n=1}^{\infty} E_n.$$

" \subseteq ": Let $f \in L_3([0, 1], m)$, then

$$\left(\int_{[0,1]} |f|^3 dm \right)^{\frac{1}{3}} < \infty$$

hence it is equal to some $k \in \mathbb{R}$. Then there exists $n \in \mathbb{N}$ such that $n > k^3$, hence $f \in E_n$.

" \supseteq ": Clear as each E_n is contained in $L_3([0, 1], m)$.

Thus $L_3([0, 1], m)$ is the union of a sequence of nowhere dense sets in $L_1([0, 1], m)$, and hence it is of first category in $L_1([0, 1], m)$.

Problem 5

Let H be an infinite dimensional separable Hilbert space with associated norm $\|\cdot\|$, let $(x_n)_{n \geq 1}$ be a sequence in H , and let $x \in H$.

(a)

Suppose that $x_n \rightarrow x$ in norm, as $n \rightarrow \infty$. Does it follow that $\|x_n\| \rightarrow \|x\|$, as $n \rightarrow \infty$?

Given $\varepsilon > 0$, then there exists $n \in \mathbb{N}$ s.t. $\varepsilon > \|x_n - x\| \geq |\|x_n\| - \|x\||$ where we have used the reverse triangle inequality. Hence $\|x_n\|$ converges to $\|x\|$ as desired.

(b)

Suppose that $x_n \rightarrow x$ weakly, as $n \rightarrow \infty$. Does it follow that $\|x_n\| \rightarrow \|x\|$, as $n \rightarrow \infty$?

We want to give a counterexample.

Let $(e_n)_{n \geq 1}$ be a countable orthonormal basis, and regard it as a sequence in H . Such a countable orthonormal basis in H exists as H is separable (top of p. 44 in lecture notes). Recall that the Riesz representation theorem gives that any $F \in H^*$ is given by F_y where $F_y(x) = \langle x, y \rangle$ for some $y \in H$. We want to show that $(e_n)_{n \geq 1} \xrightarrow{w} 0$.

By problem 2 in HW4 this is the case iff. $F(e_n) \rightarrow F(0) = 0$ for any $F \in H^*$. By Riesz this means that $\langle e_n, y \rangle \rightarrow 0$ for all $y \in H$.

Bessel's inequality gives that $\sum_{n=1}^{\infty} |\langle x, e_n \rangle|^2 \leq \|x\|^2$. This series converges as $\|x\|^2$ is finite, which implies that $|\langle x, e_n \rangle| \rightarrow 0$, hence as $\langle a, b \rangle = \overline{\langle b, a \rangle}$ and $|z| = |\bar{z}|$, we also have $\langle e_n, x \rangle \rightarrow 0$ and as mentioned this implies that $(e_n)_{n \geq 1}$ converges weakly to 0.

We have $\|e_n\| = 1$ for all n , hence $\|e_n\| \rightarrow 1 \neq 0 = \|0\|$ and this is a counterexample to the statement.

(c)

Suppose that $\|x_n\| \leq 1$, for all $n \geq 1$, and that $x_n \rightarrow x$ weakly, as $n \rightarrow \infty$. Is it true that $\|x\| \leq 1$?

If $x = 0$, then the statement holds, so suppose $x \neq 0$.

Then Theorem 2.7 (b) gives $f \in H^*$ s.t. $\|f\| = 1$ and $f(x) = \|x\|$. Thus we have

$$\|x\| = f(x) = \lim_{n \rightarrow \infty} f(x_n).$$

Here we used problem 2 HW4 again. As $\|f\| = 1$ we have

$$\frac{|f(x_n)|}{\|x_n\|} \leq 1 \Leftrightarrow |f(x_n)| \leq \|x_n\| \Rightarrow \lim_{n \rightarrow \infty} |f(x_n)| \leq \sup_{n \in \mathbb{N}} \|x_n\| \leq 1.$$

Combining this with the above we get $\|x\| \leq 1$ as desired.

