

# Notes on stability of the Fermi gas with point interactions

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We study in these notes the Fermi gas, *i.e.* a many-body system of spin- $\frac{1}{2}$  fermions or more generally just two species of fermions. The specific gas we study is interacting *via*. point interactions *or* zero-range interactions. We will restrict to the case where the two species can have different mass, but all fermions in one species have equal mass. The relevant quantity in this case is the relative mass of the two. Thus by setting the mass of one species to 1 and the mass of the other to  $m$  we have en mass-ratio of  $m$ . Formally the system we are studying can thus be described by the Hamiltonian

$$H = -\frac{1}{2m} \sum_{j=1}^M \Delta_{y_j} - \frac{1}{2} \sum_{i=1}^N \Delta_{x_i} + \gamma \sum_{i=1}^N \sum_{j=1}^M \delta(x_i - y_j), \quad (1)$$

where  $x_i \in \mathbb{R}^3$  for all  $i \in \{1, \dots, N\}$  and  $y_j \in \mathbb{R}^3$  for all  $j \in \{1, \dots, M\}$ . Notice that we also restrict to the case of equal coupling between all particles. These formally defined Hamiltonians are clearly ill-defined as the  $\delta$ -function is a temperate distribution and thus is only defined on the Schwartz functions. However, restricting the domain to the Schwartz functions will not make the Laplacians self-adjoint, furthermore the codomain of  $\delta$  is not in  $L_2(\mathbb{R}^3)$ . Thus no self-adjoint operator of this form exists. As a quadratic form  $\langle \psi | H \psi \rangle$  might make sense. Since the  $\delta$ -function only makes sense, at least on continuous functions, there exist no sensible domain of this quadratic form such that it is closed. If such a domain existed both the Laplacian would be closed on it, however, this is only true for  $H_1(\mathbb{R}^3)$  which contains non-continuous functions (defined a.e.)

One way of rigorously studying such formal Hamiltonians is to consider self-adjoint extensions of more well defined Hamiltonians. While this approach is very successful in the  $N = M = 1$  case, it becomes increasingly difficult as the number of self-adjoint extension become infinite already at the  $N = 2$  and  $M = 1$  case. In [2] quadratic forms were developed in order to describe systems of the form (1). These quadratic forms are generally more well defined, however their origin and connection the the formal Hamiltonian might be obscured as they need

regularization and renormalization procedures to make sense of the point interactions. We will in these notes aim to construct the quadratic form corresponding to the formal expression in (1), and show that they can be reached by considering a sequence of rank one perturbations. We aim at showing that operators corresponding to these rank one perturbations actually converge to the operator of the quadratic form given by [2]. Furthermore, it is our hope that this will shed light on the stability of these systems which has only been shown the cases of  $(N, M) = (N, 1)$  and  $(N, M) = (2, 2)$ . We start out by considering the simpler case which is  $(N, M) = (N, 1)$  also denoted the  $N + 1$  case.

## 1 Formal Hamiltonian for the $N + 1$ case

The formal Hamiltonian of (1) can be rewritten in the  $N + 1$  case by separating the centre of mass. Notice that this indeed already restricts the set of possible self-adjoint Hamiltonians mimicking (1) as this asserts the translational invariance of the Hamiltonian. Thus this separation of the centre of mass restricts to couplings that are independent of the centre of mass coordinate. Defining the centre of mass and the relative coordinates by

$$X = \frac{my + \sum_{i=1}^N x_i}{m + N}, \quad \tilde{x}_i = x_i - y, \quad (2)$$

we obtain that

$$\begin{aligned} \Delta_{x_i} &= \sum_{j=1}^3 \partial_{x_i^j} \partial_{x_i^j} = \sum_{j=1}^3 \left( \frac{\partial X^j}{\partial x_i^j} \partial_{X^j} + \frac{\partial \tilde{x}_i^j}{\partial x_i^j} \partial_{\tilde{x}_i^j} \right) \left( \frac{\partial X^j}{\partial x_i^j} \partial_{X^j} + \frac{\partial \tilde{x}_i^j}{\partial x_i^j} \partial_{\tilde{x}_i^j} \right) \\ &= \frac{1}{(m + N)^2} \Delta_X + \Delta_{\tilde{x}_i} + \frac{2}{m + N} \nabla_X \cdot \nabla_{\tilde{x}_i}, \end{aligned} \quad (3)$$

$$\begin{aligned} \Delta_y &= \sum_{j=1}^3 \partial_{y^j} \partial_{y^j} = \sum_{j=1}^3 \left( \frac{\partial X^j}{\partial y^j} \partial_{X^j} + \sum_{i=1}^N \frac{\partial \tilde{x}_i^j}{\partial y^j} \partial_{\tilde{x}_i^j} \right) \left( \frac{\partial X^j}{\partial y^j} \partial_{X^j} + \sum_{i=1}^N \frac{\partial \tilde{x}_i^j}{\partial y^j} \partial_{\tilde{x}_i^j} \right) \\ &= \frac{m^2}{(m + N)^2} \Delta_X + \sum_{i=1}^N \Delta_{\tilde{x}_i} + 2 \sum_{\substack{(i,j)=(1,1) \\ i < j}}^{(N,N)} \nabla_{\tilde{x}_i} \cdot \nabla_{\tilde{x}_j} - \frac{2m}{m + N} \sum_{i=1}^N \nabla_X \cdot \nabla_{\tilde{x}_i}. \end{aligned} \quad (4)$$

Thus we get the Hamiltonian

$$H = -\frac{1}{2(m + N)} \Delta_X - \frac{m + 1}{2m} \sum_{i=1}^N \Delta_{\tilde{x}_i} + \frac{2}{2m} \sum_{\substack{(i,j)=(1,1) \\ i < j}}^{(N,N)} \nabla_{\tilde{x}_i} \cdot \nabla_{\tilde{x}_j} + \gamma \sum_{i=1}^N \delta(\tilde{x}_i), \quad (5)$$

which can be recast as

$$H = H_{\text{CM}} + \frac{m + 1}{2m} H_{\text{rel}}, \quad (6)$$

with  $H_{\text{CM}} = -\frac{1}{2(m+N)} \Delta_X$  the free centre of mass and the relative Hamiltonian given by

$$H_{\text{rel}} = \sum_{i=1}^N \Delta_{\tilde{x}_i} + \frac{2}{m + 1} \sum_{\substack{(i,j)=(1,1) \\ i < j}}^{(N,N)} \nabla_{\tilde{x}_i} \cdot \nabla_{\tilde{x}_j} + \tilde{\gamma} \sum_{i=1}^N \delta(\tilde{x}_i), \quad (7)$$

where  $\tilde{\gamma} = \frac{2m}{m+1} \gamma$ . Notice that the problem has now been split in two independent parts and thus we recognize the centre of mass part as the free particle which is solved by the Laplacian being essentially self adjoint on  $C_c^\infty(\mathbb{R}^3)$  functions with self-adjoint extension  $\Delta$  on  $H_2(\mathbb{R}^3)$  where  $\Delta$  acts in the distributional sense. The relative Hamiltonian on the other hand will be the main focus in the first part of these notes.

## 2 The 1 + 1 case

We are now going to study different ways of rigorously defining the relative Hamiltonian (7) in the case of  $N = 1$ . The first method is easily implemented for  $N = 1$  but is hard to generalize.

### 2.1 Self-adjoint extension

The first method we are going to study is that of self-adjoint extension. We thus restrict the formal Hamiltonian to a domain in which it is well defined. This could for example be  $C_c^\infty(\mathbb{R}^3 \setminus \{0\})$ . Notice since we have removed  $\{0\}$  the  $\delta$ -function has no support on this space and thus vanish. Therefore, we have the relative Hamiltonian

$$H_{\text{rel}} = -\Delta|_{C_c^\infty(\mathbb{R}^3 \setminus \{0\})}. \quad (8)$$

We now seek to extend this operator to a self-adjoint operator on a larger domain. This is possible since  $H_{\text{rel}}$  is symmetric and its closure, denoted  $\dot{H}_{\text{rel}}$  have deficiency indices  $K_+ = K_- = 1$ , with  $K_\pm = \text{Ran}(H_{\text{rel}} \pm iI)^\perp = \ker(H_{\text{rel}}^* \mp iI)$  where  $H_{\text{rel}}^*$  denotes the adjoint of  $H_{\text{rel}}$ .

By definition on the adjoint we have that  $\mathcal{D}(H_{\text{rel}}^*) = \{f \in L_2(\mathbb{R}^3) \mid \langle f | H_{\text{rel}} \cdot \rangle \text{ is bounded on } \mathcal{D}(H_{\text{rel}})\}$ , where the adjoint of the Laplacian acts as the Laplacian in the distributional sense. We determine first the closure of  $H_{\text{rel}}$ . This can be done by taking the adjoint twice. Notice that the domain of the adjoint is  $\mathcal{D}(H_{\text{rel}}^*) = \{f \in L_2(\mathbb{R}^3) \mid \langle f | \Delta \cdot \rangle \text{ is bounded on } C_c^\infty(\mathbb{R}^3 \setminus \{0\})\}$ . This can be directly calculated to be

$$\mathcal{D}(H_{\text{rel}}^*) = \{f \in H_{2,\text{loc}}(\mathbb{R}^3 \setminus \{0\}) \cap L_2(\mathbb{R}^3) \mid \Delta f \in L_2(\mathbb{R}^3)\} \quad (9)$$

We emphasise that all elements in  $\mathcal{D}(H_{\text{rel}}^*)$  should be viewed as distributions in  $H_{2,\text{loc}}(\mathbb{R}^3 \setminus \{0\})$ . Therefore the requirement  $\Delta f \in L_2(\mathbb{R}^3)$  does not simply restrict the domain to be  $H_2(\mathbb{R}^3)$  as elements or their derivative (up to second order) can have singular behaviour at 0, e.g.  $\delta$ -functions. Notice that  $C_c^\infty(\mathbb{R}^3 \setminus \{0\})$  is dense in  $L_2(\mathbb{R}^3 \setminus \{0\}) = L_2(\mathbb{R}^3)$  (only defined a.e). The domain of the double adjoint is then given by

$$\mathcal{D}(H_{\text{rel}}^{**}) = \{f \in L_2(\mathbb{R}^3) \mid \langle H_{\text{rel}}^* \cdot | f \rangle \text{ is bounded on } \mathcal{D}(H_{\text{rel}}^*)\} = H_2^0(\mathbb{R}^3 \setminus \{0\}), \quad (10)$$

where  $\Delta$  acts in the distributional sense and we have defined

$$H_2^0(\mathbb{R}^3 \setminus \{0\}) = \{u \in L_2(\mathbb{R}^3) \mid \Delta u \in L_2(\mathbb{R}^3) \text{ and } u(x) \rightarrow 0 \wedge \nabla u(x) \rightarrow 0 \text{ for } |x| \rightarrow 0 \vee |x| \rightarrow \infty\}. \quad (11)$$

Thus we have

$$\dot{H}_{\text{rel}} = -\Delta, \quad \mathcal{D}(\dot{H}_{\text{rel}}) = H_2^0(\mathbb{R}^3 \setminus \{0\}). \quad (12)$$

The adjoint of  $\dot{H}_{\text{rel}}$  is simply given by  $\dot{H}_{\text{rel}}^* = H_{\text{rel}}^*$ , as the adjoint is already closed. Thus we are ready to find all self-adjoint extensions of  $H_{\text{rel}}$ . By the Krein theorem there exist self-adjoint extension if and only if  $\dim(\text{Ran}(H_{\text{rel}} - iI)^\perp) = \dim(\text{Ran}(H_{\text{rel}} + iI)^\perp)$  or equivalently  $\dim(\ker(H_{\text{rel}}^* + iI)) = \dim(\ker(H_{\text{rel}}^* - iI))$  thus we seek solutions of the equation

$$H_{\text{rel}}^* \psi_\pm = \pm i \psi_\pm, \quad \psi_\pm \in \mathcal{D}(H_{\text{rel}}^*). \quad (13)$$

The equation  $-\Delta \psi_\pm = \pm i \psi_\pm$  has the unique solution

$$\psi(x)_\pm = \frac{e^{i\sqrt{\pm i}|x-y|}}{|x-y|}, \quad x \in \mathbb{R}^3 \setminus \{y\}. \quad (14)$$

In order for this function to be in the domain of  $H_{\text{rel}}^*$  we need to choose  $y = 0$ . Thus we see that  $\dim(\ker(H_{\text{rel}}^* + iI)) = \dim(\ker(H_{\text{rel}}^* - iI)) = 1$ . By Krein's extension theorem for symmetric

operators we have that there exist a one-parameter family of self-adjoint extensions of  $H_{\text{rel}}$ . Parametrizing the family by a complex phase we have the extensions

$$\mathcal{D}(H_{\text{rel},\theta}) = \left\{ h + c(\xi_+ + e^{i\theta}\xi_-) \mid h \in \mathcal{D}(\dot{H}_{\text{rel}}), c \in \mathbb{C} \right\}, \quad (15)$$

where  $\theta \in [0, 2\pi)$ ,  $\xi_+ \in \ker(H_{\text{rel}}^* + iI)$ ,  $\xi_- \in \ker(H_{\text{rel}}^* - iI)$  are fixed with  $\|\xi_+\| = \|\xi_-\|$ , and where

$$H_{\text{rel},\theta}(h + \xi_+ + e^{i\theta}\xi_-) = H_{\text{rel}}^*(h + \xi_+ + e^{i\theta}\xi_-) = h + i(e^{i\theta}\xi_- - \xi_+) \quad (16)$$

Following the methods of [1], we however now that there is another characterization of these extensions. By decomposing the Hilbert space into spherical coordinates we obtain the decomposition

$$L_2(\mathbb{R}^3, d^3x) = L_2((0, \infty), r^2 dr) \otimes L_2(S^2, d\Omega) \quad (17)$$

Furthermore by decomposing into spherical harmonics we have

$$L_2(\mathbb{R}^3, d^3x) = \bigoplus_{l=0}^{\infty} L_2((0, \infty), r^2 dr) \otimes \langle Y_l^{-l}, Y_l^{-l+1}, \dots, Y_l^0, \dots, Y_l^l \rangle \quad (18)$$

Now using the unitary transformation  $U : L_2((0, \infty), r^2 dr) \rightarrow L_2((0, \infty), dr)$ , defined by  $Uf(r) = rf(r)$

$$L_2(\mathbb{R}^3, d^3x) = \bigoplus_{l=1}^{\infty} U^{-1} L_2((0, \infty), r^2 dr) \otimes \langle Y_l^{-l}, Y_l^{-l+1}, \dots, Y_l^0, \dots, Y_l^l \rangle \quad (19)$$

where  $\langle \dots \rangle$  denotes the span. Using the Laplacian in spherical coordinates

$$\Delta\phi = \frac{1}{\sqrt{g}} \partial_i (\sqrt{g} g^{ij} \partial_j(\phi)) = \frac{1}{r} \frac{\partial^2}{\partial r^2} (r\phi) + \frac{1}{r^2 \sin \varphi} \frac{\partial}{\partial \varphi} (\sin \varphi \frac{\partial \phi}{\partial \varphi}) + \frac{1}{r^2 \sin^2 \varphi} \frac{\partial^2 \phi}{\partial \theta^2}, \quad (20)$$

with the usual notation  $g_{ij}$  the metric,  $g^{ij}$  the inverse metric,  $g = \det(g_{ij})$  and where  $\theta$  denotes the azimuthal angle and  $\varphi$  the zenith angle, it is straightforward to show that

$$\dot{H}_{\text{rel}} = \bigoplus_{l=0}^{\infty} U^{-1} h_l U \otimes \text{Id}_\ell \quad (21)$$

with  $\text{Id}_\ell$  being the identity on  $\langle Y_l^{-l}, Y_l^{-l+1}, \dots, Y_l^0, \dots, Y_l^l \rangle$ . Here we have defined

$$h_l = -\frac{d^2}{dr^2} + \frac{l(l+1)}{r^2} \quad (22)$$

with the domains

$$\mathcal{D}(h_0) = \{u \in L_2((0, \infty), dr) \mid u, u' \in \text{AC}_{\text{loc}}(0, \infty), u'' \in L_2((0, \infty), dr), u(0_+) = 0, u'(0_+) = 0\} \quad (23)$$

$$\mathcal{D}(h_l) = \{u \in L_2((0, \infty), dr) \mid u, u' \in \text{AC}_{\text{loc}}(0, \infty), -u'' + l(l+1)r^{-2}u \in L_2((0, \infty), dr)\}, \quad l \geq 1 \quad (24)$$

Here  $\text{AC}(0, \infty)$  denotes the absolutely continuous functions on  $(0, \infty)$ , and  $\text{AC}_{\text{loc}}(0, \infty)$  denotes the locally absolutely continuous functions, *i.e.* AC on all compact intervals. Notice that for  $l \geq 1$  the boundary conditions  $u(0_+) = 0, u'(0_+) = 0$  are automatically satisfied by the requirement  $-u'' + l(l+1)r^{-2}u \in L_2((0, \infty), dr)$  and continuity of  $u$ . According to [1], it is a standard result that  $h_l$  is self-adjoint for  $l \geq 1$ . However, it is not hard to see that  $h_0$  has deficiency indices (1,1) and thus admits a one-parameter family of self-adjoint extensions.

These extensions can all be characterized in terms of their self-adjoint boundary condition and are given by

$$h_{0,\alpha} = -\frac{d^2}{dr^2}, \quad (25)$$

with domain

$$\mathcal{D}(h_0) = \{u \in L_2((0, \infty), dr) | u, u' \in AC_{\text{loc}}(0, \infty), u'' \in L_2((0, \infty), dr), -4\pi\alpha u(0_+) + u'(0_+) = 0\}, \quad (26)$$

with  $\alpha \in (-\infty, \infty]$ . The case  $\alpha = \infty$  simply corresponds to the boundary condition  $u(0_+) = 0$ , which simply implies  $\lim_{|x| \rightarrow 0} |x|\psi(x) = 0$  for all  $\psi \in \mathcal{D}(H_{\text{rel}}^\infty)$ . This is the usual Friedrich extension

i.e.  $H_{\text{rel}}^\infty = -\Delta$  with  $\mathcal{D}(H_{\text{rel}}^\infty) = H_2(\mathbb{R}^3)$ , i.e. the free particle.  $\alpha$  can be related to  $\theta$  from before by a simple computation: Let  $f = h + c(\xi_+ + e^{i\theta}\xi_-) \in \mathcal{D}(H_{\text{rel},\theta})$  with  $\xi_\pm = \frac{e^{i\sqrt{\pm i}|x|}}{4\pi|x|} =$  then

$$\lim_{|x| \rightarrow 0} |x|f(x) = \frac{c}{4\pi}(1 + e^{i\theta}), \quad \lim_{|x| \rightarrow 0} \frac{d}{d|x|}(|x|f(x)) = \frac{ic}{4\pi}(\sqrt{i} + e^{i\theta}\sqrt{-i}) \quad (27)$$

Thus we have

$$4\pi\alpha(1 + e^{i\theta}) = i(\sqrt{i} + e^{i\theta}\sqrt{-i}) = \sqrt{i}(i - e^{i\theta}) = (e^{i\frac{3}{4}} - e^{i(\theta+\frac{1}{4})}) \quad (28)$$

from which it follows that

$$\begin{aligned} \alpha &= \frac{(e^{i\frac{3}{4}} - e^{i(\theta+\frac{1}{4})})}{4\pi(1 + e^{i\theta})} = \frac{1}{4\pi} \frac{e^{i(\theta+1)/2}(e^{-i(\theta-\frac{1}{2})/2} - e^{i(\theta-\frac{1}{2})/2})}{e^{i\theta/2}(e^{-i\theta/2} + e^{i\theta/2})} = \frac{1}{4\pi} \frac{i(e^{-i(\theta-\frac{1}{2})/2} - e^{i(\theta-\frac{1}{2})/2})}{(e^{-i\theta/2} + e^{i\theta/2})} \\ &= \frac{1}{4\pi} \frac{\sin((\theta - \frac{1}{2})/2)}{\cos(\theta/2)} = \frac{1}{4\pi} \frac{-\cos(\theta/2)\sin(\frac{1}{4}) + \sin(\theta/2)\cos(\frac{1}{4})}{\cos(\theta/2)} = \frac{1}{4\sqrt{2}\pi} (\tan(\theta/2) - 1) \end{aligned} \quad (29)$$

Thereby we see that  $\alpha \in \mathbb{R}$  for  $\theta \in [0, \pi) \cup (\pi, 2\pi)$  and that  $\alpha \rightarrow \infty$  when  $\theta \uparrow \pi$ . Now we study the the resolvent of these extensions i.e.  $H_{\text{rel}}^\alpha = U^{-1}h_{0,\alpha}U \otimes \text{Id}_0 \oplus (\bigoplus_{l=1}^\infty U^{-1}h_lU \otimes \text{Id}_l)$ . To do this let us briefly summarize Krein's formula. In the following  $\rho(O)$  denotes the resolvent set of the operator  $O$ .

**Theorem 1** (Krein's formula, A.2 in [1]). *Let  $B$  and  $C$  be self-adjoint extensions of the densely defined, closed, and symmetric operator  $A$  on the Hilbert space  $H$  with deficiency indices  $(1, 1)$ . Then their resolvent are related by:*

$$(B - z)^{-1} - (C - z)^{-1} = \lambda(z) \langle \phi(\bar{z}), \cdot \rangle \phi(z), \quad z \in \mathbb{C} \setminus \mathbb{R}, \quad (30)$$

where  $\lambda(z) \neq 0$  for  $z \in \rho(B) \cap \rho(C)$  and  $\lambda, \phi$  may be chosen to be analytic functions in  $z \in \rho(B) \cap \rho(C)$ . In fact,  $\phi$  may be taken as

$$\phi(z) = \phi(z_0) + (z - z_0)(C - z)^{-1}\phi(z_0), \quad z \in \rho(C) \quad (31)$$

with  $\phi(z_0), z_0 \in \mathbb{C} \setminus \mathbb{R}$  being a solution of

$$A^*\phi(z_0) = z_0\phi(z_0), \quad (32)$$

Choosing this  $\phi$ , we furthermore have  $\lambda$  satisfying the equation

$$\lambda(z)^{-1} = \lambda(z')^{-1} - (z - z') \langle \phi(\bar{z}), \phi(z') \rangle, \quad z, z' \in \rho(B) \cap \rho(C). \quad (33)$$

*Proof.* In order to prove this we remember the Krein extension theorem for densely defined, closed, symmetric operators. We have that the  $B$  and  $C$  are both of the form

$$\begin{aligned} \mathcal{D}(B) &= \{h + c(\xi_z + e^{i\theta}\xi_{\bar{z}}) \mid h \in \mathcal{D}(A), c \in \mathbb{C}\}, \\ B(h + c(\xi_z + e^{i\theta}\xi_{\bar{z}})) &= Ah + c(z\xi_z + e^{i\theta}\bar{z}\xi_{\bar{z}}), \quad \text{Im}(z) \neq 0, \end{aligned} \quad (34)$$

and

$$\begin{aligned} \mathcal{D}(C) &= \{h + c(\xi_z + e^{i\omega}\xi_{\bar{z}}) \mid h \in \mathcal{D}(A), c \in \mathbb{C}\}, \\ C(h + c(\xi_z + e^{i\omega}\xi_{\bar{z}})) &= Ah + c(z\xi_z + e^{i\omega}\bar{z}\xi_{\bar{z}}). \end{aligned} \quad \text{Im}(z) \neq 0 \quad (35)$$

where  $\xi_z \in \ker(A^* - z)$ ,  $\xi_{\bar{z}} \in \ker(A^* - \bar{z})$ ,  $\omega \in [0, 2\pi)$  and  $\theta \in [0, 2\pi)$  are fixed with  $\|\xi_z\| = \|\xi_{\bar{z}}\| = 1$ . Now for  $z \in \rho(C)$ , we know that  $(C - z)$  has full range and thus for  $x \in H$  we write  $x = (C - z)y$ . Assuming that  $\text{Im}(z) \neq 0$  we can write  $y = h + \xi_z + e^{i\omega}\xi_{\bar{z}} \in \mathcal{D}(C)$  where we have absorbed the  $c \in \mathbb{C}$  into the  $\xi_z$  and  $\xi_{\bar{z}}$ . Consider now

$$((B - z)^{-1} - (C - z)^{-1})x = (B - z)^{-1}(C - z)(h + \xi_z + e^{i\omega}\xi_{\bar{z}}) - (h + \xi_z + e^{i\omega}\xi_{\bar{z}}). \quad (36)$$

Clearly  $(B - z)^{-1}(C - z)h = h$  since  $h \in \mathcal{D}(A)$ , and  $C$  and  $B$  are both extension of  $A$ . Thus we obtain

$$((B - z)^{-1} - (C - z)^{-1})x = (B - z)^{-1}((\bar{z} - z)e^{i\omega}\xi_{\bar{z}}) - (\xi_z + e^{i\omega}\xi_{\bar{z}}). \quad (37)$$

Since we have that  $(B - z)(\xi_z + e^{i\theta}\xi_{\bar{z}}) = e^{i\theta}(\bar{z} - z)\xi_{\bar{z}}$ , with  $\xi_z + e^{i\theta}\xi_{\bar{z}} \in \mathcal{D}(B)$ , we find that

$$((B - z)^{-1} - (C - z)^{-1})x = (e^{i(\omega - \theta)} - 1)\xi_z, \quad x = (C - z)(h + \xi_z + e^{i\omega}\xi_{\bar{z}}) = (C - z)h + (\bar{z} - z)e^{i\omega}\xi_{\bar{z}}, \quad (38)$$

and we conclude

$$((B - z)^{-1} - (C - z)^{-1})x = \frac{(e^{-i\theta} - e^{-i\omega})}{\bar{z} - z} \frac{\langle \xi_{\bar{z}}, x \rangle}{\|\xi_{\bar{z}}\|^2} \xi_z = \lambda(z, \bar{z}) \langle \phi(\bar{z}), x \rangle \phi(z) \quad (39)$$

where we have used that  $(C - z)h = (A - z)h \in \text{Ran}(A - z) \subset \ker(A^* - \bar{z})^\perp$ , and the fact that by defining  $\phi(z) = \phi(z_0) + (z - z_0)(C - z)^{-1}\phi(z_0)$ , with  $\phi(z_0)$  being a solution of  $A^*\phi(z_0) = z_0\phi(z_0)$ , we clearly have  $\phi(z) \in \ker(A^* - z)$  such that  $\phi(z) \parallel \xi_z$ .

We have that  $\lambda$  is given by the formula

$$\lambda(z, \bar{z}) = \frac{(e^{-i\theta} - e^{-i\omega})}{\bar{z} - z} \frac{\langle \phi(z)\xi_z \rangle}{\langle \phi(\bar{z}), \xi_{\bar{z}} \rangle \|\phi(z)\|^2} \quad (40)$$

Notice that the above calculation is for fixed  $z$ . Thus if we want to vary  $z$ , we get that  $\theta$  and  $\omega$  might depend on  $z$  as we may choose  $\xi_z$  and  $\xi_{\bar{z}}$  differently at each  $z$  making a fixed  $\theta$  or  $\omega$  correspond to different extensions for each  $z$ . The fact that  $\lambda$  is analytic stems from the fact that all matrix elements of the resolvents are analytic in their resolvent sets and that we have chosen  $\phi(z)$  such that  $\langle \phi(\bar{z}), x \rangle$  is analytic for all  $x \in H$ . To show that  $\lambda$  satisfies (33) is simply a long computation and we refer to appendix A for the computation.  $\square$

Now we have two self-adjoint extension of  $\dot{H}_{\text{rel}}$ , namely  $H_{\text{rel}}^\infty$  and  $H_{\text{rel}}^\alpha$ . It is easily verified that by imposing  $\alpha = \infty$  we obtain the Friedrich extension, given by (see above)

$$\mathcal{D}(H_{\text{rel}}^\infty) = H_2(\mathbb{R}^3), \quad H_{\text{rel}}^\infty = -\Delta. \quad (41)$$

We have already found the solution of  $H_{\text{rel}}^*\phi(z) = z\phi(z)$  (although we only found it for  $z = \pm i$ ) namely

$$\phi(z)(x) = \frac{e^{i\sqrt{z}|x|}}{4\pi|x|}, \quad \text{Im}(\sqrt{z}) > 0, \quad (42)$$

Furthermore it is a straightforward generalization of this result that the Green function of  $(H_{\text{rel}}^\infty - z)$ , *i.e.* the integral kernel of the resolvent  $(H_{\text{rel}}^\infty - z)^{-1}$ , is then

$$G_z(x, x') = \frac{e^{i\sqrt{z}|x-x'|}}{4\pi|x-x'|}. \quad (43)$$

We immediately see that then

$$\langle \phi(\bar{z}), \phi(z') \rangle = \frac{1}{4\pi} \int_{(0,\infty)} dr e^{i(\sqrt{z'} - \sqrt{\bar{z}})r} = \frac{1}{4\pi} \frac{-i}{\sqrt{z} - \sqrt{z'}}, \quad \text{Im}(\sqrt{z'}), \text{Im}(\sqrt{\bar{z}}) > 0 \quad (44)$$

Remember that  $\sqrt{\bar{z}}|_{\text{Im}(\sqrt{\bar{z}})>0} = \sqrt{z}|_{\text{Im}(\sqrt{z})<0} = -\sqrt{z}|_{\text{Im}(\sqrt{z})>0}$  so we have

$$\lambda(z)^{-1} - \lambda(z')^{-1} = \frac{i}{4\pi} \frac{z' - z}{\sqrt{z} + \sqrt{z'}} = \frac{i}{4\pi} (\sqrt{z'} - \sqrt{z}), \quad \text{Im}(z), \text{Im}(z') > 0 \quad (45)$$

From which it follows that  $\lambda(z) = (\kappa - \frac{i}{4\pi} \sqrt{z})^{-1}$  Furthermore we have from Krein's formula (Theorem 1) that

$$(H_{\text{rel}}^\alpha - z)^{-1} = (H_{\text{rel}}^\infty - z)^{-1} + (\kappa - \frac{i}{4\pi} \sqrt{z})^{-1} \langle \phi(\bar{z}), \cdot \rangle \phi(z), \quad (46)$$

where we notice that by (31) we have

$$\begin{aligned} (\dot{H}_{\text{rel}}^* - z)\phi(z) &= (\dot{H}_{\text{rel}}^* - z)\phi(z_0) + (z - z_0)(\dot{H}_{\text{rel}}^* - z)(H_{\text{rel}}^\infty - z)^{-1}\phi(z_0) \\ &= (z_0 - z)\phi(z_0) + (z - z_0)\phi(z_0) = 0 \quad z \in \rho(H_{\text{rel}}^\infty) \end{aligned} \quad (47)$$

where we used that  $H_{\text{rel}}^\infty$  is a restriction of  $\dot{H}_{\text{rel}}^*$  such that  $(\dot{H}_{\text{rel}}^* - z)(H_{\text{rel}}^\infty - z)^{-1} = \text{Id}$ . However from this we conclude that  $\phi(z) = G_z(x, 0) = \frac{e^{i\sqrt{z}|x|}}{|x|}$ ,  $\text{Im}(\sqrt{z}) > 0$ . Thereby we have

$$(H_{\text{rel}}^\alpha - z)^{-1} = (H_{\text{rel}}^\infty - z)^{-1} + (\kappa + i\sqrt{z})^{-1} \langle G_{\bar{z}}(*, 0), \cdot(*) \rangle G_z(\cdot, 0), \quad z \in \rho(H_{\text{rel}}^\alpha) \cap \rho(H_{\text{rel}}^\infty), \quad (48)$$

where the  $*$  refers to the integrated variable in the inner product.

In order to determine  $\kappa$ , we perform a simple calculation. Let  $u \in \mathcal{D}(h_0^\alpha)$  Then  $\frac{1}{r}uY_0^0 \in \mathcal{D}(H_{\text{rel}}^\alpha)$  and we have

$$(H_{\text{rel}}^\alpha - z)\frac{1}{r}uY_0^0 = \left( -\frac{1}{r} \frac{d^2 u(r)}{dr^2} - z \frac{1}{r} u(r) \right) Y_0^0 \quad (49)$$

Thus we have

$$\begin{aligned} u(0) &= \lim_{r \rightarrow 0} r \left( (H_{\text{rel}}^\alpha - z)^{-1} (H_{\text{rel}}^\alpha - z) \frac{1}{r} u \right) (r) \\ &= \lim_{r \rightarrow 0} r 4\pi \left( \int_{(0,\infty)} dr r \left( -\frac{d^2 u}{dr^2} - zu \right) G_z(r, 0) + (\kappa - \frac{i}{4\pi} \sqrt{z})^{-1} G_z(r, 0) \int dr r \overline{G_{\bar{z}}(r, 0)} \left( -\frac{d^2 u}{dr^2} - zu \right) \right) \end{aligned} \quad (50)$$

Notice that  $\overline{G_{\bar{z}}(r, 0)} = G_z(r, 0)$  and that  $r 4\pi G_z(r, 0) = e^{i\sqrt{z}r}$ . By partial integration twice we have

$$\int_{(0,\infty)} dr \left( -e^{i\sqrt{z}r} \frac{d^2}{dr^2} u + u \frac{d^2}{dr^2} e^{i\sqrt{z}r} \right) = \frac{du}{dr}(0+) - i\sqrt{z}u(0+), \quad (51)$$

from which we get

$$u(0) = (\kappa - \frac{i}{4\pi} \sqrt{z})^{-1} \frac{1}{4\pi} \left( \frac{du}{dr}(0+) - i\sqrt{z}u(0+) \right). \quad (52)$$

By imposing the boundary condition on  $u$  at 0 we obtain the equation for  $\kappa$

$$1 = (\kappa - \frac{i}{4\pi} \sqrt{z})^{-1} \frac{1}{4\pi} (4\pi\alpha - i\sqrt{z}), \quad (53)$$

Thus that  $\kappa = \alpha$  and we have the resolvent

$$(H_{\text{rel}}^\alpha - z)^{-1} = (H_{\text{rel}}^\infty - z)^{-1} + (\alpha - \frac{i}{4\pi} \sqrt{z})^{-1} \langle G_{\bar{z}}(*, 0), \cdot(*) \rangle G_z(\cdot, 0), \quad (54)$$

We are now ready to study the spectrum of the operators  $(H_{\text{rel}}^\alpha)_{\{\alpha \in (-\infty, \infty]\}}$ . Clearly  $z \in \sigma(H_{\text{rel}}^\alpha)$  if  $z \in \sigma(-\Delta|_{C_c^\infty(\mathbb{R}^3)}) = [0, \infty)$ . On the other hand we see that if  $\alpha < 0$  then  $z = -(4\pi\alpha)^2 \in \sigma(H_{\text{rel}}^\alpha)$ . Therefore the spectrum can be characterized as

$$\sigma(H_{\text{rel}}^\alpha) = \begin{cases} [0, \infty) & \text{if } \alpha \geq 0, \\ \{-(4\pi\alpha)^2\} \cup [0, \infty) & \text{if } \alpha < 0. \end{cases} \quad (55)$$

It is of course an exercise to show that no other points are in the spectrum. We refer to [1] for a short proof, and further classification of different parts of the spectrum, *i.e.* point-, singular continuous-, and absolute continuous spectrum. We note that for  $\alpha < 0$  the point in the spectrum  $\{-(4\pi\alpha)^2\}$  is actually an eigenvalue (a part of the point spectrum). Furthermore, we can actually, in the  $\alpha < 0$  case, determine the eigenfunction corresponding to the eigenvalue  $-(4\pi\alpha)^2$ . To do this, notice that the domain of  $H_{\text{rel}}^\alpha$  can be written as  $\mathcal{D}(H_{\text{rel}}^\alpha) = \{w(x) + (\alpha - \frac{i}{4\pi}k)^{-1}w(0)G_{k^2}(x, 0) \mid w \in H_2(\mathbb{R}^3), k^2 \in \rho(H_{\text{rel}}^\alpha)\}$  for  $k \in \rho(H_{\text{rel}}^\alpha) \cap (H_{\text{rel}}^\alpha)$  by the fact that

$$\mathcal{D}(H_{\text{rel}}^\alpha) = (H_{\text{rel}}^\alpha - k^2)^{-1}(H_{\text{rel}}^\infty - k^2)\mathcal{D}(H_{\text{rel}}^\infty), \quad (56)$$

where we have used that  $\langle G_{\bar{z}}(x, 0), (H_{\text{rel}}^\infty - z)w \rangle = \langle (H_{\text{rel}}^\infty - \bar{z})G_{\bar{z}}(x, 0), w \rangle = \langle \delta_0, w \rangle = w(0)$ . Notice that  $w \in H_2(\mathbb{R}^3)$  is continuous, so  $w(0)$  makes sense. We thus have the action of  $H_{\text{rel}}^\alpha$

$$(H_{\text{rel}}^\alpha - k^2)(w(x) + (\alpha - \frac{i}{4\pi}k)^{-1}w(0)G_{k^2}(x, 0)) = (H_{\text{rel}}^\infty - k^2)w(x) = (-\Delta - k^2)w(x). \quad (57)$$

Now notice that if we fix  $w \in H_2(\mathbb{R}^3)$  such that  $w(0) = 1$  and we define  $(x_n)_{(n \geq 1)}$  such that  $x_n \rightarrow 0$  as  $n \rightarrow \infty$ , then  $x_n w \rightarrow 0$  in  $L_2(\mathbb{R}^3)$ . Furthermore let  $k_n^2 \rightarrow -(4\pi\alpha)^2$  such that  $(\alpha - ik_n/(4\pi)) \frac{1}{x_n} = 1$  for all  $n \geq 1$ , then we have

$$(H_{\text{rel}}^\alpha - k_n^2)(x_n w + (\alpha - \frac{i}{4\pi}k_n)^{-1}x_n G_{k_n^2}) = x_n(-\Delta - k^2)w \rightarrow 0 \quad \text{as } n \rightarrow \infty, \quad (58)$$

with the notation  $G_{k^2}$  for  $G_{k^2}(x, 0)$ . Thus we have that

$$\begin{aligned} \lim_{n \rightarrow \infty} \left( H_{\text{rel}}^\alpha(x_n w + (\alpha - \frac{i}{4\pi}k_n)^{-1}x_n G_{k_n^2}) \right) &= \lim_{n \rightarrow \infty} \left( k_n^2(x_n w + (\alpha - \frac{i}{4\pi}k_n)^{-1}x_n G_{k_n^2}) \right) \\ &= -(4\pi\alpha)^2 G_{-(4\pi\alpha)^2}. \end{aligned} \quad (59)$$

Where we have used that  $k_n^2 I \rightarrow -(4\pi\alpha)^2 I$  in operator norm as  $n \rightarrow \infty$  and that  $(k_n^2 I)_{(n \geq 1)}$  is uniformly bounded. Furthermore, we used that  $G_{k_n^2} \rightarrow G_{-(4\pi\alpha)^2}$  in  $L_2(\mathbb{R}^3)$  for  $\alpha < 0$ . Thus we conclude that defining  $\chi_n = x_n w + (\alpha - \frac{i}{4\pi}k_n)^{-1}x_n G_{k_n^2}$  we have that  $(\chi_n)_{(n \geq 1)} \subset \mathcal{D}(H_{\text{rel}}^\alpha)$  converges in  $L_2(\mathbb{R}^3)$  to  $G_{-(4\pi\alpha)^2}$  and that  $(H_{\text{rel}}^\alpha \chi_n)_{(n \geq 1)}$  converges in  $L_2(\mathbb{R}^3)$  to  $-(4\pi\alpha)^2 G_{-(4\pi\alpha)^2}$ . By closedness of the self-adjoint operator  $H_{\text{rel}}^\alpha$  we conclude that  $G_{-(4\pi\alpha)^2} \in \mathcal{D}(H_{\text{rel}}^\alpha)$  and that

$$H_{\text{rel}}^\alpha G_{-(4\pi\alpha)^2} = -(4\pi\alpha)^2 G_{-(4\pi\alpha)^2}. \quad (60)$$

Thus  $G_{-(4\pi\alpha)^2}$  is the eigenfunction corresponding to the bound state with energy  $-(4\pi\alpha)^2$ . We have thus constructed the Hamiltonian of the point-interaction in 3d. We have seen that the parameter  $\alpha$ , in some sense, controls the strength of the interaction, *i.e.*  $\alpha = \infty$  is the free particle, and  $\alpha < 0$  is the attractive point-interaction, since it has a bound state. By doing a analysis of the scattering theory of  $H_{\text{rel}}^\alpha$  one finds that  $-4\pi\alpha = \frac{1}{a}$ , where  $a$  denotes the scattering length of the interaction.



## 2.2 Quadratic form

An alternative way of studying the point interaction is by the means of quadratic forms. In [2], the quadratic form,  $F_\alpha$  describing a gas of point interacting fermions was obtained. It is a well-known result that if such a quadratic form is closed and bounded from below, then the corresponding operator is a bounded from below, self-adjoint operator. On the other hand it was proven in [2] that if the quadratic form  $F_\alpha$  is not bounded from below, then the corresponding operator is not bounded from below and self-adjoint. The quadratic form was initially introduced by means of renormalization. On the other hand it is more clearly introduced as a rank-one perturbation of the free quadratic form. We write the rank-one perturbation as  $\gamma \langle \phi, \cdot \rangle \phi$ . Thus we imagine perturbing the Hamiltonian as  $H = H_0 - \gamma \langle \phi, \cdot \rangle \phi$ . For the point interaction we do this by simply projecting onto a ball  $B_R(0)$ , *i.e.* the ball of radius  $R$  centred at 0, in momentum space *i.e.*

$$\widehat{Hu} = \widehat{H_0 u} - \mathbb{1}_{B_R(0)} \frac{\gamma}{(2\pi)^3} \int_{B_R(0)} d^3 p \hat{u}(p) = H_0 u - \mathbb{1}_{B_R(0)} \frac{\gamma}{(2\pi)^3} \int_{B_R(-k)} d^3 p \hat{u}(k+p). \quad (61)$$

Thus we obtain the quadratic form

$$F_\gamma^R(\hat{u}) = \int_{\mathbb{R}^3} d^3 k \left( \bar{\hat{u}}(k)(k^2) \hat{u}(k) - \frac{\gamma}{(2\pi)^3} \int_{B_R(-k)} d^3 p \bar{\hat{u}}(k) \hat{u}(k+p) \right). \quad (62)$$

This can be rewritten in the following form

$$\begin{aligned} F_\gamma^R(u) = & \int_{\mathbb{R}^3} d^3 k (k^2 + \mu) |\hat{u}(k) - \widehat{G\rho^R}(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 - \int_{\mathbb{R}^3} d^3 k (k^2 + \mu) |\widehat{G\rho^R}(k)|^2 \\ & + 2\text{Re} \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k)(k^2 + \mu) \widehat{G\rho^R}(k) - \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k) \hat{\rho^R}(k), \end{aligned} \quad (63)$$

where  $\mu > 0$  and we have defined

$$\begin{aligned} \hat{G}(k) &= \frac{1}{k^2 + \mu}, \quad \hat{\rho^R}(k) = \gamma_R \mathbb{1}_{B_R(0)}(k) \int_{B_R(-k)} d^3 p \hat{u}(k+p) = \mathbb{1}_{B_R(0)}(k) \xi_R, \\ \xi_R &= \gamma_R \int_{B_R(0)} d^3 p \hat{u}(p), \end{aligned} \quad (64)$$

furthermore,  $\widehat{G\rho^R}(k) = \hat{G}(k) \hat{\rho^R}(k)$  and  $\gamma_R = \frac{\gamma}{(2\pi)^3}$ , which we have allowed to depend on  $R$ , since it will need to be renormalized eventually. Now straightforward calculation shows that

$$\begin{aligned} \overline{\int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k)(k^2 + \mu) \widehat{G\rho^R}(k)} &= \int_{\mathbb{R}^3} d^3 k \overline{\bar{\hat{u}}(k) \hat{\rho^R}(k)} = \gamma_R \int_{B_R(0)} d^3 k \hat{u}(k) \int_{B_R(0)} d^3 p \bar{u}(\bar{p}) \\ &= \gamma_R \int_{B_R(0)} d^3 k \bar{\hat{u}}(k) \int_{B_R(0)} d^3 p \hat{u}(p) = \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k) \hat{\rho^R}(k) = \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k)(k^2 + \mu) \widehat{G\rho^R}(k), \end{aligned} \quad (65)$$

such that  $2\text{Re} \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k)(k^2 + \mu) \widehat{G\rho^R}(k) = 2 \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k) \hat{\rho^R}(k)$ . Thereby we find the quadratic form

$$\begin{aligned} F_\gamma^R(u) &= \int_{\mathbb{R}^3} d^3 k (k^2 + \mu) |\hat{u}(k) - \widehat{G\rho^R}(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 - \int_{\mathbb{R}^3} d^3 k (k^2 + \mu) |\widehat{G\rho^R}(k)|^2 \\ &\quad + \int_{\mathbb{R}^3} d^3 k \bar{\hat{u}}(k) \hat{\rho^R}(k) \\ &= \int_{\mathbb{R}^3} d^3 k (k^2 + \mu) |\hat{u}(k) - \widehat{G\rho^R}(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 - |\xi_R|^2 \int_{B_R(0)} d^3 k \hat{G}(k) + \gamma_R^{-1} |\xi_R|^2. \end{aligned} \quad (66)$$

Now by computing the

$$\begin{aligned} \int_{B_R(0)} \hat{G} &= 4\pi \int_0^R dr \frac{r^2}{r^2 + \mu} = 4\pi\sqrt{\mu} \int_0^{R/\sqrt{\mu}} dq \frac{q^2}{q^2 + 1} = 4\pi\sqrt{\mu} \left( \frac{R}{\sqrt{\mu}} - \int_0^{R/\sqrt{\mu}} dq \frac{1}{q^2 + 1} \right) \\ &= 4\pi \left( R - \sqrt{\mu} \arctan \left( \frac{R}{\sqrt{\mu}} \right) \right). \end{aligned} \quad (67)$$

Thereby we have the quadratic form

$$\begin{aligned} F_\gamma^R(u) &= \int_{\mathbb{R}^3} d^3k \ (k^2 + \mu) |\hat{u}(k) - \widehat{G\rho^R}(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 \\ &\quad - |\xi_R|^2 \left( 4\pi R - 4\pi\sqrt{\mu} \arctan \left( \frac{R}{\sqrt{\mu}} \right) - \gamma_R^{-1} \right). \end{aligned} \quad (68)$$

Since we are interested in the limit  $R \rightarrow \infty$  (corresponding to localizing the interaction to a point) we choose  $\gamma_R$  such that the divergence in  $R$  disappears. Choosing the coupling  $\gamma_R^{-1} = 4\pi R + \alpha$  we obtain the final quadratic form

$$F_\alpha^R(u) = \int_{\mathbb{R}^3} d^3k \ (k^2 + \mu) |\hat{w}_R(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 + |\xi_R|^2 \left( \alpha + 4\pi\sqrt{\mu} \arctan \left( \frac{R}{\sqrt{\mu}} \right) \right), \quad (69)$$

with  $\hat{w}_R = \hat{u} - \widehat{G\rho^R}$ . Notice, that the domain of this quadratic form is

$$\mathcal{D}(F_\alpha^R) = \{u \in L_2(\mathbb{R}^3) \mid w \in H_1(\mathbb{R}^3)\} \quad (70)$$

Heuristically, we can take the limit  $R \rightarrow \infty$ . This is done by noticing that for  $w \in H_1(\mathbb{R}^3)$  we have that  $\hat{w}(k) = \frac{\hat{f}(k)}{(|k|^2 + 1)^{\frac{1}{2}}}$  for some  $f \in L_2(\mathbb{R}^3)$ . By Hölder's inequality (2, 2) we thus see

$$\int_{B_R(0)} \hat{w} \leq \left( \int_{B_R(0)} \left| \frac{1}{|k|^2 + 1} \right|^2 \right)^{\frac{1}{2}} \|f\|_2 \lesssim \sqrt{R} \quad (71)$$

where by  $f(x) \lesssim g(x)$  we mean that there exist some constant  $C \in \mathbb{R}$  such that  $f(x) \leq Cg(x)$ . Thus we see that the equation for  $\xi_R$

$$\xi_R = \frac{1}{(4\pi R + \alpha)} \int_{B_R(0)} (\hat{w} + \widehat{G\rho^R}) = \frac{1}{(4\pi R + \alpha)} \int_{B_R(0)} (\hat{w} + \xi_R \hat{G}), \quad (72)$$

becomes in the limit  $R \rightarrow \infty$  the equation  $\xi_R = \xi_R$ . Thus any choice of  $\xi_R$  is consistent and simply let it be a free parameter  $\xi_R = \xi \in \mathbb{C}$ . We also see that in the limit  $R \rightarrow \infty$  we have that  $\arctan(R/\sqrt{\mu}) \rightarrow \frac{\pi}{2}$ . Thus we get the quadratic form

$$F_\alpha(u) = \int_{\mathbb{R}^3} d^3k \ (k^2 + \mu) |\hat{w}_R(k)|^2 - \mu \|u\|_{L_2(\mathbb{R}^3)}^2 + |\xi|^2 (\alpha + 2\pi^2\sqrt{\mu}) \quad (73)$$

with domain

$$\mathcal{D}(F_\alpha(u)) = \left\{ u \in L_2(\mathbb{R}^3) \mid \hat{u} = \hat{w} + \xi \hat{G}, \ w \in H_1(\mathbb{R}^3), \ \xi \in \mathbb{C} \right\} \quad (74)$$

which matches the expression of [3] in the  $N = M = 1$  case.

## 2.3 Hamiltonian from quadratic form

We are in this subsection going to construct the Hamiltonian for the point interactions from the quadratic form. This will serve both as an example of how obtain the Hamiltonian given its quadratic form, but also as a motivation that the quadratic form given in the previous section is indeed equivalent to the the self-adjoint extension  $H_{\text{rel}}^\alpha$ .

### 3 $\Gamma$ -convergence

#### A $\lambda$ relation in Krein formula (33)

To show the relation of  $\lambda(z, \bar{z})$  we use the following properties established in the proof in the main text. We have that

$$(B - z)^{-1} - (C - z)^{-1} = \lambda(z) \langle \phi(\bar{z}), \cdot \rangle \phi(z), \quad (75)$$

where we have already used that  $\lambda(z, \bar{z}) = \lambda(z)$ , and where we have defined

$$\phi(z) = \phi(z_0) + (z - z_0)(C - z)^{-1}\phi(z_0), \quad (76)$$

for some  $\phi(z_0)$  satisfying  $A^*\phi(z_0) = z_0\phi(z_0)$ .

In the following we will switch to bra-ket notation to simplify the calculations and ease the notation. Now let us consider the relation

$$(B - z)^{-1} = (C - z)^{-1} + \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})|. \quad (77)$$

By multiplying this relation with itself, but with  $z'$  instead of  $z$  we get

$$\begin{aligned} (B - z)^{-1}(B - z')^{-1} &= (C - z)^{-1}(C - z')^{-1} + \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| (C - z')^{-1} \\ &\quad + \lambda(z')(C - z)^{-1} |\phi(z')\rangle \langle \phi(\bar{z}')| + \lambda(z)\lambda(z') |\phi(z)\rangle \langle \phi(\bar{z}), \phi(z')\rangle \langle \phi(\bar{z}')|. \end{aligned} \quad (78)$$

Now using that  $(B - z)^{-1} - (B - z')^{-1} = (z - z')(B - z)^{-1}(B - z')^{-1}$  and the same relation for  $C$  we get, by multiplying through with  $(z - z')$  that

$$\begin{aligned} (B - z)^{-1} - (B - z')^{-1} - (C - z)^{-1} + (C - z')^{-1} &= \\ (z - z')\lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| (C - z')^{-1} &+ (z - z')\lambda(z')(C - z)^{-1} |\phi(z')\rangle \langle \phi(\bar{z}')| \\ &+ (z - z')\lambda(z)\lambda(z') |\phi(z)\rangle \langle \phi(\bar{z}), \phi(z')\rangle \langle \phi(\bar{z}')|. \end{aligned} \quad (79)$$

Using again the relation (75) we obtain

$$\begin{aligned} \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| - \lambda(z') |\phi(z')\rangle \langle \phi(\bar{z}')| &= \\ (z - z')\lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| (C - z')^{-1} &+ (z - z')\lambda(z')(C - z)^{-1} |\phi(z')\rangle \langle \phi(\bar{z}')| \\ &+ (z - z')\lambda(z)\lambda(z') |\phi(z)\rangle \langle \phi(\bar{z}), \phi(z')\rangle \langle \phi(\bar{z}')| \end{aligned} \quad (80)$$

from which we obtain by simple rearrangement

$$\begin{aligned} \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| (I - (z - z')(C - z')^{-1}) - \lambda(z') (I - (z' - z)(C - z)^{-1}) |\phi(z')\rangle \langle \phi(\bar{z}')| &= \\ (z - z')\lambda(z)\lambda(z') |\phi(z)\rangle \langle \phi(\bar{z}), \phi(z')\rangle \langle \phi(\bar{z}')| \end{aligned} \quad (81)$$

Notice now that

$$(I - (z - z')(C - z')^{-1}) = (C - z')^{-1}(C - z), \quad \text{and} \quad (I - (z' - z)(C - z)^{-1}) = (C - z')(C - z)^{-1}. \quad (82)$$

Now clearly by (76) we have

$$(C - z')(C - z)^{-1}\phi(z') = (C - z')(C - z)^{-1}\phi(z_0) + (z' - z_0)(C - z)^{-1}\phi(z_0) \quad (83)$$

where we have used that  $(C - z')(C - z)^{-1}h = (C - z)^{-1}(C - z')h$  whenever  $h \in \mathcal{D}((C - z'))$ . By using that  $(C - z')(C - z)^{-1} = I + (z - z')(C - z)^{-1}$  we obtain

$$(C - z')(C - z)^{-1}\phi(z') = \phi(z_0) + (z - z_0)(C - z)^{-1}\phi(z_0) = \phi(z). \quad (84)$$

By a similar computation we have

$$(C - z)(C - z')^{-1}\phi(z) = \phi(z_0) + (z' - z_0)(C - z')^{-1}\phi(z_0) = \phi(z'), \quad (85)$$

and thus we obtain

$$\begin{aligned} \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z})| (I - (z - z')(C - z')^{-1}) - \lambda(z') (I - (z' - z)(C - z)^{-1}) |\phi(z')\rangle \langle \phi(\bar{z}')| = \\ \lambda(z) |\phi(z)\rangle \langle (I - (\bar{z} - \bar{z}')(C - \bar{z}')^{-1}) \phi(\bar{z})| - \lambda(z') |(I - (z' - z)(C - z)^{-1}) \phi(z')\rangle \langle \phi(\bar{z}')| = \\ \lambda(z) |\phi(z)\rangle \langle \phi(\bar{z}')| - \lambda(z') |\phi(z')\rangle \langle \phi(\bar{z})| = (z - z')\lambda(z)\lambda(z') |\phi(z)\rangle \langle \phi(\bar{z}), \phi(z')' \rangle \langle \phi(\bar{z}')|. \end{aligned} \quad (86)$$

Observing the last line in the above calculation we observe that we have the relation

$$\lambda(z) - \lambda(z') = \lambda(z)\lambda(z')(z - z') \langle \phi(\bar{z}), \phi(z')' \rangle, \quad (87)$$

which is equivalent to the relation

$$\lambda(z)^{-1} - \lambda(z')^{-1} = -(z - z') \langle \phi(\bar{z}), \phi(z')' \rangle. \quad (88)$$

This proves equation (33)

## References

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