

Advanced Mathematical Physics, Assignment 1

Johannes Agerskov

Dated: May 22, 2020

1 Stability through Lieb-Oxford inequality

We are given the Lieb-Oxford inequality: For any bosonic or fermionic wave function $\psi \in L^2(\mathbb{R}^{3N})$ with $\|\psi\|_2 = 1$ we have

$$\sum_{1 \leq i < j \leq N} \int_{\mathbb{R}^{3N}} \frac{|\psi(x_1, \dots, x_N)|^2}{|x_i - x_j|} dx_1 \dots dx_N - D(\rho_\psi, \rho_\psi) \geq -C_{LO} \int_{\mathbb{R}^3} \rho_\psi(x)^{4/3} dx, \quad (1.1)$$

with constant $0 \leq C_{LO} \leq 1.636$ independent of ψ and N . We now proceed to prove stability of the second kind through this inequality.

(a)

Let $\delta > 0$ then

$$\int_{\mathbb{R}^3} \rho_\psi(x)^{4/3} dx \leq \frac{\delta}{2} \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + \frac{N}{2\delta}. \quad (1.2)$$

Proof. Notice first that $\rho_\psi(x)^{4/3} = \rho_\psi(x)^{5/6} \rho_\psi(x)^{1/2}$. Thus by Cauchy-Schwartz inequality, we have

$$\int_{\mathbb{R}^3} \rho_\psi(x)^{4/3} dx \leq \left(\int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx \right)^{\frac{1}{2}} \left(\int_{\mathbb{R}^3} \rho_\psi(x) dx \right)^{\frac{1}{2}} = \left(\int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx \right)^{\frac{1}{2}} \sqrt{N}, \quad (1.3)$$

where we used that $\int_{\mathbb{R}^3} \rho_\psi(x) dx = N$. Now using that for $\delta > 0$ and $a, b \in \mathbb{R}$ it holds that $\frac{\delta}{2}a^2 + \frac{1}{2\delta}b^2 \geq ab$ (this is simply $(\sqrt{\delta}a - \frac{1}{\sqrt{\delta}}b)^2 \geq 0$) we find that

$$\int_{\mathbb{R}^3} \rho_\psi(x)^{4/3} dx \leq \frac{\delta}{2} \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + \frac{N}{2\delta} \quad (1.4)$$

□

(b)

Let V_C be defined as in the lecture notes with fixed $R_1, \dots, R_M \in \mathbb{R}^3$ and $Z_1 = \dots = Z_N = Z$. We prove that if $\psi \in H^1(\mathbb{R}^{3N})$ is fermionic, then

$$\begin{aligned} \mathcal{E}(\psi) &= T_\psi + (V_C)_\psi \\ &\geq C_1 \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + D(\rho_\psi, \rho_\psi) - \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi}{|x - R_j|} dx + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|} - C_2 N, \end{aligned}$$

with some constants $C_1, C_2 > 0$ independent of ψ and N .

Proof. By definition we have

$$(V_C)_\psi = \int_{\mathbb{R}^{3N}} \sum_{1 \leq i < j \leq N} \frac{|\psi(x_1, \dots, x_N)|^2}{|x_i - x_j|} - \sum_{i=1}^N \sum_{j=1}^M \frac{Z |\psi(x_1, \dots, x_N)|^2}{|x_i - R_j|} dx_1 \dots dx_N + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|}. \quad (1.5)$$

Using that ψ is fermionic we find that

$$\int_{\mathbb{R}^{3N}} \sum_{i=1}^N \sum_{j=1}^M \frac{Z |\psi(x_1, \dots, x_N)|^2}{|x_i - R_j|} dx_1 \dots dx_N = \sum_{j=1}^M \frac{1}{N} \sum_{i=1}^N \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x_i)}{|x_i - R_j|} dx_i = \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x)}{|x - R_j|} dx. \quad (1.6)$$

Furthermore, using the Lieb-Oxford inequality we find that

$$(V_C)_\psi \geq -C_{LO} \int_{\mathbb{R}^3} \rho_\psi(x)^{4/3} dx + D(\rho_\psi, \rho_\psi) - \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x)}{|x - R_j|} dx + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|}. \quad (1.7)$$

Therefore, by (a) we have

$$(V_C)_\psi \geq -C_{LO} \left(\frac{\delta}{2} \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + \frac{N}{2\delta} \right) dx + D(\rho_\psi, \rho_\psi) - \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x)}{|x - R_j|} dx + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|} \quad (1.8)$$

Now we use the fact that there exist a constant $C > 0$ such that $T_\psi \geq C \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx$. This can be seen by considering the Lieb-Thirring inequality with potential $V = -\alpha \rho_\psi^{2/3}$ with some $\alpha > 0$. Notice that then $V \in L^{5/2}(\mathbb{R}^3)$ by Sobolev's inequality and the fact that $\rho_\psi \in L^{3/2}(\mathbb{R}^3)$. Thus we may apply the Lieb-Thirring inequality

$$\sum_i |E_i| \leq L_{1,3} \int_{\mathbb{R}^3} V_-(x)^{5/2} dx = \alpha^{5/2} L_{1,3} \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx. \quad (1.9)$$

Notice however, that from the very definition of the eigenvalues we have $T_\psi \geq -V_\psi + E_0$. Thus we may conclude that

$$T_\psi \geq \alpha \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx - \alpha^{5/2} L_{1,3} \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx. \quad (1.10)$$

Thereby we see that if we choose $\alpha < 1$ and $\alpha^{3/2} < L_{1,3}^{-1}$ we see that there exist some constant $C = \alpha(1 - \alpha^{3/2}L_{1,3}) > 0$ such that

$$T_\psi \geq C \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx. \quad (1.11)$$

Combining this with (1.8) we find that

$$\begin{aligned} \mathcal{E}(\psi) \geq & \left(C - C_{LO} \frac{\delta}{2}\right) \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + D(\rho_\psi, \rho_\psi) - \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x)}{|x - R_j|} dx \\ & + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|} - C_{LO} \frac{N}{2\delta}. \end{aligned} \quad (1.12)$$

Now choosing $0 < \delta < \frac{2C}{C_{LO}}$, we find that $C_1 = (C - C_{LO} \frac{\delta}{2}) > 0$ and $C_2 = \frac{C_{LO}}{2\delta} > 0$ and

$$\mathcal{E}(\psi) \geq C_1 \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx + D(\rho_\psi, \rho_\psi) - \sum_{j=1}^M \int_{\mathbb{R}^3} \frac{Z \rho_\psi(x)}{|x - R_j|} dx + \sum_{1 \leq j < k \leq M} \frac{Z^2}{|R_j - R_k|} - C_2 N. \quad (1.13)$$

as desired. \square

(c)

We now prove that for any $\psi \in H_1(\mathbb{R}^{3N})$ that is fermionic it hold for any $b > 0$ that

$$\mathcal{E}(\psi) \geq C_1 \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx - Z \int_{\mathbb{R}^3} \rho_\psi(x) \left(\frac{1}{\mathfrak{D}(x)} - b \right) dx - ZbN - C_2 N. \quad (1.14)$$

with some constants $C_1, C_2 > 0$ independent of ψ and N .

Proof. First notice that by the basic electrostatic inequality with measure $\mu(dx) = \rho_\psi(x) dx$ (which indeed defines a measure since $\rho_\psi \in L^1(\mathbb{R}^3)$ and $\rho_\psi \geq 0$) and the result of (b) it follows that

$$\mathcal{E}(\psi) \geq C_1 \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx - Z \int_{\mathbb{R}^3} \rho_\psi(x) \frac{1}{\mathfrak{D}(x)} dx - C_2 N. \quad (1.15)$$

Now using that $\int_{\mathbb{R}^3} \rho_\psi(x) dx = N$ we see that

$$- Z \int_{\mathbb{R}^3} \rho_\psi(x) \frac{1}{\mathfrak{D}(x)} dx = -Z \int_{\mathbb{R}^3} \rho_\psi(x) \left(\frac{1}{\mathfrak{D}(x)} - b \right) dx - ZbN, \quad (1.16)$$

from which the claim follows:

$$\mathcal{E}(\psi) \geq C_1 \int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx - Z \int_{\mathbb{R}^3} \rho_\psi(x) \left(\frac{1}{\mathfrak{D}(x)} - b \right) dx - ZbN - C_2 N. \quad (1.17)$$

\square

(d)

From calculus of variations it can be shown that the functional obtained in (c) is minimized by some ρ_ψ of the form

$$\rho_\psi(x) = d \left(\frac{1}{\mathfrak{D}(x)} - b \right)^{3/2} \chi_{\{\frac{1}{\mathfrak{D}(x)} - b \geq 0\}}(x) \quad (1.18)$$

for some $d > 0$ independent of ψ and N . Thereby, we may conclude that $\mathcal{E}(\psi) \geq C(Z)(N + M)$. To see this notice that by inserting the minimizer on the left-hand side of (1.17) we obtain

$$\begin{aligned} \mathcal{E}(\psi) &\geq (C_1 d^{5/3} - Zd) \int_{\{\frac{1}{\mathfrak{D}(x)} - b \geq 0\}} \left(\frac{1}{\mathfrak{D}(x)} - b \right)^{5/2} dx - ZbN - C_2 N \\ &\geq \min \left\{ 0, (C_1 d^{5/3} - Zd) \right\} \int_{\{\frac{1}{\mathfrak{D}(x)} \geq b\}} \left(\frac{1}{\mathfrak{D}(x)} \right)^{5/2} dx - (Zb + C_2)N \end{aligned} \quad (1.19)$$

Now defining $\alpha := b^{-1}$ we have

$$\int_{\{\frac{1}{\mathfrak{D}(x)} \geq c+b\}} \left(\frac{1}{\mathfrak{D}(x)} \right)^{5/2} dx \leq \sum_{j=1}^M \int_{\{|x-R_j| \leq \alpha\}} \left(\frac{1}{|x-R_j|} \right)^{5/2} dx = 8\pi\sqrt{\alpha}M, \quad (1.20)$$

where we used that $\left(\frac{1}{\mathfrak{D}(x)} \right)^{5/2} \chi_{\{\frac{1}{\mathfrak{D}(x)} \geq \frac{1}{\alpha}\}} \leq \sum_{j=1}^M \left(\frac{1}{|x-R_j|} \right)^{5/2} \chi_{\{|x-R_j| \leq \alpha\}}$, which is obvious from the fact that, for any $x \in \mathbb{R}^3$ the left-hand side will equal at least one of the terms on the right-hand side, and since all the terms on the right-hand side are non-negative the inequality follows. From this it follows that

$$\mathcal{E}(\psi) \geq -K_1(Z)M - K_2(Z)N \geq -C(Z)(N + M) \quad (1.21)$$

with $K_1(Z) = \max \{0, -(C_1 d^{5/3} - Zd)\} \frac{8\pi}{\sqrt{b}}$, $K_2(Z) = (Zb + C_2)$, and $C(Z) = \max \{K_1(Z), K_2(Z)\}$. Many of these estimates were quite rough and can be optimized. For example one can optimize w.r.t b . Notice to find the exact d we would have to minimize w.r.t to d . Thus we find $d = \left(\frac{3Z}{5C_1} \right)^{3/2}$.

2 The volume occupied by matter

Let $\psi \in L^2(\mathbb{R}^{3N})$ ($\psi \in H^1(\mathbb{R}^{3N})$) be a fermionic wave function with $\|\psi\|_2 = 1$.

(a)

It holds that $\mathcal{E}(\psi) = T_\psi + (V_C)_\psi \geq -CN$ where $C > 0$ depends on Z and the ratio M/N . This is a direct consequence of the result from problem 1. Since we have $\mathcal{E}(\psi) \geq -C(Z)(M + N) = -C(Z)(M/N + 1)N = -CN$ where $C = C(Z)(M/N + 1)$.

(b)

Using a scaling argument, it is possible to conclude from (a) that

$$(1 - \lambda)T_\psi + (V_C)_\psi \geq -\frac{CN}{1 - \lambda}, \quad (2.1)$$

for any $0 < \lambda < 1$. From this it follows that

$$T_\psi \leq \frac{\mathcal{E}(\psi) + CN}{\lambda} + \frac{CN}{1 - \lambda} \quad (2.2)$$

Proof. To see this, notice that from (2.1) we have

$$-\lambda T_\psi \geq -\frac{CN}{1 - \lambda} - \mathcal{E}(\psi), \quad (2.3)$$

from which it follows that

$$T_\psi \leq \frac{CN}{\lambda(1 - \lambda)} + \frac{\mathcal{E}(\psi)}{\lambda} = \frac{\mathcal{E}(\psi) + CN}{\lambda} + \frac{CN}{1 - \lambda}, \quad (2.4)$$

where we in the last equality used the partial fraction decomposition $\frac{CN}{\lambda(1 - \lambda)} = \frac{CN}{\lambda} + \frac{CN}{1 - \lambda}$. \square

From this we may conclude that

$$T_\psi \leq (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN})^2. \quad (2.5)$$

Proof. For $\mathcal{E}(\psi) = 0$ it follows by choosing $\lambda = 1/2$ in (2.2). Now assume $\mathcal{E}(\psi) \neq 0$, we then optimize (2.2) w.r.t λ :

$$\frac{d}{d\lambda} \left(\frac{\mathcal{E}(\psi) + CN}{\lambda} + \frac{CN}{1 - \lambda} \right) = -\frac{\mathcal{E}(\psi) + CN}{\lambda^2} + \frac{CN}{(1 - \lambda)^2} = 0 \quad (2.6)$$

using that $0 < \lambda < 1$, this is equivalent to

$$-(1 - \lambda)^2(\mathcal{E}(\psi) + CN) - \lambda^2 CN = 0, \quad (2.7)$$

which has the solutions $\lambda_{\pm} = \frac{\mathcal{E}(\psi) + CN \pm \sqrt{\mathcal{E}(\psi)CN + C^2N^2}}{\mathcal{E}(\psi)}$, where we see that only the λ_- solution is consistent with $0 < \lambda < 1$ (it is consistent since $\mathcal{E}(\psi) \geq -CN$). We now insert this λ_- back into (2.2). First notice that by combining (2.2) and (2.6) we have

$$T_\psi/\lambda_- \leq \frac{\mathcal{E}(\psi) + CN}{\lambda_-^2} + \frac{CN}{(1 - \lambda_-)\lambda_-} = \frac{CN}{(1 - \lambda_-)^2} + \frac{CN}{(1 - \lambda_-)\lambda_-} = \frac{CN}{(1 - \lambda_-)^2\lambda_-}. \quad (2.8)$$

Thus, we find

$$\begin{aligned}
 T_\psi &\leq \frac{CN}{(1-\lambda_-)^2} = \frac{\mathcal{E}(\psi)^2 CN}{(-CN + \sqrt{\mathcal{E}(\psi)CN + C^2 N^2})^2} = \frac{\mathcal{E}(\psi)^2}{(-\sqrt{CN} + \sqrt{\mathcal{E}(\psi) + CN})^2} \\
 &= \frac{(\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN})^2 (\sqrt{\mathcal{E}(\psi) + CN} - \sqrt{CN})^2}{(-\sqrt{CN} + \sqrt{\mathcal{E}(\psi) + CN})^2} \\
 &= (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN})^2,
 \end{aligned} \tag{2.9}$$

such that we have

$$T_\psi \leq (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN})^2, \tag{2.10}$$

as desired. \square

(c)

It is known that for any $p > 0$ there exist a $C_p > 0$ independent of ρ_ψ such that

$$\left(\int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx \right)^{p/2} \int_{\mathbb{R}^3} |x|^p \rho_\psi(x) dx \geq C_p \left(\int_{\mathbb{R}^3} \rho_\psi(x) dx \right)^{1+\frac{5p}{6}}, \tag{2.11}$$

Thus from the previous sections it follows that

$$\left(\frac{1}{N} \int_{\mathbb{R}^3} \rho_\psi(x) |x|^p dx \right)^{1/p} \geq C'_p \left(\sqrt{\mathcal{E}(\psi)/N + C} + \sqrt{C} \right)^{-1} N^{1/3}. \tag{2.12}$$

Proof. By the proof of problem 1.(b) we know that there exist C' independent of ρ_ψ such that

$$\int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx \leq C' T_\psi. \tag{2.13}$$

Combining this with problem 2.(b) we find that

$$\int_{\mathbb{R}^3} \rho_\psi(x)^{5/3} dx \leq C' (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN})^2. \tag{2.14}$$

Now using that $\int_{\mathbb{R}^3} \rho_\psi(x) dx = N$ we get from (2.11) the inequality

$$\left(\sqrt{C'} (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN}) \right)^p \int_{\mathbb{R}^3} |x|^p \rho_\psi(x) dx \geq C_p N^{1+5p/6}. \tag{2.15}$$

Using monotonicity of $x \mapsto x^{1/p}$ with $p > 0$, we find

$$\left(\sqrt{C'} (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN}) \right) \left(\int_{\mathbb{R}^3} |x|^p \rho_\psi(x) dx \right)^{1/p} \geq C_p N^{5/6} N^{1/p} \tag{2.16}$$

which is equivalent to (since all quantities are positive)

$$\begin{aligned} \left(\frac{1}{N} \int_{\mathbb{R}^3} |x|^p \rho_\psi(x) dx \right)^{1/p} &\geq \left(\sqrt{C'} (\sqrt{\mathcal{E}(\psi) + CN} + \sqrt{CN}) \right)^{-1} C_p N^{5/6} \\ &= C'_p \left((\sqrt{\mathcal{E}(\psi)/N + C} + \sqrt{C}) \right)^{-1} N^{1/3}, \end{aligned} \quad (2.17)$$

where we defined $C'_p = C_p / \sqrt{C'}$ which is clearly independent of ρ_ψ . Setting $p = 1$ we find that the average distance from all the particles to the centre scales (at least) like $N^{1/3}$. \square

3 Local and locally bounded Hamiltonians are bounded

We are considering the Hilbert space $l^2(\mathbb{Z}^d; \mathbb{C}^N)$. We denote by $|y, \sigma_i\rangle$ the function $x \mapsto \delta_{x,y} |\sigma_i\rangle$ where $(|\sigma_i\rangle)_{i \in \{1, \dots, N\}}$ forms an orthonormal basis of \mathbb{C}^N . Thus, $(|x, \sigma_i\rangle)_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$ forms a basis of $l^2(\mathbb{Z}^d; \mathbb{C}^N)$. Letting P_x denote the orthogonal projection $P_x = \sum_{i=1}^N |x, \sigma_i\rangle \langle x, \sigma_i|$, we specify a Hamiltonian H , on $l^2(\mathbb{Z}^d; \mathbb{C}^N)$ by specifying its hopping matrices $H_{yx} = P_y H P_x$ and requiring:

- *R-locality*: $H_{yx} = 0$ if $\|x - y\|_1 \geq R$,
- *local boundedness*: There is a $c > 0$ such that for all $x, y \in \mathbb{Z}^d$ we have $\|H_{yx}\| \leq c$.

A priori, it is not clear that specifying the hopping matrices defines the Hamiltonian uniquely. However, we show in this exercise that the hopping matrices, R -locality, and local boundedness indeed defines a unique Hamiltonian that, furthermore, is bounded.

Notice first that the set of all finite linear combination of $(|x, \sigma_i\rangle)_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$, denoted by $\langle |x, \sigma_i\rangle \rangle_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$, forms a dense subset of $l^2(\mathbb{Z}^d, \mathbb{C}^N)$ (which is also why they form a basis). Furthermore, we note that the action of H on $\langle |x, \sigma_i\rangle \rangle_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$ is clearly defined by the hopping matrices since the hopping matrices defines the action on each basis vector

$$H |x, \sigma_i\rangle = \sum_{y \in \mathbb{Z}^d} H_{yx} |x, \sigma_i\rangle, \quad (3.1)$$

and this action can be linearly extended to all finite linear combinations of the basis vectors by

$$\begin{aligned} H \left(\sum_{(l,i)=(1,1)}^{(K,M)} c_{l,i} |x_l, i\rangle \right) &= \sum_{(l,i)=(1,1)}^{(K,M)} c_{l,i} H |x_l, \sigma_i\rangle = \sum_{(l,i)=(1,1)}^{(K,M)} \sum_{y \in \mathbb{Z}^d} c_{l,i} H_{yx_l} |x_l, \sigma_i\rangle \\ &= \sum_{l=1}^K \sum_{y \in \mathbb{Z}^d} c_l H_{yx_l} |x_l, \sigma^l\rangle. \end{aligned} \quad (3.2)$$

where we introduced $|x_l, \sigma^l\rangle = \frac{1}{c_l} \sum_{i=1}^M c_{l,i} |x_l, \sigma_i\rangle$ and $c_l = (\sum_{i=1}^M |c_{l,i}|^2)^{1/2}$. Notice also that $M \leq N$. We clearly have that $(|x_l, \sigma^l\rangle)_{l \in \mathbb{Z}^d}$ are orthonormal vectors and $(c_l)_{l \in \mathbb{Z}^d} \in l^2(\mathbb{Z}^d)$. Here R -locality ensures that the sums in (3.1) and (3.2) are finite. Now notice that H is actually bounded on $\langle |x, \sigma_i\rangle \rangle_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$. This can be seen by the following estimate. Let

$|v\rangle = \sum_{(l,i)=(1,1)}^{(K,M)} c_{l,i} |x_l, i\rangle$ be some finite linear combination of the basis vectors $|x, \sigma_i\rangle$. First for notational convenience we introduce the notation $|l\rangle = |x_l, \sigma^\ell\rangle$, with $|x_l, \sigma^\ell\rangle = \frac{1}{c_l} \sum_{i=1}^M c_{l,i} |x_l, \sigma_i\rangle$ and $c_l = (\sum_{i=1}^M |c_{l,i}|^2)^{1/2}$, such that $|v\rangle = \sum_{l=1}^K c_l |l\rangle$. Then we find

$$\left\| H \left(\sum_{l=1}^K c_l |l\rangle \right) \right\|_2^2 = \sum_{l=1}^K \sum_{l'=1}^K \sum_{y \in \mathbb{Z}^d} \sum_{y' \in \mathbb{Z}^d} \langle l' | \overline{c_{l'}} H_{y'y'}^* H_{yx_l} c_l |l\rangle. \quad (3.3)$$

Since we require the Hamiltonian to be self-adjoint we have $H_{yx}^* = (P_y H P_x)^* = (P_x H P_y) = H_{xy}$. Hence, we find

$$\left\| H \left(\sum_{l=1}^K c_l |l\rangle \right) \right\|_2^2 = \sum_{l=1}^K \sum_{l'=1}^K \sum_{y \in \mathbb{Z}^d} \langle l' | \overline{c_{l'}} H_{x_{l'}y} H_{yx_l} c_l |l\rangle \quad (3.4)$$

Notice that $H_{x_{l'}y} H_{yx_l}$ is only non-zero if $\|x_l - x_{l'}\|_1 \leq \|x_l - y\|_1 + \|y - x_{l'}\|_1 \leq 2(R-1)$. Thereby we have

$$\begin{aligned} \left\| H \left(\sum_{l=1}^K c_l |l\rangle \right) \right\|_2^2 &= \sum_{l=1}^K \sum_{l'=1}^K \sum_{y \in \mathbb{Z}^d} \langle l' | \overline{c_{l'}} H_{x_{l'}y} H_{yx_l} c_l |l\rangle \\ &\leq \sum_{l=1}^K \sum_{\substack{l'=1 \\ \|x_l - x_{l'}\|_1 \leq 2(R-1)}}^K \sum_{y \in \mathbb{Z}^d} \chi_{\{\|y - x_l\|_1 < R\}} \chi_{\{\|y - x_{l'}\|_1 < R\}} |c_l| |c_{l'}| c^2 \\ &\leq \text{Num}(R) (2\text{Num}(2R-1) - 1) \sum_{l=1}^K |c_l|^2 c^2 \end{aligned} \quad (3.5)$$

where $\text{Num}(R)$ is number of points in $B_{\mathbb{Z}^d}(0, R)^{\|\cdot\|_1} = \{x \in \mathbb{Z}^d : \|x\|_1 < R\}$ (the ball of radius R in the Manhattan metric). The first inequality is simply triangle inequality of the sums followed by Cauchy-Schwartz and use of bound $\|H_{yx}\| < c$. To understand the second inequality notice that $\sum_{y \in \mathbb{Z}^d} \chi_{\{\|y - x_l\|_1 < R\}} \chi_{\{\|y - x_{l'}\|_1 < R\}} \leq \sum_{y \in \mathbb{Z}^d} \chi_{\{\|y - x_l\|_1 < R\}} = \text{Num}(R)$. Furthermore, we used the following bound of the finite sum

$$\sum_{l=1}^K \sum_{\substack{l'=1 \\ \|x_l - x_{l'}\|_1 \leq 2(R-1)}}^K |c_l| |c_{l'}| \leq (2\text{Num}(2R-1) - 1) \sum_{l=1}^K |c_l|^2. \quad (3.6)$$

To understand this bound, take the $\beta \in \{1, \dots, K\}$ such that $|c_\beta| \geq |c_l|$ for all $l \in \{1, \dots, K\}$. Then we observe

$$\sum_{l=1}^K \sum_{\substack{l'=1 \\ \|x_l - x_{l'}\|_1 \leq 2(R-1)}}^K |c_l| |c_{l'}| \leq (2\text{Num}(2R-1) - 1) |c_\beta|^2 + \sum_{\substack{l=1 \\ l \neq \beta}}^K \sum_{\substack{l'=1 \\ l' \neq \beta \\ \|x_l - x_{l'}\|_1 \leq 2(R-1)}}^K |c_l| |c_{l'}|, \quad (3.7)$$

where we have simply taken all terms in the sum of the form $|c_\beta| |c_l|$ and replaced with the larger term $|c_\beta|^2$, and used that there is a maximal of $(2\text{Num}(2R-1) - 1)$ such terms. Here $2\text{Num}(2R-1) - 1$ comes from the bound on the distance between x_l and $x_{l'}$. By induction of

(3.7) we find (3.6).

Notice now that $\sum_{l=1}^K |c_l|^2 = \left\| \sum_{l=1}^K c_l |l\rangle \right\|_2^2$. Thus, we have shown that

$$\left\| H \left(\sum_{l=1}^K c_l |l\rangle \right) \right\|_2^2 \leq \text{Num}(R)(2\text{Num}(2R-1)-1)c^2 \left\| \sum_{l=1}^K c_l |l\rangle \right\|_2^2, \quad (3.8)$$

which implies $\|H\| \leq c\sqrt{\text{Num}(R)(2\text{Num}(2R-1)-1)}$. We only need to bound $\text{Num}(R)$. This can be done most easily by noticing that the ball $B_{\mathbb{Z}^d}(0, R)^{\|\cdot\|_1}$ can be embedded in \mathbb{R}^d . Now imagine forming unit cubes symmetrically around each lattice point in $B_{\mathbb{Z}^d}(0, R)^{\|\cdot\|_1}$. Then none of the cubes overlap and this collection of cubes is contained in a d -dimensional cube, \mathcal{K} , with diagonal $D = 2R$. Since D can be related to the side lengths, a , by $D = \sqrt{d}a$, we have $\text{Vol}(\mathcal{K}) = (2R)^d d^{-d/2}$. Thus, as each lattice point corresponds to a cube of volume exactly 1, the number of lattice points in $B_{\mathbb{Z}^d}(0, R)^{\|\cdot\|_1}$ can be bounded by

$$\text{Num}(R) \leq (2R)^d d^{-d/2}. \quad (3.9)$$

Thereby, we arrive at the bound

$$\|H\| \leq c\sqrt{d^{-d/2}(2R)^d (2d^{-d/2}(2R-1)^d - 1)} \leq c\sqrt{2} \left(\frac{2R}{\sqrt{d}} \right)^d, \quad (3.10)$$

where the second inequality presents a less tight bound, but more simple, expression. Now that it is known that H is bounded (and thus continuous) on the dense subspace

$\langle |x, \sigma_i\rangle \rangle_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$, it is clear that it extends to a bounded operator on all of $l^2(\mathbb{Z}^d; \mathbb{C}^N)$. We simply extend H to all limit-points of $\langle |x, \sigma_i\rangle \rangle_{(x,i) \in \mathbb{Z}^d \times \{1, \dots, N\}}$ by continuity.

4 Wannier states