

# Looking Glass

Watch and pay heed, I say, to that which constrains those around you.  
Contemplate their woes uncounted  
And strive to understand what drives them.  
For understanding begets empathy and compassion  
In even the meanest of beggars,  
From the meanest of places.  
Watch them all,  
From the wee babe in the dotting hands of his mother  
To the ageless wise who have seen it all unfold.  
Look closely and you will find yourself  
In every person you observe.  
Watch a person to see a part of you in them,  
A shade of your nature in theirs.  
Then you will realise  
That we are all alike,  
That we are all pages of the same book,  
Whose author is one and the same  
One is all, all is one.  
It will be then when you reflect,  
I am not who I was, but I know who I am.

— John Erinjery