

Renu Herbs Organic Tea Leaves

Get ready to help yourself to more health from *Renu Herbs Organic Tea Leaves*. We've been getting rave reviews about this product.

Renu Herbs Organic Tea Leaves is a proprietary blend of herbal leaves—mixed in the right ratios—designed to help you with a multitude of health problems.

From high cholesterol ...blocked, hardened arteries... high blood pressure... autoimmune disorder... arthritis ... and lupus to increasing your metabolism to quicken weight loss. And it helps heart and circulatory problems... allergies... head colds... constant infections... recurring yeast infections.... and sleeping disorders caused by anxiety and nervousness.

Renu Herbs Organic Tea Leaves are from a whole host of origins. Some of the leaves are from South America. They've been used to solve a multitude of health problems. Other leaves are from the Far East and some from Southern Europe.

Many herbalists all over the world suggest you use leaves found in *Renu Herbs Organic Tea Leaves* for a whole host of problems. From things like: yeast infections, influenza, inflammation, arthritis, fever, infections, colds, syphilis, cancer, lupus, diabetes and psoriasis.

Are there side effects?

In short, no. However, if you have a chronic problem, and you're using *Renu Herbs Organic Tea Leaves* to treat your health issue, there may be adverse reactions. The reason is you might have too many toxins in your body to immediately eliminate the problem. Therefore, you may get a slight headache, or flu-like symptoms, but only a handful of people ever experience this.

Can the symptoms be minimized? Yes. Drink large amounts of water to keep the lymphatic system and your kidneys functioning properly. This will enable your body to better eliminate toxins.

If it ever gets too uncomfortable for you, then reduce the dosage by half for a few days. Then slowly build yourself up to full dosage.

The bottom line is, this unique blend—*Renu Herbs Organic Tea Leaves*—will help you with any one, or all, of the problems I listed above.

Renu Herbs Organic Herbal Tea Leaves Directions

Brews ten pint sized jars

Supplies needed: 1 gallon of alkaline or distilled water, 10 glass pint size mason jars, stainless steel pot, strainer and wooden spoon.

Moderate treatment dose is 1 pint sized jar twice per day.

To prepare:

1. Bring 132 oz. (1 gallon plus 4 oz. to account for evaporation) of alkaline or distilled, plus the loose tea leaves to a medium boil.
2. Turn the heat down to medium and let the tea simmer for about 10 minutes, stirring occasionally. Keep a lid on the pan with just a bit of air exposed to reduce evaporation.
3. Turn the heat to simmer, cover the pan completely, and leave the mixture on simmer for approximately four hours. While simmering it is recommended to stir frequently.
4. At the fourth hour, stir the tea, and strain into another pot. Once strained, pour into mason jars. Let cool at room temperature, then refrigerate.

Do not try to brew this tea more than two weeks ahead: it will stay good for about 14 days, but after that you should make a fresh batch of tea.

If you find it difficult to drink straight, you may squeeze some fresh lemon in your tea.

The most consistent results come when the doses are taken on an empty stomach, first thing in the morning and again before lunch or dinner.

After 3 days if you feel no difference then increase your dosage.

www.RenuHerbs.com 888 644 3727

Disclaimer: This product is not FDA approved as a treatment or cure for any health problem. If you have a medical condition, please consult with your health care provider.