In this note, I will discuss some consequences of the fact that 'energy' is conserved. We will first work in one dimension, and then consider some analogues to our results in higher dimensions.

1 One dimension

For a one-dimensional system whose stochastic dynamics are governed by

$$\dot{x} = f(x) + g(x)\eta(t) ,$$

its least action path satisfies

$$E = \frac{g^2}{2}p^2 + fp = \text{const.}$$

for all points (x, p) in the trajectory.

Lemma. E = 0 if and only if $\dot{x} = \pm f$.

Proof. Suppose that E=0. Then

$$\frac{g^2}{2}p^2 + fp = p\left[\frac{g^2}{2}p + f\right] = 0$$
,

so we have either

$$p = 0$$
 or $\frac{g^2}{2}p + f = 0$.

If p = 0, then $\dot{x} = f$. If not, then

$$\frac{g^2}{2}p + f = 0 \implies \frac{\dot{x} - f}{2} + f = 0 \implies \dot{x} = -f.$$

Hence, the forward direction holds.

If $\dot{x} = +f$, then p = 0, so E = 0 trivially. If $\dot{x} = -f$, then

$$p = -2\frac{f}{q^2}$$

so that

$$E = \frac{g^2}{2}p^2 + fp = \frac{2f^2}{q^2} - 2\frac{f^2}{q^2} = 0 . \blacksquare$$

Lemma. If E > 0, then it must be true that $\dot{x} > |f|$ always or $\dot{x} < -|f|$ always. The former case corresponds to p > 0 always, while the latter case corresponds to p < 0 always.

Proof. Suppose that E > 0, i.e. that

$$\frac{g^2}{2}p^2 + fp > 0 .$$

Suppose that p > 0. Then, on the one hand,

$$\frac{\dot{x} - f}{g^2} > 0 \implies \dot{x} > f .$$

On the other hand, we have

$$\frac{g^2}{2}p + f > 0 \implies \frac{g^2}{2}\left(\frac{\dot{x} - f}{g^2}\right) + f > 0 \implies \dot{x} > -f.$$

Hence, $\dot{x} > |f|$.

Suppose instead that p < 0. On the one hand,

$$\frac{\dot{x} - f}{g^2} < 0 \implies \dot{x} < f \ .$$

On the other hand, we have

$$\frac{g^2}{2}p + f < 0 \implies \frac{g^2}{2}\left(\frac{\dot{x} - f}{g^2}\right) + f < 0 \implies \dot{x} < -f.$$

Hence, $\dot{x} < -|f|$ in this case.

Is it possible that we have p > 0 for a while, and then we have p < 0 some time later? The answer is no, because (by the continuity of p) it forces p = 0 at some intermediate point. If p = 0, then $\dot{x} = f$, which means that E = 0, contradicting our assumption.

Hence, if p > 0 at some point, then p > 0 and $\dot{x} > |f|$ at all points. If p < 0 at some point, then p < 0 and $\dot{x} < -|f|$ at all points.

Lemma. If E > 0, then \dot{x} is either always positive or always negative. In particular, if $x_f > x_0$, then we must have $\dot{x_0} > 0$; similarly, if $x_f < x_0$, we must have $\dot{x_0} < 0$.

In fact, if $x_f > x_0$, we must have $\dot{x_0} > |f|_0$, since $\dot{x} > |f|$ always. Also, if $x_f < x_0$, we must have $\dot{x_0} < -|f|_0$, since $\dot{x} < -|f|$ always.

Proof. Use the previous lemma.