

Simple harmonic oscillator(s)

Recall that the energy of a single, simple harmonic oscillator is given by $E_n = (n + \frac{1}{2})\hbar\omega$. Typically to solve for this kind of thing we look for normal modes in a differential equation with specified boundary conditions. Normal modes are nice because we can view them as non-interacting.

First, let's find our partition function:

$$\begin{aligned} Z &= \sum_{n=0}^{\infty} e^{-\beta(n+1/2)\hbar\omega} \\ &= e^{-\beta\hbar\omega/2} \sum_{n=0}^{\infty} e^{-\beta\hbar\omega n} \end{aligned}$$

$$\text{let } \xi = e^{-\beta\hbar\omega}$$

$$\text{let } \Xi = \sum_{n=0}^{\infty} e^{-\beta\hbar\omega n}$$

$$\Xi = \sum_{n=0}^{\infty} \xi^n$$

Note: this is the geometric series

$$\begin{aligned} \Xi &= \frac{1}{1 - \xi} \\ \Rightarrow Z &= \frac{e^{-\beta\hbar\omega/2}}{1 - e^{-\beta\hbar\omega}} \end{aligned}$$

Now that we have our partition function Z the next logical thing is to calculate the Helmholtz free energy.

$$\begin{aligned} F &= -kT \ln Z \\ &= -kT \ln \left(\frac{e^{-\beta\hbar\omega/2}}{1 - e^{-\beta\hbar\omega}} \right) \\ &= \frac{kT\beta\hbar\omega}{2} + kT \ln(1 - e^{-\beta\hbar\omega}) \\ &= \frac{\hbar\omega}{2} + kT \ln(1 - e^{-\beta\hbar\omega}) \end{aligned}$$

Now that we have F we can find the entropy as usual.

$$\begin{aligned} S &= -\left(\frac{\partial F}{\partial T}\right)_V \\ &= -k \ln(1 - e^{-\beta\hbar\omega}) - \frac{kT(-e^{-\beta\hbar\omega})}{1 - e^{-\beta\hbar\omega}} \left(\frac{-\hbar\omega}{kT}\right) \\ &= \frac{\hbar\omega}{T} \frac{e^{-\beta\hbar\omega}}{1 - e^{-\beta\hbar\omega}} - k \ln(1 - e^{-\beta\hbar\omega}) \end{aligned}$$

Now recall that $U = \langle E \rangle = \langle (n + 1/2)\hbar\omega \rangle = (\langle n \rangle + \frac{1}{2})\hbar\omega$. Considering this, solve for U .

$$U = F + TS$$

$$\begin{aligned} &= \frac{\hbar\omega}{2} + kT \ln(1 - e^{-\beta\hbar\omega}) + \hbar\omega \frac{e^{-\beta\hbar\omega}}{1 - e^{-\beta\hbar\omega}} - kT \ln(1 - e^{-\beta\hbar\omega}) \\ &= \frac{\hbar\omega}{2} + \hbar\omega \frac{e^{-\beta\hbar\omega}}{1 - e^{-\beta\hbar\omega}} \end{aligned}$$

$$\text{Furthermore: } \langle n \rangle = \frac{e^{-\beta\hbar\omega}}{1 - e^{-\beta\hbar\omega}} = \frac{1}{e^{\beta\hbar\omega} - 1}$$

Now let's consider the high and low temperature limits of this

$$\text{High temp} \Rightarrow \beta\hbar\omega \ll 1$$

$$\begin{aligned} \langle n \rangle &= (e^{\beta\hbar\omega} - 1)^{-1} \\ &= \frac{1}{1 + \beta\hbar\omega + \dots - 1} \\ &= \frac{kT}{\hbar\omega} \quad \text{"Equipartition result"} \end{aligned}$$

$$\text{Low temp} \Rightarrow \beta\hbar\omega \gg 1$$

$$\begin{aligned} \langle n \rangle &= \frac{e^{-\beta\hbar\omega}}{1 - e^{-\beta\hbar\omega}} \\ &\approx e^{-\beta\hbar\omega} (1 + e^{-\beta\hbar\omega}) \quad \text{using } (1 + z)^p \\ &= e^{-\beta\hbar\omega} + e^{-2\beta\hbar\omega} \end{aligned}$$