

Fermi's Golden rule

Consider a transition between two continuous states  $\alpha$  and  $\beta \Rightarrow$  the transition probability, ( $\alpha \neq \beta$ , 1st order)  $\Rightarrow$

$$P_{\beta \rightarrow \alpha} = \frac{1}{\hbar^2} \int_{B(E)} \left| \int_0^t \tilde{V}_{\alpha\beta}(t') e^{i\omega_{\alpha\beta}t'} dt' \right|^2 \rho_{\alpha}(E) dE$$

Consider a "constant" perturbation, i.e.  $V(\vec{r}, t) = \begin{cases} V(\vec{r}), & 0 \leq t \leq T \\ 0 & \text{otherwise} \end{cases}$

Then  $\tilde{V}_{\alpha\beta}(t') = \int \psi_{\alpha}^* V(\vec{r}) \psi_{\beta} dV \equiv V_{\alpha\beta}$

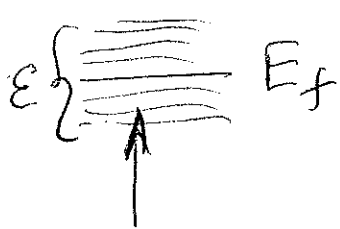
$$P_{\beta \rightarrow \alpha} = \frac{1}{\hbar^2} \int_{B(E)} |V_{\alpha\beta}|^2 \rho_{\alpha}(E) \underbrace{\left| \int_0^T e^{i\omega_{\alpha\beta}t'} dt' \right|^2}_{\text{" "}}$$

$$= \frac{1}{\hbar^2} \int_{B(E)} |V_{\alpha\beta}|^2 \rho_{\alpha}(E) \frac{\sin^2 \frac{\omega_{\alpha\beta}T}{2}}{\left(\frac{\omega_{\alpha\beta}}{2}\right)^2} dE \quad (7.1)$$

Note that if  $\rho_\alpha(E) = \delta(E - E_f) \Rightarrow \text{Eq. (7.4)} \quad (2)$

discrete  $\Rightarrow$  Eq. on p. 2, Lev. #y  
states

Let  $B(E) = [E_f - \frac{\varepsilon}{2}, E_f + \frac{\varepsilon}{2}]$ ,  $\varepsilon \rightarrow 0$



$\rho_\alpha(E), V_{\alpha\beta}(E)$  are practically  $E$ -independent

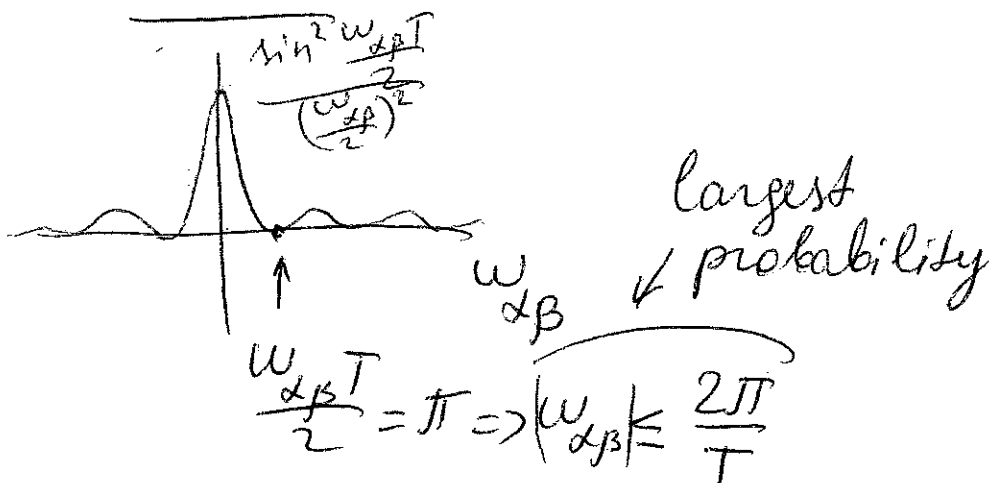
Then, Eq. (7.1)  $\Rightarrow$

$$P_{\beta \rightarrow B(E)} = \frac{1}{\hbar^2} |V_{\alpha\beta}|^2 \rho_\alpha(E_f) \int \frac{\sin^2 \frac{\omega_{\alpha\beta} T}{2}}{(\omega_{\alpha\beta}/2)^2} dE$$

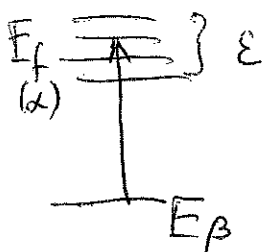
$$E_f - \frac{\varepsilon}{2} < E < E_f + \frac{\varepsilon}{2}$$

$$\omega_{\alpha\beta} = \frac{E - E_\beta}{\hbar}$$

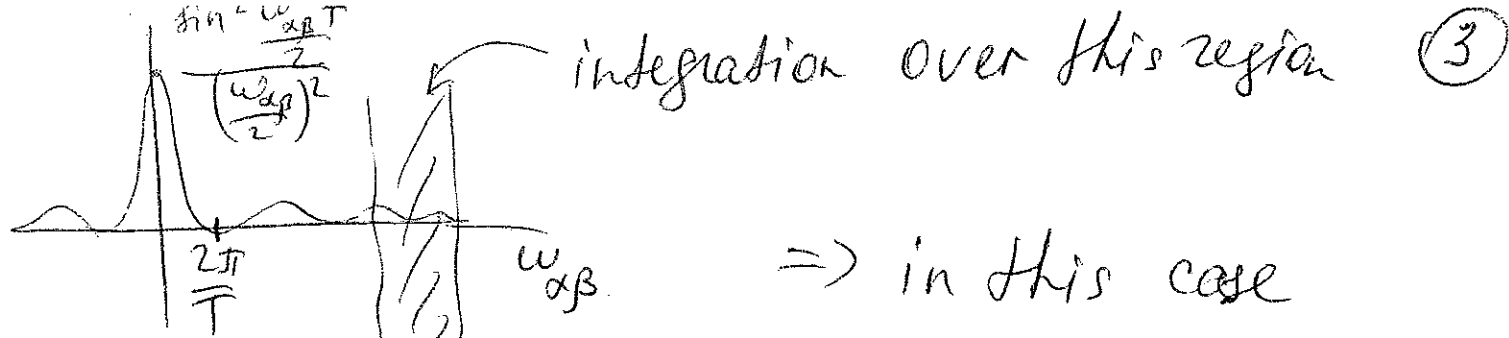
Recall:



(a)  $\hbar \omega_{\alpha\beta} \gg \varepsilon \gg \frac{2\pi \hbar}{T}$



$\Downarrow$   
energy non-conserving transitions



$\Rightarrow$  in this case

$$\int \frac{\sin^2 \frac{\omega_{\alpha\beta} T}{2}}{\left(\frac{\omega_{\alpha\beta}}{2}\right)^2} dE \approx$$

$$\approx 2\hbar^2 \int_{E_f - \frac{\epsilon}{2}}^{E_f + \frac{\epsilon}{2}} \frac{dE}{(E - E_\beta)^2}$$

↑  $\frac{\sin^2 \frac{\omega_{\alpha\beta} T}{2}}{\left(\frac{\omega_{\alpha\beta}}{2}\right)^2} \approx \frac{1}{2\left(\frac{\omega_{\alpha\beta}}{2}\right)^2}$

↑  $\frac{1}{2\left(\frac{\omega_{\alpha\beta}}{2}\right)^2}$

Then,  $\rho_{\beta \rightarrow B(E)} = \frac{1}{\hbar^2} |V_{\alpha\beta}|^2 \rho_\alpha(E_f) \cdot 2\hbar^2.$

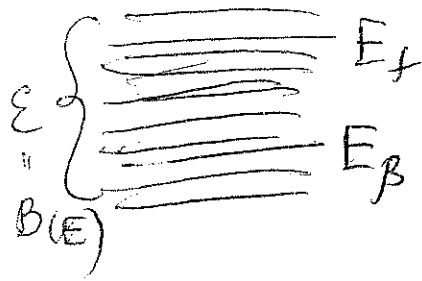
$$\int_{E_f - \frac{\epsilon}{2}}^{E_f + \frac{\epsilon}{2}} \frac{dE}{(E - E_\beta)^2} = 2 |V_{\alpha\beta}|^2 \rho_\alpha(E_f) \left[ \frac{1}{E_f - \frac{\epsilon}{2} - E_\beta} - \frac{1}{E_f + \frac{\epsilon}{2} - E_\beta} \right]$$

$$= 2 |V_{\alpha\beta}|^2 \rho_\alpha(E_f) \frac{\epsilon}{(E_f - E_\beta)^2 - \frac{\epsilon^2}{4}} \approx \frac{2\epsilon |V_{\alpha\beta}|^2 \rho(E_f)}{(E_f - E_\beta)^2}$$

$\uparrow$   $\hbar\omega_{\alpha\beta} \gg \epsilon$

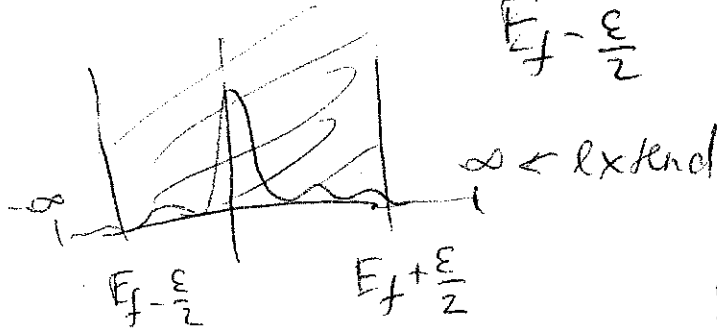
does not depend on time

(b) now let  $E_f - E_\beta \approx \epsilon \gg \frac{2\pi\hbar}{T}$  (4)



In this case

$$\int_{E_f - \frac{\epsilon}{2}}^{E_f + \frac{\epsilon}{2}} \frac{\sin^2 \frac{\omega_{\alpha\beta} T}{2}}{\left(\frac{\omega_{\alpha\beta}}{2}\right)^2} dE \approx \int_{-\infty}^{+\infty} \frac{\sin^2 \frac{\omega_{\alpha\beta} T}{2}}{\left(\frac{\omega_{\alpha\beta}}{2}\right)^2} dE \approx$$



$$\approx \hbar \int_{-\infty}^{+\infty} \frac{\sin^2 \frac{\omega T}{2}}{\left(\frac{\omega}{2}\right)^2} d\omega = 2\pi\hbar T$$

$\omega_{\alpha\beta} \approx \omega$   $\uparrow$  HW!

Then,  $\phi_{\beta \rightarrow B(E)} = \frac{1}{\hbar^2} |V_{\alpha\beta}|^2 \rho_\alpha(E_f) \cdot 2\pi\hbar T =$

$$= \frac{2\pi}{\hbar} |V_{\alpha\beta}|^2 \rho_\alpha(E) T$$

$\uparrow$  note  $E \approx E_f$  since  $\omega_{\alpha\beta} \approx 0$

$\Rightarrow$   
energy-conserving  
transitions

Introduce transition probability per unit (5)  
time  $\Rightarrow$

$$P_{\beta \rightarrow B(E)} = \frac{d P_{\beta \rightarrow B(E)}}{dt} = \frac{2\pi}{\hbar} |V_{\alpha\beta}|^2 \rho_{\alpha}(E) \quad (7.2)$$

Fermi's Golden rule

$\nearrow$  for energy-conserving transitions  $\Rightarrow$  time-indep. probability per unit time

For energy non-conserving

$\Downarrow$   
 $P_{\beta \rightarrow B(E)}$  is time-independent  $\Rightarrow \underline{P_{\beta \rightarrow B(E)} = 0}$

Validity of Eq. (7.2)  $\Rightarrow$   $T$  is long enough to guarantee that  $E \gg \frac{2\pi\hbar}{T}$ . From another side  $T$  is short enough to justify the 1st-order pert. theory, i.e.  $\omega_{\alpha\beta} t|_{t=T} \ll 1$ .

What if we have another perturbation?  $\Rightarrow$

$$V(t) = V e^{-i\omega t} \Rightarrow \text{Lecture \# 4} \Rightarrow$$

$$P_{i \rightarrow f} = \frac{1}{\hbar^2} |V_{if}|^2 \left| \int_0^t e^{i(\omega_{fi} - \omega)t'} dt' \right|^2 =$$

(6)

$$= \frac{|V_{if}|^2}{\hbar^2} \frac{\sin^2 \frac{\omega_{fi}-\omega}{2} t}{\left(\frac{\omega_{fi}-\omega}{2}\right)^2}$$

What if the perturbation is applied from  $-\frac{T}{2}$  to  $\frac{T}{2}$  and  $T \rightarrow \infty$ ?  $\Rightarrow$

$$P_{i \rightarrow f} = \frac{1}{\hbar^2} |V_{if}|^2 \left| \int_{-\frac{T}{2}}^{\frac{T}{2}} e^{i(\omega_{fi}-\omega)t'} dt' \right|^2 =$$

$$= \frac{4\pi^2}{\hbar^2} |V_{if}|^2 \delta(\omega_{fi}-\omega) \delta(\omega_{fi}-\omega) \quad \left( \Downarrow T \rightarrow \infty \right)$$

$$\lim_{T \rightarrow \infty} \underbrace{\delta(\omega_{fi}-\omega)}_{\substack{\text{"} \\ \downarrow \\ 0 \text{ unless} \\ \omega_{fi} = \omega}} \underbrace{\frac{1}{2\pi} \int_{-\frac{T}{2}}^{\frac{T}{2}} e^{i(\omega_{fi}-\omega)t} dt}_{\substack{\text{"} \\ \downarrow \\ 1}} = \lim_{T \rightarrow \infty} \frac{2\pi}{\hbar^2} |V_{if}|^2 \delta(\omega_{fi}-\omega) \cdot \lim_{T \rightarrow \infty} T$$

$$= \delta(\omega_{fi}-\omega) \lim_{T \rightarrow \infty} \frac{T}{2\pi}$$

Average transition rate  $\Rightarrow$

$$P_{i \rightarrow f} = \frac{dP}{dt} = \frac{2\pi}{\hbar} |V_{if}|^2 \delta(E_f^{(0)} - E_i^{(0)} - \hbar\omega)$$