

Grandma Emma Keck's Chop Suey

Serves 6 – 8

Ingredients:

¼ lb pork diced

1 ¾ lb beef diced

6T fat – (Crisco)

6T Soy Sauce

1 cup water

1 large bunch celery sliced ½ inch thick

5 small onions, chopped

¼ cup water

2 T corn starch

1 (5oz) can sliced water chestnuts

2 (#2) cans bean sprouts

1 T Bead Molasses

Salt & Pepper to taste

Brown meats in fat

Add soy sauce and 1 cup water – simmer two minutes

Add celery and onion – cover and simmer 1 ½ hours

Blend corn starch and water, stir into meat mixture, add Bead Molasses, stir again

Add water chestnuts and bean sprouts – heat through

Season to taste

Serve over rice or chow mein noodles – (We do both!!) Best if made a day ahead to let flavors marinate

Marcia Keck