

Optimization with MATLAB

CME 192 Lecture 6

02/11/2026

Stanford University

Announcement

Looking to level up your biomedical data science workflow? Learn how you can import, visualize, analyze, and model biomedical data using interactive tools in MATLAB.

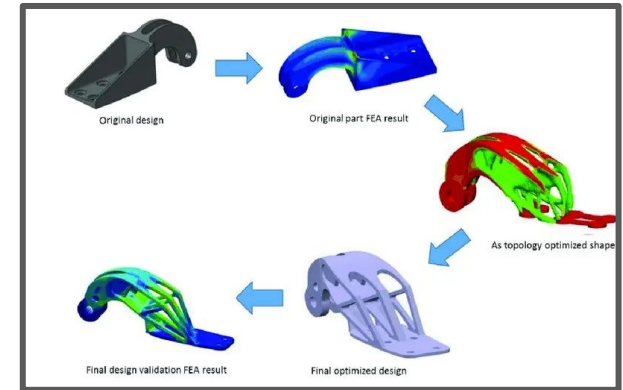
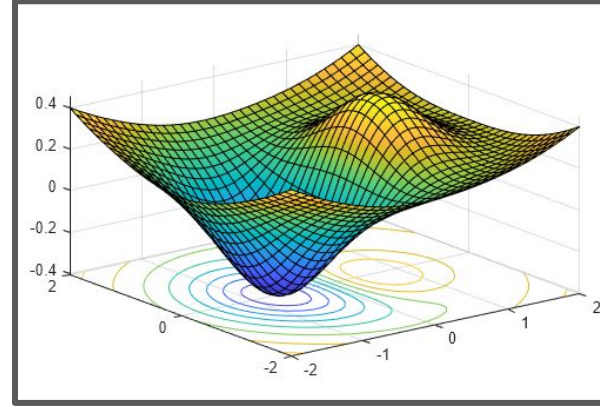
- **Where:** Shriram Center, Room 104
- **When:** 2/17 (Tues), 5:30 PM – 6:20 PM
- **Food/Merch:** Plenty of MATLAB merch and food
- **Presenter:** **Dr. Reza Fazel-Rezai** is a Senior Scientist at MathWorks and expert in Machine Learning for biomedical signal processing, with over 20 years of experience in academia and industry.

Luma: <https://luma.com/jzwgcarg>

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Numerical Optimization

Turning Mathematics into
Decisions



Function Derivatives

	Jacobian	Gradient	Hessian
Scalar-valued function	$\frac{\partial}{\partial x} f(x)$	$\nabla f(x) = \left(\frac{\partial}{\partial x} f(x) \right)^T$	$[\nabla^2 f(x)]_{ij} = \frac{\partial^2 f}{\partial x_i \partial x_j}(x)$
Vector-valued function	$\left[\frac{\partial}{\partial x} F(x) \right]_{ij} = \frac{\partial F_i(x)}{\partial x_j}$	$\nabla F = \left(\frac{\partial}{\partial x} F(x) \right)^T$	$[\nabla^2 F(x)]_{ijk} = \frac{\partial^2 F_i}{\partial x_j \partial x_k}(x)$

General Optimization Problem

Objective

$$\begin{array}{l} \text{minimize } f(x) \\ x \in R^{n_v} \end{array}$$

Constraints

$$\text{subject to } Ax \leq b$$

→ Linear inequality constraints

$$A_{eq}x = b_{eq}$$

→ Linear equality constraints

$$c(x) \leq 0$$

→ Nonlinear inequality constraints

$$c_{eq}(x) = 0$$

→ Nonlinear equality constraints

$$l \leq x \leq u$$

→ box constraints

Lagrangian and Karush-Kuhn-Tucker (KKT) optimality conditions

$$\begin{aligned} & \underset{x \in R^{n_v}}{\text{minimize}} && f(x) \\ & \text{subject to} && g(x) \leq 0 \\ & && h(x) = 0 \end{aligned}$$

$$\text{Lagrangian: } L(x, \lambda, \mu) = f(x) + \lambda^T g(x) + \mu^T h(x)$$

$$\nabla_x L(x^*, \lambda^*, \mu^*) = 0 \quad \rightarrow \text{Stationarity}$$

$$g(x^*) \leq 0 \quad \rightarrow \text{Primal feasibility}$$

$$h(x^*) = 0$$

$$\lambda^* \geq 0 \quad \rightarrow \text{Dual feasibility}$$

$$\lambda^{*T} g(x^*) = 0 \quad \rightarrow \text{Complementary slackness}$$

Lagrangian and KKT Conditions: What and Why

- Lagrangian: $L(x, \lambda, \mu) = f(x) + \lambda^T g(x) + \mu^T h(x)$
 - Idea: combine the objective and constraints using multipliers (λ for inequalities, μ for equalities).
- KKT conditions (at a candidate optimum x^*):
 - Stationarity: $\nabla_x L(x^*, \lambda^*, \mu^*) = 0$
 - Primal feasibility: $g(x^*) \leq 0, h(x^*) = 0$
 - Dual feasibility: $\lambda^* \geq 0$
 - Complementary slackness: for each i , $\lambda^*_i g_i(x^*) = 0$ (active $\Leftrightarrow g_i(x^*) = 0$ can have $\lambda^*_i > 0$)
- Why important:
 - They generalize “set derivative to zero” to constrained optimization.
 - Most constrained solvers (interior-point, SQP, active-set) are designed to satisfy the KKT system.
 - Multipliers provide sensitivity information (“shadow prices”) and help identify active constraints.

Nonlinear System of Equations

Find $x \in \mathbb{R}^n$ such that

$$F(x) = 0$$

where $F: \mathbb{R}^n \rightarrow \mathbb{R}^m$ is continuously differentiable, nonlinear function.

- Solution methods are iterative, in general, which require initial guess and convergence criteria.
- Solution is not guaranteed to exist.
- If the solution, it is not necessarily unique. The solution found depends heavily on the initial guess.

Derivative-Free Methods ($n=m=1$)

- Derivative-free methods: use only evaluations of $f(x)$ (no $f'(x)$).
- Bisection (root finding): start with an interval $[a,b]$ where $f(a) \cdot f(b) < 0$; repeatedly halve the interval to keep bracketing a sign change.
- Fixed point iteration: rewrite the equation as $x = g(x)$; iterate $x_{k+1} = g(x_k)$ until convergence (depends on the choice of g).
- MATLAB: **fzero** (for scalar functions)
- **[x,fval,exitflag,output] = fzero(fun,x0,options)**
- **fzero** can take **x0** (a guess) or **[a,b]** (a bracket). It searches for a sign change and refines the root (bisection + secant + interpolation).

```
% Example: solve  $x^2 - 2 = 0$   
fun = @(x) x.^2 - 2;
```

```
% Use an initial guess  
[x,fval,exitflag,output] =  
fzero(fun,1);
```

```
% Or provide a bracket [a,b] with a  
sign change  
[x,fval] = fzero(fun,[0,2]);
```

Gradient-Based Methods (n=m=1)

- Gradient-based methods: use evaluations of $f(x)$ and its derivative $f'(x)$.
- Newton's method (tangent-line root): $x_{k+1} = x_k - \frac{f(x_k)}{f'(x_k)}$
- Near a simple root, Newton's method can converge very quickly, but it can fail if the initial guess is poor or $f'(x_k)$ is near zero.
- Secant method (finite-difference derivative):

- Approximate

$$f'(x_k) \approx \frac{f(x_k) - f(x_{k-1})}{x_k - x_{k-1}}$$

- Update:

$$x_{k+1} = x_k - \frac{f(x_k)(x_k - x_{k-1})}{f(x_k) - f(x_{k-1})}$$

- Secant uses only $f(x)$ evaluations (no analytic derivative) but needs two starting points.

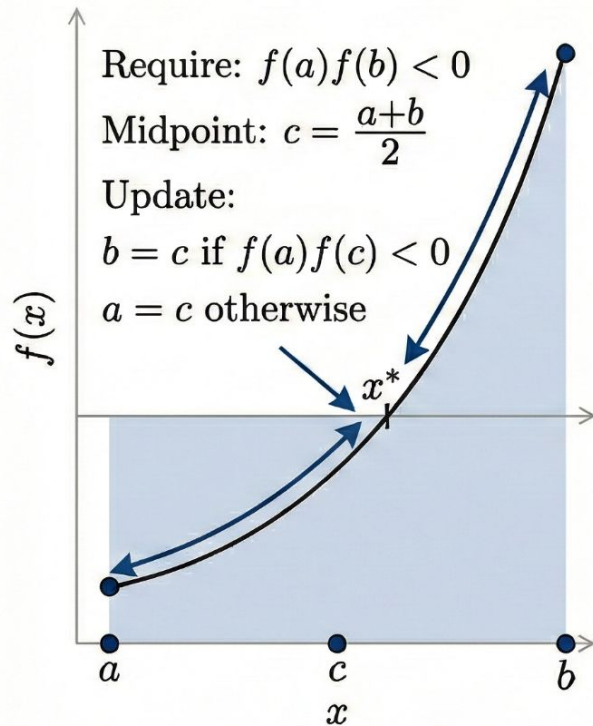
```
% Newton's method
f = @(x) x.^2 - 2;
df = @(x) 2*x;
x = 1;
for k = 1:10
    x = x - f(x)/df(x);
end

% Secant method
x0 = 0; x1 = 2;
for k = 1:10
    x2 = x1 -
        f(x1)*(x1-x0)/(f(x1)-f(x0));
    x0 = x1; x1 = x2;
end
x = x1;
```

Scalar Root-Finding Methods ($n = m = 1$)

A

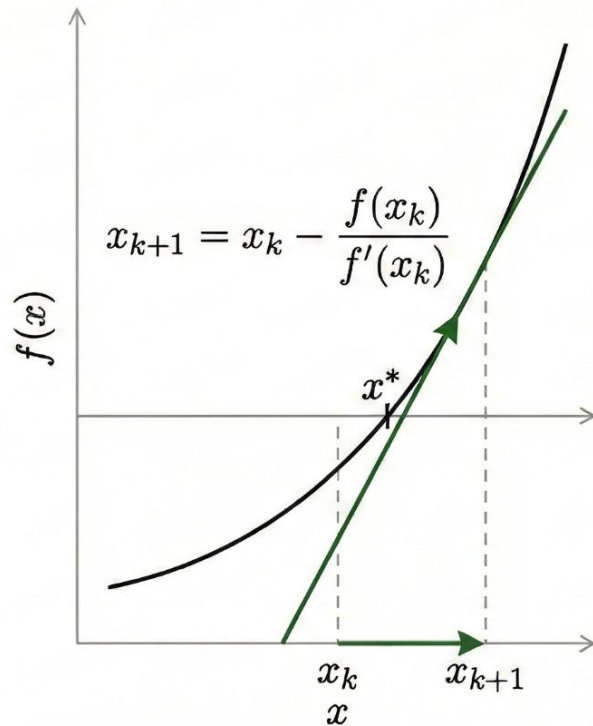
Derivative-Free
(Bisection)



Requires only
evaluations of $f(x)$

B

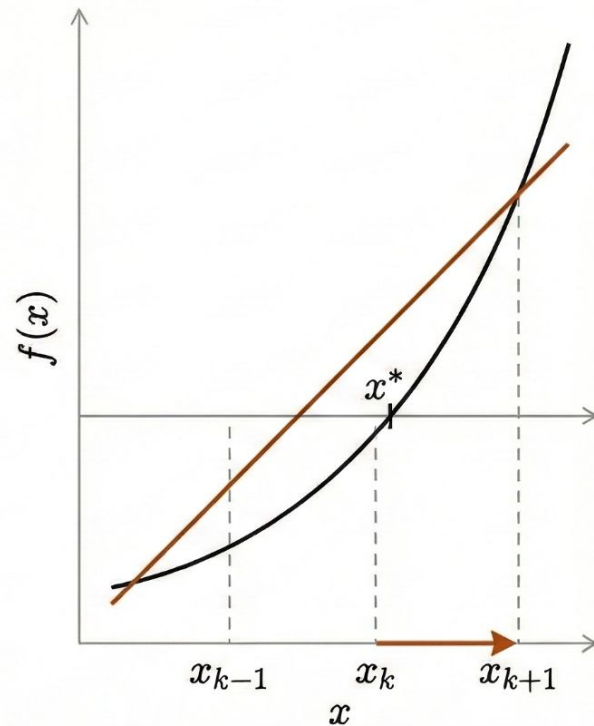
Derivative-Based
(Newton's Method)



Requires functions and
derivative evaluations

C

Secant Method



Approximates derivatives
using a finite difference
between two iterations

Quiz

```
[x,fval,exitflag,output] = fzero(fun,x0,options)
```

Try solving $x^2 = 0$ and $x^2 + 1 = 0$ using **fzero**. What do you get? How would you explain the results?

Quiz

```
[x,fval,exitflag,output] = fzero(fun,x0,options)
```

Try solving $x^2 = 0$ and $x^2 + 1 = 0$ using **fzero**. What do you get? How would you explain the results?

Solution

```
[x2,fval2,exitflag2,output2] = fzero(@(x) x^2,4);
```

```
[x3,fval3,exitflag3,output3] = fzero(@(x) x^2+1,4);
```

fzero first finds an interval containing **X0** where the function values of the interval endpoints differ in sign, then searches that interval for a zero.

General case

Derivative-free methods

- Requires function, $F(x)$, evaluations
- Fixed point iteration, Secant method, etc

Gradient-based methods

- Requires function and Jacobian evaluations
- Newton-Raphson method
- Gauss-Newton and Levenberg-Marquardt (nonlinear least squares)
- Can use finite difference approximations to gradients instead of analytic gradients (only requires function evaluations)

`fsolve` (for vector-valued functions)

- Gradient-based
- `[x, fval, exitflag, output, jac] = fsolve(fun, x0, options)`
- Algorithms: standard trust region (default), trust region reflexive, Gauss-Newton, Levenberg-Marquardt

General case ($F(x) = 0$)

- **Goal:** find $x \in \mathbb{R}^n$ such that $F(x) = 0$, where $F: \mathbb{R}^n \rightarrow \mathbb{R}^m$.
- **Derivative-free methods** (only $F(x)$ evaluations):
 - Fixed point iteration.
 - Multidimensional secant / Broyden-type updates (build an approximate Jacobian without analytic derivatives).
- **Gradient-based methods** (use Jacobian $J(x)$):
 - Newton-Raphson: solve $J(x_k) \Delta x = -F(x_k)$, then $x_{k+1} = x_k + \Delta x$. Intuition: use the best local linear approximation of FFF to jump directly to where that linear model predicts the root is.
 - For nonlinear least squares $\min \|F(x)\|^2$: Gauss-Newton and Levenberg-Marquardt. Intuition: instead of solving $F(x) = 0$ directly, reduce the squared residual step-by-step using curvature information to guide efficient descent.

```
function [F,J] = myfun(x)
F = [x(1)^2 + x(2) - 37;
      x(1) - x(2)^2 - 5];
J = [2*x(1), 1;
      1,      -2*x(2)];
end

x0 = [1; 1];
opts =
optimoptions('fsolve','SpecifyObjectiveGradient',true,'Display','iter');
[x,fval,exitflag,output,jac] =
fsolve(@myfun,x0,opts);
```

General case ($F(x) = 0$)

- **MATLAB:** `fsolve` (vector-valued functions)
- `[x, fval, exitflag, output, jac] = fsolve(fun, x0, options)`
- Providing the Jacobian (second output of `fun`) can reduce function evaluations and improve robustness.
- Roughly speaking:
 - If you provide the Jacobian, `fsolve` uses a trust-region Newton method (dogleg algorithm).
 - A trust-region method builds a local linear/quadratic model of F and restricts each step to a region where that model is considered reliable.
 - The dogleg strategy blends two directions: the steepest-descent direction (safe but slow) and the full Newton step (fast but potentially unstable), choosing a step that stays inside the trust region.
 - If you do not provide the Jacobian, `fsolve` approximates it using finite differences (and can optionally update it quasi-Newton style)
 - A quasi-Newton method approximates the Jacobian numerically and updates that approximation at each step using changes in x and $F(x)$, avoiding analytic derivatives.
- Intuition overall: `fsolve` builds a local linear model of your nonlinear system and carefully chooses steps that are large enough to converge quickly but small enough to remain stable.

Types of Optimization Solvers

Derivative-free (only function evaluations)

- Brute force
- Genetic algorithms
- Finite difference computations of gradients/Hessians
- Usually require very large number of function evaluations

Gradient-based (most popular, function and gradient evaluations)

- Finite difference computations of Hessians
- SPD updates to build Hessian approximations (BFGS)

Hessian-based (function, gradient, and Hessian evaluations)

- Hessians is usually difficult/expensive to compute, although often very sparse.
- Second-order optimality conditions

Types of Optimization Solvers (continued)

Interior Point Methods

- Iterates always strictly feasible
- Use barrier functions to keep iterates away from boundaries
- Sequence of optimization problems

Active set methods

- Active set refers to the inequality constraints active at the solution.
- There are possibly infeasible iterates when constraints are nonlinear.
- Minimize problem for given active set, then update active set based on Lagrange multipliers

Globalization:

- Techniques to make optimization solver globally convergent (convergent to some local minima from any starting point)
- Trust region methods, line search methods

MATLAB Solvers

- Linear Program (LP):
linprog
- Binary Integer Linear Program:
bintprog
- Integer Linear Program:
intlinprog
- Quadratic Program (QP):
quadprog

$$\begin{array}{lll} \underset{x \in R^{n_v}}{\text{minimize}} & f^T x & \text{LP} \\ \text{subject to} & Ax \leq b \\ & A_{eq}x = b_{eq} \\ & l \leq x \leq u \end{array}$$

$$\begin{array}{lll} \underset{x \in R^{n_v}}{\text{minimize}} & \frac{1}{2}x^T Hx + f^T x & \text{QP} \\ \text{subject to} & Ax \leq b \\ & A_{eq}x = b_{eq} \\ & l \leq x \leq u \end{array}$$

- Unconstrained optimization:

fminsearch, fminunc

$$\underset{x \in \mathbb{R}^{n_v}}{\text{minimize}} \quad f(x)$$

- Linearly constrained optimization:

fminbnd, fmincon

$$\begin{aligned} &\underset{x \in \mathbb{R}^{n_v}}{\text{minimize}} \quad f(x) \\ &\text{subject to} \quad Ax \leq b \\ &\quad \quad \quad A_{eq}x = b_{eq} \\ &\quad \quad \quad l \leq x \leq u \end{aligned}$$

- Nonlinear constrained optimization:

fmincon, fseminf, fgoalattai
fminimax

fminunc (Rosenbrock)

Unconstrained optimization with analytic gradient:

```
function [f,g] = rosenbrock(x)
f = 100*(x(2)-x(1)^2)^2 + (1-x(1))^2;
g = [ -400*x(1)*(x(2)-x(1)^2) - 2*(1-x(1));
      200*(x(2)-x(1)^2) ];
end

x0 = [-1.2; 1];
opts = optimoptions('fminunc','Algorithm','quasi-newton', ...
    'SpecifyObjectiveGradient',true,'Display','iter');
[x,fval,exitflag,output,grad,hess] = fminunc(@rosenbrock,x0,opts);
```

Notes:

- SpecifyObjectiveGradient = true uses the returned g instead of finite differences.
- output provides iteration counts and termination details; exitflag reports the exit condition.

fmincon (bounds + nonlinear constraint)

Nonlinear constrained optimization:

```
fun = @(x) (x(1)-1)^2 + (x(2)-2)^2;  
% Nonlinear constraint: x(1)^2 + x(2)^2 <= 1  
nonlcon = @(x) deal( x(1)^2 + x(2)^2 - 1, [] );  
  
x0 = [0.5; 0.5];  
lb = [-2; -2];  
ub = [ 2;  2];  
  
opts = optimoptions('fmincon','Algorithm','interior-point','Display','iter');  
[x,fval,exitflag,output,lambda,grad,hess] = ...  
    fmincon(fun,x0,[],[],[],[],lb,ub,nonlcon,opts);
```

Notes:

- nonlcon returns [c, ceq] via deal(c,ceq).
- lambda contains multipliers for bounds and nonlinear constraints.

fsolve (provide Jacobian)

Solve $F(x) = 0$ with analytic Jacobian:

```
function [F,J] = mySystem(x)
% Example:  $F(x) = [x(1)^2 + x(2) - 37; \quad x(1) - x(2)^2 - 5]$ 
F = [ x(1)^2 + x(2) - 37;
      x(1) - x(2)^2 - 5 ];
J = [ 2*x(1), 1;
      1,      -2*x(2) ];
end

x0 = [6; 6];
opts = optimoptions('fsolve','SpecifyObjectiveGradient',true,'Display','iter');
[x,fval,exitflag,output,jac] = fsolve(@mySystem,x0,opts);
```

Note: fval is $F(x)$ at the solution x (vector-valued).

How to choose a MATLAB solver (LP / QP / ILP)

- Step 1 — Identify the objective form:

$$\text{Linear (LP): } \min_x f^\top x$$

$$\text{Quadratic (QP): } \min_x \frac{1}{2} x^\top H x + f^\top x$$

$$\text{Nonlinear: } \min_x f(x)$$

- Step 2 — Identify constraint types:

$$\text{Linear inequalities: } Ax \leq b$$

$$\text{Linear equalities: } A_{\text{eq}} x = b_{\text{eq}}$$

$$\text{Bounds (box constraints): } \ell \leq x \leq u$$

$$\text{Nonlinear constraints: } c(x) \leq 0, \quad c_{\text{eq}}(x) = 0$$

- Step 3 — Match to a solver:

- LP (linear objective + linear constraints): **linprog**
- QP (quadratic objective + linear constraints/bounds): **quadprog** $H = H^\top$, $H \succeq 0$ (convex QP condition)
- Integer/binary variables (some x_i must be integers, often 0/1): **intlinprog** (binary is a special case)
- Nonlinear objective and/or nonlinear constraints: **fmincon** (or **fminunc** if unconstrained)
- Systems of equations: **fzero** (scalar) or **fsolve** (vector-valued)

Choosing a solver

Questions to ask before selecting a method:

- Do you have constraints? (bounds / linear / nonlinear)
- Can you provide derivatives? (gradient / Jacobian / Hessian)
- Is the objective smooth and well-scaled?
- Is this a least-squares structure? (Gauss-Newton / Levenberg-Marquardt)
- Do you need global search vs a local minimum?

Typical mapping (examples):

- Unconstrained: `fminunc` (or `fminsearch` for derivative-free)
- Bounds/linear/nonlinear constraints: `fmincon`
- Nonlinear least squares: `lsqnonlin` / `lsqcurvefit`
- Root finding (vector): `fsolve`
- Global search (examples): `MultiStart` / `GlobalSearch` / `ga` / `patternsearch`

Call to Optimization Solver

```
[x, fval, exitflag, out, lam, grad, hess] =  
    solver(f, x0, A, b, Aeq, beq, lb, ub, nlcon, opt)  
[x, fval, exitflag, out, lam, grad, hess] = solver(problem)
```

Instead input a problem
structure with fields

Inputs

- **f** – function handle (or vector for LP) defining objective function (and gradient)
- **x0** – vector defining initial guess
- **A, b** – matrix, RHS defining linear inequality constraints
- **Aeq, beq** – matrix, RHS defining linear equality constraints
- **lb, ub** – vectors defining lower, upper bounds
- **nlcon** – function handle defining nonlinear constraints (and Jacobians)
- **opt** – optimization options structure
- **problem** – structure containing above information

```
[x, fval, exitflag, out, lam, grad, hess] =  
solver(f, x0, A, b, Aeq, beq, lb, ub, nlcon, opt)
```

Outputs

- `x` – minimum found
- `fval` – value of objective function at `x`
- `exitflag` – describes exit condition of solver
- `out` – structure containing output information
- `lam` – structure containing Lagrange multipliers at `x`
- `grad` – gradient of objective function at `x`
- `hess` – Hessian of objective function at `x`

Optimize Live Editor

Optimize
`problem` = Solve an optimization problem or system of equations

Create optimization variables

Name	Dimensions	Type	Lower bound	Upper bound	Initial point
Set variable name	1x1	Continuous	-Inf	Inf	0

Define problem

Goal

☒ Minimize

☐ Maximize

☐ Feasibility

☐ Solve equations

Objective

Define on one line

$5*x^2 + 7*\cos(y)$

Constraints

Add

Specify problem-dependent solver options

Display results

☒ Problem☒ Solution☒ Reason solver stopped☒ Objective value

Select task mode

Define problem

Solve problem

Show code

OptimizationProblem :

Problem-Based

Optimize
Minimize a function with or without constraints

Specify problem type

Objective

Linear

Quadratic

Least squares

Nonlinear

Nonsmooth

Select an objective type to see example functions

Unconstrained

Lower bounds

Upper bounds

Linear inequality

Constraints

Linear equality

Second-order cone

Nonlinear

Integer

Select constraint types to see example formulas

Solver

fmincon - Constrained nonlinear minimization (recommended)

Select problem data

Objective function

From file

Browse...

New...

Initial point (x0)

select

Specify solver options

Display progress

Text display

Final output

Plot

☐ Dashboard☐ Current point☐ Evaluation count☐ Objective value and feasibility

☐ Objective value☐ Max constraint violation☐ Step size☐ Optimality measure

Show code

Solver-Based

Diagnostics and Robustness

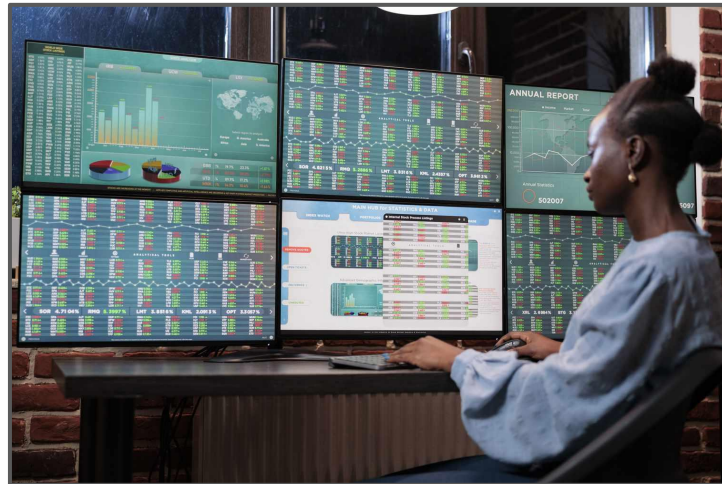
- Use exitflag and output to confirm termination reason (not just fval).
- Try multiple initial guesses for nonconvex problems.
- Scale variables so typical magnitudes are similar.
- Use finite-difference checks for supplied derivatives (and fix mismatches).
- Turn on iteration display / plots during development; turn off for production runs.

Example option patterns:

```
opts = optimoptions('fmincon', ...  
    'Display','iter', ...  
    'OptimalityTolerance',1e-8, ...  
    'StepTolerance',1e-10);
```

Livescript

We are all **PASSIONATE**
about making the markets
more efficient



Constrained Portfolio Optimization (QP)

- Universe: 9 liquid ETFs (SPY, QQQ, IWM, EFA, EEM, AGG, TLT, GLD, VNQ)
- Data: download daily closes from Stooq API -> align dates -> work with simple daily returns
- Monthly rebalance after a 252-day burn-in (rolling window)
- At each rebalance: estimate rolling μ and Σ from the past 252 returns; add ridge $\Sigma = \Sigma + 1e-6 \cdot I$; solve the quadratic program
- To optimize our portfolio holdings, we will solve a convex quadratic program with long-only and a 30% cap on each ETF using **quadprog**
- Backtest includes transaction costs and compares vs equal-weight and buy-and-hold SPY



Optimization Problem (Solved with **quadprog**)

Objective (mean–variance tradeoff):

$$\min_w \underbrace{\frac{1}{2} w^\top \Sigma w}_{\text{Portfolio variance (risk)}} - \underbrace{\gamma \mu^\top w}_{\text{Expected portfolio return}}$$

Constraints:

- Fully invested: $\sum w_i = 1$
- Long-only: $w_i \geq 0$
- Diversification cap: $w_i \leq 0.30$

What the equation means?

- First term: “How risky is this portfolio?”
- Second term: “How much return do I expect?”
- The optimizer finds the weights that give the best tradeoff between the two.
- We are not maximizing return alone: we are optimizing risk-adjusted return.

w : portfolio weight vector (fraction of capital in each ETF): *what we invest in*

μ : estimated mean return vector (from past 252 days): *what we expect to earn*

Σ : estimated covariance matrix of returns (risk + correlations): *how risky and correlated the assets are*

γ : risk–return tradeoff parameter (higher gamma means more return-seeking, less risk-averse): *how aggressive the strategy is*

Why quadprog is the right solver and some notes

- Quadratic objective + linear constraints: we should use convex QP
- Fast and reliable vs generic nonlinear solvers

How are μ and Σ computed?

- Use the previous 252 trading days (rolling window) of daily returns μ = sample mean of daily returns for each ETF
- Σ = sample covariance matrix of daily returns
 - Add small ridge term: $\Sigma = \Sigma + 1e-6I$ for numerical stability
 - Note: Σ is PSD (the added ridge makes it numerically well-conditioned)
- Re-estimated every month (walk-forward, no look-ahead bias)

Walk-Forward Backtest Mechanics

- Rebalance schedule: first trading day of each day
- No look-ahead: estimates use only returns $t-252 \dots t-1$
- Hold weights constant between rebalance dates
- Transaction cost on rebalance day: $\text{cost} = c \cdot \sum |\Delta w|$ with $c = 0.0005$
- Track turnover: $\sum |\Delta w|$ (connects “optimal” weights to implementability)
- Baselines: (1) equal-weight $w_i=1/n$ with same rebalance+cost model, (2) buy-and-hold SPY

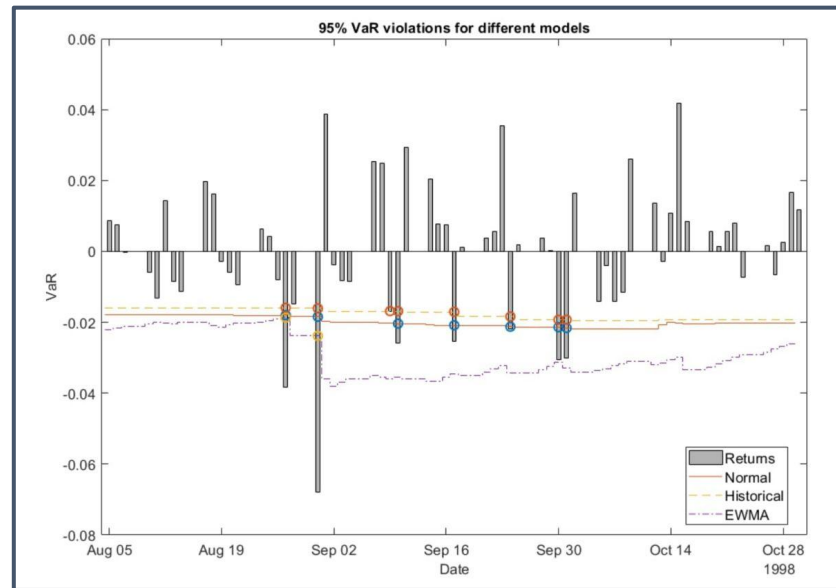


Figure depicting backtesting to compare multiple VaR models. This is NOT related to the livescript code.

Interpreting the Results

- Optimized QP has lower volatility than SPY (diversification + cap)
- Sharpe improves: risk-adjusted performance is stronger than SPY in this sample
- Raw return can lag SPY in equity-led bull markets because the 30% cap forces diversification
- Turnover (~31%/rebalance here) is modest; transaction-cost drag stays small
- Equal-weight is a useful sanity check: diversified but not risk/return-aware
- Exercise: Scale the axes by the volatility in order to visualize the performance gains of our Optimized QP over SPY

Takeaway: this is a “good” result for a constrained mean–variance optimizer. It improves risk-adjusted performance while respecting implementable constraints.

Strategy	AnnReturnPct	AnnVolPct	Sharpe0	MaxDrawdownPct
{'Optimized QP'}	18.566	16.639	1.1073	29.156
{'Equal-Weight'}	9.8519	14.605	0.71675	25.957
{'Buy&Hold SPY'}	16.574	20.641	0.84659	28.32

Average turnover per rebalance:

Optimized QP: 43.22%

Equal-Weight: 1.39%

Walk-Forward Backtest (Monthly Rebalance, 50% Cap, Transaction Costs)

