OPM: G (Oscillation Graphs)	Core Skills	Calculate the amplitude of an oscillator's motion from a position graph
		Calculate the period and frequency of an oscillator's motion from a graph
	Proficiency Indicators	Determine the equilibrium point of an oscillator from a position graph
		Determine the displacement during a time interval from a position or velocity graph
		Determine the velocity of an oscillator at a moment from a position or velocity graph
		Identify driving and damping forces and their effects on oscillation graphs
		Understand and identify maxima, minima, and zeroes of position and velocity from position or velocity graphs
	Adv. Ind.	Determine the acceleration from the velocity graph and identify acceleration maxima on position and velocity graphs

OPM: T/f (Period and Frequency)	Core Skills	Calculate the period and frequency of an oscillator from data, including data that you take yourself
		Know and use the units for period and frequency correctly and consistently
	Proficiency Indicators	Use period and frequency to solve problems
		Understand the variables that affect the period and frequency of pendula
		Understand the variables that affect the period and frequency of spring systems
	Adv. Ind.	Use the algebraic models relating the period/frequency of pendula or spring systems to physical variables (mass, spring stiffness, string length)