



The ASICS Arden 9 Mile Road Race

Sunday 17th June 2007 – 10.30am start

at Hampton Sports Club, Shadowbrook Lane, Hampton-In-Arden, Solihull

Course certified by the UK Athletics Course Measurement Scheme

Advance entry fee £10 (£8 if attached to a UK Athletics affiliated club) £12 on the day

Refer to www.arden9.org.uk or www.runnersworld.co.uk for further details

Race Categories

Cups will be awarded for the race categories shown below. Current course record holders indicated.

Male 16-39	Scott Hazel 2006 - 48:12	Female 16-34	Lucy Flanner 2005 - 60:24
Male 40-49	Simon Link 2006 - 51:14	Female 35-44	Carol Adams 2006 - 55:20
Male 50+	Graham Patten 2006 - 54:15	Female 45+	Heather Fooks 2006 - 64:17
Hampton Male	Andy Williamson 2004 - 66:07	Hampton Female	Susan Lawrence 2006 - 71:03

Race Entry Form

Surname	_____	Address	_____
First Name	_____		_____
Age at 17/06/07	_____		_____
Male/Female	_____	Post Code	_____
Affiliated Club	_____	Telephone	_____
Team name	_____	Email	_____
Have you run in previous Arden9 Road Races?		_____	
Where did you get your 2007 entry form from?		_____	

Rules

1. Competitors must 16 or over.
2. No dogs or following cycles.
3. The course is unsuitable for wheelchairs.
4. A competitor may only win one cup.
5. Medals for finishers. Spot prizes available.
6. Race day registrations accepted.

Declaration

I will be at least 16 on the day of the race. I absolve the organisers from all liability in connection with my entry and agree that I will not compete in the event unless I am in good health on the day of the event. I acknowledge that the signed entry form will be considered as an acceptance of governing body rules and a declaration that I will run entirely at my own risk.

Signed _____ Dated _____

Entry instructions: Please return your completed entry form together with a stamped self addressed **A4 envelope** and a cheque for £10 (or £8 if you are attached to an affiliated club) made payable to "Hampton Sports Club" to Chris Barnes at 68 Meriden Road, Hampton-In-Arden, Solihull B92 0BT. Race instructions and numbers will be posted from the end of May 2007. Please note that if we receive your race entry after Monday 11th June you will need to pick up your race number from the registration desk on the race day. Further details are available at www.arden9.org.uk.

Children's Race - 10.00am start

"Fun Run" races will be organised for children under 16. A race for junior school children will be run over approximately 400 yards and a second race for senior school children will be run over a 1 mile circuit. The entry fee is £3 which is payable at registration on the day. Pre registration is not required.

Web Site Jan 07

Data Protection Act: We advise that the information on the entry form will be stored on a computer. Your name may be included in the results section of the web site www.arden9.org.uk and your email address used to advise you of updates to this event. Your details will not be passed on to any third party. If you do not wish to be notified of the next race please indicate with an "X" here: ☐