

Hampton-in-Arden Sports Club Limited

Company limited by guarantee Registered Office: Shadowbrook Lane, Hampton-in-Arden, Solihull, B92 0DQ Clubhouse telephone: 01675 442284 Registered in England No. 1179485



Hampton-in-Arden Tennis Club Web site: www.hamptontennis.org.uk

Chairman: Chris Barnes 68 Meriden Road, Hampton-in-Arden, Solihull B92 0BT

> Email: <u>secretary@hamptontennis.org.uk</u> Home telephone: 01675 443572

ACCIDENT AND EMERGENCY INFORMATION

Emergency first aid at *HAMPTON IN ARDEN TENNIS CLUB* can be provided by:

- 1) All of our coaches hold a recognized first aid certificate
- 2) Members who are medical doctors
- 3) Members who have been trained in the use of the defibrillator

There are 2 first aid boxes. One is located in the entrance hall of the clubhouse the other is in the clubhouse kitchen.

A defibrillator is located in the entrance hall of the clubhouse.

Nearest Accident and Emergency Department:

Solihull Hospital Lode Lane Solihull West Midlands B91 2JL 0121 424 2000

If you need to provide emergency first aid then the following guidelines should be considered: (As per the St John's Ambulance Approved Code of Practice)

- Stay calm but act swiftly and observe the situation. Is there any danger of further injuries?
- Listen to what the injured person is saying
- If the injury is minor, alert your first aider to take appropriate action
- If the injury requires specialist treatment, call the emergency services
- Deal with the rest of the group and ensure that they are adequately supervised
- Do not move someone with major injuries wait for the emergency services
- Contact the injured person's parent/carer
- Complete an incident/accident report form

Don't forget to record any accident/incident in an accident/incident report form, which can be found on the notice board. This should be completed in full and then passed on to a member of the committee, to ensure it is officially recorded and any necessary action is taken.

For advice about injuries or accidents of a less severe nature, please call:

NHS Direct 0845 4647